

# Utilità degli scores nella scelta dei percorsi: luci ed ombre

## Scores polmoniti: casi clinici

Ferrara, 8 febbraio 2013

Dott. Marco Farinatti

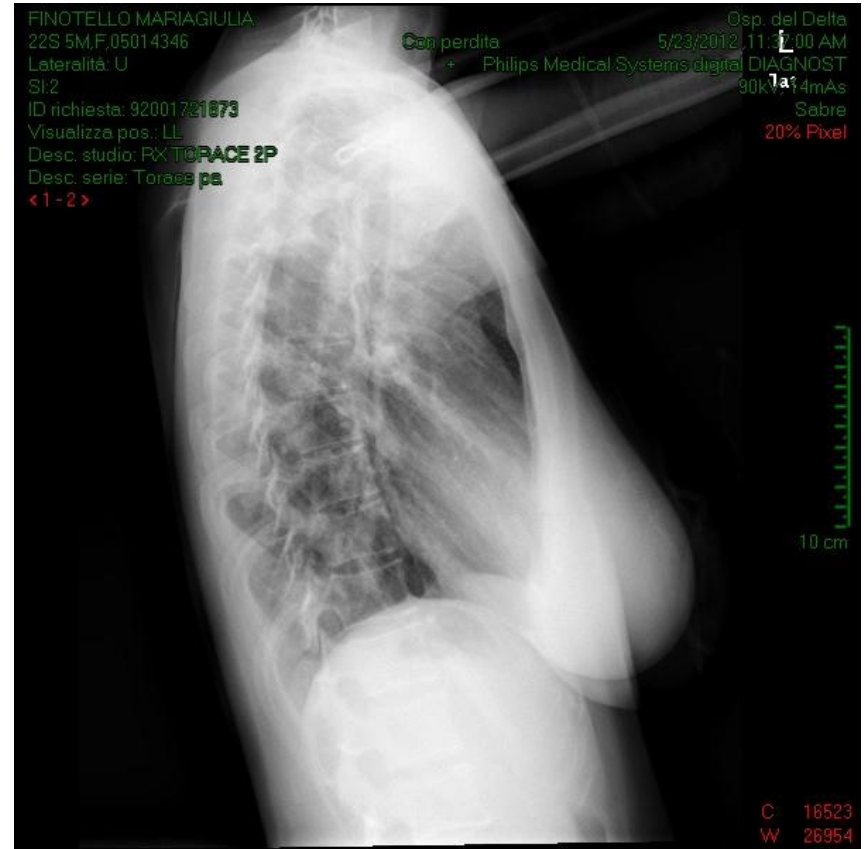
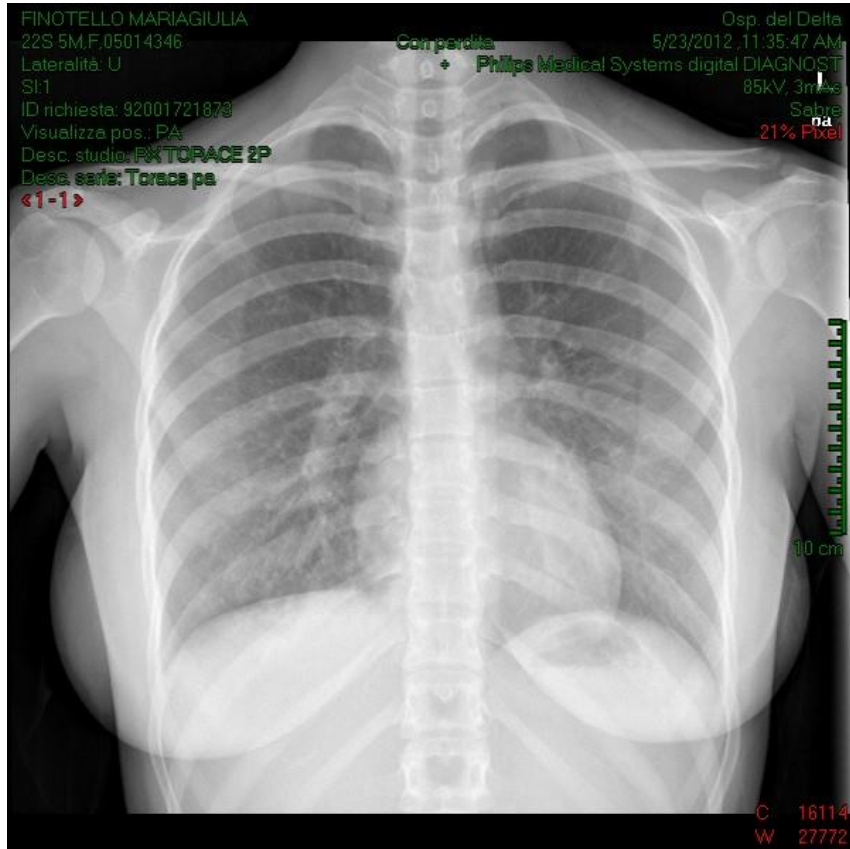
# Caso 1: anamnesi

- **Donna**
- **23 anni**
- **Vive a casa**, studentessa che frequenta rep. pediatrico
- **Ipotiroidismo in tp sostitutiva**
- **Diagnosi clinica di meningite 8 mesi prima, nessun esito**
- **Da 2 gg febbre, tosse secca, dolore pleurítico dorsale dx**

# Caso 1: obiettività

- **Pa** **90/60**
- **Fc** **110 bpm**
- **Fr** **23'**
- **SatO2 in a.a.** **98%**
- **Tc** **38,4°C**
- **Es. obiettivo** **n.n.**

# Caso 1: radiografia



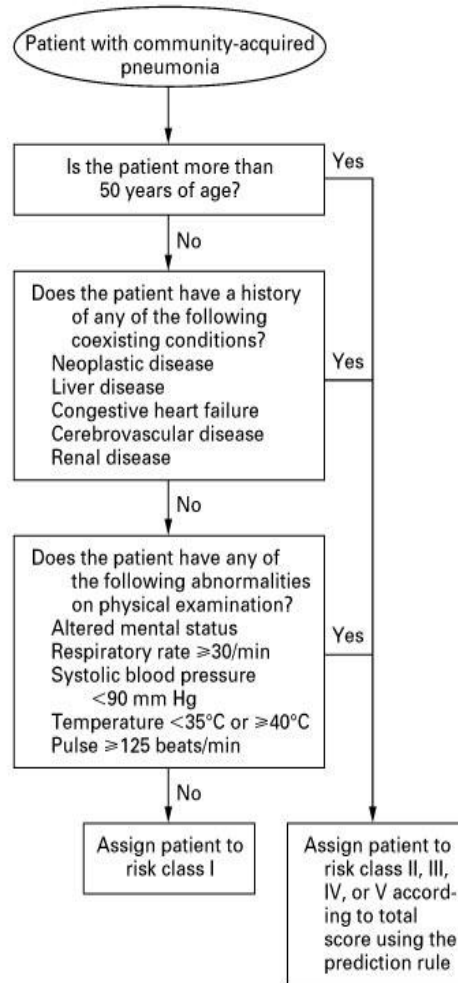
# Caso 1: laboratorio

• Htc	<b>34,2</b>	
• Leucociti	<b>7.900</b>	<b>81% neutrofili</b>
• Glucosio	<b>107</b>	
• Pcr	<b>12,3</b>	
• BUN	<b>21</b>	
• Na	<b>135</b>	
• pH	<b>...</b>	

# Caso 1: P.S.I. score

- Età 23 -10 **13**
- Anamnesi **0**
- Es. ob. **0**
- Laboratorio **0**
- Radiografia **0**

**CLASSE 1**



CHARACTERISTIC	NO. OF POINTS ASSIGNED
<b>Demographic factors</b>	
Age	
Men	Age (in yr)
Women	Age (in yr) - 10
Nursing home resident	+10
Coexisting illnesses	
Neoplastic disease	+30
Liver disease	+20
Congestive heart failure	+10
Cerebrovascular disease	+10
Renal disease	+10
<b>Findings on physical examination</b>	
Altered mental status	+20
Respiratory rate $\geq 30$ /min	+20
Systolic blood pressure $< 90$ mm Hg	+20
Temperature $< 35^{\circ}\text{C}$ or $\geq 40^{\circ}\text{C}$	+15
Pulse $\geq 125$ beats/min	+10
<b>Laboratory and radiographic findings</b>	
Arterial pH $< 7.35$	+30
Blood urea nitrogen $\geq 30$ mg/dl (11 mmol/liter)	+20
Sodium $< 130$ mmol/liter	+20
Glucose $\geq 250$ mg/dl (14 mmol/liter)	+10
Hematocrit $< 30\%$	+10
Partial pressure of arterial oxygen $< 60$ mm Hg or oxygen saturation $< 90\%$	+10
Pleural effusion	+10

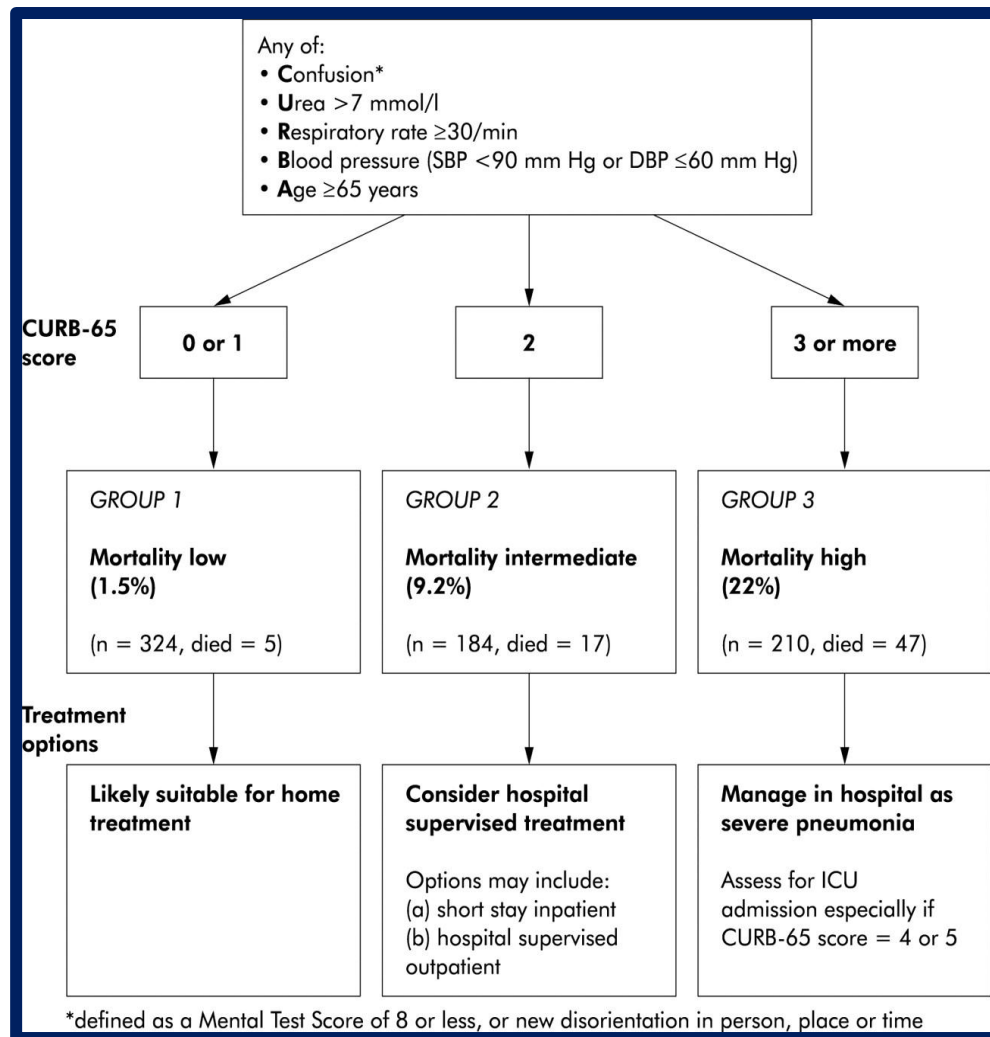
## Stratification of Risk Score

RISK	RISK CLASS	SCORE	MORTALITY
Low	I	Based on algorithm	0.1%
Low	II	$\leq 70$	0.6%
Low	III	71-90	0.9%
Moderate	IV	91-130	9.3%
High	V	$> 130$	27.0%

# Caso 1: CURB-65

- **Coscienza** 0
- **Urea pl.** 0
- **Fr. resp.** 0
- **Press. art.** 0
- **Età** 0

**GRUPPO 1**



# Caso 1: Il giorno

Stessi sintomi con peggioramento della **dispnea**, nausea e conati

Pa **130/80**

Fc *120 bpm*

SatO2 in a.a. *93%*

Fr *33'*

Tc **38,8°C**

Glic. cap. **113**

PCR **26,3**

pH **7,44**

pO2 **65**

pCO2 **30**

Lat. **2**

Htc **34,8**

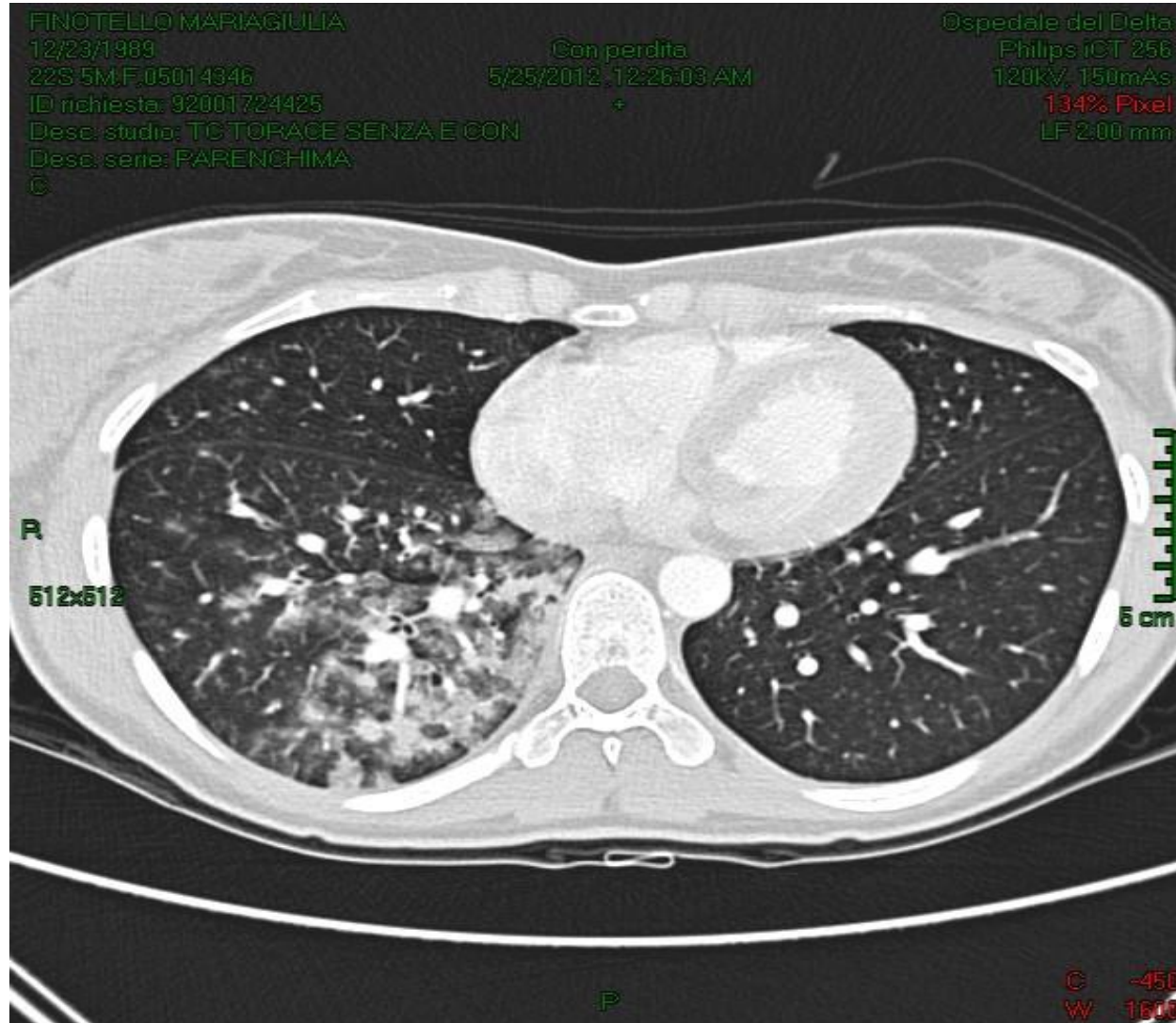
BUN **25**

Na **132**

D-dimero **611**



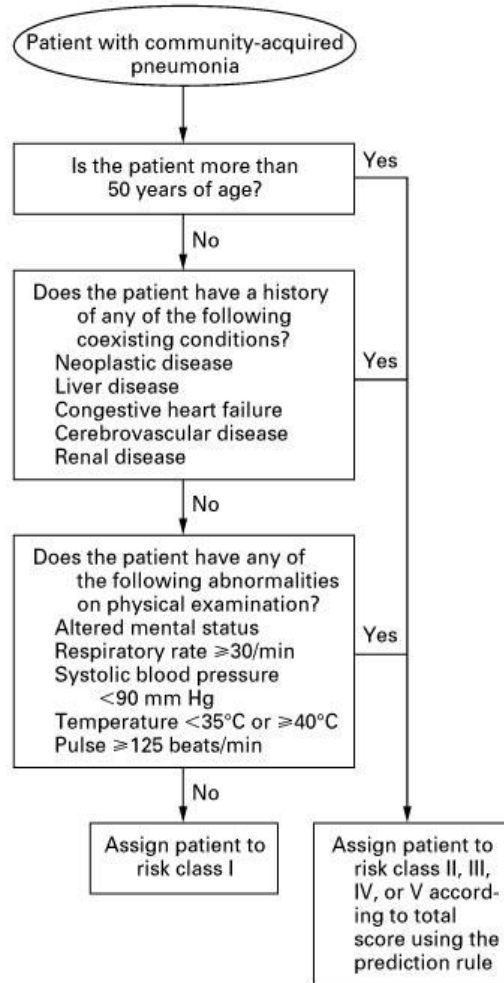
# Caso 1: angio-TC polmonare



# Caso 1 Il giorno: P.S.I. score

- Età **13**
- Anamnesi **0**
- Es. ob. **20**
- Lab. **0**
- Rad. **0**

**Classe 1**



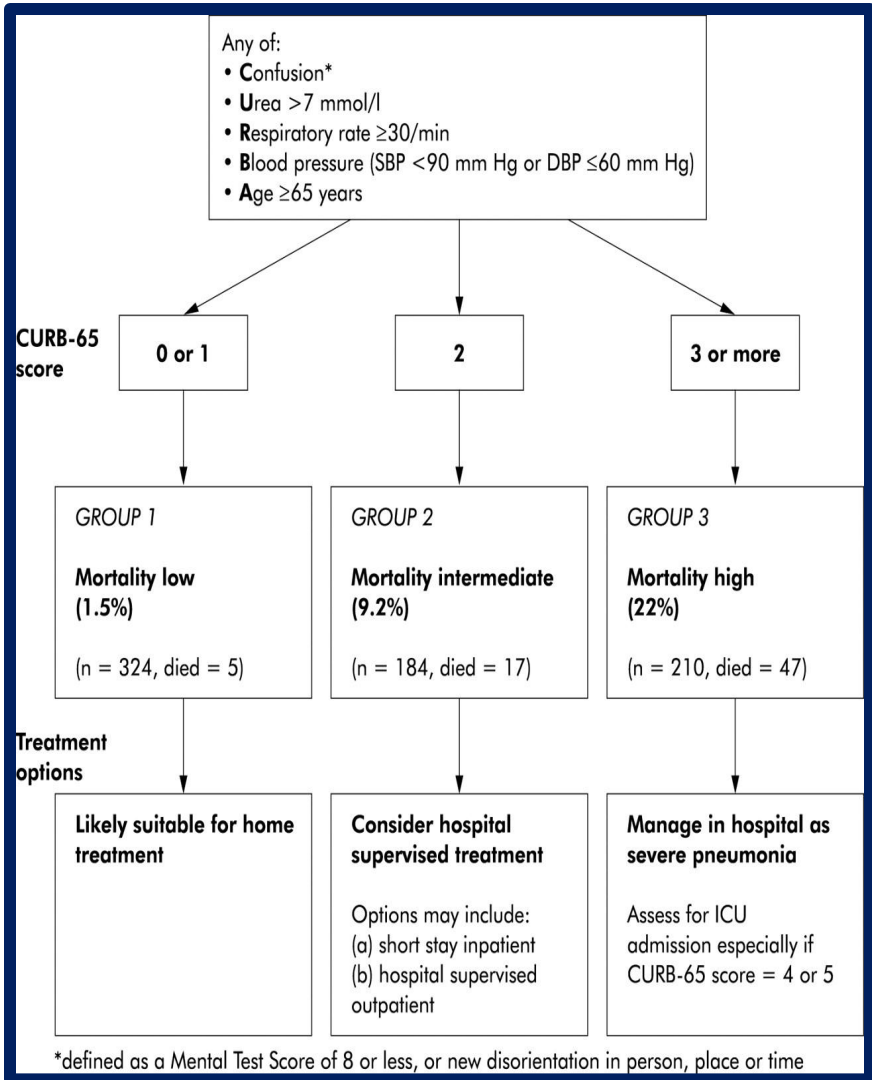
CHARACTERISTIC	NO. OF POINTS ASSIGNED
<b>Demographic factors</b>	
Age	
Men	Age (in yr)
Women	Age (in yr) - 10
Nursing home resident	+ 10
<b>Coexisting illnesses</b>	
Neoplastic disease	+ 30
Liver disease	+ 20
Congestive heart failure	+ 10
Cerebrovascular disease	+ 10
Renal disease	+ 10
<b>Findings on physical examination</b>	
Altered mental status	+ 20
Respiratory rate $\geq 30$ /min	+ 20
Systolic blood pressure $< 90$ mm Hg	+ 20
Temperature $< 35^\circ\text{C}$ or $\geq 40^\circ\text{C}$	+ 15
Pulse $\geq 125$ beats/min	+ 10
<b>Laboratory and radiographic findings</b>	
Arterial pH $< 7.35$	+ 30
Blood urea nitrogen $\geq 30$ mg/dl (11 mmol/liter)	+ 20
Sodium $< 130$ mmol/liter	+ 20
Glucose $\geq 250$ mg/dl (14 mmol/liter)	+ 10
Hematocrit $< 30\%$	+ 10
Partial pressure of arterial oxygen $< 60$ mm Hg or oxygen saturation $< 90\%$	+ 10
Pleural effusion	+ 10

Stratification of Risk Score			
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High	V	$> 130$	27.0%

# Caso 1 Il giorno: CURB-65 score

- **Coscienza** 0
- **Urea** 0
- **Fr** 1
- **Pa** 0
- **Età** 0

**GRUPPO 1**



## Caso 2: anamnesi

Uomo

79aa

Vive al **domicilio** con la moglie

**Febbrile** da 2gg

Tosse secca con dolore  
pleurítico emitorace dx

Da 10 gg dimesso dopo triplice  
BAC complicato da pericardite  
da P. Aeruginosa

## Caso 2: obiettività

**Pa 120/80**

**Fc 88bpm**

**Fr 16'**

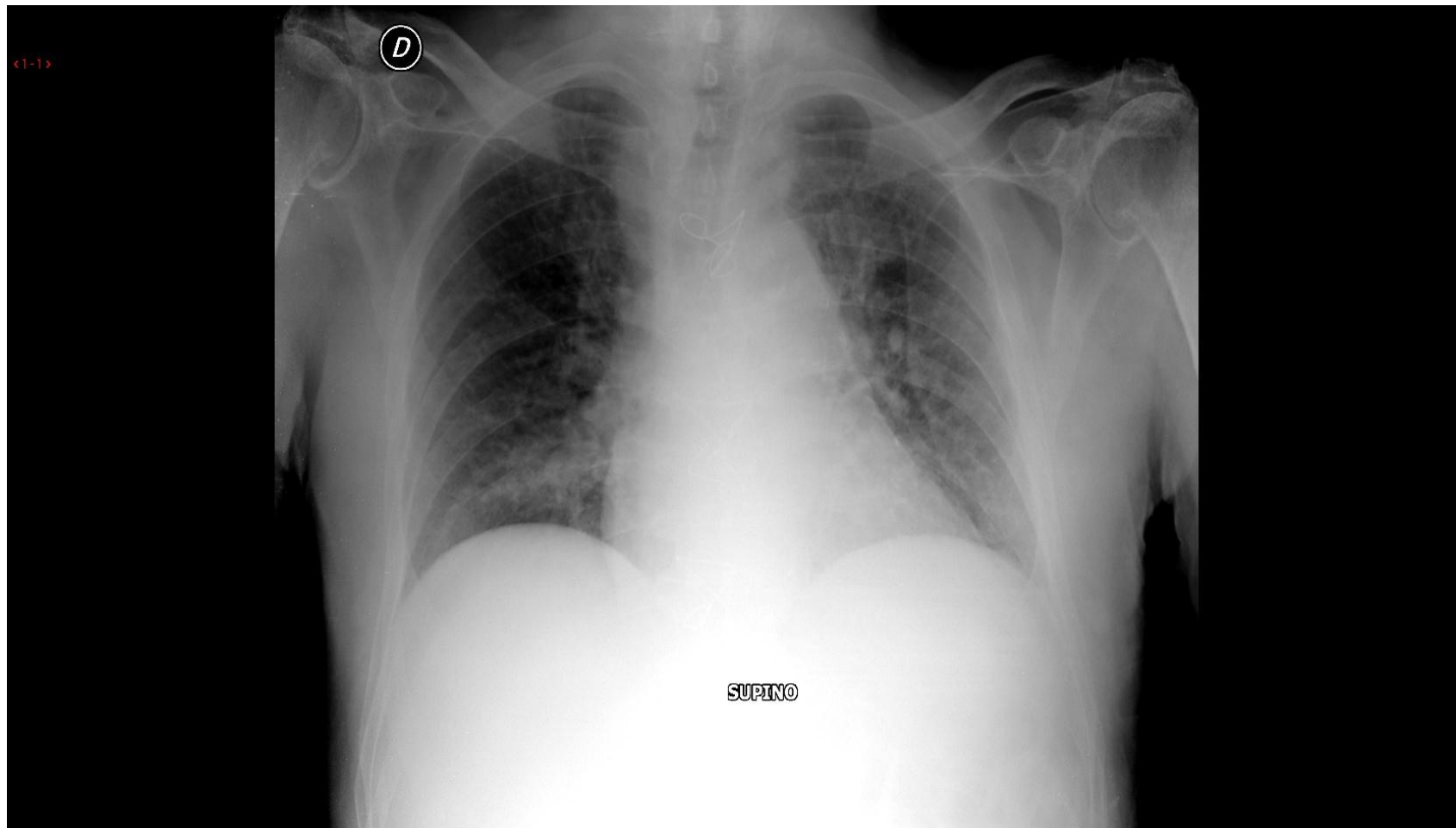
**SatO2 in a.a. 98%**

**Tc 37,7°C**

**Glic. cap. 103**

**Vigile e orientato, crepitazioni  
bibasali dx>sin, modesti edemi  
pretibiali**

# Caso 2: radiologia



## Caso 2: laboratorio

- **Leucociti** 11.700
- **Htc** 38
- **Na** 136
- **BUN** 28
- **Pcr** 16,3
- **Pro-BNP** 1237
- **Creat., AST, ALT, TNP, n.n.**

## Caso 2: accertamenti ulteriori

### Ecocardiogramma

**versamento pericardico  
invariato**

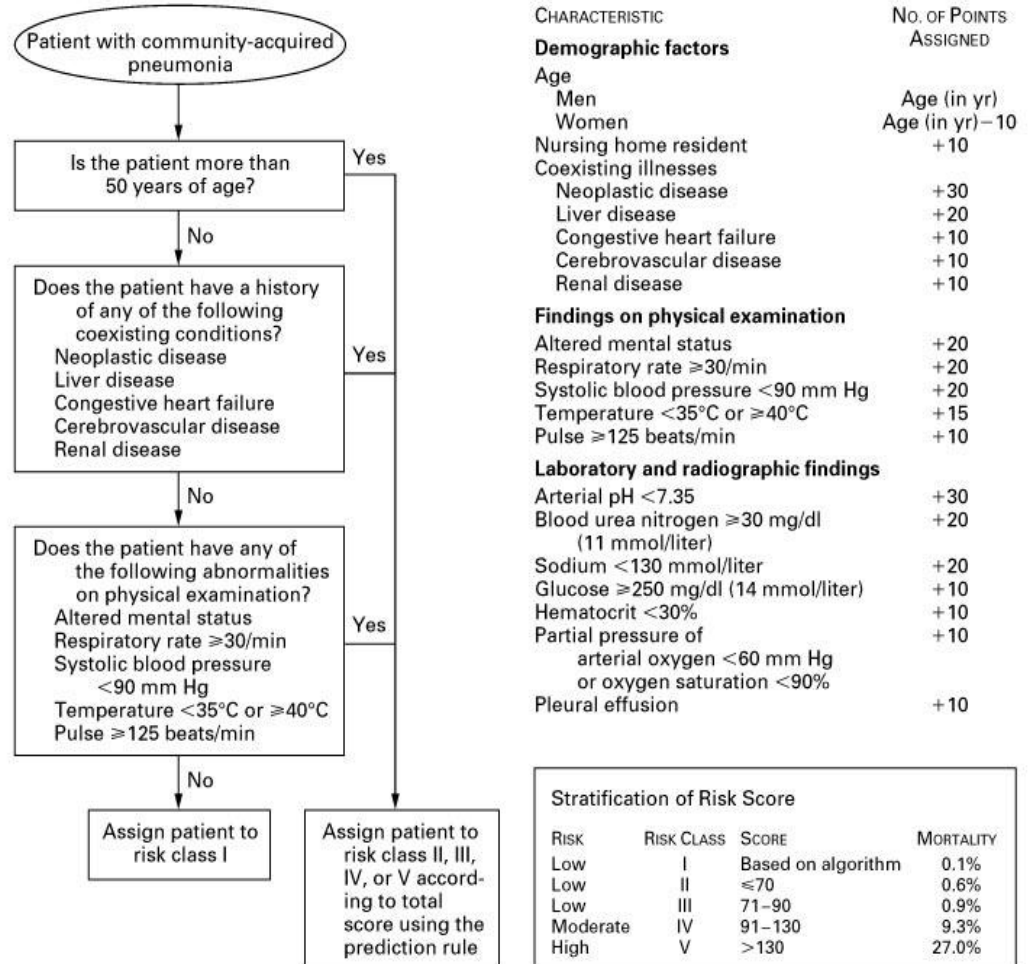
**FE 40%**



# Caso 2: P.S.I. score

- Età **79**
- Anamnesi **20**
- Es. ob. **0**
- Lab.-rad. **0**

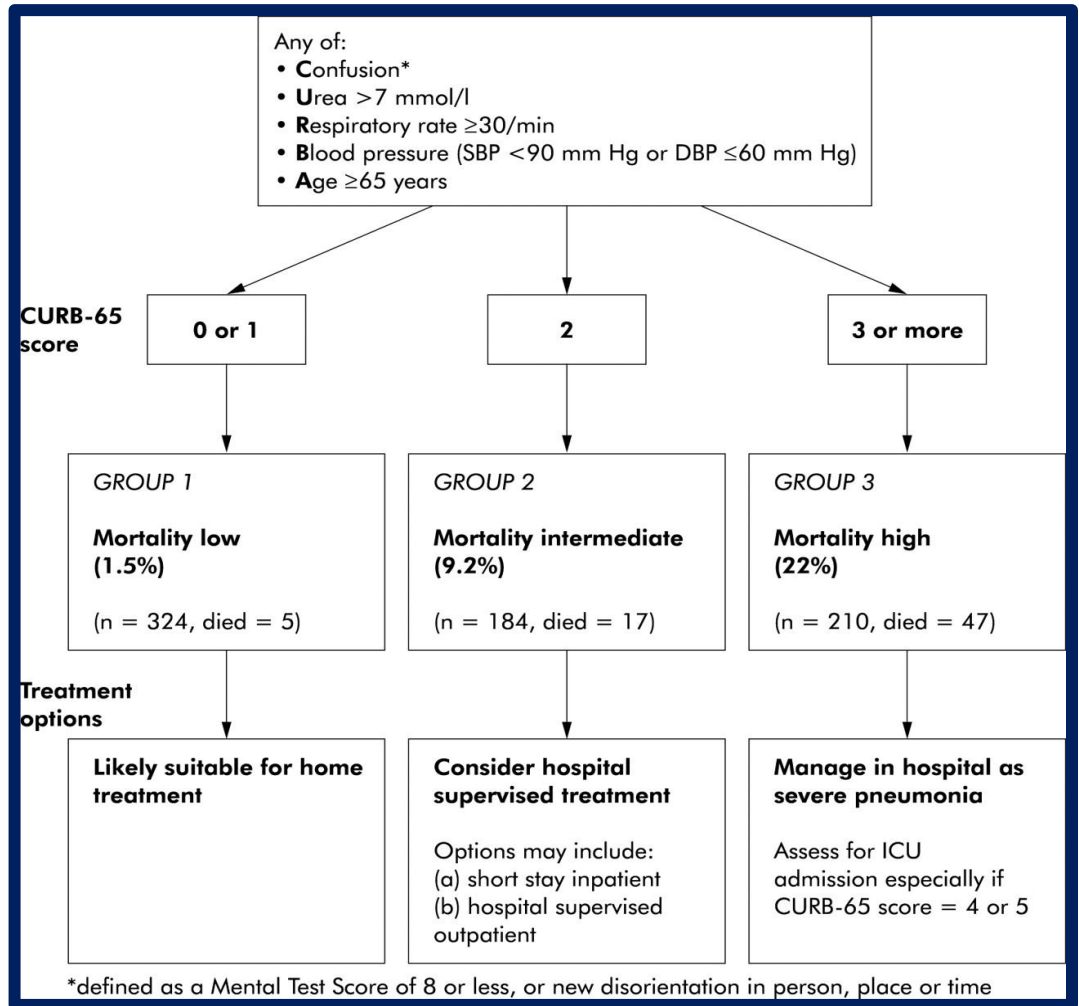
**CLASSE 4**



# Caso 2: CURB-65

- **Coscienza** 0
- **Urea pl.** 0
- **Fr** 0
- **Pa** 0
- **Età** 1

**GRUPPO 1**



## Caso 2: Il giorno

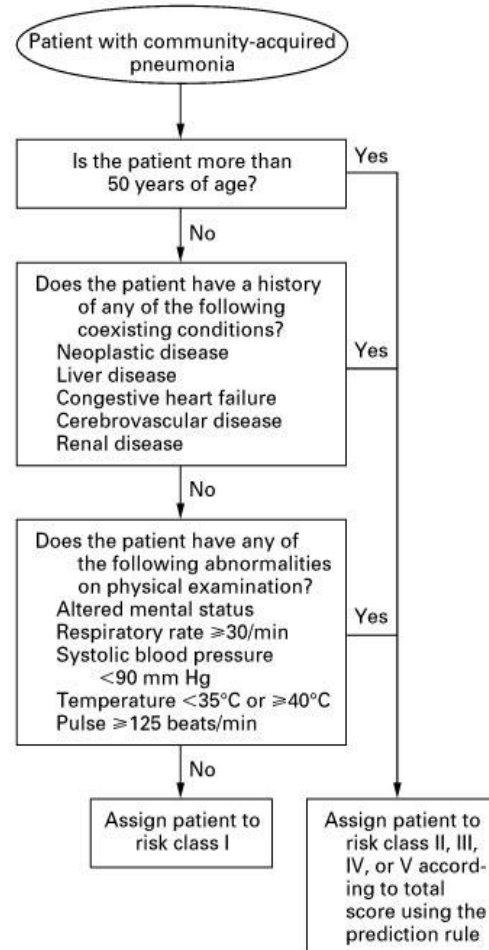
### Sintomatologia ed obiettività invariate

<b>Pa</b>	<b>120/55</b>
<b>Fc</b>	<b>85 bpm</b>
<b>SatO2 in a.a.</b>	<b>97%</b>
<b>Fr</b>	<b>18'</b>
<b>Tc</b>	<b>37,3°C</b>
<b>pH,pO2,pCO2</b>	<b>7,37 – 78 - 38</b>
<b>Htc</b>	<b>38</b>
<b>Na</b>	<b>136</b>
<b>Glicemia</b>	<b>122</b>

# Caso 2 Il giorno: P.S.I.

- età-sesso **79**
- Anamnesi **20**
- Es. ob. **0**
- Lab.-rad. **0**

**CLASSE 4**



CHARACTERISTIC	No. OF POINTS ASSIGNED
<b>Demographic factors</b>	
Age	
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Women	Age (in yr) - 10
Nursing home resident	+10
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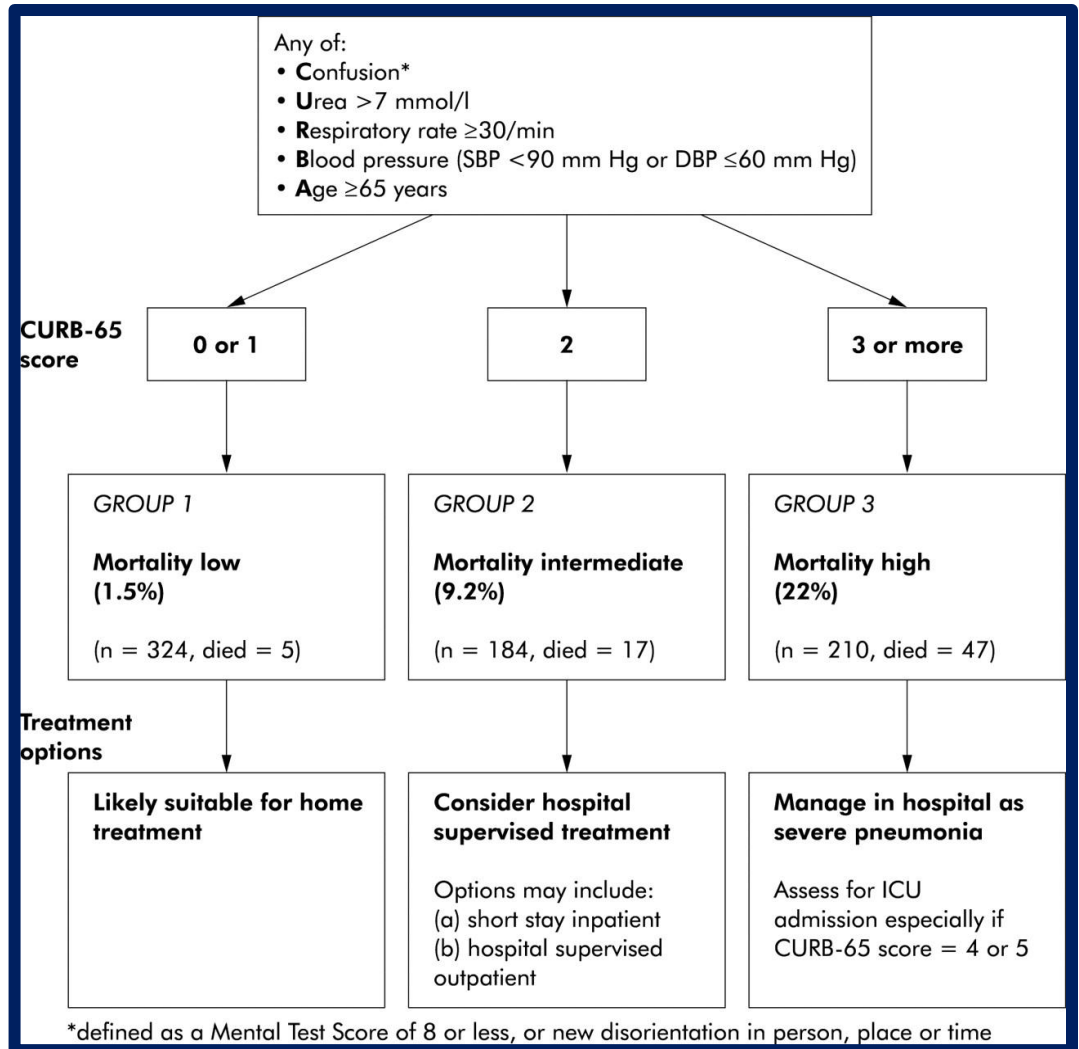
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# Caso 2 Il giorno: CURB-65

- **Coscienza 0**
- **Urea pl. 0**
- **Fr 0**
- **Pa 0**
- **Età 1**

**GRUPPO 1**



# Scores polmoniti

Sono a tutt'oggi uno **strumento** estremamente **utile** nella valutazione della gravità delle polmoniti extraospedaliere, ma **la decisione finale è del medico** che valuta il paziente