

**PATOLOGIE ENDOCRINE
E CHIRURGIA:
INNOVAZIONI TECNOLOGICHE
E TRATTAMENTI MINI-INVASIVI**
Tiroide Paratiroidi Surreni Pancreas



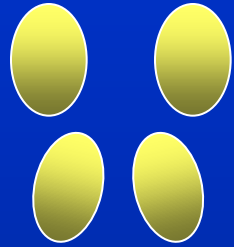
7 DICEMBRE 2012
Hotel Duchessa Isabella
via Palestro, 68/70
Ferrara

Paratiroidi

Applicazioni cliniche dei calciomimetici

Laura Gianotti
SC Endocrinologia, Diabetologia e Metabolismo
A.S.O. S. Croce e Carle Cuneo

Omeostasi del calcio : main actors

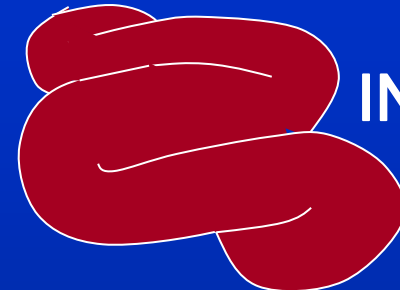


PTH



CT

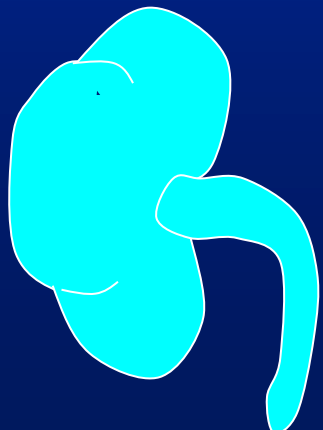
Calcio
extracellulare



INTESTINO



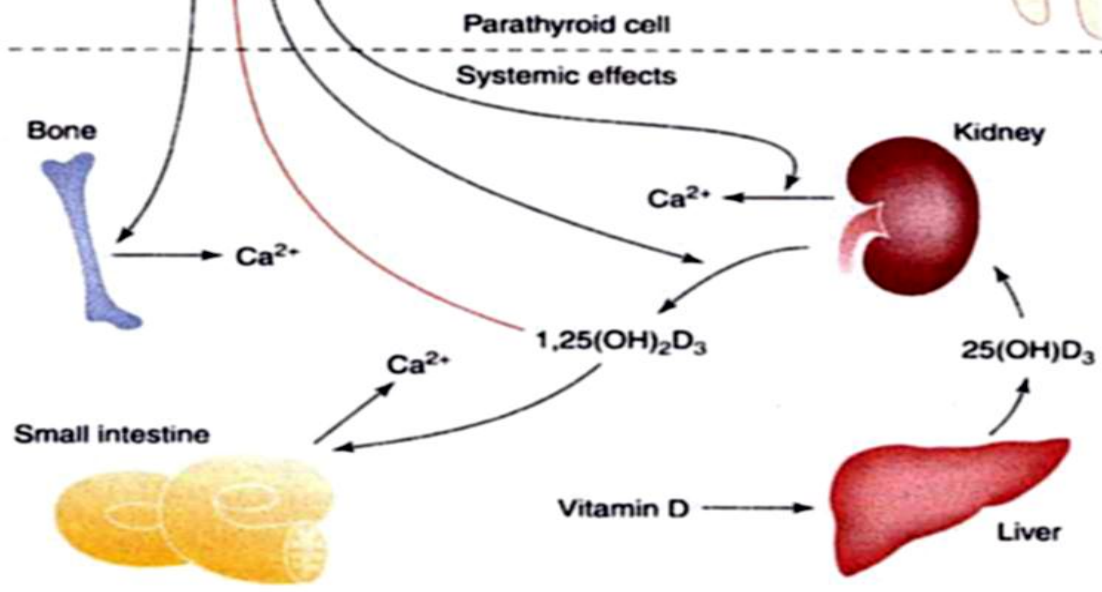
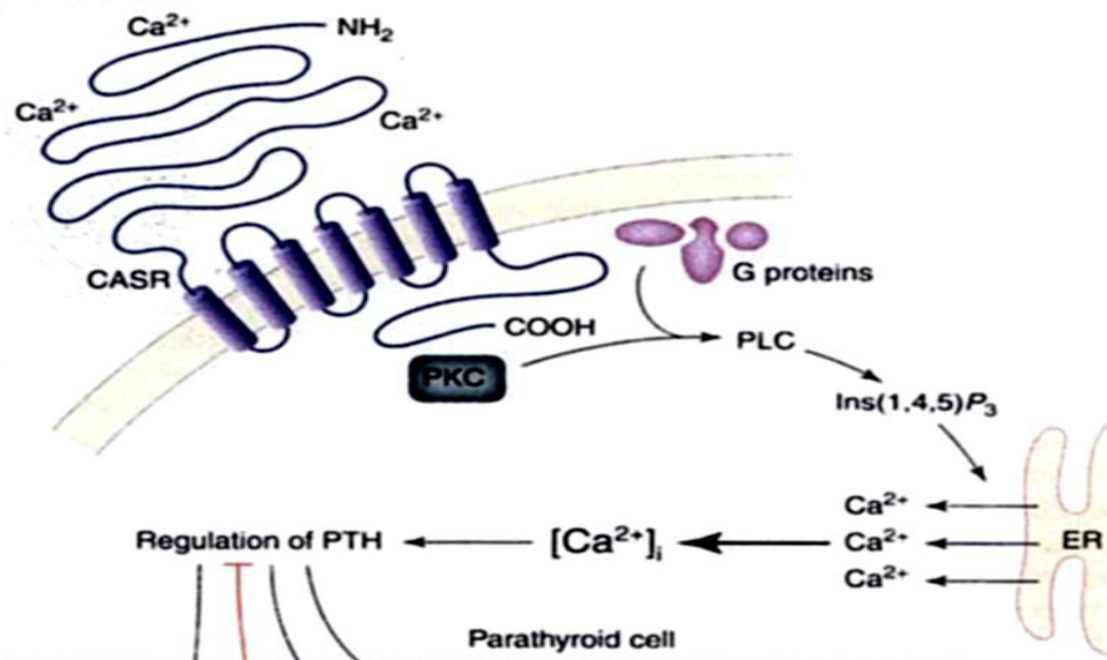
OSSO



1,25 (OH)₂ D



RENE

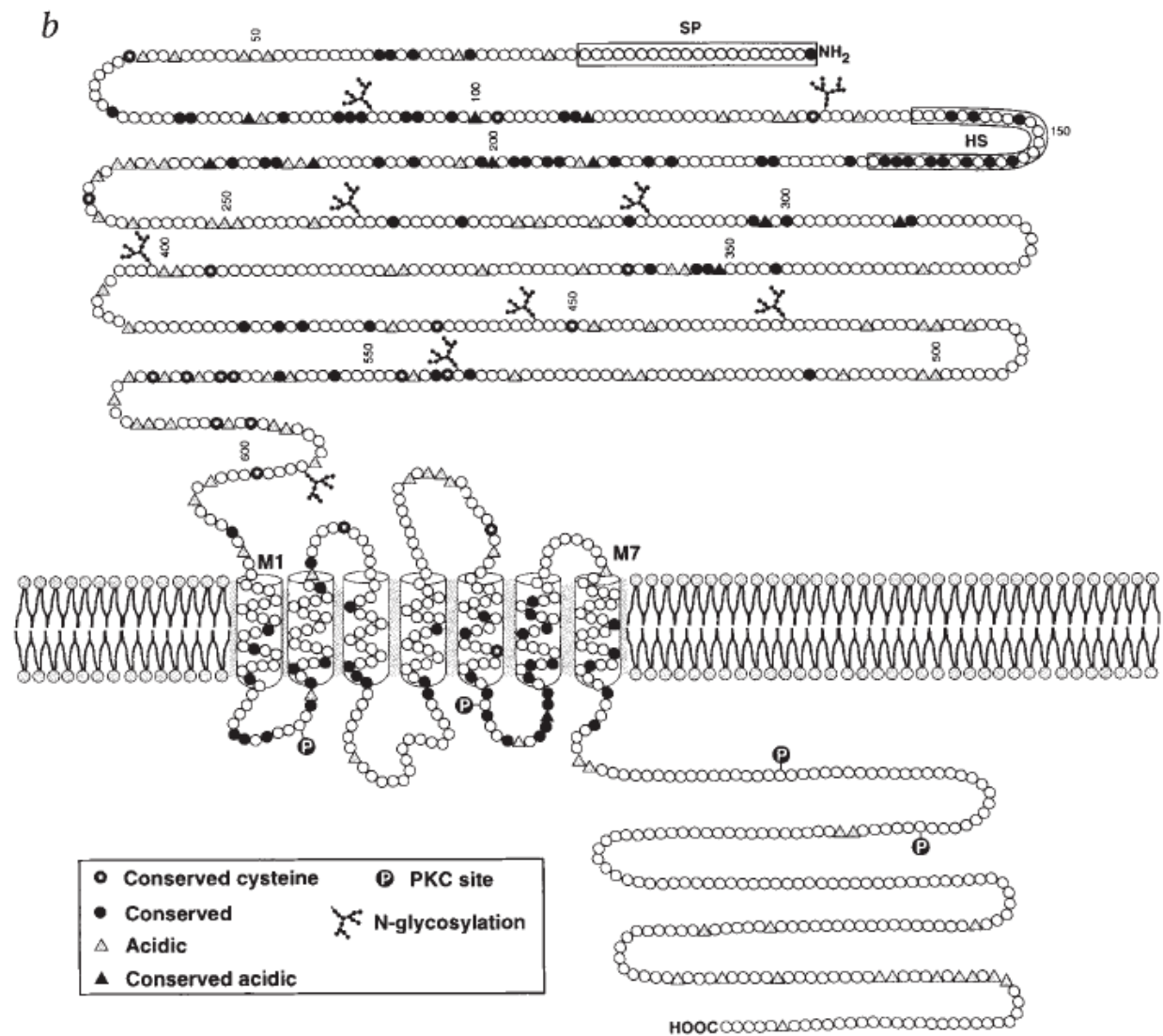


OMEOSTASI DEL CALCIO

Ruolo del recettore del calcio

Cloning and characterization of an extracellular Ca^{2+} -sensing receptor from bovine parathyroid

Edward M. Brown*, Gerardo Gamba††, Daniela Riccardi†, Michael Lombardi†, Robert Butters*, Olga Kifor*, Adam Sun††, Matthias A. Hedlger†, Jonathan Lytton† & Steven C. Hebert†

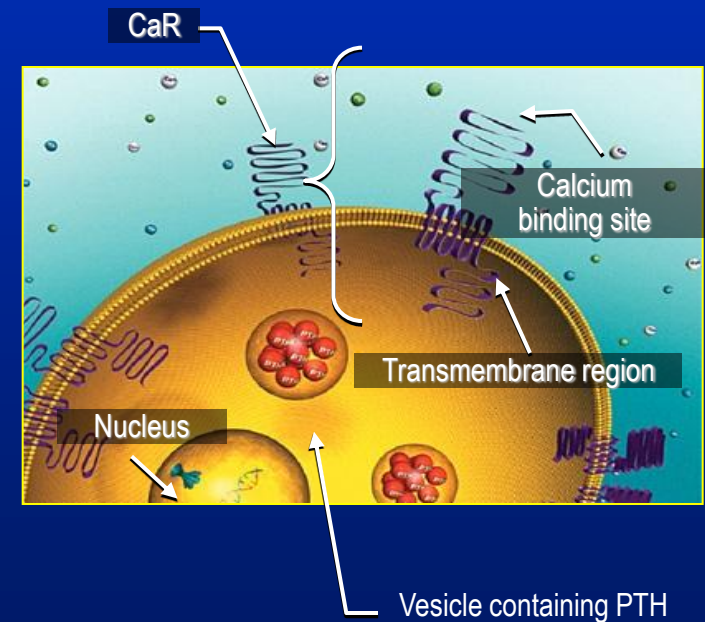


Calcium Sensing Receptor (CaSR)

- 1993: Brown and colleagues cloned the CaR¹
- G-protein coupled receptor on the surface of parathyroid cells¹
- Sensitive to changes in serum calcium^{1,2}
- Receptor activation decreases synthesis and secretion of PTH^{1,3,4}
- **An attractive target for the development of new therapeutic agents**



Parathyroid adenoma



¹Brown EM et al. *Nature* 1993;366:575-580

²Nemeth EF et al. *J Pharmacol Exp Ther*. 2004;308:627-635

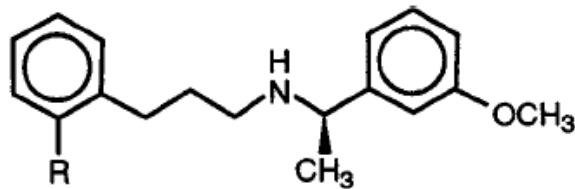
³Rodriguez M et al. *Am J Physiol Renal Physiol* 2005;288:F253-F264

⁴Chattopadhyay N et al. *Cell Signal* 2000;12:361-366

Calcimimetics with potent and selective activity on the parathyroid calcium receptor

(cytoplasmic Ca^{2+} /hyperparathyroidism/parathyroid cells/NPS R-568/NPS R-467)

EDWARD F. NEMETH*, MICHAEL E. STEFFEY, LANCE G. HAMMERLAND, BENJAMIN C. P. HUNG,
BRADFORD C. VAN WAGENEN, ERIC G. DELMAR, AND MANUEL F. BALANDRIN

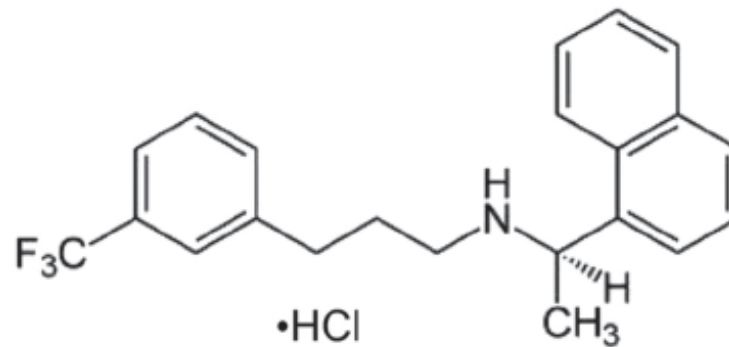


R = H: NPS 467
R = Cl: NPS 568

FIG. 1. Structures of NPS 467 and NPS 568 shown as the *R* enantiomer.

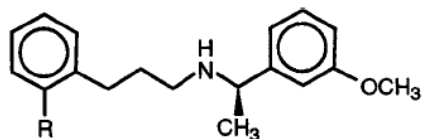
- ✓ Type I calcimimetics : veri agonisti recettoriali, policationi organici/inorganici
- ✓ Type II calcimimetics : agonisti non convenzionali, ligandi che potenziano effetti del Ca , modulatori allosterici
- ✓ FENILALCHILAMINE
- ✓ Selettivi su CaSr
- ✓ Efficaci nel ridurre PTH e calcemia

Struttura chimica CINACALCET



Cinacalcet

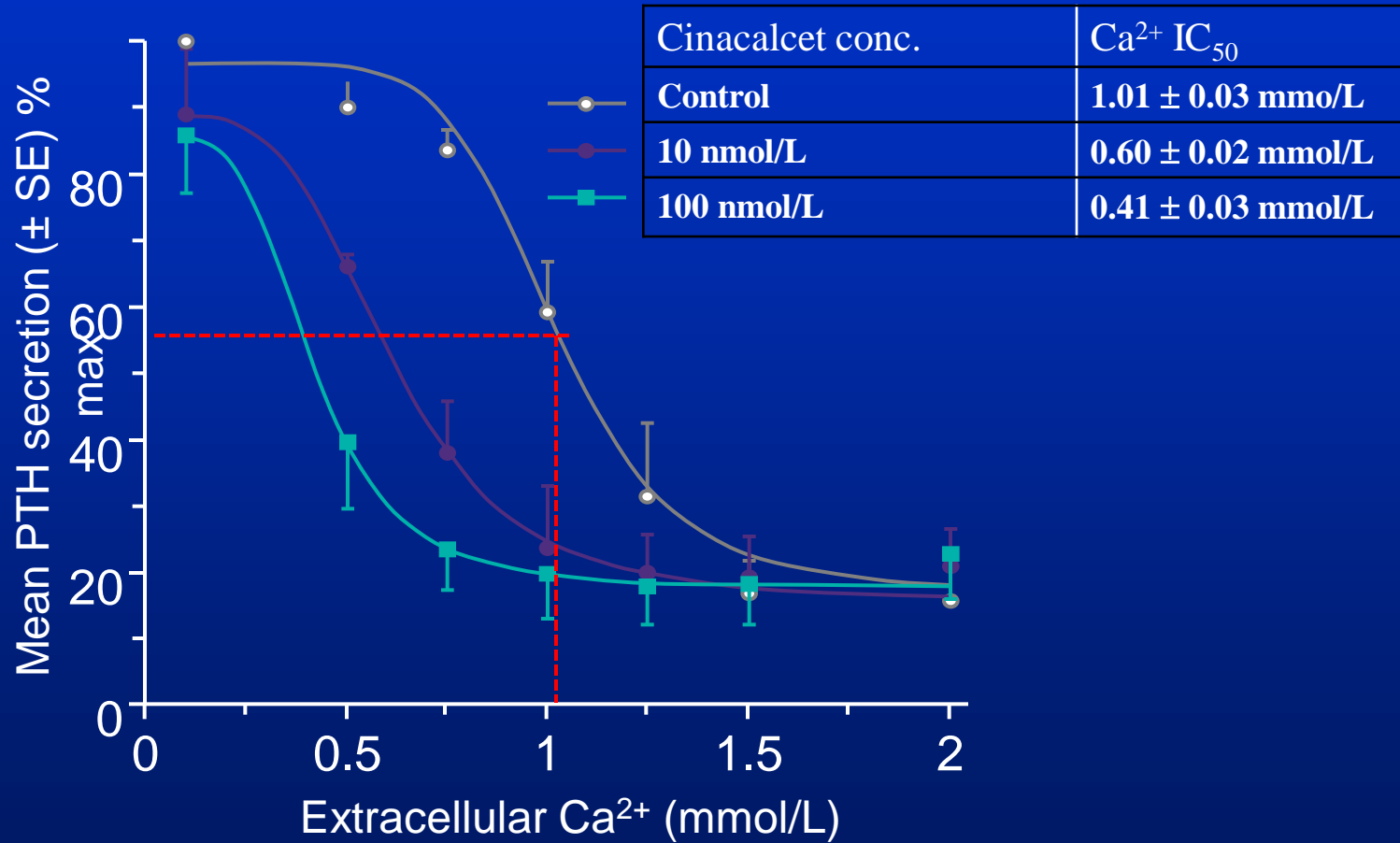
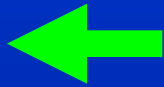
N-[1-(R)-(-)-(1-naphthyl)ethyl]-3-[3-(trifluoromethyl)phenyl]-1-aminopropane hydrochloride



R = H: NPS 467
R = Cl: NPS 568

FIG. 1. Structures of NPS 467 and NPS 568 shown as the *R* enantiomer.

Cinacalcet sensitises CaSR moving the PTH-Ca setpoint to left



Farmacocinetica cinacalcet p.o.

C_{max}	V_d	Protein binding	Metabolism	T1/2	Excretion
2-6hrs	1000L	93-97%	CYP3A4 CYP2D6 CYP1A2	30-40 hrs	8% Urine 15% feces

Compresse

30 mg

60 mg

90 mg

Cinacalcet has the potential to interact with other drugs as it is metabolized by multiple enzymes, predominantly CYP3A4 and CYP1A2, and is a potent inhibitor of CYP2D6.

Dose adjustment, PTH and serum calcium level should be monitored when initiate a strong inhibitor of CYP3A4 (ketoconazole, erythromycin, itraconazole)

Medications that are metabolized by CYP2D6 and that have narrow therapeutic index may require dose adjustment (amitriptyline, clomipramine, desipramine, doxepin, imipramine, maprotiline, nortriptyline)

APPLICAZIONE CLINICA CALCIOMIMETICI : IPERPARATIROIDISMI

- PRIMITIVO (PHPT)
-  • SECONDARIO A IRC (SHPT)

NORMALE

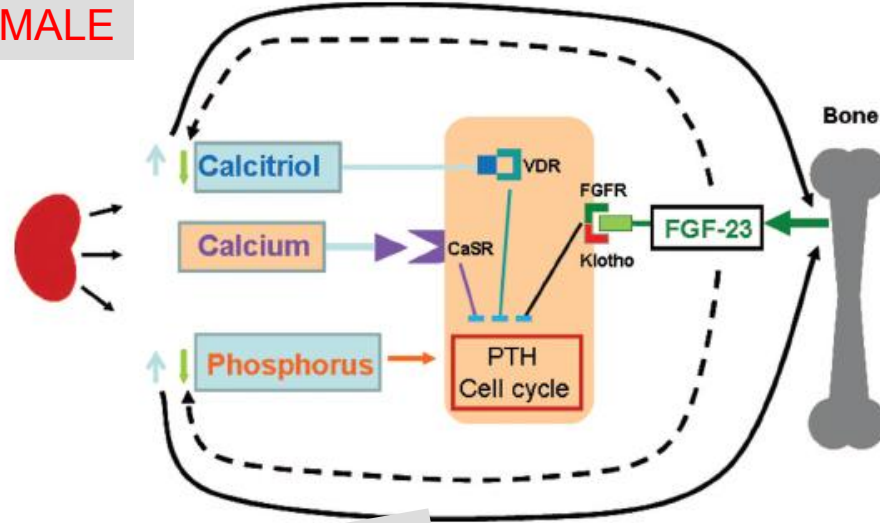
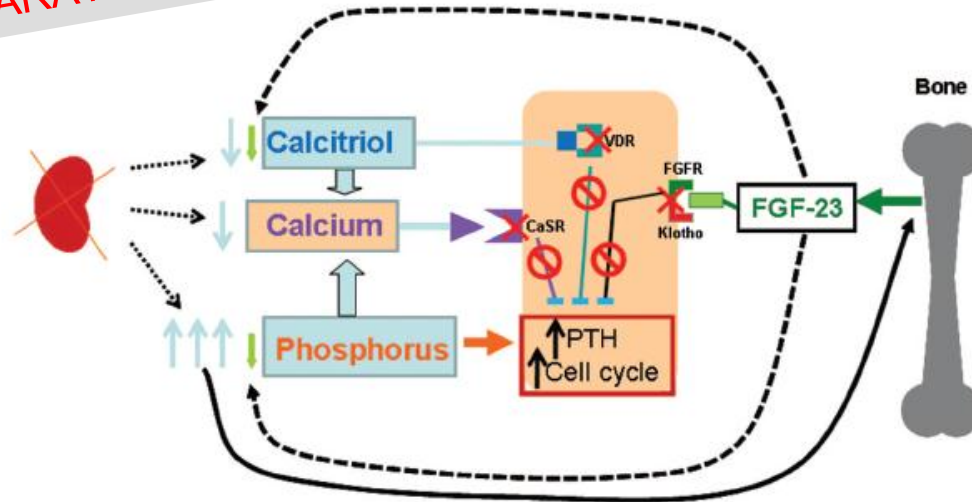


Figure 1. | Normal interaction of the different PTH-regulating factors.

PATOGENESI DELL'IPERPARATIROIDISMO IATRO

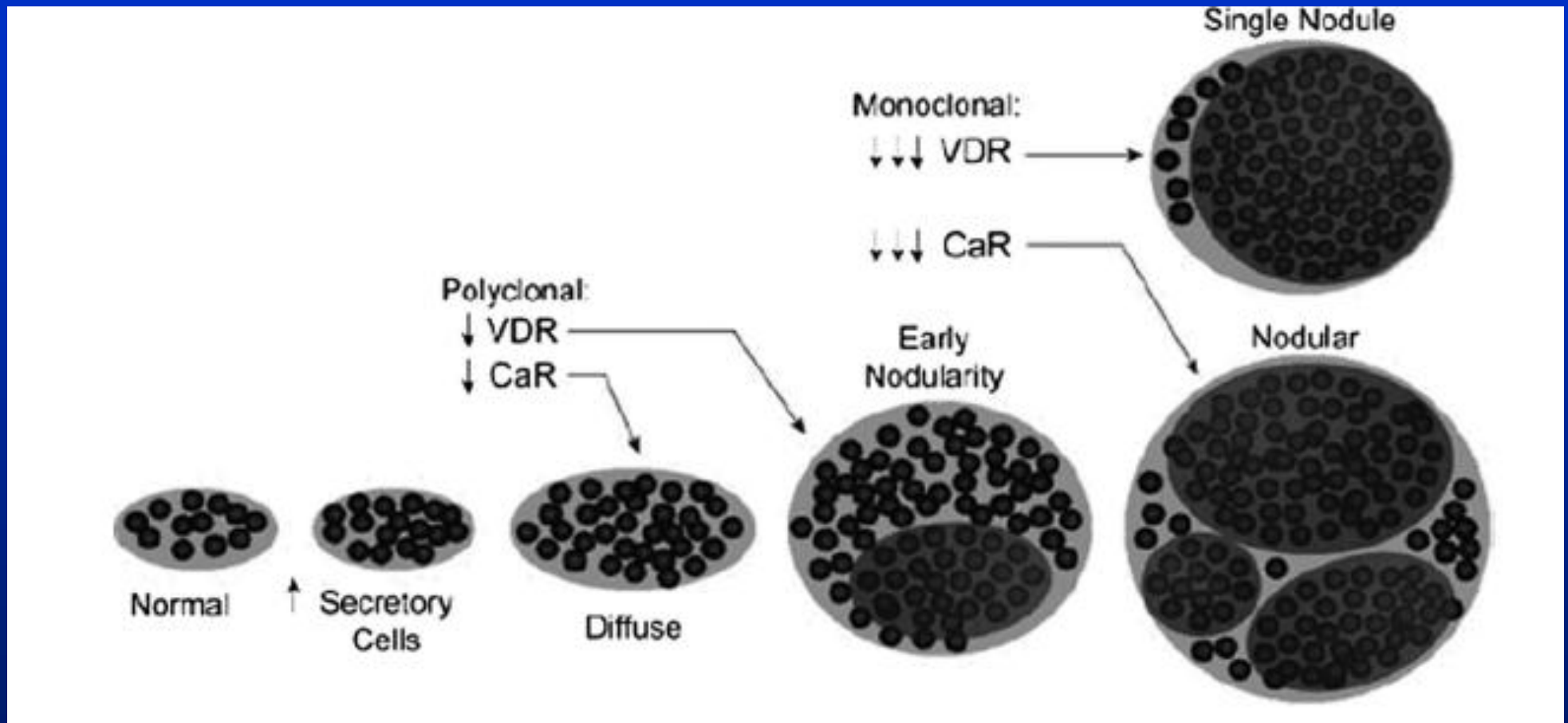
PATOLOGIA



- ✗ Decreased number of receptors
- ⊘ Effect no longer present

Figure 2. | Renal failure: schematic representation of the interaction of the different PTH regulating factors. VDR, vitamin D receptor; FGFR, fibroblast growth factor receptor; FGF-23, fibroblast growth factor 23; CaSR, calcium-sensing receptor; PTH, parathyroid hormone.

Sviluppo dell'iperplasia paratiroidea



Management del SHPT

- Vitamina D analoghi
- Chelanti del fosforo
- Chirurgia
- Calciomimetici
- (alcoolizzazione delle paratiroidi iperplastiche)

Effects and Safety of Calcimimetics in End Stage Renal Disease Patients with Secondary Hyperparathyroidism: A Meta-Analysis

Plos one october 2012

Qian Zhang^{1,2}, Ming Li^{2,3}, Li You¹, Haiming Li¹, Li Ni¹, Yong Gu¹, Chuanming Hao^{1,3}, Jing Chen^{1*}

¹ Division of Nephrology, Huashan Hospital, Shanghai Medical College, Fudan University, Shanghai, China, ² Department of Respiratory Medicine, Shanghai Tenth People's Hospital Affiliated to Tongji University, Shanghai, China, ³ Division of Nephrology, Department of Medicine, Vanderbilt University Medical Center, Nashville, Tennessee, United States of America

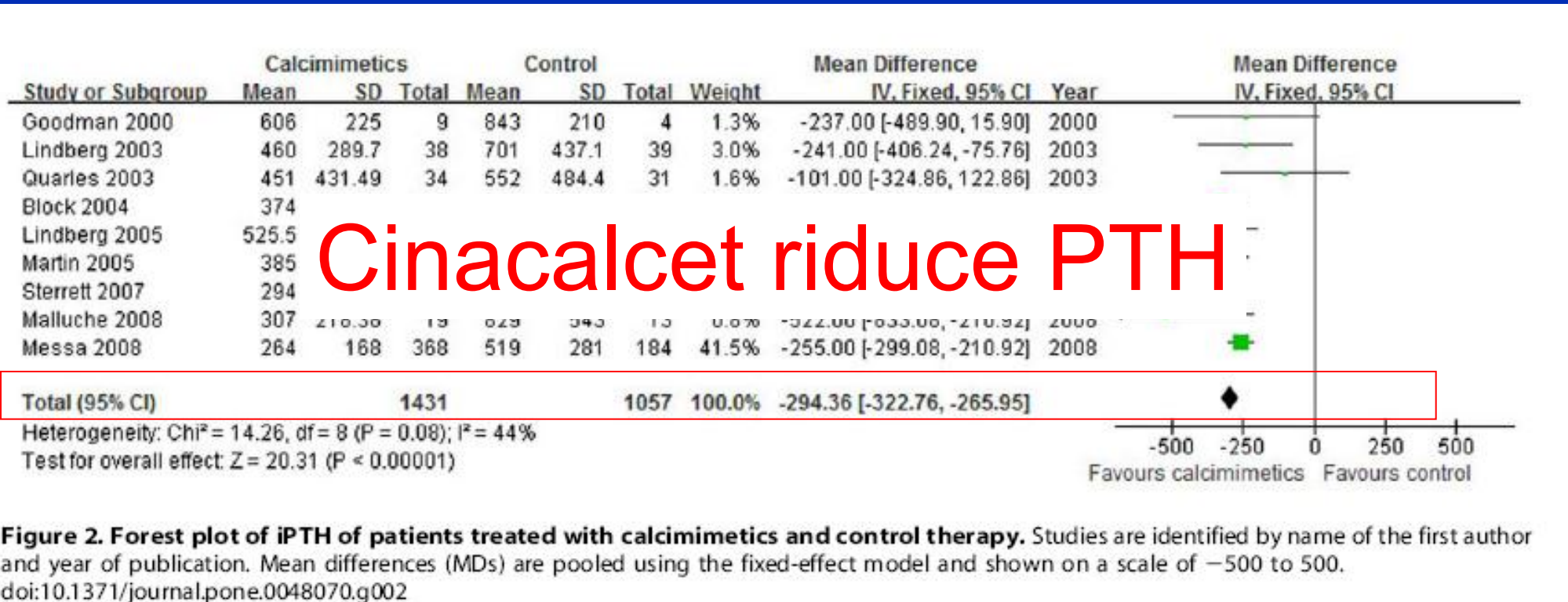


Figure 2. Forest plot of iPTH of patients treated with calcimimetics and control therapy. Studies are identified by name of the first author and year of publication. Mean differences (MDs) are pooled using the fixed-effect model and shown on a scale of -500 to 500.

doi:10.1371/journal.pone.0048070.g002

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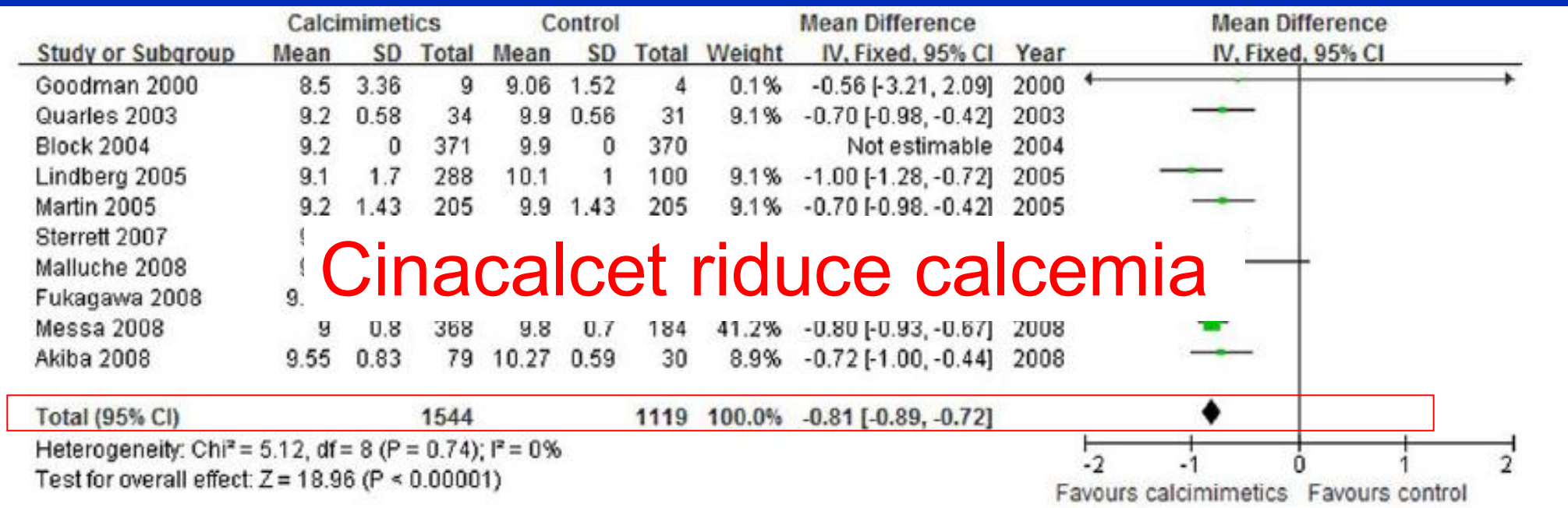


Figure 3. Forest plot of serum calcium of patients treated with calcimimetics and control therapy. Studies are identified by name of the first author and year of publication. Mean differences (MDs) are pooled using the fixed-effect model and shown on a scale of -2 to 2.

doi:10.1371/journal.pone.0048070.g003

Effects and Safety of Calcimimetics in End Stage Renal Disease Patients with Secondary Hyperparathyroidism: A Meta-Analysis

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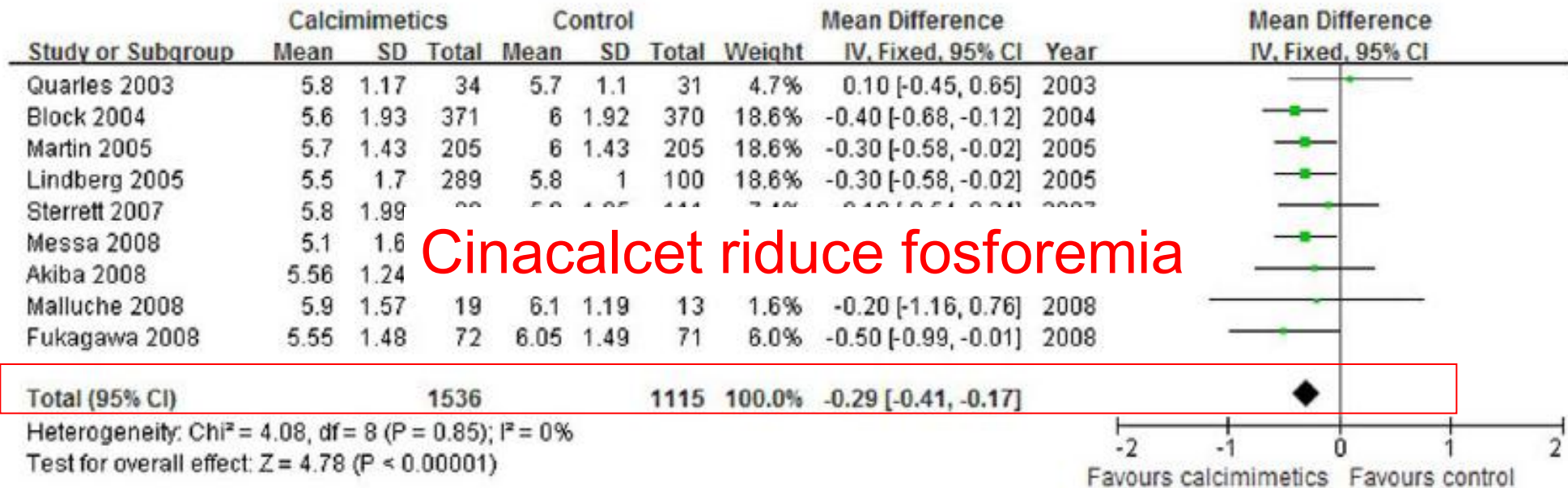


Figure 4. Forest plot of serum phosphate of patients treated with calcimimetics and control therapy. Studies are identified by name of the first author and year of publication. Mean differences (MDs) are pooled using the fixed-effect model and shown on a scale of -2 to 2. doi:10.1371/journal.pone.0048070.g004

Cinacalcet e mortalita' CV in SHPT

A post-hoc analysis of pooled data from four RCTs designed to investigate changes in biochemical markers (n = 1184) assessed the effects of cinacalcet compared with placebo on the clinical outcomes of fracture, cardiovascular hospitalisation, all-cause hospitalisation, parathyroidectomy and mortality.

No statistically significant differences were seen in overall mortality or all-cause hospitalisation.

However statistically significant differences were observed in fracture, cardiovascular hospitalisation and parathyroidectomy

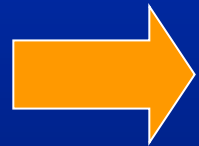
Prime indicazioni impiego cinacalcet 2004

FDA Label Indications in treatment of;

Secondary hyperparathyroidism (SHPT) in patients with chronic kidney disease on dialysis.

Hypercalcemia in patients with parathyroid carcinoma.

APPLICAZIONE CLINICA CALCIOMIMETICI : IPERPARATIROIDISMO



- PRIMITIVO (PHPT)
- SECONDARIO A IRC (SHPT)

IPERPARATIROIDISMO PRIMARIO

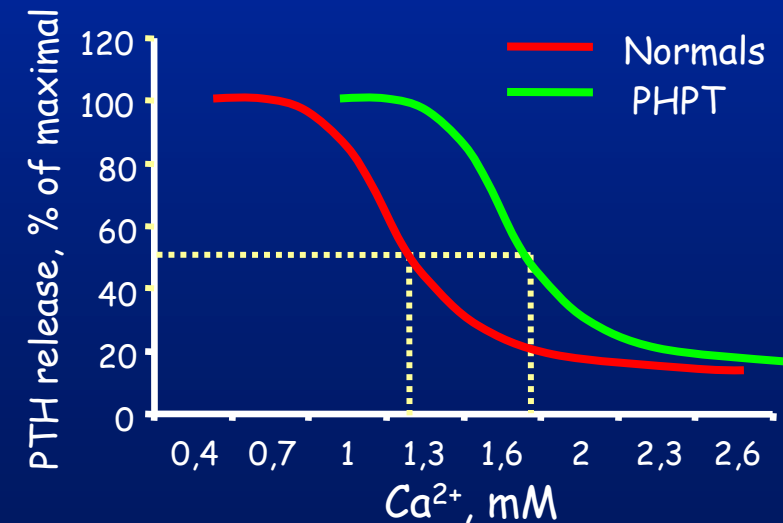
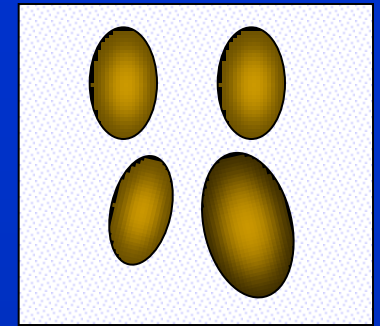
alterazione

del metabolismo fosfo-calcico
caratterizzata da

eccessiva e parzialmente

incontrollata secrezione di PTH

da parte di una o più ghiandole
paratiroidi iperfunzionanti
determinante ipercalcemia



Iperparatiroidismo primitivo: dati di incidenza e prevalenza nella popolazione generale

- Incidenza: **1 /1000 maschi; 2-3/1000 femmine** (*Kearns AE et al., Mayo Clin Proc. 2002*);
- Prevalenza (popolazione europea): **0.1-0.4 %** (sale al **2%** nelle donne > 55 anni)(*Lundgren E et al World J Surg 2002; Wermers RA et al, JBMR 2006*);
- Ratio F:M **3:1** (sale a **5:1** negli europei anziani) (*Lundgren E et al World J Surg 2002; Wermers RA et al, JBMR 2006*)

Patogenesi



pHPT sporadic, single adenoma	80-85%
pHPT sporadic, multiglandular disease	10-12%
pHPT carcinoma	1%
pHPT genetic syndromes <i>MEN type 1 – type 2</i> <i>Familial hypocalciuric hypercalcemia (FHH)</i> <i>Post natal severe hyperparathyroidism</i> <i>HPT- jaw tumors syndrome</i> <i>FIHP</i>	2- 8%

FORME CLINICHE DI PRESENTAZIONE DELL' IPT

- **IPT SINTOMATICO** (lesioni scheletriche e/o nefrolitiasi)
- **IPT ASINTOMATICO**
- *IPT "NORMOCALCEMICO"*

Aim of treatment and current treatment options in PHPT

- Normalization of calcium levels and reversal of any symptoms attributable to PHPT are the primary treatment goals

- **Parathyroidectomy**

- Symptomatic patients
- Asymptomatic who meet criteria of the consensus guidelines
- **Should be offered to all patients**

- **Asymptomatic patients who do not meet the surgical criteria**

- Follow up

- **Medical management**

- Estrogens, SERMS
- Bisphosphonates
- **Calcimimetics**

The Calcimimetic Cinacalcet Normalizes Serum Calcium in Subjects with Primary Hyperparathyroidism

DOLORES M. SHOBACK, JOHN P. BILEZIKIAN, STEWART A. TURNER, LAURA C. McCARY, MATTHEW D. GUO, AND MUNRO PEACOCK

JCEM 2003

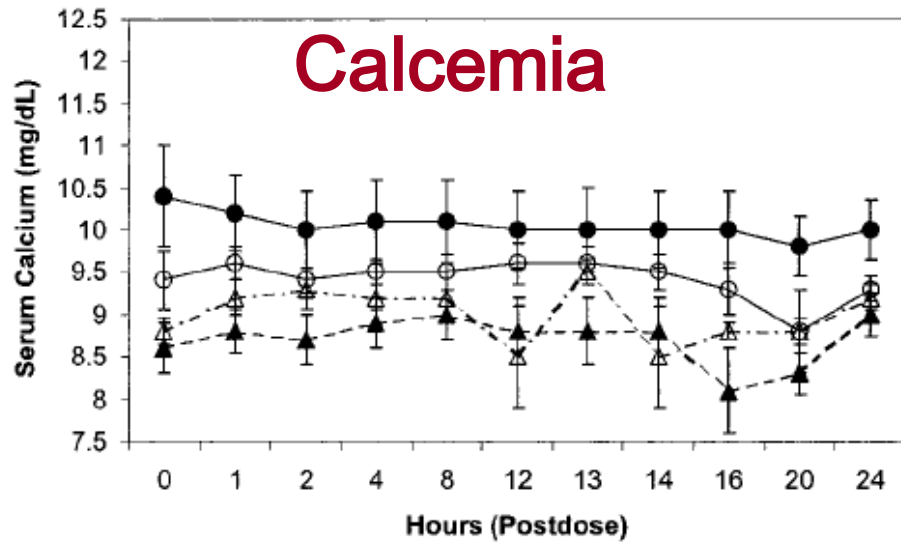
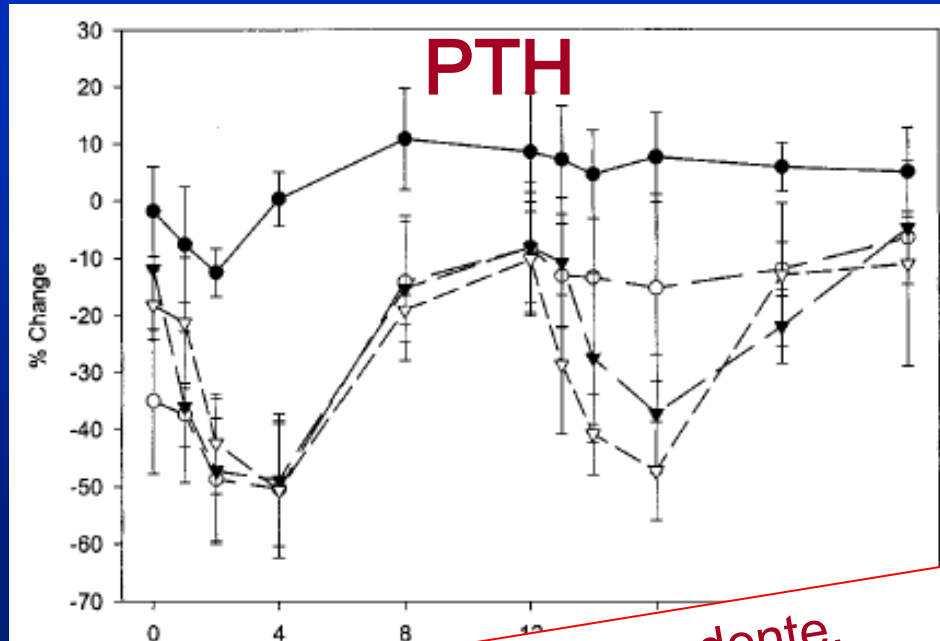


FIG. 2. Mean \pm SE serum calcium concentrations on d 15 in patients who received placebo (●), 30 mg cinacalcet (○), 40 mg cinacalcet (▲), or 50 mg cinacalcet (▽) twice on d 15. Serum calcium concentrations were taken before dosing and at 1, 2, 4, 8, 12, 13, 14, 16, 20, and 24 h after the first dose and 1, 2, 4, 8, and 12 h after the second dose.



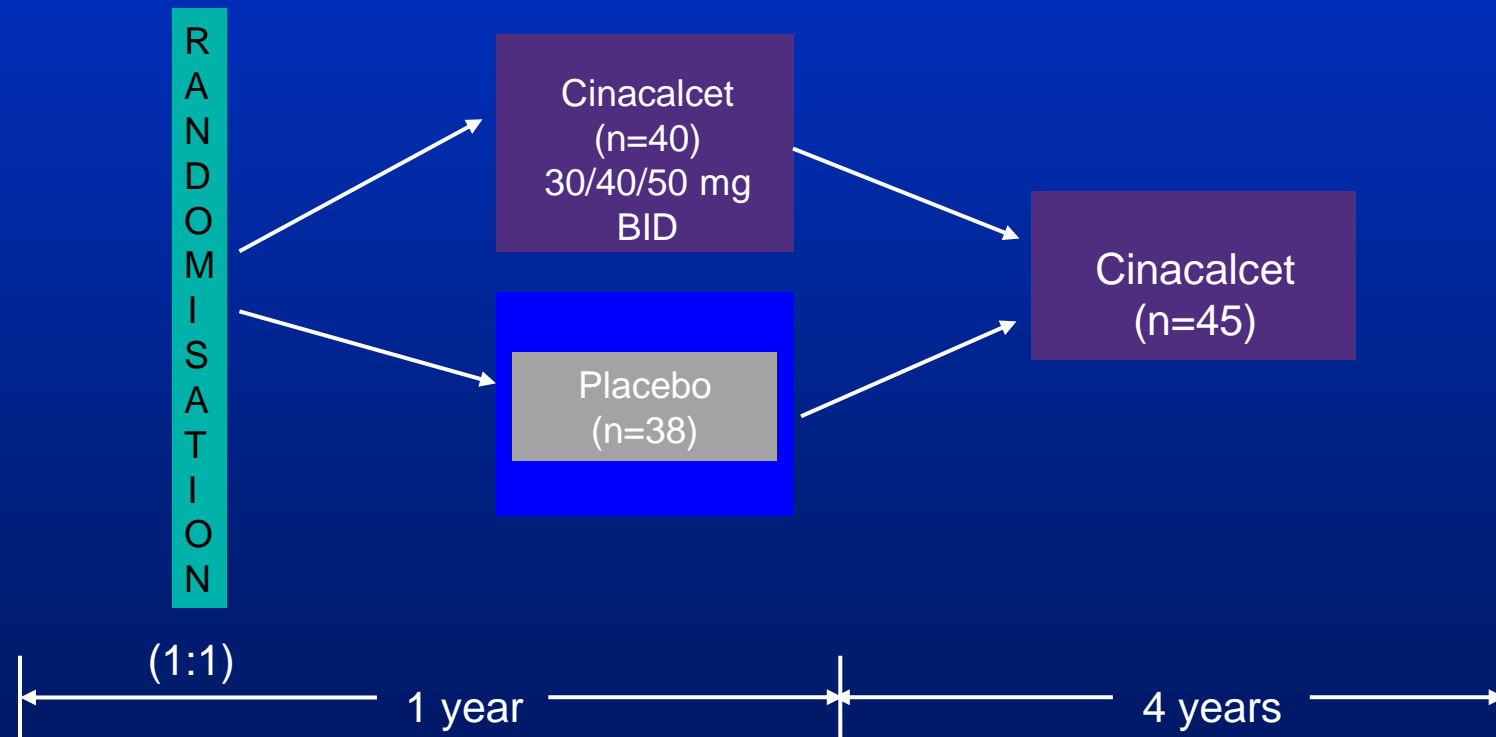
Effetto su calcemia dose-dipendente, ma all'aumentare della posologia aumenta la variabilita' calcemica

Effetto su pth e' meno dose-dipendente, Riduzione pth con rebound che amplifica Pulsatilita'

... PTH ... and 1, 2, 4, 8, and 12 h after the second dose. ... was given 12 h after the first dose and after the 12-h ... blood sample had been taken.

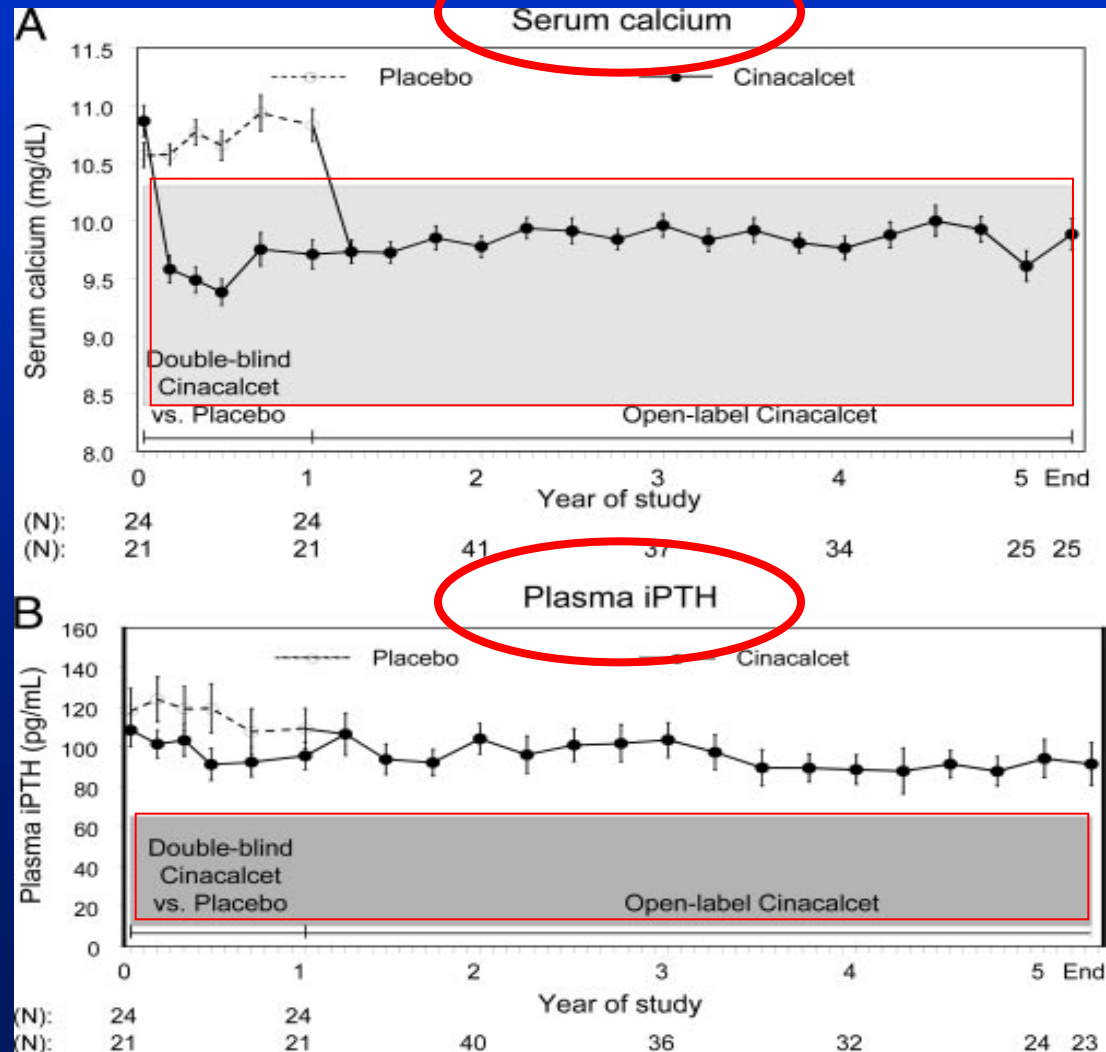
Cinacalcet Treatment of Primary Hyperparathyroidism: Biochemical and Bone Densitometric Outcomes in a Five-Year Study

Munro Peacock, Michael A. Bolognese, Michael Borofsky, Simona Scumpia, Lulu Ren Sterling, Sunfa Cheng, and Dolores Shoback



Cinacalcet Treatment of Primary Hyperparathyroidism: Biochemical and Bone Densitometric Outcomes in a Five-Year Study

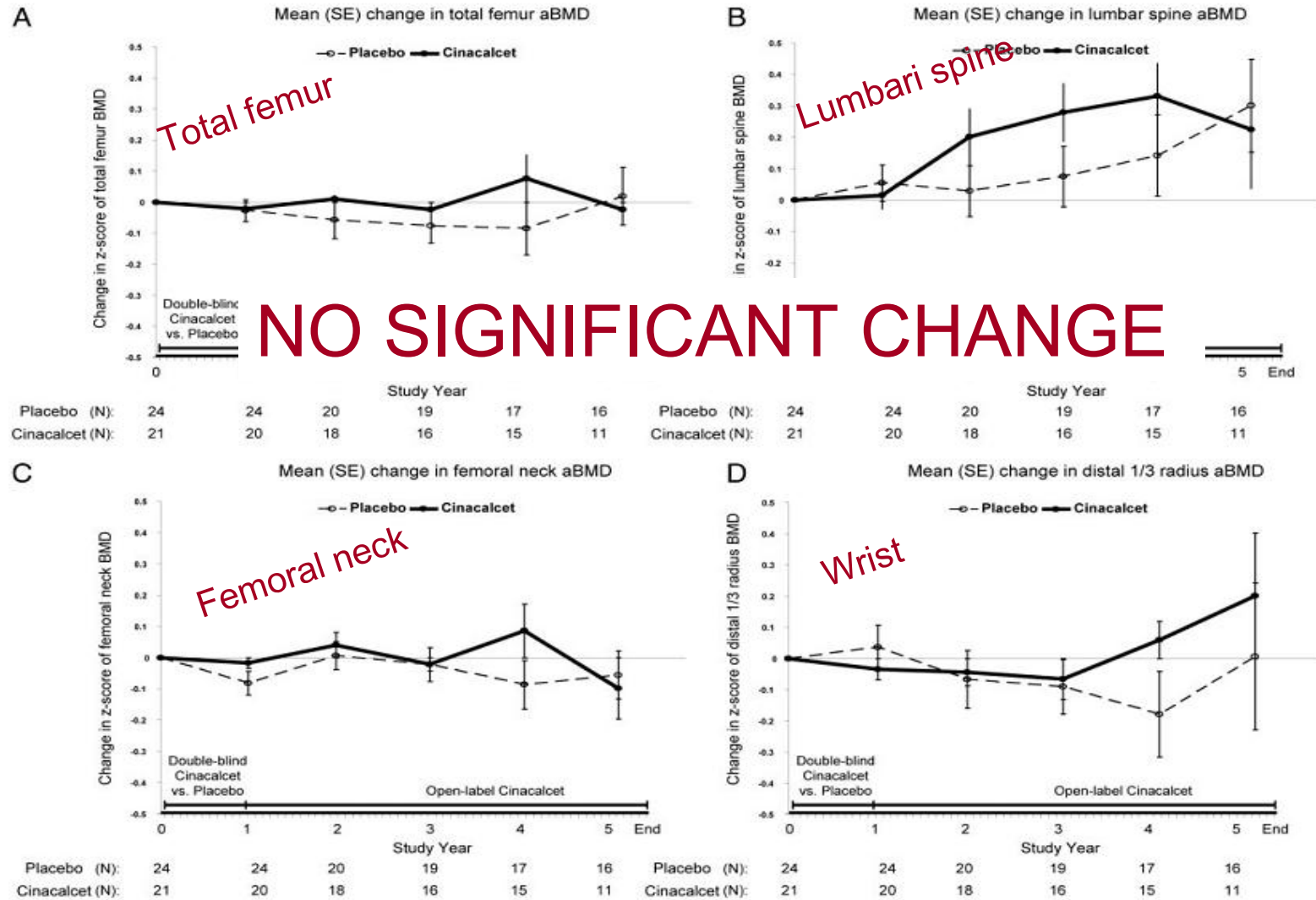
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Mean areal BMD remained in the normal range (Z-scores of 1 to 1) for the length of the study with no improvements in aBMD observed when expressed as mean change from parent study baseline at the spine, wrist, femoral neck, and total femur



Cinacalcet Treatment of Primary Hyperparathyroidism: Biochemical and Bone Densitometric Outcomes in a Five-Year Study

Munro Peacock, Michael A. Bolognese, Michael Borofsky, Simona Scumpia, Lulu Ren Sterling, Sunfa Cheng, and Dolores Shoback

TABLE 2. AE rate over the course of the parent trial and the open-label extension (no significant differences)

	Placebo (n = 24)	Cinacalcet
AE during initial 52-wk placebo-controlled trial (%)		
Headache	38	10
Arthralgia	25	14
Myalgia	25	24
Nausea	17	29
AE during the 4.5-yr, open-label extension study (%)		
Arthralgia		38
Myalgia		27
Diarrhea		22
Upper respiratory infection		20
Nausea		20

For the cinacalcet values, n = 21 for the initial trial and 45 for the extension study.

Cinacalcet Reduces Serum Calcium Concentrations in Patients with Intractable Primary Hyperparathyroidism

Claudio Marcocci, Philippe Chanson, Dolores Shoback, John Bilezikian, Laureano Fernandez-Cruz, Jacques Orgiazzi, Christoph Henzen, Sunfa Cheng, Lulu Ren Sterling, John Lu, and Munro Peacock

- **Multicenter, open-label, single arm, dose titration study in the US, Canada and EU**
- **Serum calcium concentration at screening >12.5 mg/dL (3.1 mmol/L)**

***Intractable PHPT is defined as unresolved primary HPT following unsuccessful parathyroidectomy or contraindicated for parathyroidectomy**

Cinacalcet Reduces Serum Calcium Concentrations in Patients with Intractable Primary Hyperparathyroidism

Claudio Marcocci, Philippe Chanson, Dolores Shoback, John Bilezikian, Laureano Fernandez-Cruz, Jacques Orgiazzi, Christoph Henzen, Sunfa Cheng, Lulu Ren Sterling, John Lu, and Munro Peacock

- **Primary endpoint**

- Proportion of subjects with ≥ 1 mg/dL (0.25 mmol/L) reduction in serum calcium at the end of the titration phase
 - The titration phase (2 to 16 weeks) continued until the serum calcium concentration was ≤ 10 mg/dL (2.5 mmol/L), the subject had reached the highest dose (90 mg QID), or adverse events precluded further dose increases

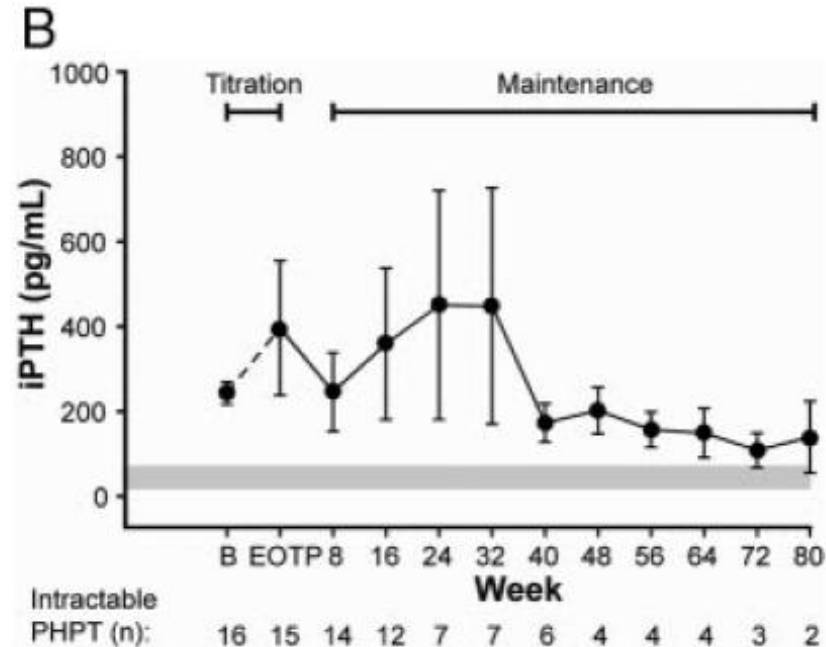
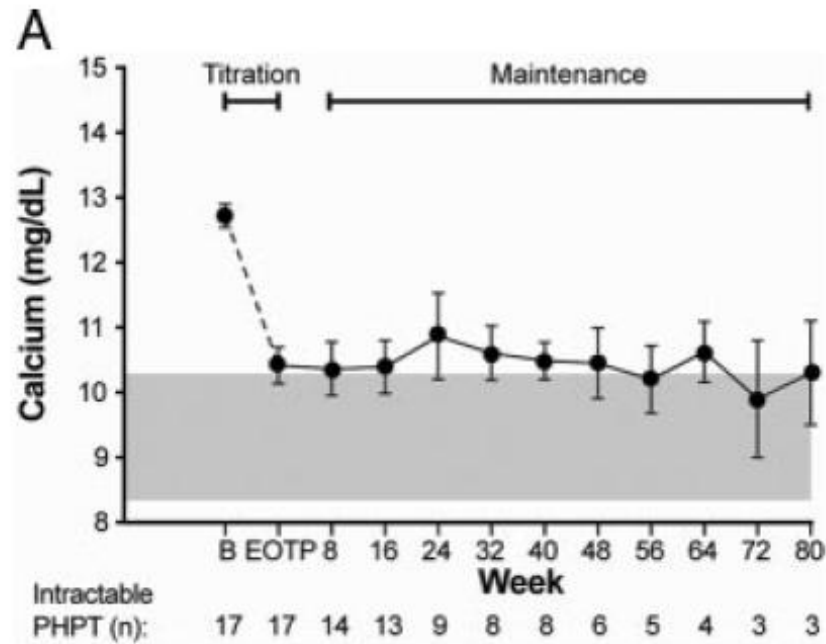
- **Secondary endpoints**

- Proportion of patients experiencing a reduction of serum Ca concentration to ≤ 2.6 mmol/L (10.3 mg/dL) at the EOTP
- Safety and tolerability of cinacalcet
- Health-related quality of life scores (SF-36 and MOS Cognitive functioning scale)

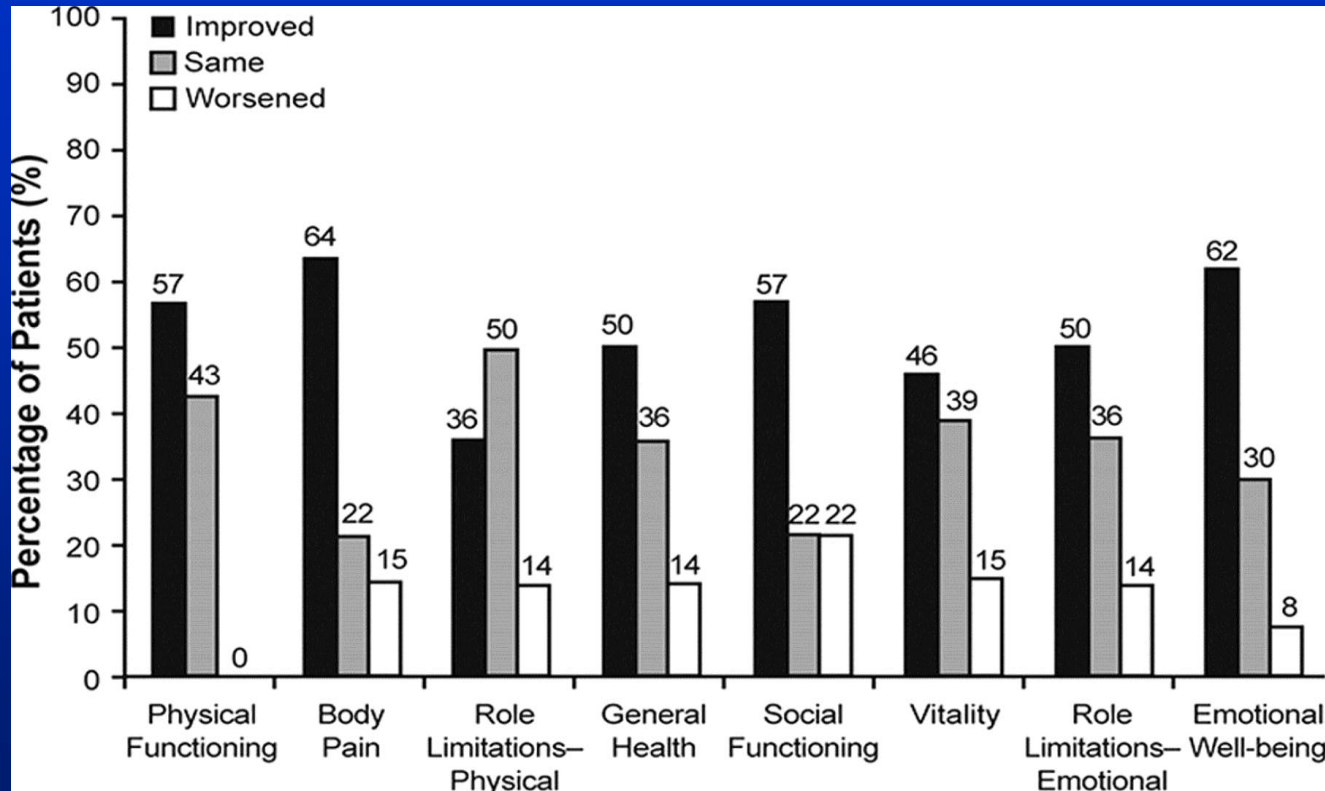
Riduzione calcemia > 1 mg/dl
In 88% pazienti

Riduzione calcemia nel
Range di norma in 53%

PTH si riduce (p ns) e non
si normalizza



Cinacalcet administration and Health-Related Quality of Life (HRQoL)



In almost all the SF-36 scales at least 50% patients improved

Calciomimetici nel pHPT

- Efficaci nel ridurre (normalizzare) la calcemia
- Non determinano effetti apprezzabili su BMD
- Effetti collaterali complessivi da lievi e moderati

Cinacalcet: estensione indicazioni nel PHPT 2008

- Cinacalcet (Mimpara®) is approved for the
 - Reduction of hypercalcaemia in patients with primary HPT for whom parathyroidectomy would be indicated on the basis of serum calcium levels (as defined by relevant treatment guidelines), but in whom parathyroidectomy is not clinically appropriate or is contraindicated.
 - Parathyroid carcinoma (2004)

The approval is based on a positive benefit/risk assessment in a

Approvazione FDA:

“trattamento dell’ipercalcemia severa in pazienti con PHPT non idonei alla PTX”.

AME Position Statement:

Primary hyperparathyroidism in clinical practice.

JEI 2012;35(7 Suppl):2-21.

We suggest considering cinacalcet treatment in PHPT patients with calcemia more than 1 mg/dl above the upper normal limit and one of the following:

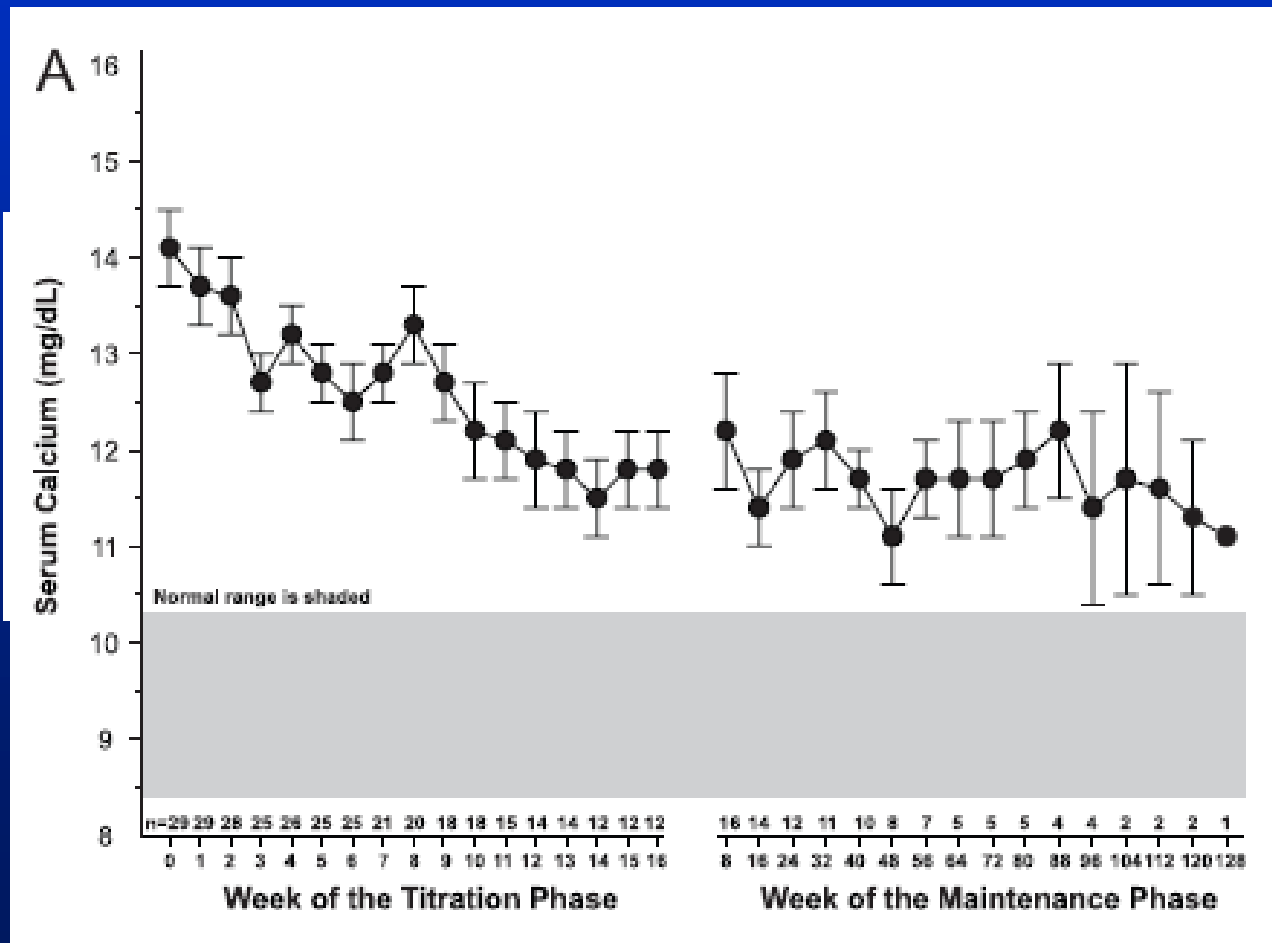
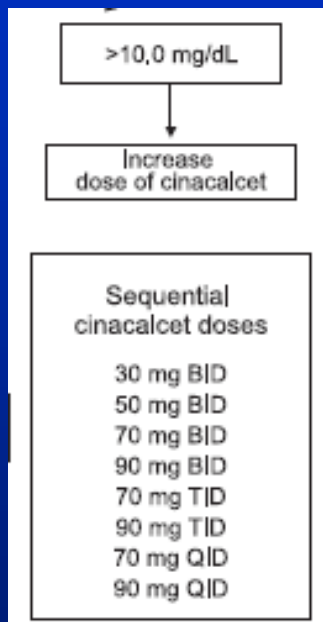
- Contraindications to surgery
- Unwilling to have surgery
- Previously unsuccessful PTX with persisting PHPT
- Relapsing PHPT
- Long time before surgery

condizioni particolari

Cinacalcet Hydrochloride Reduces the Serum Calcium Concentration in Inoperable Parathyroid Carcinoma

S. J. Silverberg, M. R. Rubin, C. Faiman, M. Peacock, D. M. Shoback, R. C. Smallridge, L. E. Schwanaer, K. A. Olson, P. Klassen, and J. P. Bilezikian

JCEM 2007



Normal range
8.4–10.3
10–65
2.2–5.1
0.5–1.2; women, 0.4–1.1
3.5–5.0
35–115
3.0–20.9
5.4–24.2

tes for severe hypercalcemia.

MEN1-related hyperparathyroidism: response to cinacalcet and its relationship with the calcium-sensing receptor gene variant Arg990Gly

Marcello Filopanti¹, Uberta Verga¹, Federica Ermetici², Luca Olgiati¹, Cristina Eller-Vainicher¹, Sabrina Corbetta^{3,4}, Luca Persani^{3,5}, Paolo Beck-Peccoz^{1,3} and Anna Spada^{1,3}

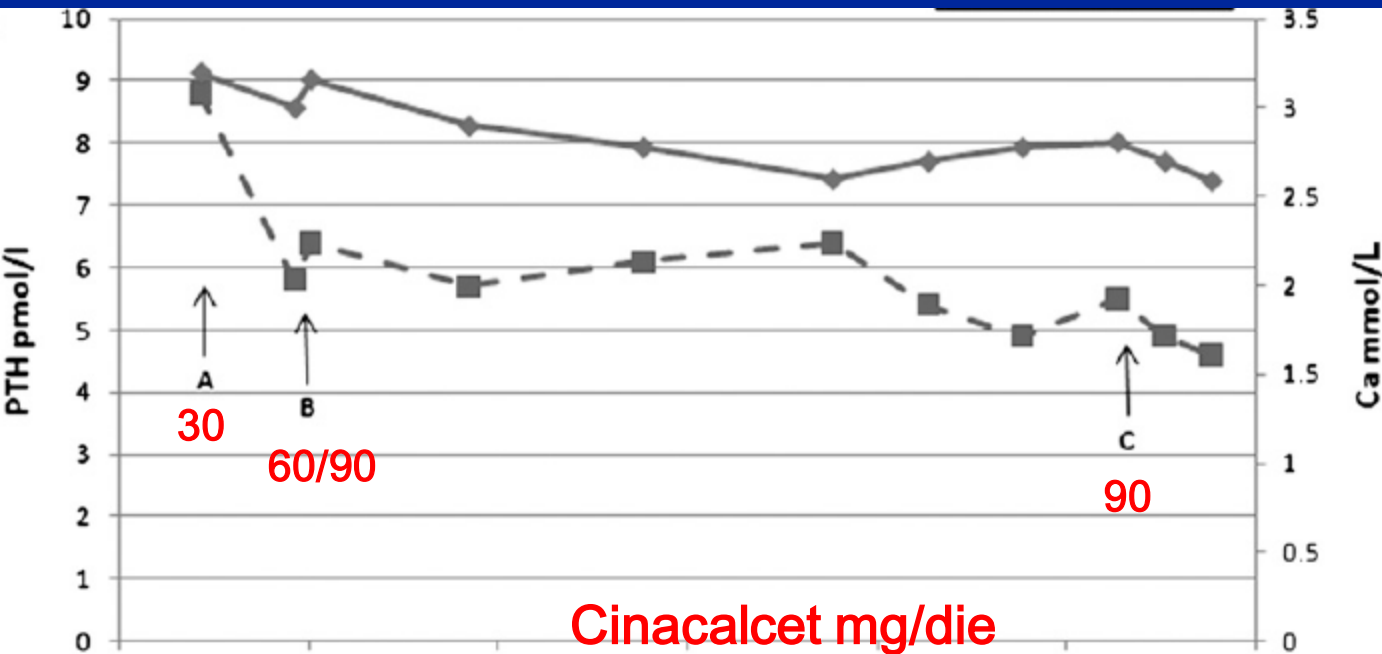
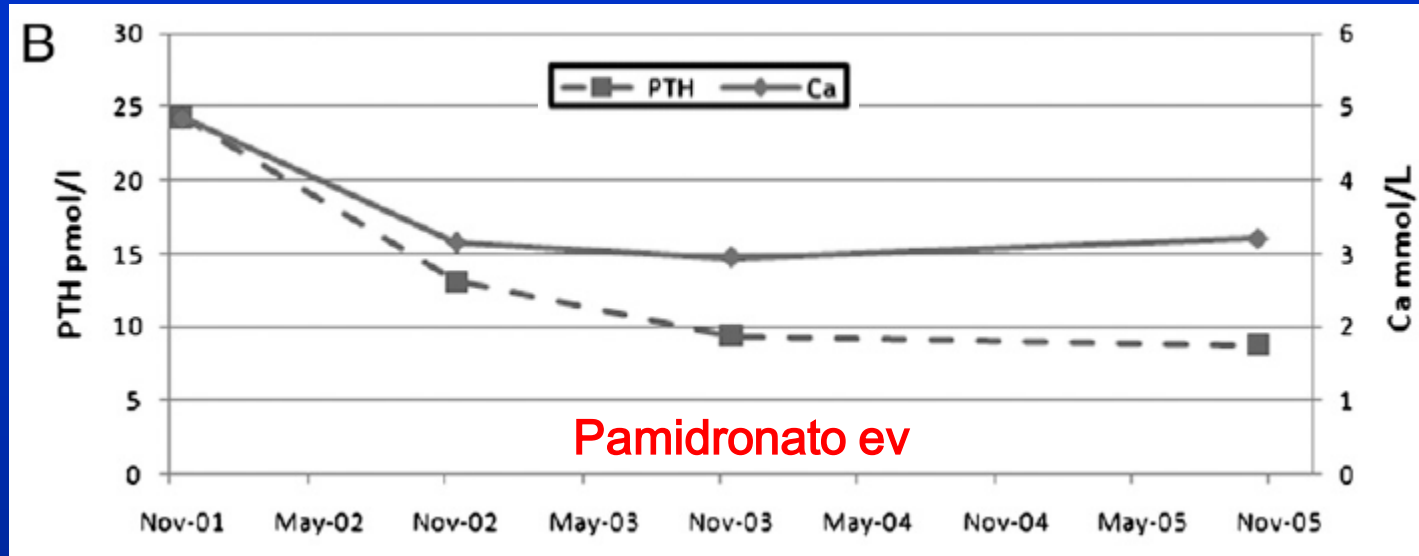
	MEN1-related PHPT (n=11)			Sporadic PHPT (n=20)		
	Placebo	Cinacalcet	P	Pretreatment	Cinacalcet	P
PTH (pg/ml)	98.9±21.5	68.5±22.3	0.006	181.3±115.5	120.7±38.8	0.032
Corrected total serum calcium (mg/dl)	11.5±0.2	9.5±0.4	<0.001	11.7±0.5	9.5±0.4	<0.001
Ionized calcium (mEq/l)	1.44±0.5	1.20±0.6	<0.001	1.43±0.6	1.21±0.7	<0.001
Serum phosphate (mg/dl)	2.3±0.2	3.1±0.2	<0.001	2.5±0.3	3.1±0.2	<0.001
Alkaline phosphatases (U/l)	80±5	72±12	0.086	97±58	93±47	0.813
Serum creatinine (mg/dl)	0.7±0.0	0.8±0.0	0.000	0.8±0.1	0.8±0.1	0.390
Creatinine clearance (ml/min)	100±10	100±10	0.000	100±10	100±10	0.588
Daily urinary calcium excretion (mg)	100±10	100±10	0.000	100±10	100±10	0.658
Gastric acid secretion (mmol/h)	100±10	100±10	0.000	100±10	100±10	0.480
Neuronal PTHrP (pg/ml)	100±10	100±10	0.000	100±10	100±10	0.497
Cinacalcet response (mg/dl)	-	-	-	-	-	-
Medication	-	-	-	-	-	-

The efficacy profile of cinacalcet in patients with MEN 1-related PHPT and in those with sporadic PHPT was similar and was not influenced by the 990 CASR variant

Successful Use of Bisphosphonate and Calcimimetic in Neonatal Severe Primary Hyperparathyroidism

Alexandra Wilhelm-Bals, Paloma Parvex, Corinne Magdelaine and Eric Girardin

A case of NPHT after surgery failure





Nell'iperparatiroidismo primitivo il trattamento medico con calciomimetici rappresenta talora un'alternativa e talora e' di supporto alla chirurgia

Cost-effectiveness analysis of parathyroidectomy for asymptomatic primary hyperparathyroidism

Kyle Zanocco, BS, Peter Angelos, MD, PhD, and Cord Sturgeon, MD, Chicago, Ill

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Parathyroidectomy is more cost-effective than observation for managing asymptomatic PHPT patients who do not meet National Institutes of Health criteria for parathyroidectomy.

Furthermore, pharmacologic therapies with a greater than \$221 annual cost were not cost-effective in this model.

PHPT patients who do not meet National Institutes of Health criteria for parathyroidectomy. Furthermore, pharmacologic therapies with a greater than \$221 annual cost were not cost-effective in this model. (Surgery 2006;140:874-82.)

The end

Caso clinico

- Uomo, 68 anni, allevatore e agricoltore
- Familiarità positiva per obesità e gotta. Negativa per tireopatia, neg per litiasi renale o patologia paratiroidea o DM.
- Buon bevitore, ex-forte fumatore.

- Storia di obesità, gotta, ipercolesterolemia.

- APR: nel 2005 focolaio BPN. In tale occasione diagnosi di **BPCO** e **OSAS** in CPAP notturna. Politrauma da precipitazione con frattura omero dx nel 2007.

- E.O.: Kg 110 x h 170 cm, BMI 38. PAOS 145/80, fc 84, SatO2 AA 93%.

- T.D.: allopurinolo, ASA, canrenone, alfuzosina, ossicodone/paracetamolo

Anamnesi patologica prossima

- Da 3.2012 astenia, inappetenza, pollachiuria, nicturia, instabilità nella deambulazione
- rilievo di ipercalcemia = **calcemia totale 13.5 mg/dl, Ca++ 1.79**
- **PTH 493 pg/ml.**
- Prenotata visita Endocrinologica programmata a 1 mese.

Anamnesi patologica prossima

ECO TIROIDE-PARATIROIDI:

- in regione posteriore superiore del lobo dx area nodulare di pertinenza tiroidea (13x12x9 mm);
- in regione superiore del lobo sx : area nodulare ecosolida ipoecogena (18x15 mm), di natura tiroidea.
- In regione inferiore e posteriore del lobo dx, area nodulare ipoecogena (17x15x12 mm), con polo vascolare.
- Nodulo analogo (16x15x13 mm), al III medio-inferiore posteriore a sinistra

P 7 CM XV C
PRC 12-3-B PRS 4
PST 4

P 7 CM XV C
PRC 12-3-B PRS 4
PST 4

FRAN LA523

LA523

1.31 CM
0.88 CM
1.25 CM

3 CM
3 CM

+

+

+

+

+

+

+

+

+

+

LOBO DX REG SUP POST

LOBO SIN REG SUP

P 7 CM XV C
PRC 12-3-B PRS 4
PST 4

A523

PST 4

523
CM
CM

+

+

+

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+

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+

LOBO DX REG INF EXTRA

LOBO SIN REG MEDIA INF

La storia clinica prosegue..

- 4/2012 ..in attesa visita endocrinologica ..
- ulteriore peggioramento clinico con astenia ingravescente, **disorientamento S/T:**
- inviato in DEA dal MMG per sospetto evento ischemico cerebrale.
- In DEA TC cranio negativa. Stante il valore di calcemia e le condizioni cliniche , **ricovero in Medicina Urgenza.**

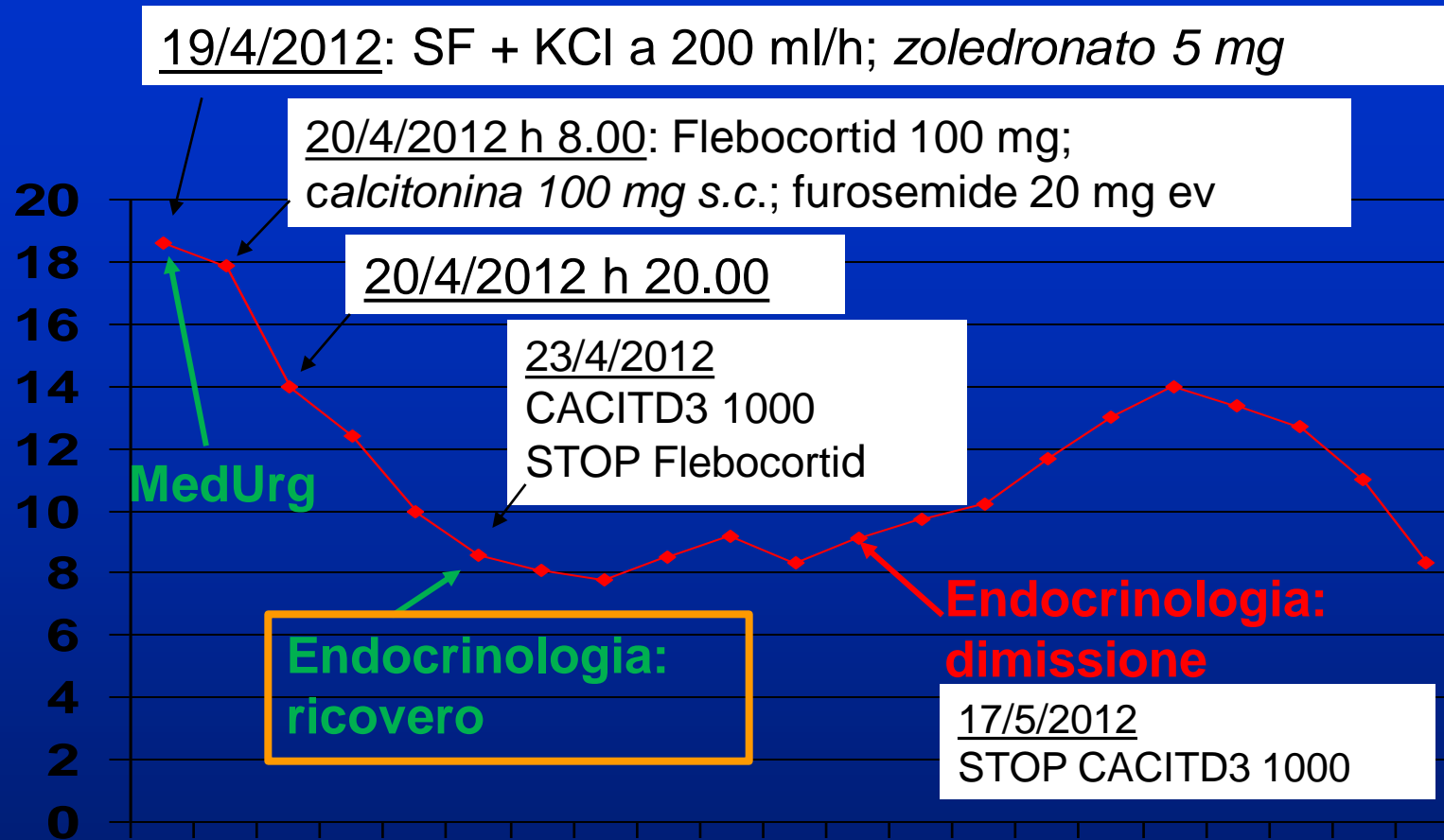
La storia clinica prosegue..

- In Med Urg episodio di agitazione psico-motoria → **crisi ipercalcemica severa**
(calcemia 18.6 mg/dl, ionizzato 2.81 mmol/L, PTH 953.3 pg/ml, K 2.8 mEq/L, creatinina 1.6 mg/dl, TSH 0,28 mcUI/ml, fT4 nella norma)

Terapia con SF 500 200 ml/h, furosemide ev, zoledronato 5 mg ev e calcitonina sc

- Regressione dell'episodio acuto, riduzione progressiva calcemia e successivo trasferimento in Endocrinologia

Livelli calcemici e terapie



INDAGINI CONDOTTE

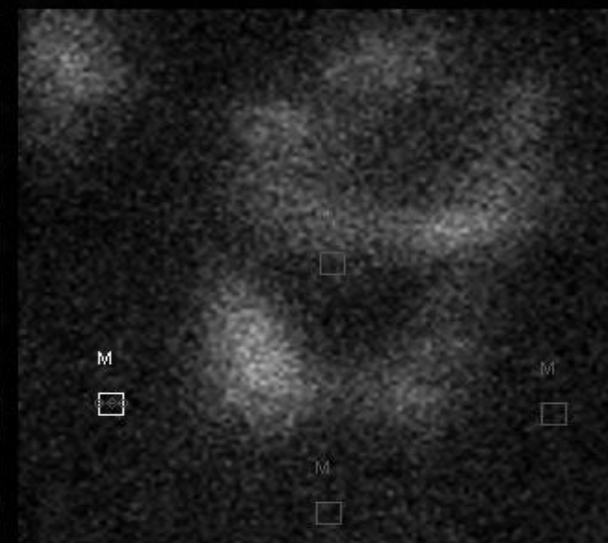
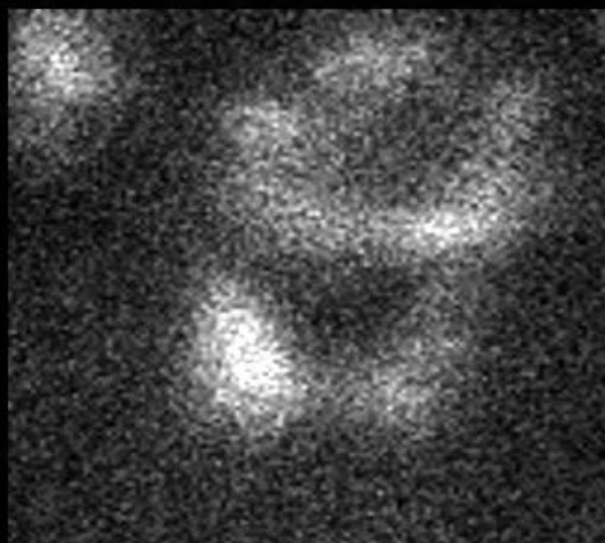
- **Scintigrafia tiroidea**: nodo lobare dx superiore posteriore normofunzionante, focalità lobare sx medio-superiore ipofunzionante
- **Scintigrafia paratiroidea sesta MIBI**:
duplice ma assai debole fissazione del SestaMIBI in sede inferiore dx e media paraistmica sx; debole captazione anche in regione superiore a sx di non certa attribuzione tiroidea.....

IMMAGINI SCINTI GRAFIA tiroide

Tc-99m

TEMPO(sec) = 400.7

CONTI (K) = 100



LOBO DX (mm)

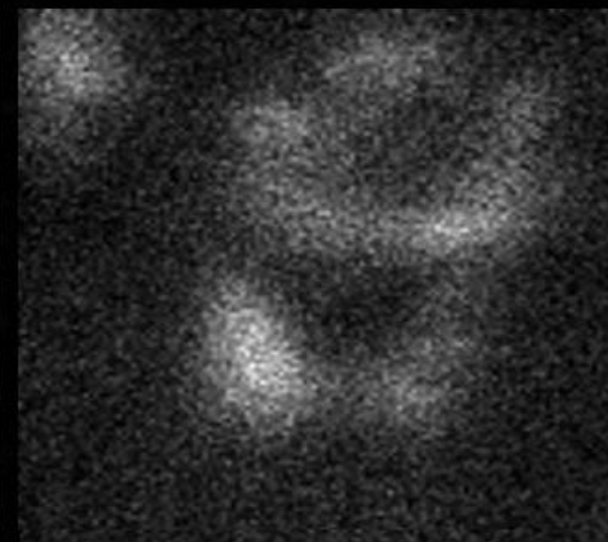
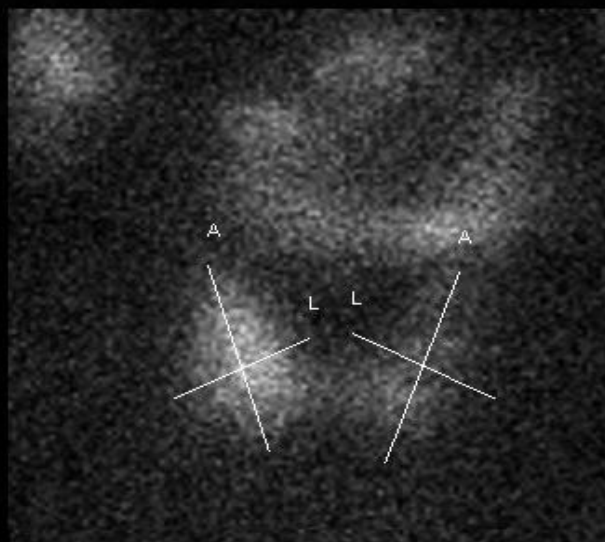
ALTEZZA = 52

LARGHEZZA = 36

LOBO SIN (mm)

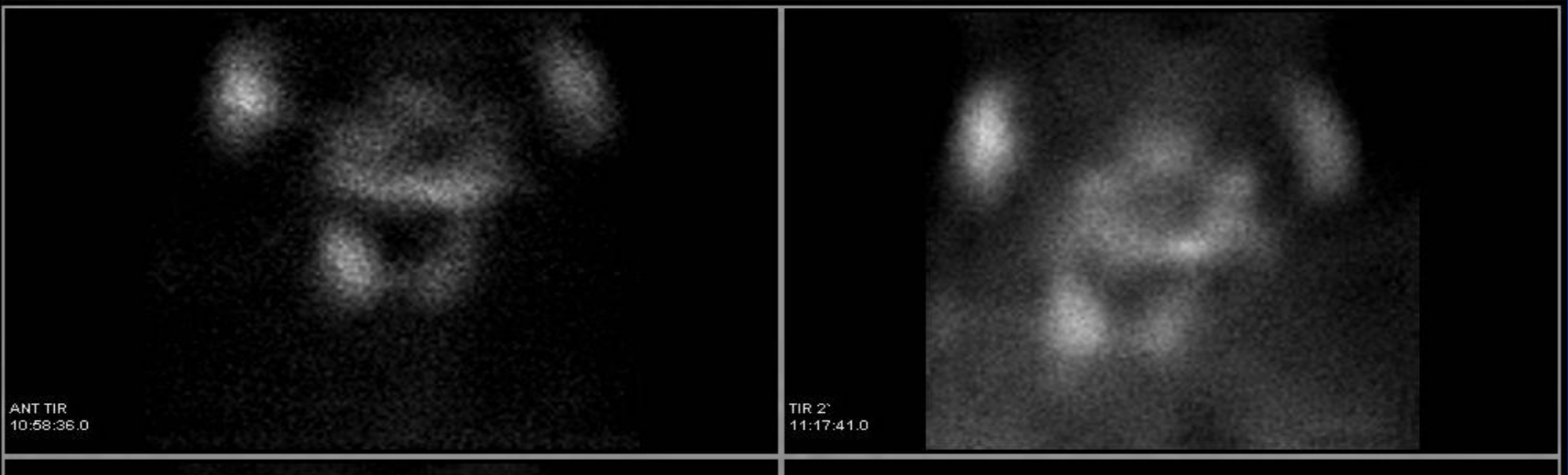
ALTEZZA = 54

LARGHEZZA = 38



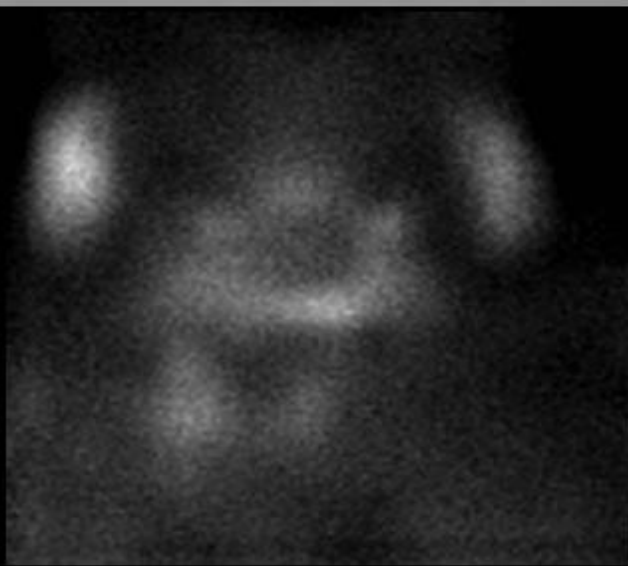
IMMAGINI SCINTIGRAFIA paratiroide

- Immagini precoci

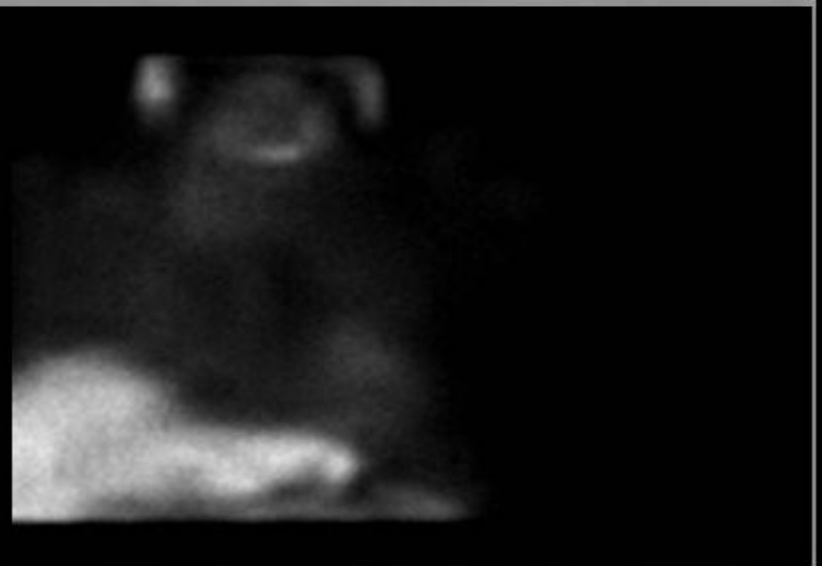


Wash out/acquisizioni tardive

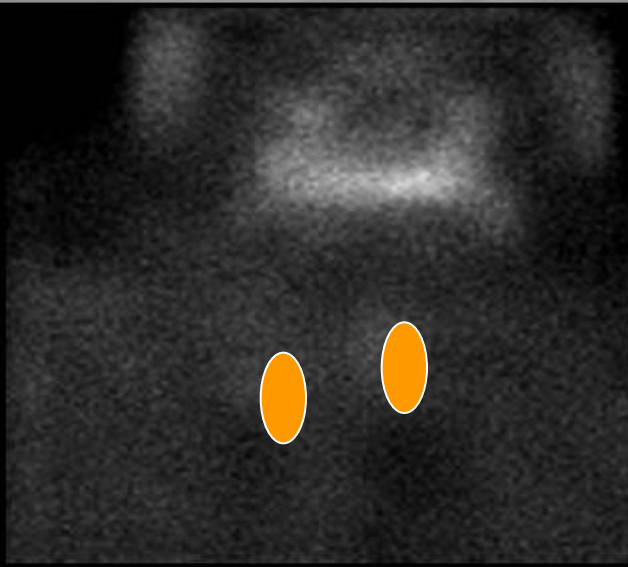
TIR 20°
11:33:21.0



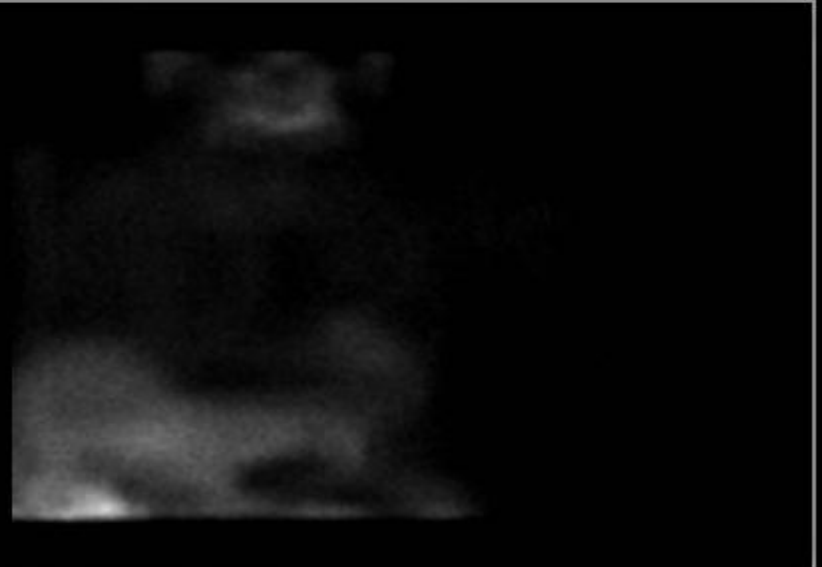
TOR 30°
11:44:33.0



TIR 3H
14:32:01.0



TOR 3H
14:42:43.0



Sintesi

- Imaging compatibile con iperplasia nodulare dx della tiroide, due paratiroidi inferiori e nodulazione superiore sinistra di incerta attribuzione
- Scintigrafia tiroidea Tc99 con nodo superiore dx
 - ..struma con due possibili nodulazioni tiroidee di cui una ipofissante e due focalita' paratiroidi

E' STATO EFFETTUATO

- FNAB di nodulazione sospetta tiroidea superiore
dx: TIR 2 = BENIGNO

Quale terapia?

Medica

Chirurgica



Medica + chirurgica

...going on ..

Si decide per **soluzione chirurgica a breve (tiroidectomia - ? - con BNE)**.

Nel frattempo **TVP completa asse popliteo-femorale di sx** (scintigrafia polmonare negativa per embolizzazione) : **TAO**.

In accordo con i Chirurghi e gli Internisti, si decide di **procrastinare intervento chirurgico a risoluzione della TVP**.

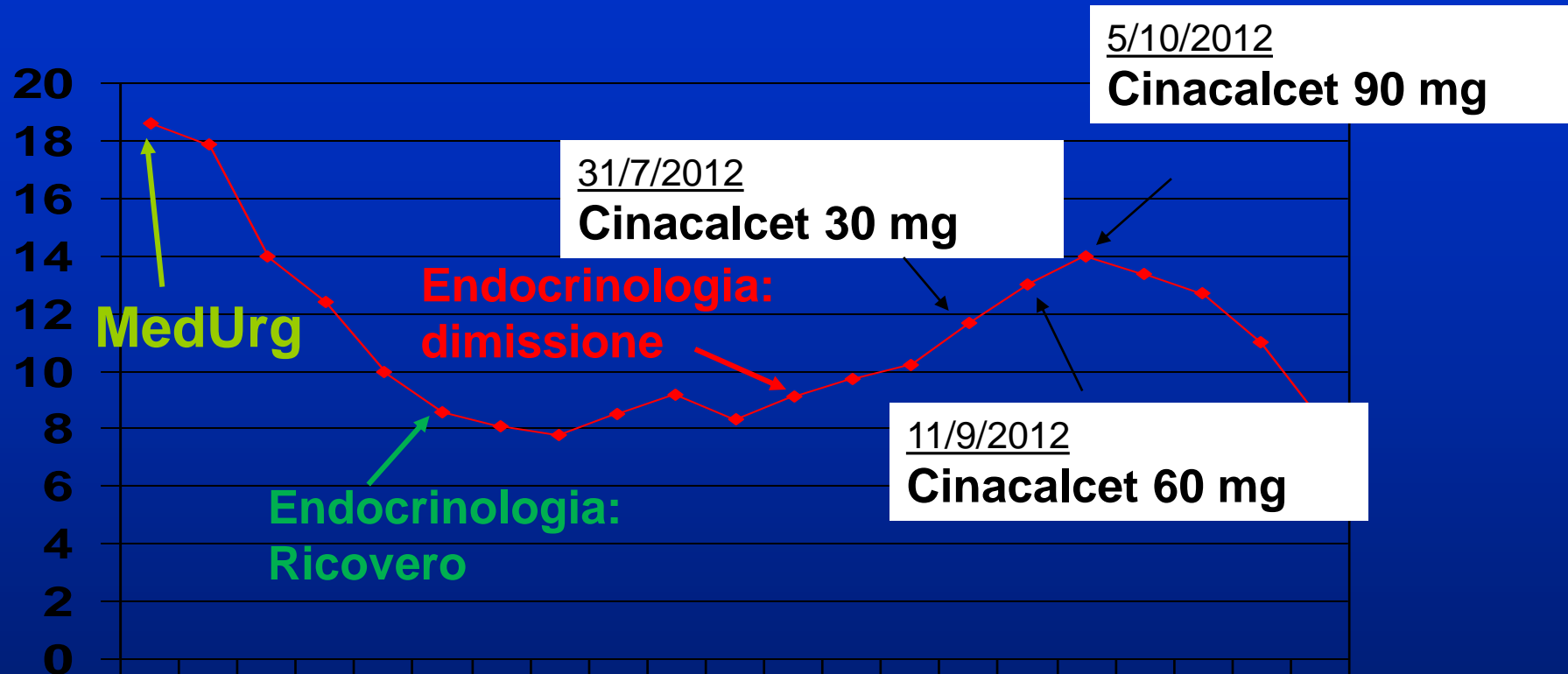
Dimesso con calcemia 8.3 mg/dl, ionizzato 1.18 mmol/L, creatinina 0.9 mg/dl, PTH 178 pg/ml.

Terapia consigliata: idratazione, furosemide 25 mg x2, PPI, **TAO**, CPAP notturna. Sorveglianza calcemica settimanale.

Proseguimento della storia

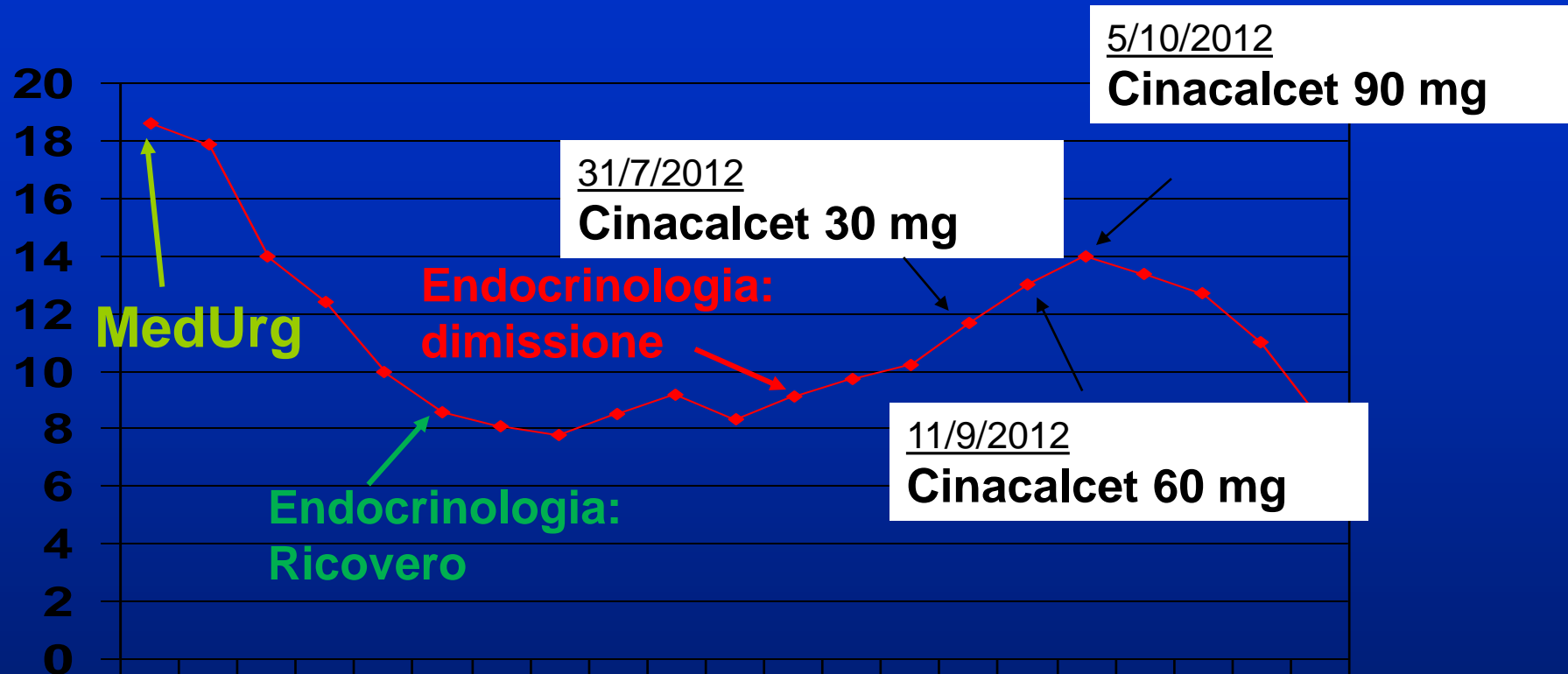
- Dalla dimissione dall'Endocrinologia progressiva risalita dei livelli calcemici e di PTH in paziente del tutto asintomatico.

Livelli calcemici e terapie



INIZIA TERAPIA CON CINACALCET :
30 MG – 60 MG - 90 MG (dose aggiustata in 2 mesi)

Livelli calcemici e terapie



INIZIA TERAPIA CON CINACALCET :
30 MG – 60 MG - 90 MG (dose aggiustata in 2 mesi)

Alla dose 90 mg/die : calcemia 10.4 mg/dl PTH 450 pg/ml

Intervento chirurgico

- Si concorda **BNE** ma
- Identificata ed asportata la paratiroide inferiore dx, che si impegna nel mediastino anteriore (dimensioni >4 cm).
- **Caduta del PTH intraoperatorio da >600 pg/ml a 85.6 a 10' e 74 a 20' dall'asportazione della paratiroide inferiore dx**
- Istologico intraoperatorio: tessuto paratiroideo ipercellulato, quadro morfologico compatibile con adenoma
- Per tali evidenze e l'incertezza su condizione del laringeo inferiore dx (di difficile repertazione) si soprassiede all'esplorazione della loggia sx
- **BNE → focused PTX ; no tiroidectomia**

ESAME ISTOLOGICO

Concluso il 7/11/2012

GHIANDOLA PARATIROIDEA IPERCELLULATA CON AREA NODULARE DI PROLIFERAZIONE A CELLULARITA' E PATTERN DI CRESCITA MISTI, PRIVA DI SIGNIFICATIVE ATIPIE, CON DELICATO STROMA VASCOLARE DI SOSTEGNO, SPARSI SETTI FIBROSI ED ASSENZA DI TESSUTO ADIPOSO INTERPOSTO. MITOSI: <1/10 HPF. PERIFERICI FOCOLAI DI RESIDUI TIMICI.

Sebbene il quadro morfologico ed immunohistochimico orientino nel senso di lesione adenomatosa pur tuttavia la mancata caratterizzazione istologica della ghiandola paratiroide inferiore sinistra, evidenziata ingrandita alle indagini clinico-strumentali, pone il **problema di diagnosi differenziale tra iperplasia ed eventuale doppio adenoma e non consente di formulare una diagnosi conclusiva di certezza**

Livelli calcemici e terapie



... follow-up in progress

A una settimana fa (1 mese da intervento) paziente normocalcémico (calcemia 8.8 mg/dl, ca^{++} 1.21 nmol/l, PTH 88 pg/ml, 25OHD3 18 ng/ml), benessere generale

In terapia con calcio e vitamina D

Proposta sorveglianza calcémica ogni 2 settimane per 1 mese poi mensile

Rivalutazione PTH tra 3 -6 mesi



Nell'iperparatiroidismo primitivo e secondario il trattamento medico con calciomimetici talora rappresenta un'alternativa e talora e' adiuvante quello chirurgico