



Poggio Rusco
(MN)

17 marzo 2018

Con il Patrocinio
Ordine dei Medici di Mantova
Sistema Socio Sanitario
 Regione
Lombardia
ATS Val Padana

AGGIORNAMENTI IN UROLOGIA: SPECIALISTI E MMG A CONFRONTO

Il tumore prostatico: la chirurgia

CA PROSTATA

- ◆ SORVEGLIANZA ATTIVA
- ◆ TERAPIA CHIRURGICA
- ◆ RADIOTERAPIA
- ◆ TERAPIA MEDICA

The NEW ENGLAND
JOURNAL of MEDICINE

ESTABLISHED IN 1812

OCTOBER 13, 2016

VOL. 375 NO. 15

10-Year Outcomes after Monitoring, Surgery, or Radiotherapy
for Localized Prostate Cancer

F.C. Hamdy, J.L. Donovan, J.A. Lane, M. Mason, C. Metcalfe, P. Holding, M. Davis, T.J. Peters, E.L. Turner,
R.M. Martin, J. Oxley, M. Robinson, J. Staffurth, E. Walsh, P. Bollina, J. Catto, A. Doble, A. Doherty, D. Gillatt,
R. Kockelbergh, H. Kynaston, A. Paul, P. Powell, S. Prescott, D.J. Rosario, E. Rowe, and D.E. Neal,
for the ProtecT Study Group*

CONCLUSIONS

At a median of 10 years, prostate-cancer-specific mortality was low irrespective of the treatment assigned, with no significant difference among treatments. Surgery and radiotherapy were associated with lower incidences of disease progression and metastases than was active monitoring. (Funded by the National Institute for Health Research; ProtecT Current Controlled Trials number, ISRCTN20141297; ClinicalTrials.gov number, NCT02044172.)

ProtecT Trial

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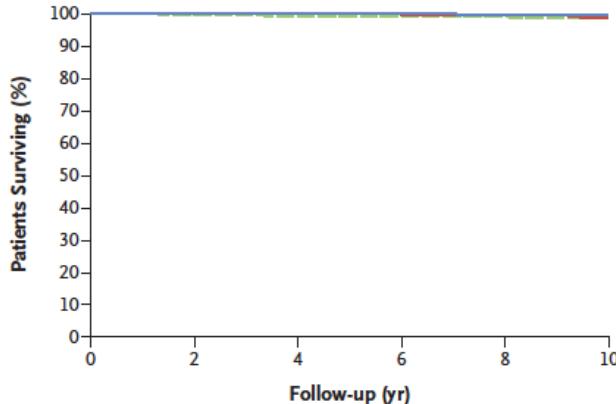
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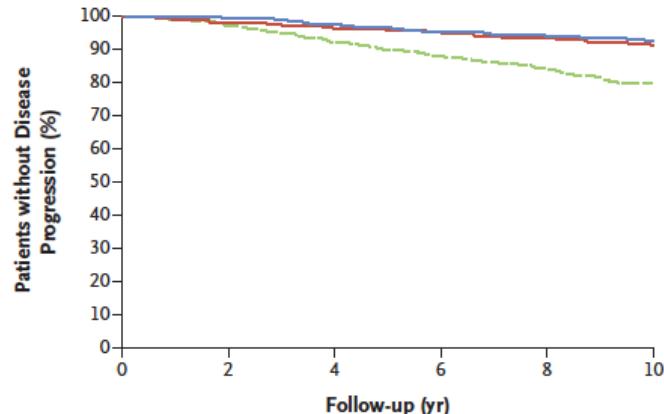
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for the ProtecT Study Group*

Surgery Radiotherapy Active monitoring

A Prostate-Cancer-Specific Survival



B Freedom from Disease Progression



No. at Risk 1643 1628 1605 1575 1286 746

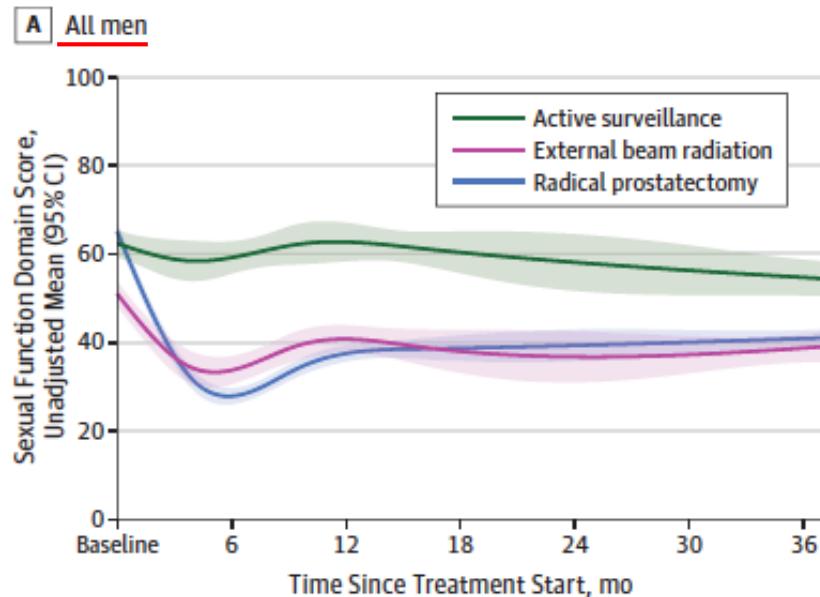
No. at Risk 1643 1601 1533 1467 1175 666

Association Between Radiation Therapy, Surgery, or Observation for Localized Prostate Cancer and Patient-Reported Outcomes After 3 Years

Daniel A. Barocas, MD, MPH; JoAnn Alvarez, MA; Matthew J. Resnick, MD, MPH; Tatsuki Koyama, PhD; Karen E. Hoffman, MD, MHSc, MPH; Mark D. Tyson, MD; Ralph Conwill, BS; Dan McCollum, BS; Matthew R. Cooperberg, MD, MPH; Michael Goodman, MD, MPH; Sheldon Greenfield, MD; Ann S. Hamilton, PhD, MA; Mia Hashibe, PhD, MPH; Sherrie H. Kaplan, PhD, MS, MPH; Lisa E. Paddock, PhD, MPH; Antoinette M. Stroup, PhD; Xiao-Cheng Wu, MD, MPH; David F. Penson, MD, MPH

CONCLUSIONS AND RELEVANCE In this cohort of men with localized prostate cancer, radical prostatectomy was associated with a greater decrease in sexual function and urinary incontinence than either EBRT or active surveillance after 3 years and was associated with fewer urinary irritative symptoms than active surveillance; however, no meaningful differences existed in either bowel or hormonal function beyond 12 months or in other domains of health-related quality-of-life measures. These findings may facilitate counseling regarding the comparative harms of contemporary treatments for prostate cancer.

Association Between Initial Treatment of Prostate Cancer and Sexual Function Outcomes

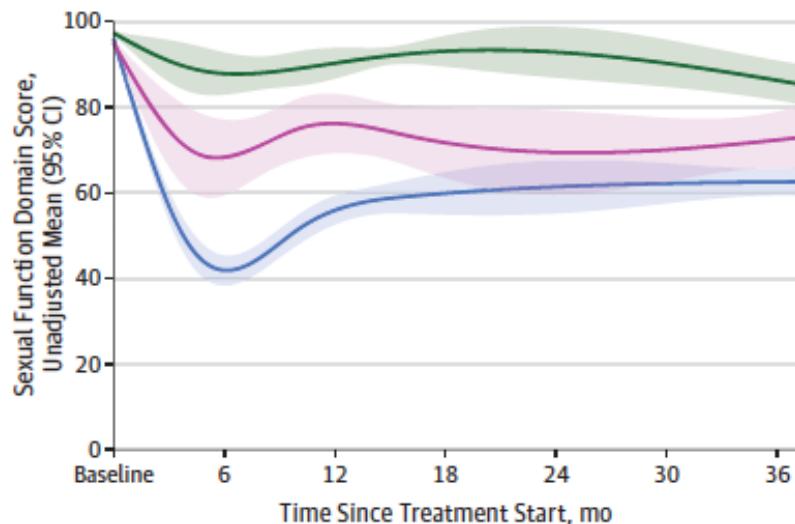


No. of patients

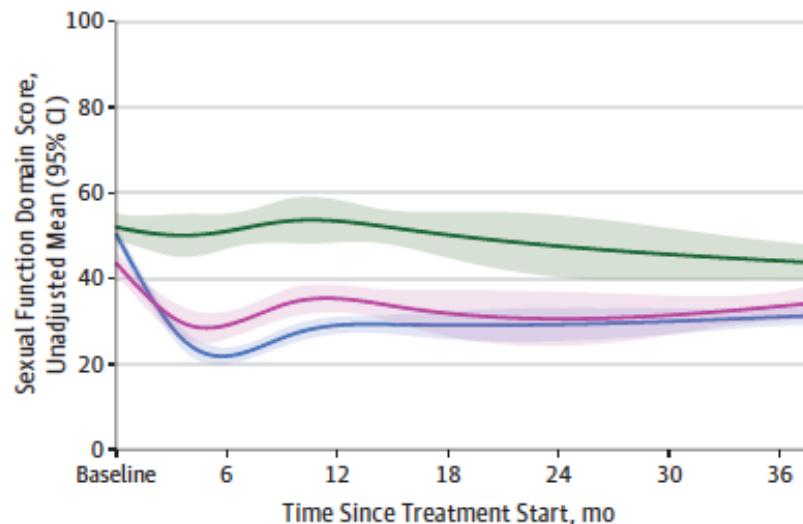
| | | | | |
|-------------------------|------|------|------|------|
| Active surveillance | 402 | 390 | 360 | 329 |
| External beam radiation | 558 | 541 | 535 | 454 |
| Radical prostatectomy | 1447 | 1407 | 1401 | 1276 |

Association Between Initial Treatment of Prostate Cancer and Sexual Function Outcomes

C Men with excellent baseline domain score (≥ 90 points)



D Men with lower baseline domain score (< 90 points)



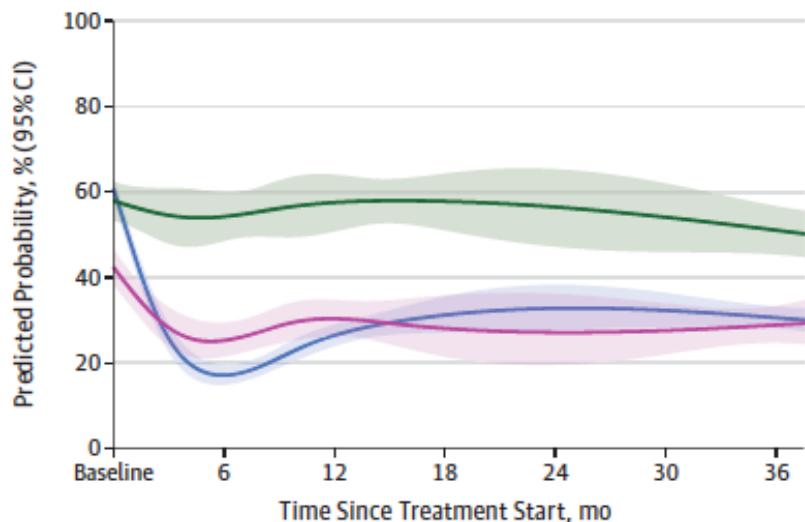
No. of patients

| | | | | | | | | |
|-------------------------|-----|-----|-----|-----|-----|-----|-----|-----|
| Active surveillance | 97 | 91 | 88 | 81 | 305 | 285 | 260 | 234 |
| External beam radiation | 82 | 77 | 77 | 67 | 476 | 441 | 431 | 366 |
| Radical prostatectomy | 456 | 430 | 434 | 404 | 991 | 914 | 906 | 819 |

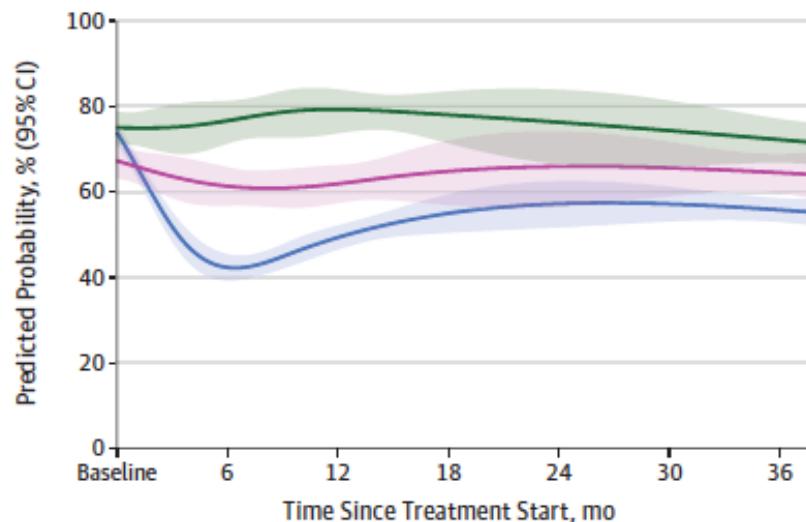
- Active surveillance
- External beam radiation
- Radical prostatectomy

Association Between Initial Treatment of Prostate Cancer and Sexual Function Outcomes

E Erection sufficient for intercourse



F Sexual function bother (reporting no, very small, or small problem)



No. of patients

| | 404 | 393 | 369 | 331 |
|-------------------------|-----|-----|-----|-----|
| Active surveillance | 404 | 393 | 369 | 331 |
| External beam radiation | 567 | 556 | 540 | 460 |

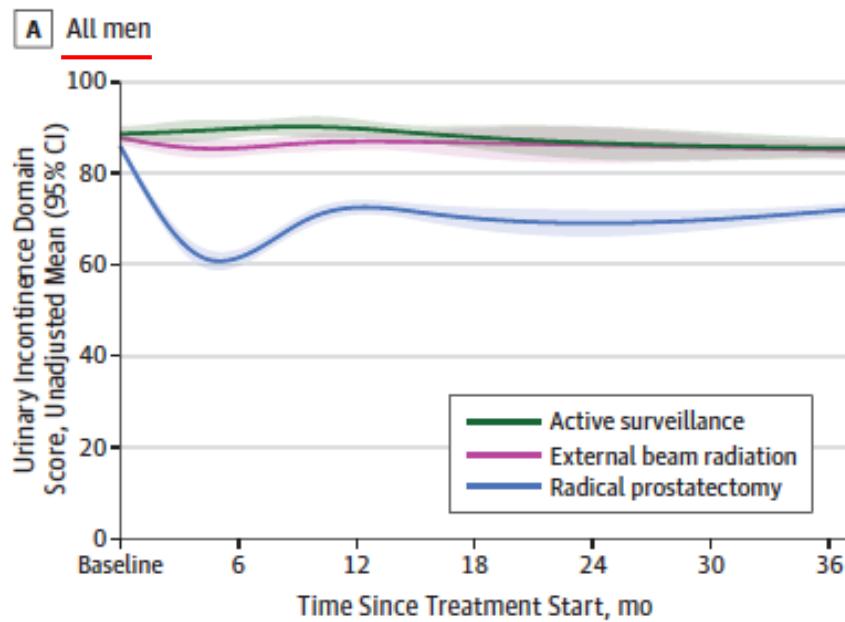
| | 401 | 397 | 365 | 331 |
|-------------------------|-----|-----|-----|-----|
| Active surveillance | 401 | 397 | 365 | 331 |
| External beam radiation | 565 | 556 | 537 | 458 |

Radical prostatectomy 1462 1413 1395 1284

Radical prostatectomy 1451 1417 1409 1286

- Active surveillance (green line)
- External beam radiation (pink line)
- Radical prostatectomy (blue line)

Association Between Initial Treatment of Prostate Cancer and Urinary Incontinence Outcomes

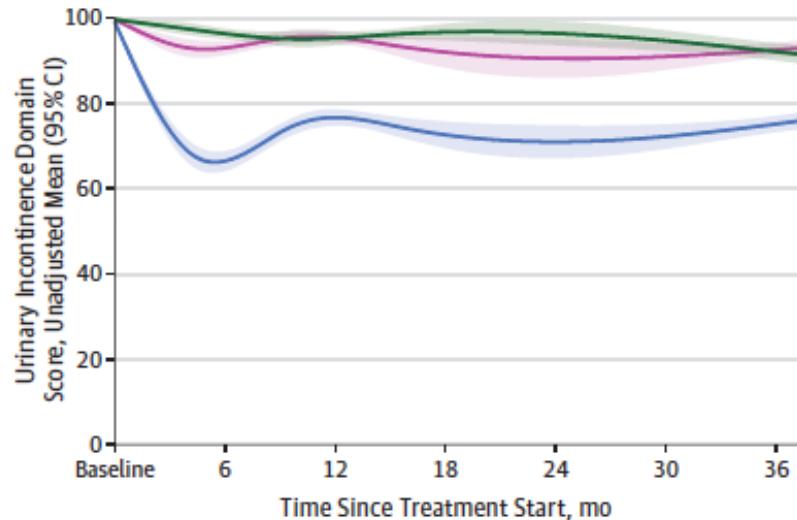


No. of patients

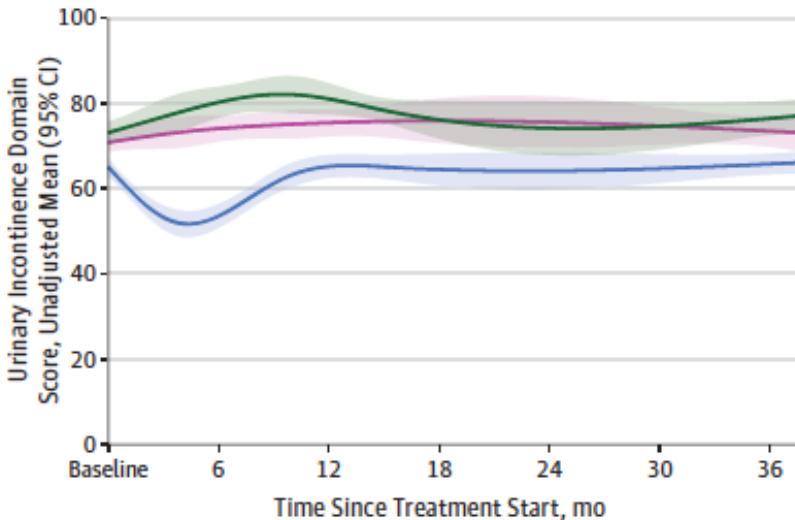
| | | | | |
|-------------------------|------|------|------|------|
| Active surveillance | 409 | 408 | 374 | 339 |
| External beam radiation | 575 | 576 | 532 | 467 |
| Radical prostatectomy | 1467 | 1434 | 1368 | 1277 |

Association Between Initial Treatment of Prostate Cancer and Urinary Incontinence Outcomes

C Men with excellent baseline domain score (100 points)



D Men with lower baseline domain score (<100 points)



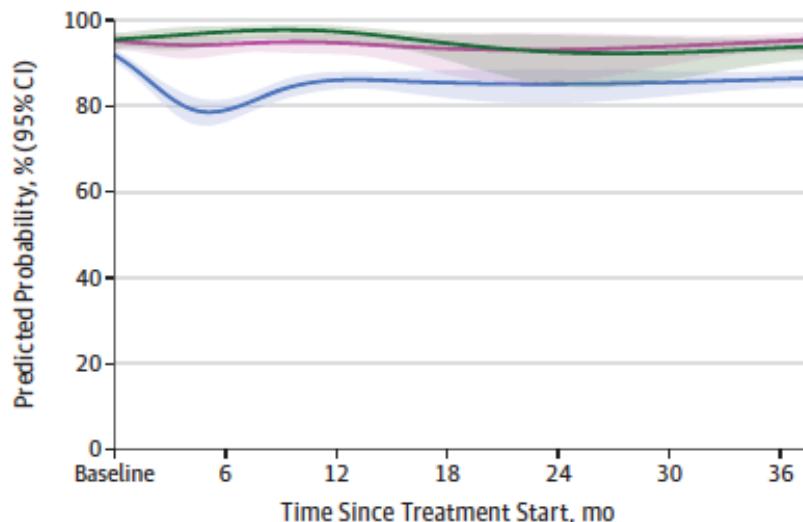
No. of patients

| | 240 | 228 | 208 | 192 | 169 | 161 | 149 | 131 |
|-------------------------|-----|-----|-----|-----|-----|-----|-----|-----|
| Active surveillance | 240 | 228 | 208 | 192 | 169 | 161 | 149 | 131 |
| External beam radiation | 337 | 325 | 300 | 282 | 238 | 228 | 212 | 172 |
| Radical prostatectomy | 901 | 849 | 830 | 790 | 566 | 532 | 495 | 445 |

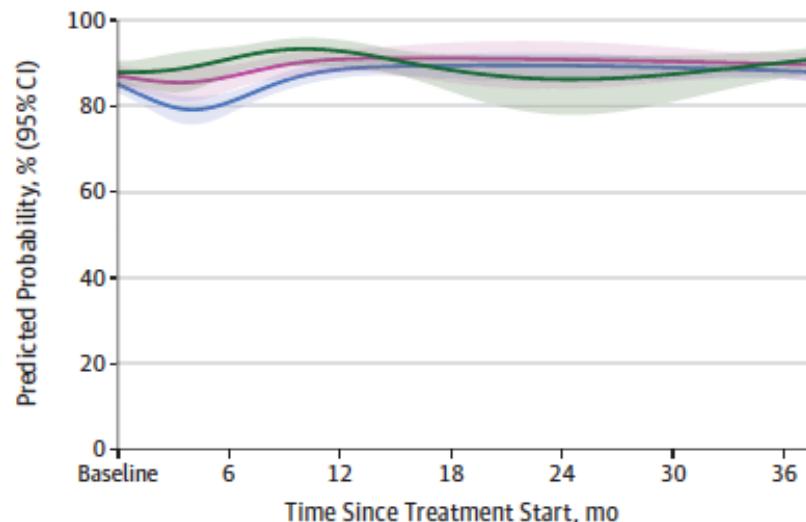
Legend:
— Active surveillance
— External beam radiation
— Radical prostatectomy

Association Between Initial Treatment of Prostate Cancer and Urinary Incontinence Outcomes

E Urinary leakage (reporting no, very small, or small problem)



F Urinary function bother (reporting no, very small, or small problem)



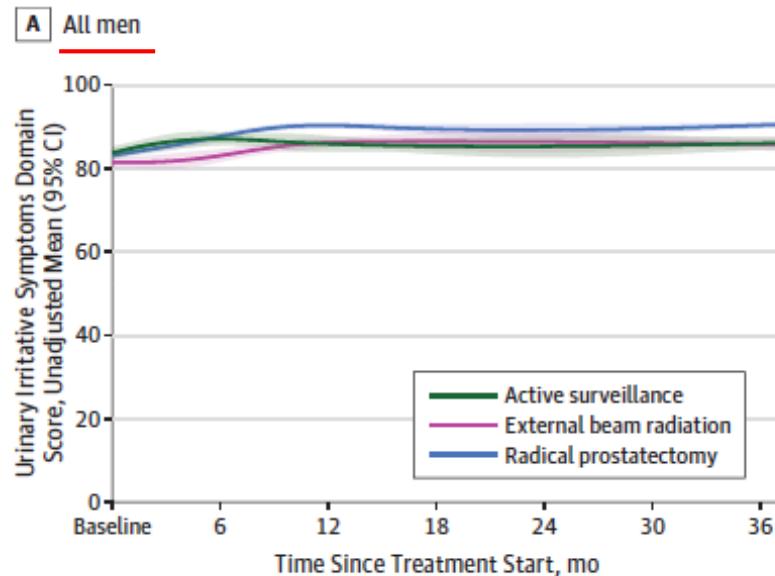
No. of patients

| | | | | |
|-------------------------|------|------|------|------|
| Active surveillance | 415 | 410 | 385 | 347 |
| External beam radiation | 582 | 579 | 551 | 474 |
| Radical prostatectomy | 1492 | 1442 | 1411 | 1293 |

| | | | |
|------|------|------|------|
| 405 | 409 | 376 | 345 |
| 580 | 576 | 543 | 477 |
| 1468 | 1432 | 1394 | 1302 |

— Active surveillance
— External beam radiation
— Radical prostatectomy

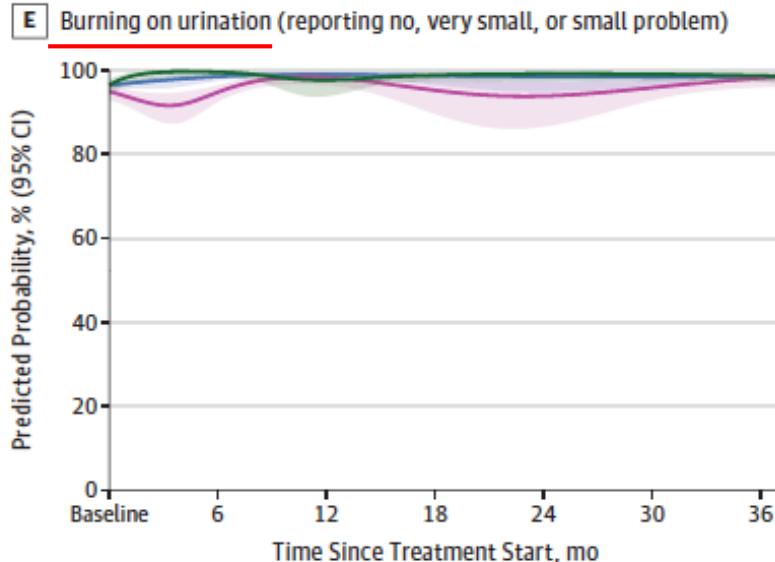
Association Between Initial Treatment of Prostate Cancer and Urinary Irritative Outcomes



No. of patients

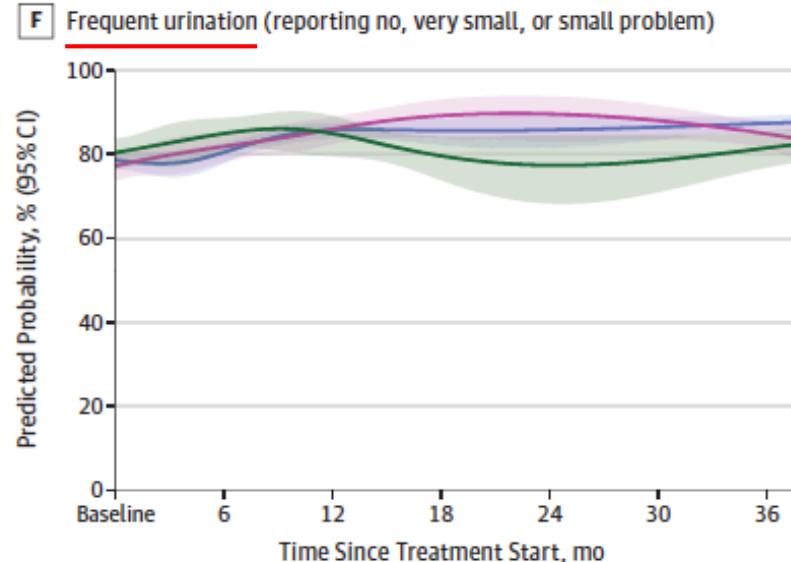
| | | | | |
|-------------------------|------|------|------|------|
| Active surveillance | 409 | 403 | 379 | 340 |
| External beam radiation | 574 | 571 | 547 | 466 |
| Radical prostatectomy | 1463 | 1419 | 1397 | 1282 |

Association Between Initial Treatment of Prostate Cancer and Urinary Irritative Outcomes



No. of patients

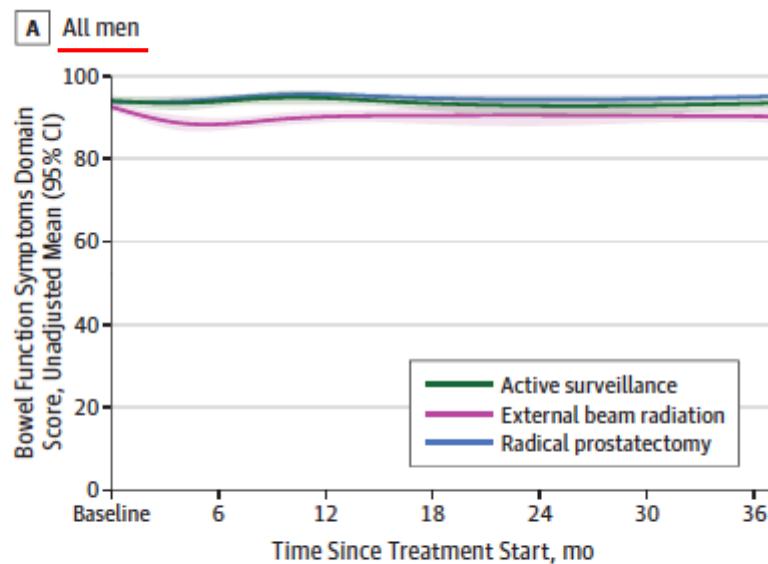
| | | | | |
|-------------------------|------|------|------|------|
| Active surveillance | 413 | 409 | 385 | 347 |
| External beam radiation | 582 | 576 | 554 | 477 |
| Radical prostatectomy | 1488 | 1439 | 1410 | 1298 |



| | | | | |
|-------------------------|------|------|------|------|
| Active surveillance | 414 | 409 | 382 | 347 |
| External beam radiation | 585 | 577 | 555 | 479 |
| Radical prostatectomy | 1491 | 1440 | 1413 | 1299 |

- Active surveillance
- External beam radiation
- Radical prostatectomy

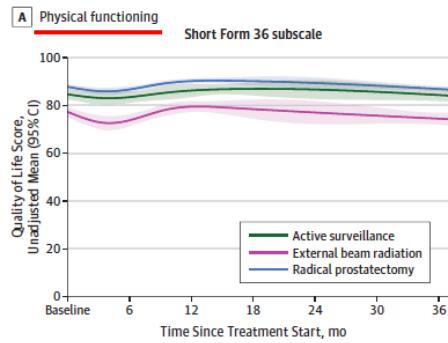
Association Between Initial Treatment of Prostate Cancer and Bowel Function Outcomes



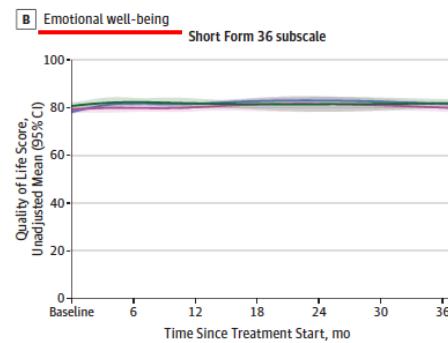
No. of patients

| | | | | |
|-------------------------|------|------|------|------|
| Active surveillance | 415 | 411 | 385 | 349 |
| External beam radiation | 585 | 576 | 557 | 476 |
| Radical prostatectomy | 1492 | 1439 | 1415 | 1297 |

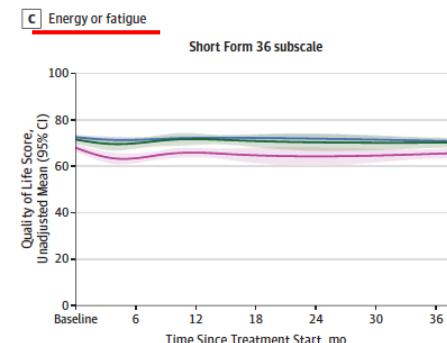
Association Between Initial Treatment of Prostate Cancer and Overall Quality-of-Life Outcomes



| No. of patients | Active surveillance | External beam radiation | Radical prostatectomy | |
|-------------------------|---------------------|-------------------------|-----------------------|------|
| Active surveillance | 405 | 409 | 387 | 347 |
| External beam radiation | 577 | 578 | 558 | 480 |
| Radical prostatectomy | 1477 | 1442 | 1419 | 1298 |



| No. of patients | Active surveillance | External beam radiation | Radical prostatectomy | |
|-------------------------|---------------------|-------------------------|-----------------------|------|
| Active surveillance | 413 | 410 | 386 | 346 |
| External beam radiation | 586 | 577 | 556 | 476 |
| Radical prostatectomy | 1492 | 1442 | 1412 | 1297 |



| No. of patients | Active surveillance | External beam radiation | Radical prostatectomy | |
|-------------------------|---------------------|-------------------------|-----------------------|------|
| Active surveillance | 414 | 410 | 386 | 346 |
| External beam radiation | 586 | 577 | 556 | 476 |
| Radical prostatectomy | 1493 | 1441 | 1412 | 1298 |

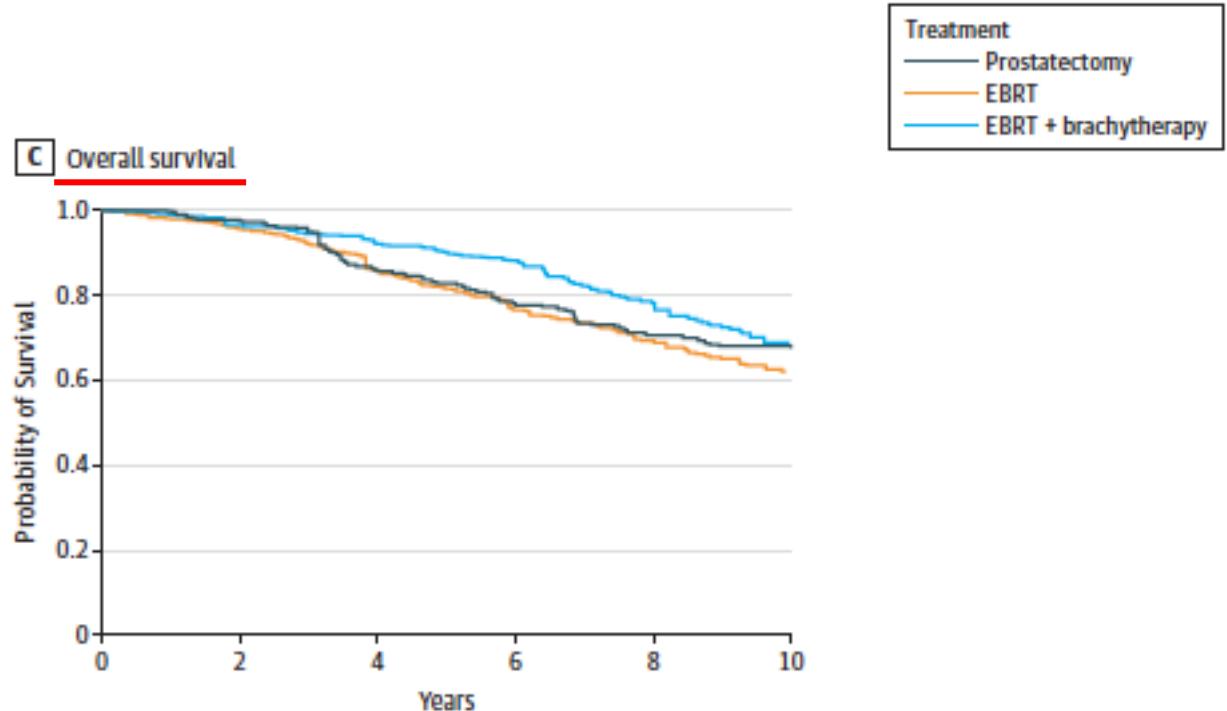
— Active surveillance
— External beam radiation
— Radical prostatectomy

Radical Prostatectomy, External Beam Radiotherapy, or External Beam Radiotherapy With Brachytherapy Boost and Disease Progression and Mortality in Patients With Gleason Score 9-10 Prostate Cancer

Amar U. Kishan, MD; Ryan R. Cook, MSPH; Jay P. Ciezki, MD; Ashley E. Ross, MD, PhD; Mark M. Pomerantz, MD; Paul L. Nguyen, MD; Talha Shaikh, MD; Phuoc T. Tran, MD, PhD; Kiri A. Sandler, MD; Richard G. Stock, MD; Gregory S. Merrick, MD; D. Jeffrey Demanes, MD; Daniel E. Spratt, MD; Eyad I. Abu-Isa, MD; Trude B. Wedde, MD; Wolfgang Lilleby, MD, PhD; Daniel J. Krauss, MD; Grace K. Shaw, BA; Ridwan Alam, MPH; Chandana A. Reddy, MS; Andrew J. Stephenson, MD; Eric A. Klein, MD; Daniel Y. Song, MD; Jeffrey J. Tosoian, MD; John V. Hegde, MD; Sun Mi Yoo, MD, MPH; Ryan Fiano, MPH; Anthony V. D'Amico, MD, PhD; Nicholas G. Nickols, MD, PhD; William J. Aronson, MD; Ahmad Sadeghi, MD; Stephen Greco, MD; Curtiland Deville, MD; Todd McNutt, PhD; Theodore L. DeWeese, MD; Robert E. Reiter, MD; Johnathan W. Said, MD; Michael L. Steinberg, MD; Eric M. Horwitz, MD; Patrick A. Kupelian, MD; Christopher R. King, MD, PhD

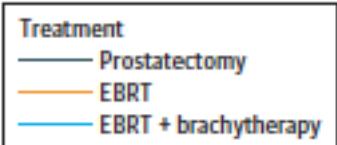
CONCLUSIONS AND RELEVANCE Among patients with Gleason score 9-10 prostate cancer, treatment with EBRT+BT with androgen deprivation therapy was associated with significantly better prostate cancer-specific mortality and longer time to distant metastasis compared with EBRT with androgen deprivation therapy or with RP.

- retrospettivo

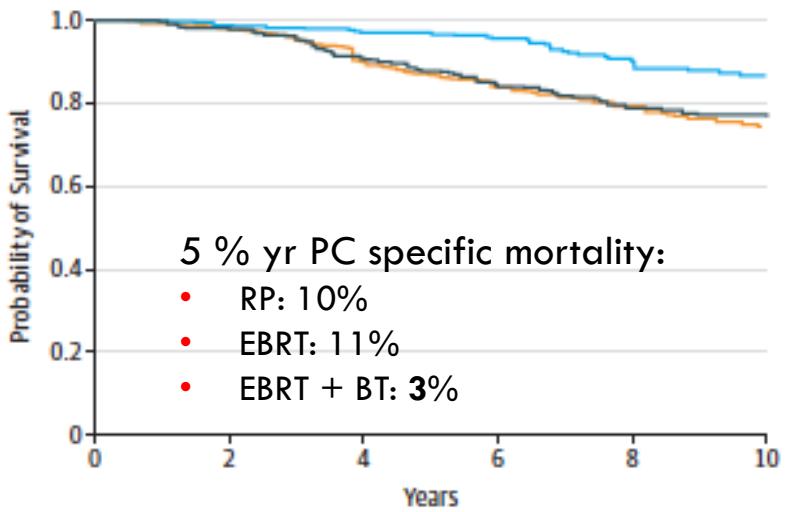


No. at risk

| | | | | | | |
|----------------------|-----|-----|-----|-----|-----|-----|
| Prostatectomy | 634 | 534 | 347 | 212 | 131 | 81 |
| EBRT | 734 | 643 | 470 | 295 | 175 | 103 |
| EBRT + brachytherapy | 436 | 406 | 326 | 231 | 164 | 90 |

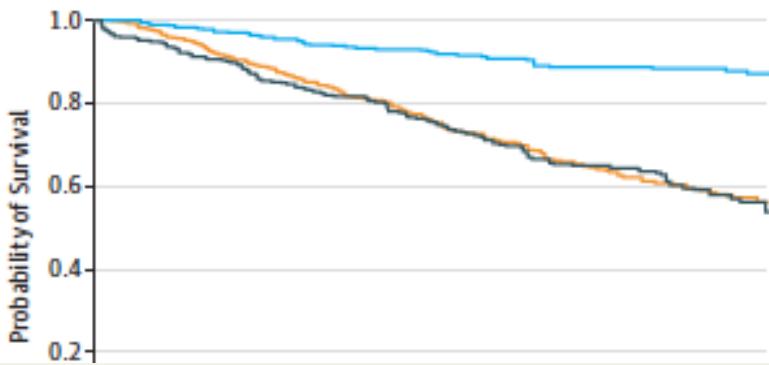


A Prostate cancer-specific survival



| No. at risk | | | | | | |
|----------------------|-----|-----|-----|-----|-----|-----|
| Prostatectomy | 634 | 530 | 346 | 211 | 131 | 81 |
| EBRT | 725 | 635 | 457 | 288 | 172 | 102 |
| EBRT + brachytherapy | 431 | 397 | 317 | 222 | 159 | 87 |

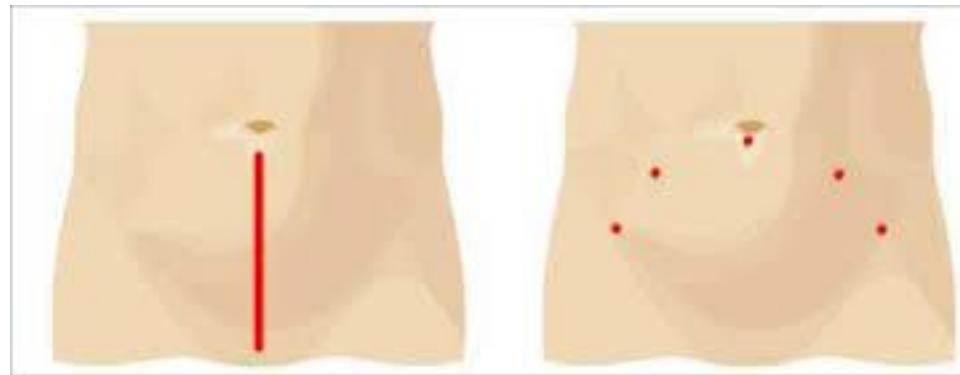
B Distant metastasis-free survival



| Treatment Cohort | Evaluable Patients at Time 0 | Interval, y | No. of Events | No. of Patients Censored ^a | No. at Risk (End of Interval) | Cumulative Incidence at End of Interval, % (95% CI) |
|---------------------------|------------------------------|-------------|---------------|---------------------------------------|-------------------------------|---|
| Distant Metastasis | | | | | | |
| Radical prostatectomy | 634 | 0-5 | 102 | 285 | 247 | 21 (17-25) |
| | | >5-10 | 44 | 142 | 61 | 43 (36-49) |
| EBRT | | | | | | |
| | 734 | 0-5 | 153 | 262 | 319 | 26 (22-29) |
| | | >5-10 | 54 | 188 | 77 | 45 (40-51) |
| EBRT+BT | | | | | | |
| | 436 | 0-5 | 30 | 147 | 259 | 8 (5-11) |
| | | >5-10 | 10 | 163 | 86 | 13 (9-17) |

TECNICA OPEN

TECNICA
LAPAROSCOPICA



TECNICHE OPEN

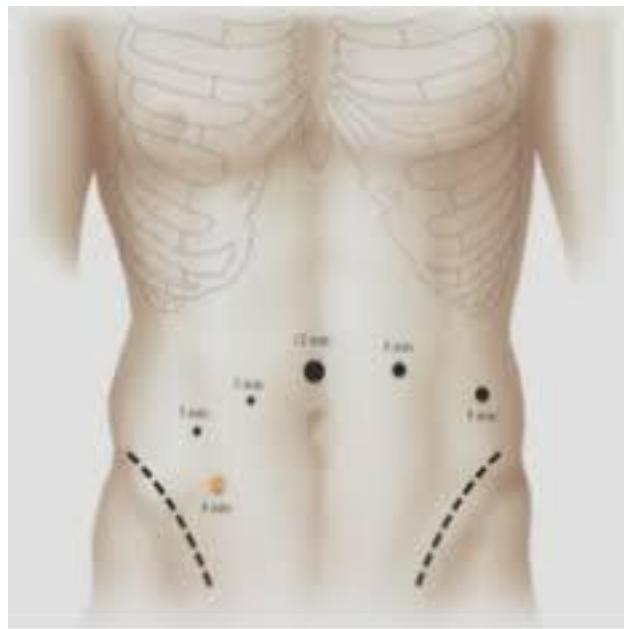


RETRO PUBICA

PERINEALE

TECNICHE LAPAROSCOPICHE

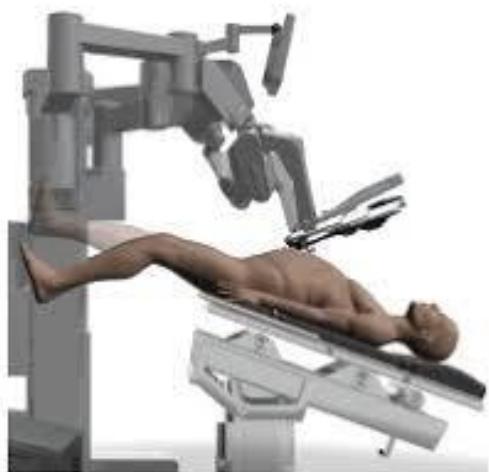
STANDARD

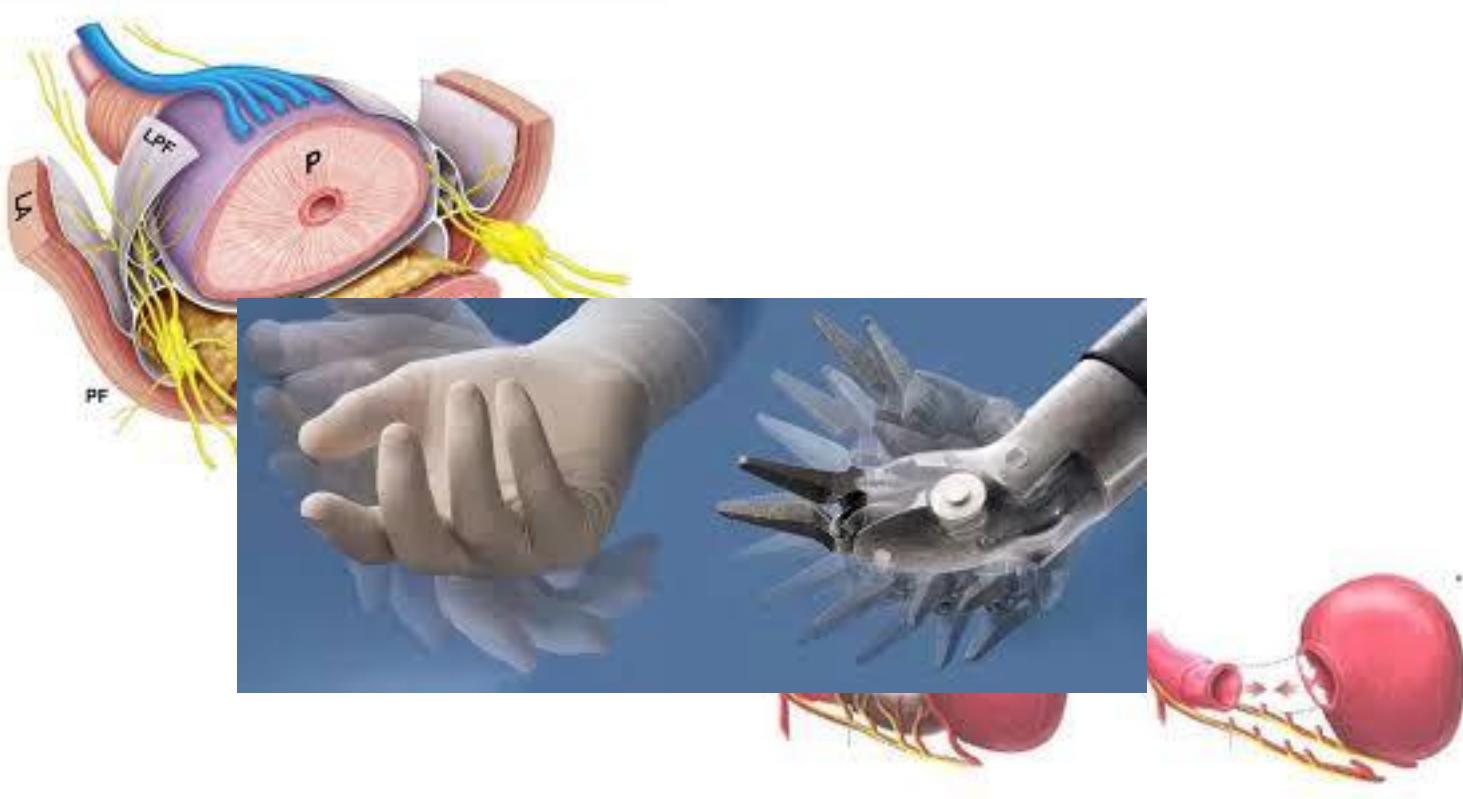


ROBOTICA

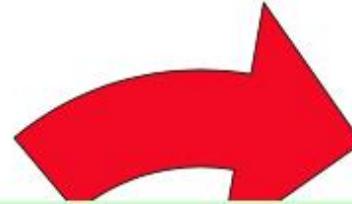
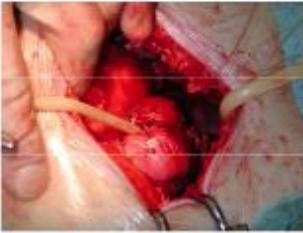




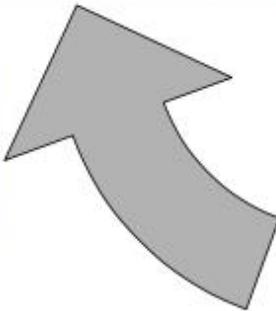




PROSTATECTOMIA RADICALE



Allo stato attuale non vi sono dati che indicano che una metodica sia superiore ad un'altra se si considera l'outcome oncologico



**Procedura
robotica**



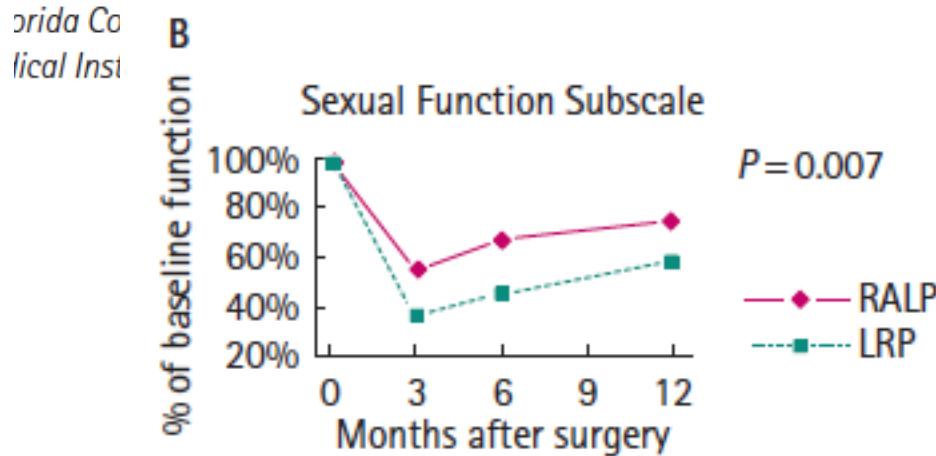
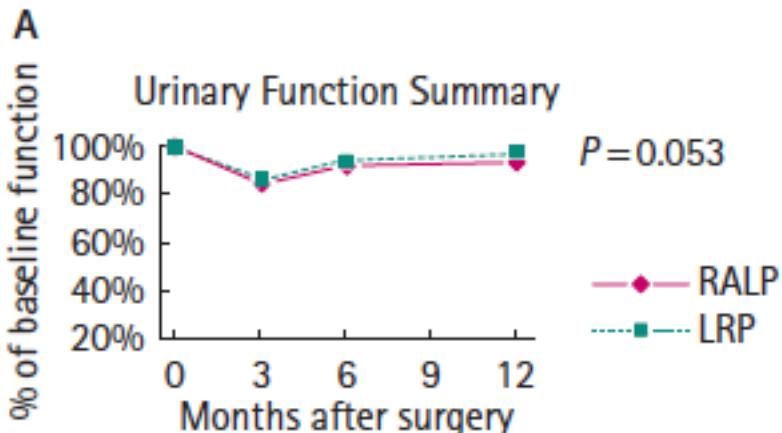
Robot-assisted laparoscopic prostatectomy versus open radical retropubic prostatectomy: early outcomes from a randomised controlled phase 3 study

John W Yaxley, Geoffrey D Coughlin, Suzanne K Chambers, Stefano Occhipinti, Hema Samaratunga, Leah Zajdlewicz, Nigel Dunglison, Rob Carter, Scott Williams, Diane J Payton, Joanna Perry-Keene, Martin F Lavin, Robert A Gardiner

Interpretation These two techniques yield similar functional outcomes at 12 weeks. Longer term follow-up is needed. In the interim, we encourage patients to choose an experienced surgeon they trust and with whom they have rapport, rather than a specific surgical approach.

Comparison of outcomes between pure laparoscopic vs robot-assisted laparoscopic radical prostatectomy: a study of comparative effectiveness based upon validated quality of life outcomes

Daniel L. Willis, Mark L. Gonzalgo*, Michelle Brotzman*, Zhaoyong Feng*, Bruce Trock* and Li-Ming Su



Operative Outcomes of Open Radical Prostatectomy, Laparoscopic Radical Prostatectomy, and Robotic-Assisted Laparoscopic Radical Prostatectomy from Selected Single Institution Series

| Reference | Institution | Technique | Patients (N) | OR Time (min) | EBL (mL) | LOS (d) | Length of Catheterization (d) | Complication Rate (%) |
|----------------------------------|---|-----------|--------------|---------------|----------|---------|-------------------------------|-----------------------|
| Schroock et al. ²⁰ | University of Florida College of Medicine (Gainesville, FL) | ORP | 500 | 143 | 820 | 2.11 | 8 | 0.2 |
| Palisaar et al. ²⁹ | Ruhr-Universität Bochum (Bochum, Germany) | ORP | 62 | 161 | 790 | 11 | 10 | N/A |
| Gregori et al. ¹¹ | Ospedale Luigi Sacco (Milan, Italy) | LRP | 80 | 218 | 376 | 4.5 | 10 | 22.5 |
| Hakimi et al. ²³ | Montefiore Medical Center (Bronx, NY) | LRP | 75 | 232 | 311 | 3.4 | N/A | 14.7 |
| Guillonneau et al. ³⁰ | L'Institut Mutualiste Montsouris (Paris, France) | LRP | 350 | 170 | 290 | 5 | 4.2 | N/A |
| Badani et al. ¹⁵ | Vattikuti Urology Institute (Detroit, MI) | RALRP | 2766 | 154 | 142 | 1.14 | 10 | 12.2 |
| Hakimi et al. ²³ | Montefiore Medical Center | RALRP | 75 | 199 | 230 | 1.95 | N/A | 10.7 |

EBL, estimated blood loss; LOS, length of stay; LRP, laparoscopic radical prostatectomy; OR, operating room; ORP, open radical prostatectomy; RALRP, robotic-assisted laparoscopic radical prostatectomy.



Orgasmic Dysfunction after Radical Prostatectomy

Paolo Capogrosso^{1,2}, Eugenio Ventimiglia^{1,2}, Walter Cazzaniga^{1,2}, Francesco Montorsi^{1,2}, Andrea Salonia^{1,2}

¹*Università Vita-Salute San Raffaele, ²Division of Experimental Oncology, Unit of Urology, Urological Research Institute, IRCCS Ospedale San Raffaele, Milan, Italy*

- ◆ climaturia: 20-93%
- ◆ dolore orgasmo-associato: fino al 19%
- ◆ anorgasmia: 33-77%

Comparative Effectiveness of Cancer Control and Survival after Robot-Assisted versus Open Radical Prostatectomy

Jim C. Hu,^{*,†,‡} Padraig O'Malley,^{†,§} Bilal Chughtai, Abby Isaacs, Jialin Mao, Jason D. Wright, Dawn Hershman and Art Sedrakyan^{||}

From the Department of Urology, Weill Cornell Medical College-New York Presbyterian Hospital (JCH, PO, BC), Department of Healthcare Policy and Research, Weill Cornell Medical College (AI, JM, AS), Department of Obstetrics and Gynecology (JDW), Herbert Irving Comprehensive Cancer Center (JDW, DH) and Department of Medicine (DH), Columbia University College of Physicians and Surgeons, Department of Epidemiology, Columbia University Mailman School of Public Health (DH), New York, New York, and Department of Urology, Dalhousie University, Halifax, Canada (PO)

Results: A total of 6,430 robot-assisted radical prostatectomies and 9,161 open radical prostatectomies performed during 2003 to 2012 were identified. The use of robot-assisted radical prostatectomy increased from 13.6% in 2003 to 2004 to 72.6% in 2011 to 2012. After a median followup of 6.5 years (IQR 5.2–7.9) robot-assisted radical prostatectomy was associated with an equivalent risk of all cause mortality (HR 0.85, 0.72–1.01) and similar cancer specific mortality (HR 0.85, 0.50–1.43) vs open radical prostatectomy. Robot-assisted radical prostatectomy was also associated with less use of additional treatment (HR 0.78, 0.70–0.86).

Comparative Effectiveness of Cancer Control and Survival after Robot-Assisted versus Open Radical Prostatectomy

Jim C. Hu,*†‡ Padraic O'Malley,†§ Bilal Chughtai, Abby Isaacs, Jialin Mao, Jason D. Wright, Dawn Hershman and Art Sedrakyan||

From the Department of Urology, Weill Cornell Medical College-New York Presbyterian Hospital (JCH, PO, BC), Department of Healthcare Policy and Research, Weill Cornell Medical College (AI, JM, AS), Department of Obstetrics and Gynecology (JDW), Herbert Irving Comprehensive Cancer Center (JDW, DH) and Department of Medicine (DH), Columbia University College of Physicians and Surgeons, Department of Epidemiology, Columbia University Mailman School of Public Health (DH), New York, New York, and Department of Urology, Dalhousie University, Halifax, Canada (PO)

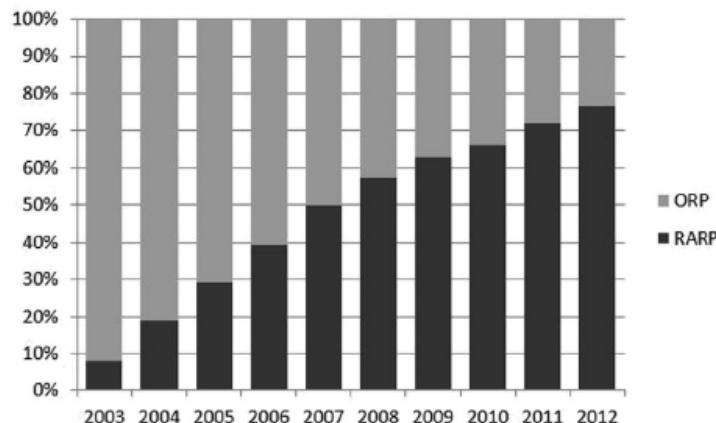


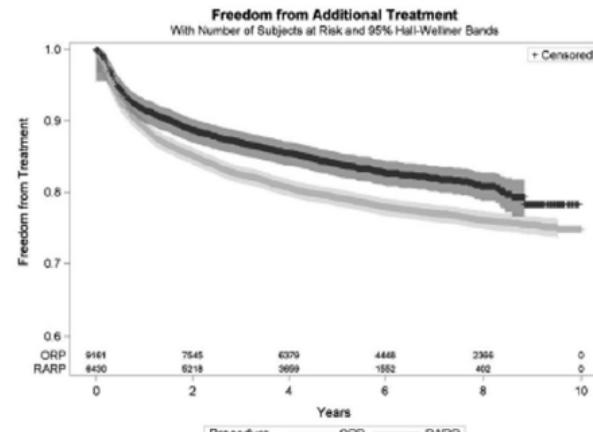
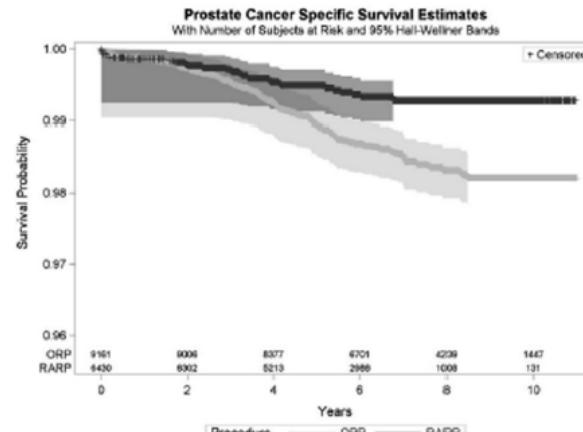
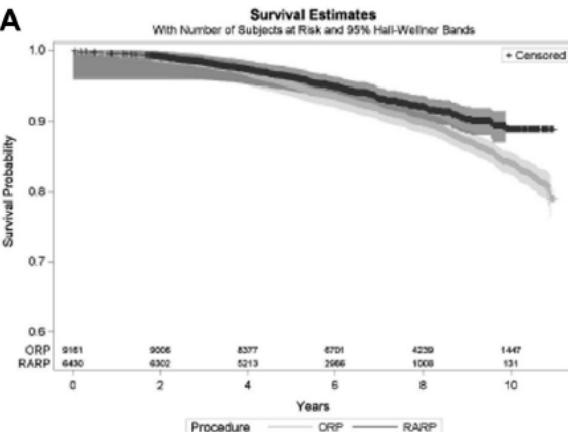
Figure 2. Increasing use of RARP vs ORP over time ($p <0.001$)

Comparative Effectiveness of Cancer Control and Survival after Robot-Assisted versus Open Radical Prostatectomy

Jim C. Hu,*†‡ Padraic O'Malley,†§ Bilal Chughtai, Abby Isaacs, Jialin Mao, Jason D. Wright, Dawn Hershman and Art Sedrakyan||

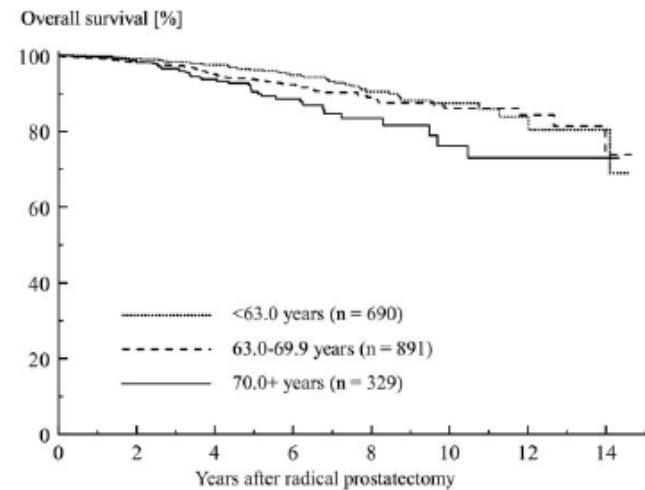
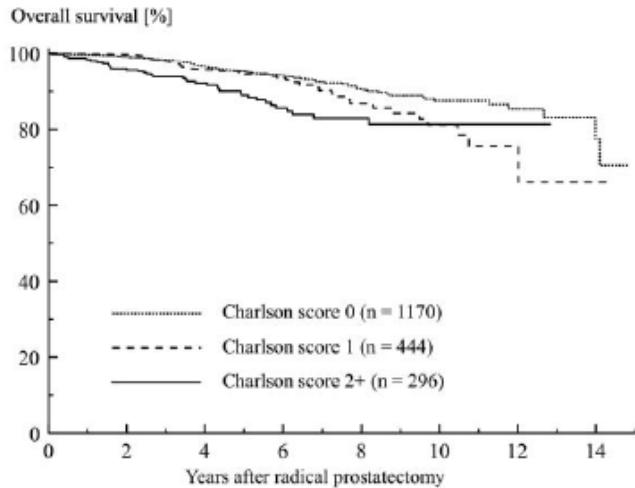
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A



Detailed Analysis of Charlson Comorbidity Score as Predictor of Mortality After Radical Prostatectomy

Michael Froehner, Rainer Koch, Rainer J. Litz, Sven Oehlschlaeger, Lars Twelker, Oliver W. Hakenberg, and Manfred P. Wirth



Comorbidity score

Età

CHIRURGIA & DISFUNZIONE ERETTIVA

- SEX OVER 70: > 50% M & > 30% F ¹
- DE in PC surgery: dal 20 al 90% ²⁻⁸
- ↓ lunghezza / volumetria peniena post-RP: 70% ⁹

1. Lindau ST et al.: *N Engl J Med* 2007; 357: 762
2. Fowler FJ Jr. et al.: *Urology* 1993; 42: 622
3. Kundu SD et al.: *J Urol* 2004; 172: 2227
4. Litwin MS et al.: *Urology* 1999; 54: 503
5. Rabbani F et al.: *J Urol* 2000; 164: 1929
6. Rozet F et al.: *J Urol* 2005; 174: 908
7. Stanford JL et al. : *JAMA* 2000; 283: 354
8. Walsh PC et al.: *Urology* 2000; 55: 58
9. Mulhall J: *Eur Urol* 2007; 52: 626

updated GRADE GROUPS

| % | | GS equivalent | Characteristic Features |
|----|---------------|---------------|--|
| 96 | Grade Group 1 | 3+3=6 | Only individual discrete well-formed glands |
| 88 | Grade Group 2 | 3+4=7 | Predominantly well-formed glands with a lesser component of poorly-formed/fused/cribiform glands |
| 63 | Grade Group 3 | 4+3=7 | Predominantly poorly-formed/fused/cribiform glands with a lesser component of well-formed glands [†] |
| 48 | Grade Group 4 | 8 | Only poorly-formed/fused/cribiform glands <u>or</u> Predominantly well-formed glands and a lesser component lacking glands ^{††} <u>or</u> Predominantly lacking glands and a lesser component of well-formed glands ^{††} |
| 26 | Grade Group 5 | 9-10 | Lack of gland formation (or necrosis) with or without poorly formed/fused/cribiform glands [†] |

CONCLUSIONI

- La PR rimane procedura di riferimento nel CaP per:
 - solidità dei risultati
 - sicurezza
 - accettabilità delle complicanze
 - diffusione delle informazioni
- Le Tecniche Mininvasive sono in ↑
- Altre metodiche guadagnano spazio
- ↑ diffusione delle informazioni → ↑ CONDIVISIONE della scelta