

Cystic Pancreatic Neoplasms

Dott. Alberto Fantin

Gastroenterologia

Azienda Ospedaliera-Università di Padova

Cystic Pancreatic Neoplasms (CPNs)

- CPNs have been increasingly identified over the past two decades due to the widespread use of high-resolution non-invasive abdominal imaging
- CPNs are mostly detected incidentally
- Prevalence ranges from 2.6% to 19.6% and increases with age
- CPNs characterization and management is controversial because of a significant overlap in the morphology of benign and premalignant lesions
- Natural history is still unclear

Background

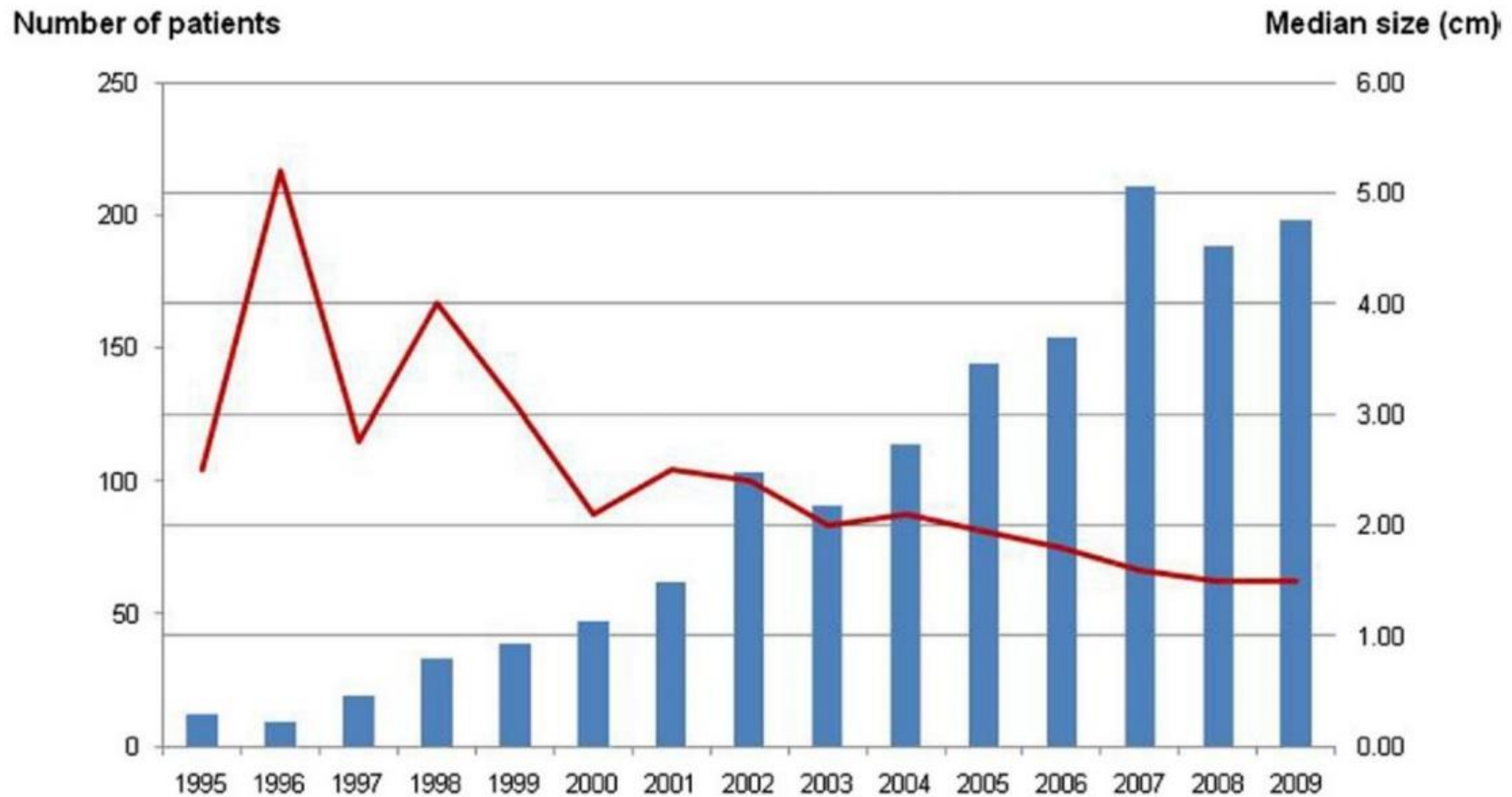


Figure 1. The number of patients evaluated each year for a cystic lesion of the pancreas (blue bars) and the median size (red line) of the lesion at initial visit (1995 to 2010, N = 1,424).

EDITORIAL

Get Ready to Meet the Growing Demand From Patients With Pancreatic Cysts



The number of patients with a diagnosis of a pancreatic cyst is rising. Recent data suggest the prevalence of pancreatic cystic lesions in the general population is approximately 2%–3%.^{1,2} Incidentally discovered cysts also are being detected at increased frequency within specific populations of patients. For example, the prevalence of pancreatic cysts in liver transplant recipients was noted at 60% in an Italian cohort of 47 patients.³ In asymptomatic patients undergoing magnetic resonance imaging (MRI)–magnetic resonance cholangiopancreatography for various indications, the prevalence of cystic pancreatic lesions reached higher than 40%.⁴ In 2016, very few clinicians

newer versions of imaging hardware and software were associated with a significant increase in cyst detection. The prevalence climbed as high as 56% in a newer version of the hardware (Skyra), compared with only 23% prevalence in an older version of the imaging hardware (Sonata). In addition, prevalence increased with older age, diabetes, and the presence of non-pancreatic malignancies. Moris et al⁷ concluded that the increase in pancreatic cyst prevalence is a result of better diagnostic imaging techniques with the newer versions of MRI machines. They considered the finding of an incidental pancreatic cyst to be a “secondary effect” of newer technology, rather than a true increase in disease prevalence. The study did not stratify pancreatic cysts according to size. Therefore, it is not clear whether the increase in prevalence would hold true for cysts larger than 2 cm, because these cysts presumably would be easily detected on older versions of MRI

WHO classification of cystic pancreatic tumors, 2010

Epithelial tumours

Benign

Acinar cell cystadenoma

Serous cystadenoma

Premalignant lesions

- IPMNs
- MCNs
- SCNs
- Pseudopapillary neoplasms

90% of all pancreatic cystic tumors

Solid pseudopapillary neoplasm

Neuroendocrine neoplasms with cystic degeneration

Mesenchymal tumours

Lymphangioma, NOS

Secondary tumours with cystic degeneration

Serous cystadenoma

Benign lesion

Unknown prevalence

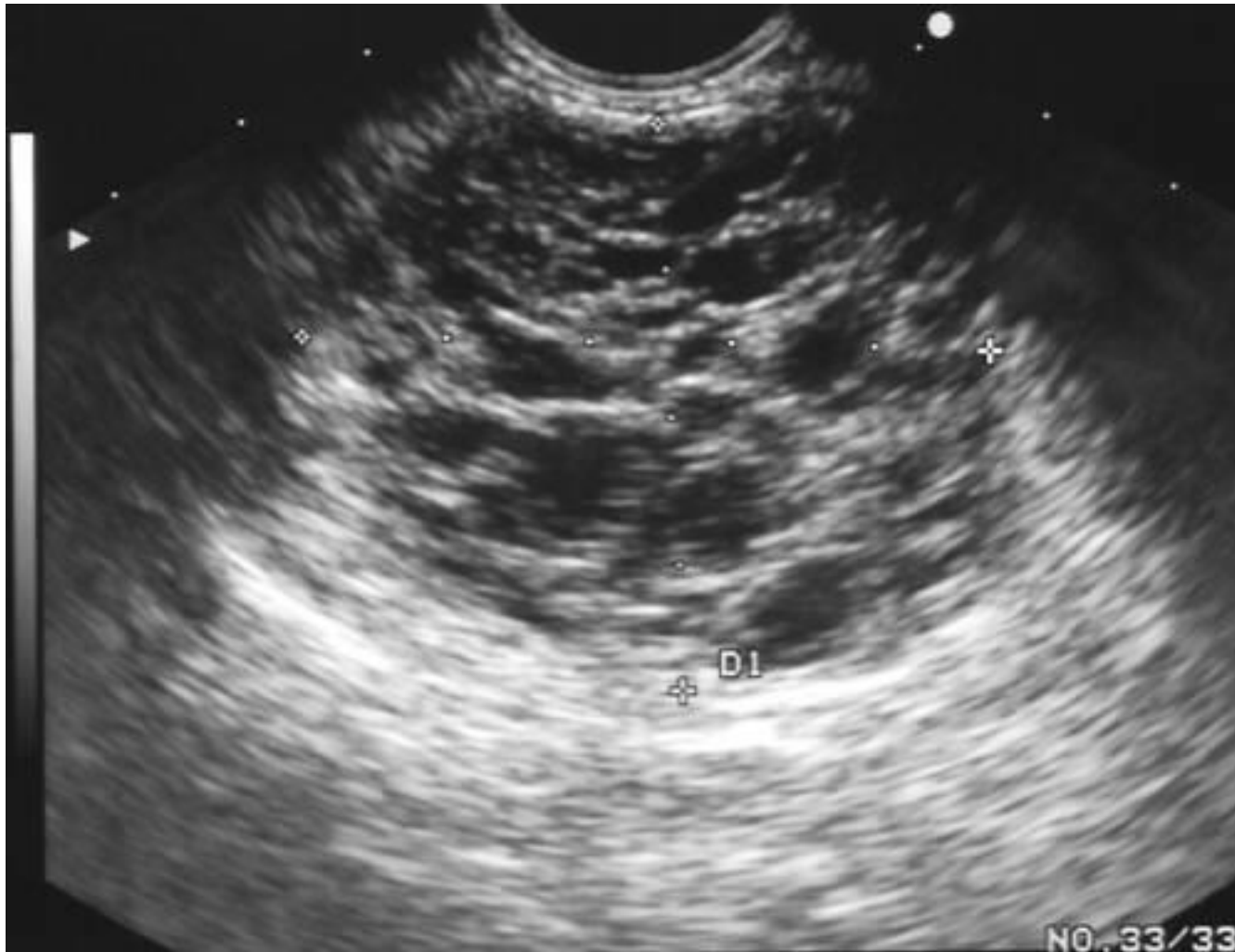
Sex ratio M/F: 1/9

Incidentally discovery

Diagnosis “easy” by imaging procedures

No surgical resection recommended

EUS serous cystoadenoma



Serous cystic neoplasm

Serous cystic neoplasms are characterized by:

Easy radiological diagnosis (if typical features are present)

Benign biological behaviour

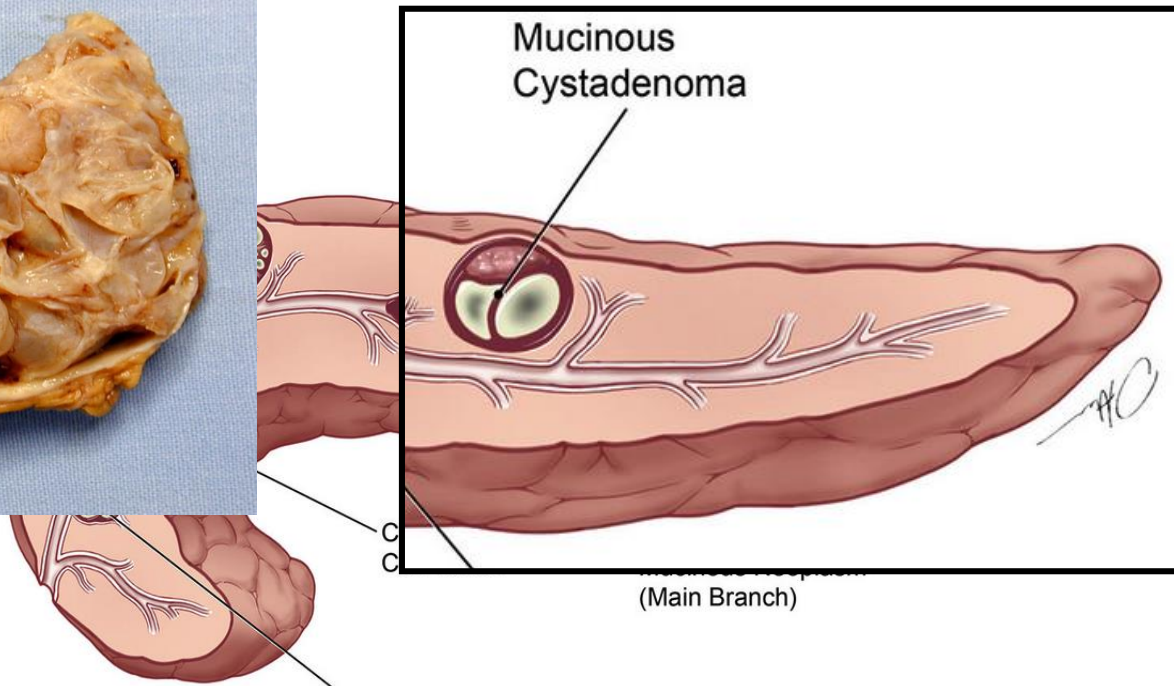
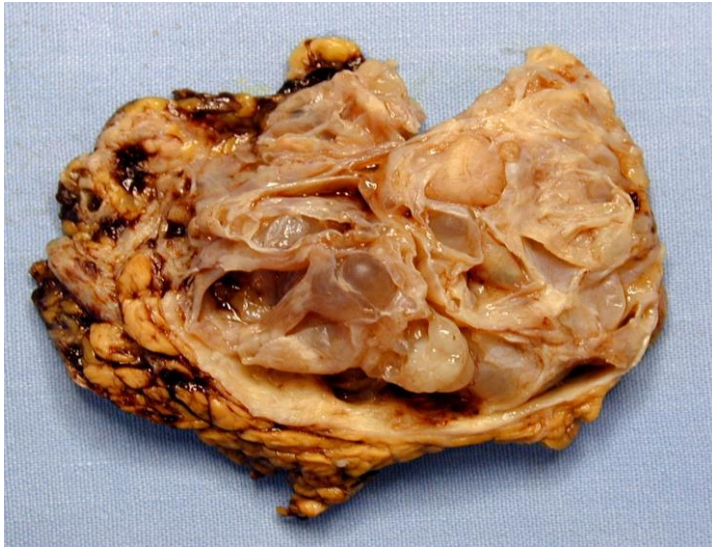
Extremely slow growth



OBSERVATION

REGARDLESS OF THE DIAMETER AT DIAGNOSIS

Mucinous cystic neoplasm



- Exclusively in women
- Preferentially located in the body-tail
- No communication with ductal system
- Epithelial cells producing mucin and supported by an ovarian-type stroma

Mucinous Cystadenoma

Precancerous lesion

No communication with MD

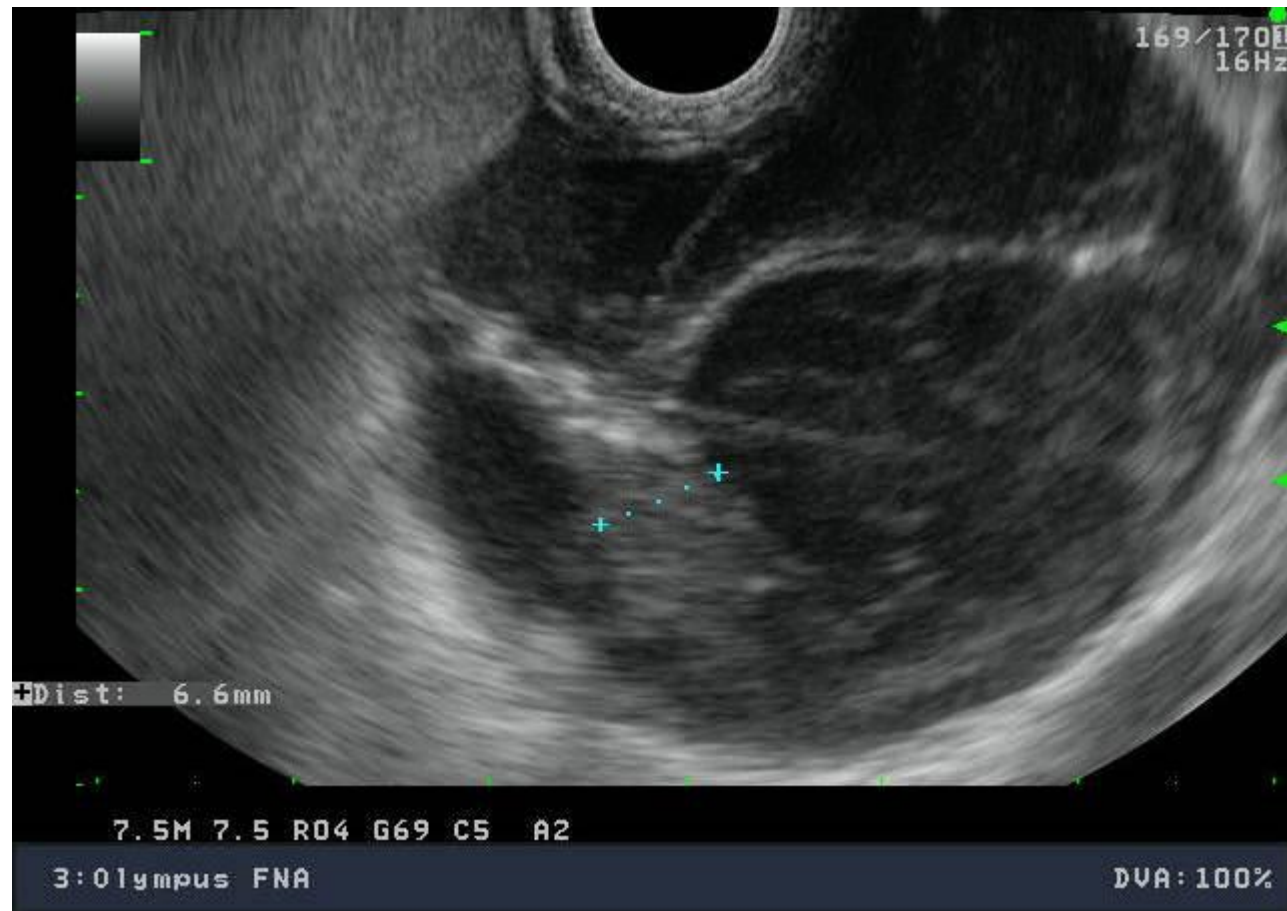
Unknown prevalence

Incidentally discovery

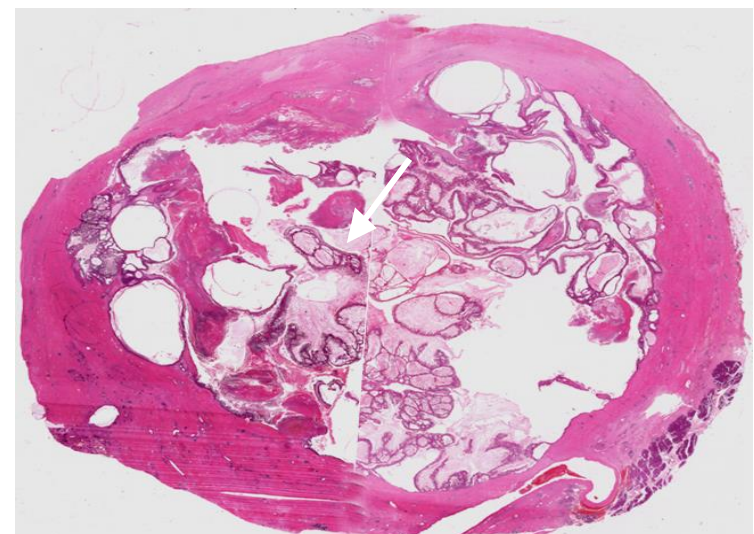
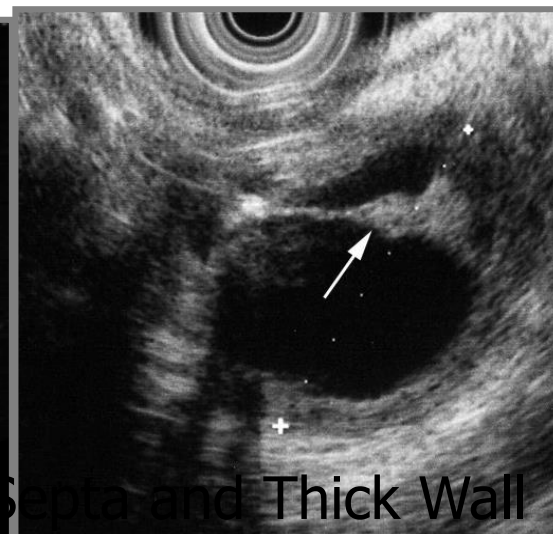
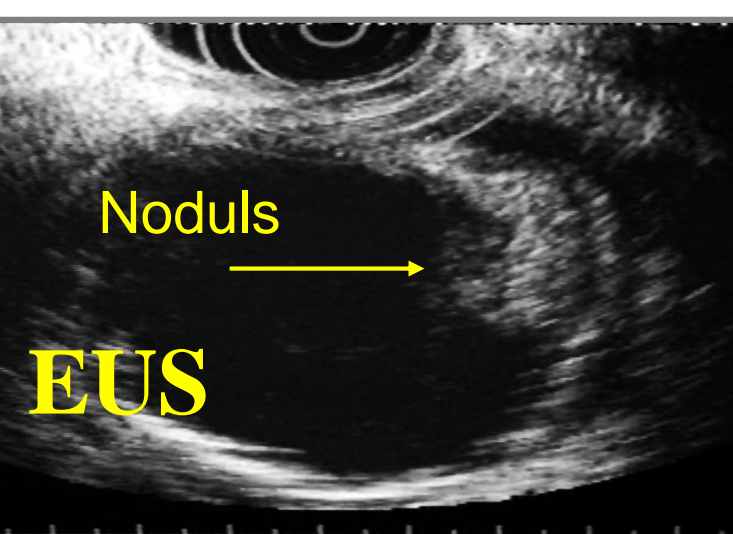
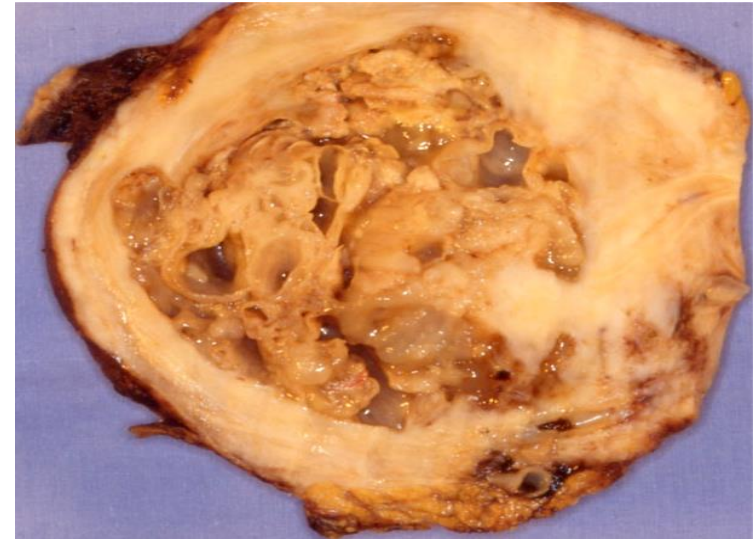
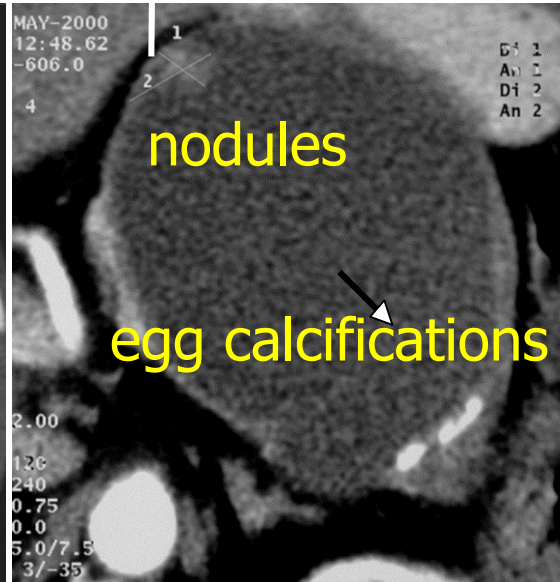
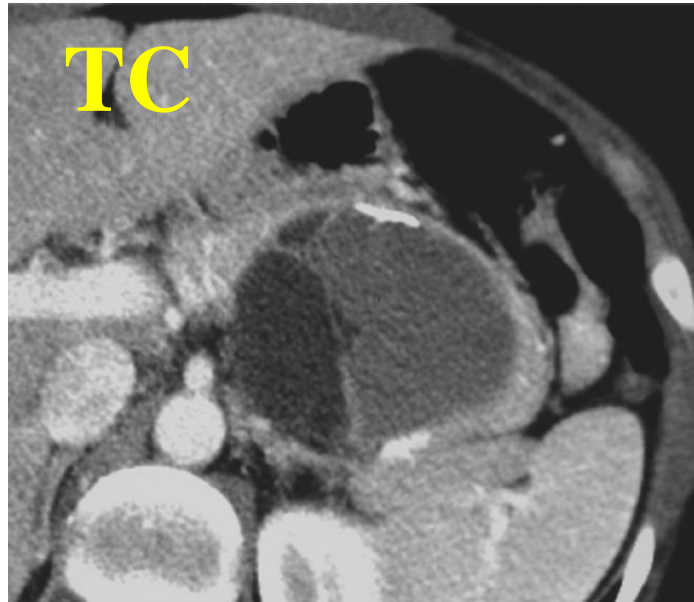
Sex ratio M/F: 1/20

Surgical resection recommended (follow-up for lesions < 4 cm without worrisomes features ?)

EUS mucinous cystadenoma



Signs of suspicious degeneration



Solid pseudo-papillary tumor

Rare tumor

Young age

Malignant potential

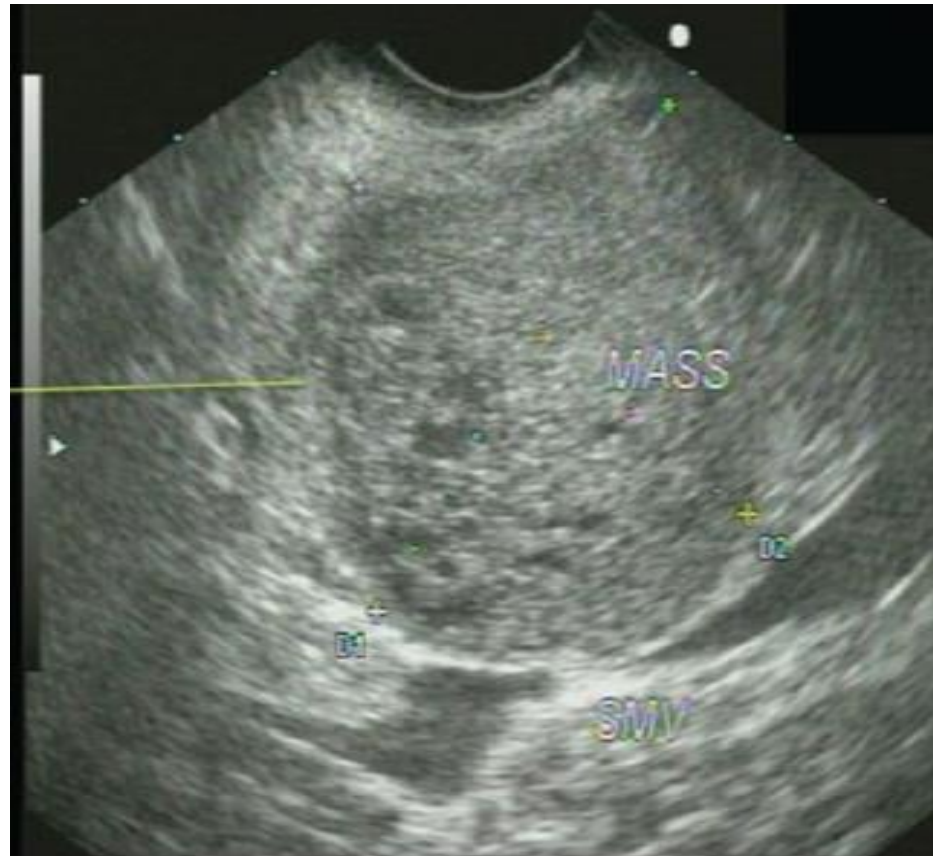
Unknown prevalence

Sex ratio M/F: 1/10

Incidentally discovery

Surgical resection recommended

EUS solid pseudopapillary tumor



IPMN

Precancerous lesion

Involving MPD or BD

Probably the more prevalent cystic pancreatic lesion

Unknown prevalence: 10-15 %

Incidentally discovery

5 year-risk of invasive carcinoma

- BD-IPMN 3-18 %
- MD-IPMN: 45-62%
- Many issues regarding the management

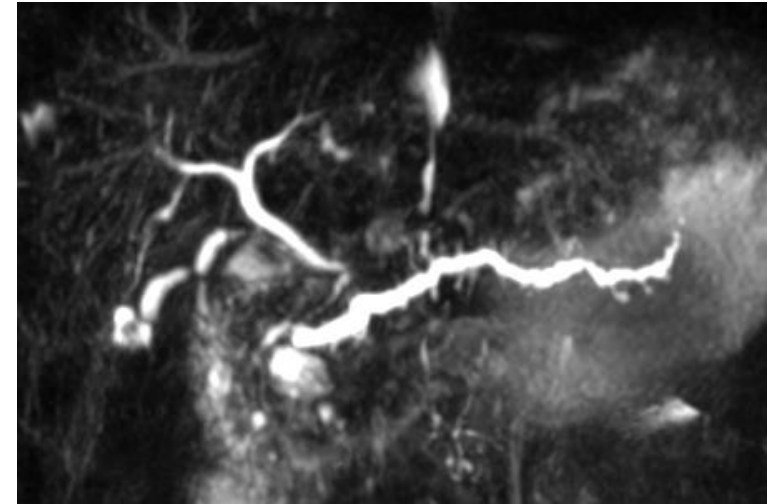
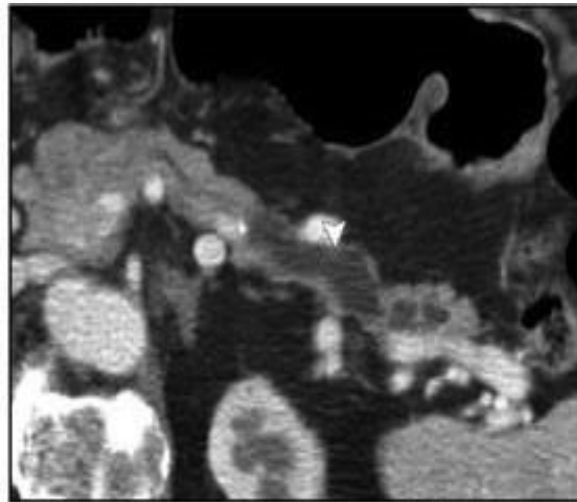
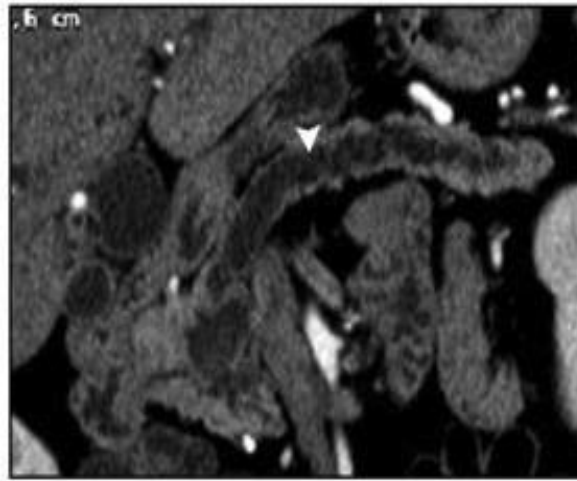
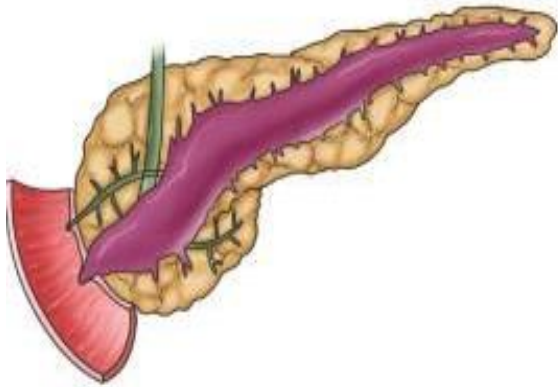
EUS IPMN-BD



MD-IPMN

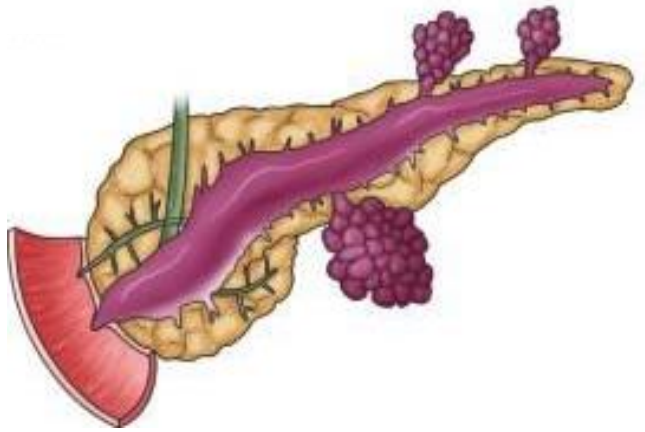
A DIFFUSE OR SEGMENTAL DILATATION OF THE
MPD >5 MM WITHOUT OTHER OBSTRUCTIVE
CAUSES

MAIN DUCT IPMN

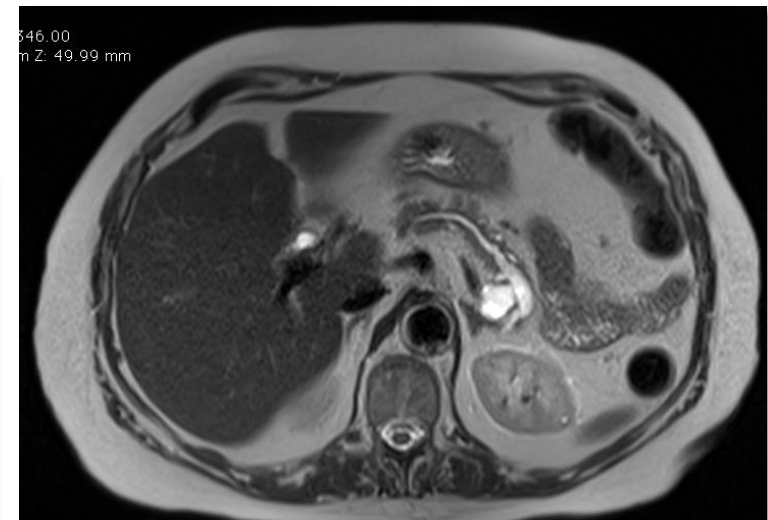
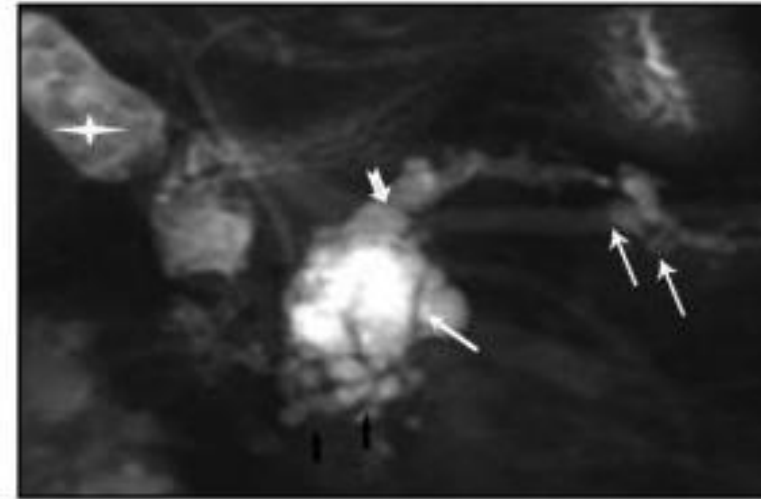


MIXED-IPMN

MIXED-TYPE IPMN

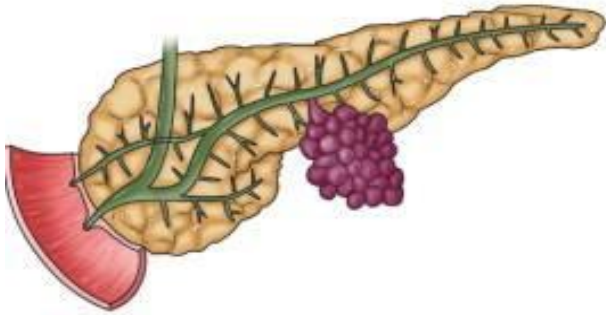


**CYSTIC DILATATION OF SIDE BRANCHES
OF THE DUCTAL SYSTEM >5 MM WHICH
COMMUNICATE WITH A DILATED MPD**

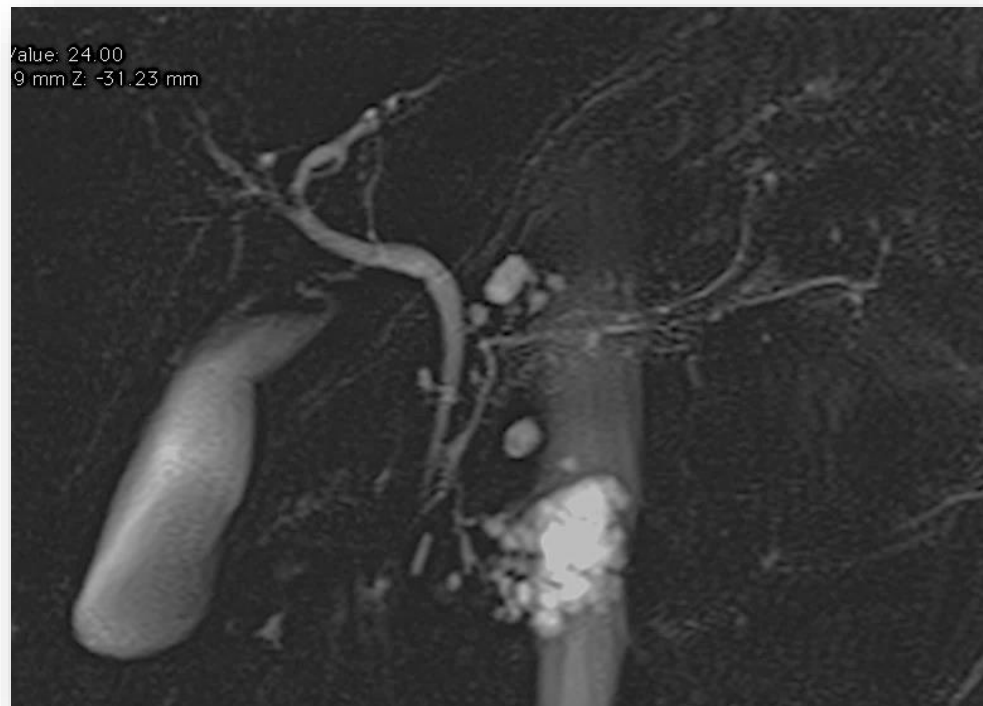
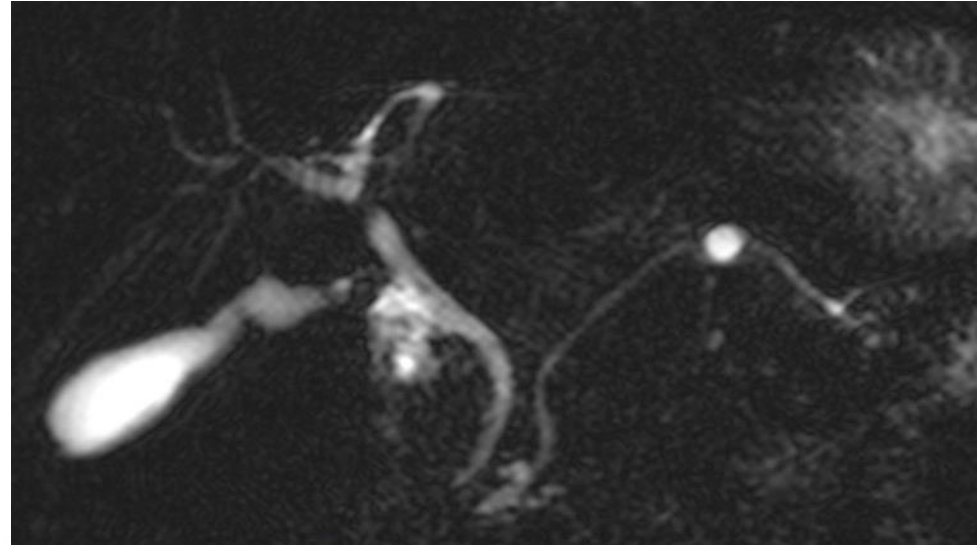


BD-IPMN

BRANCH DUCT IPMN

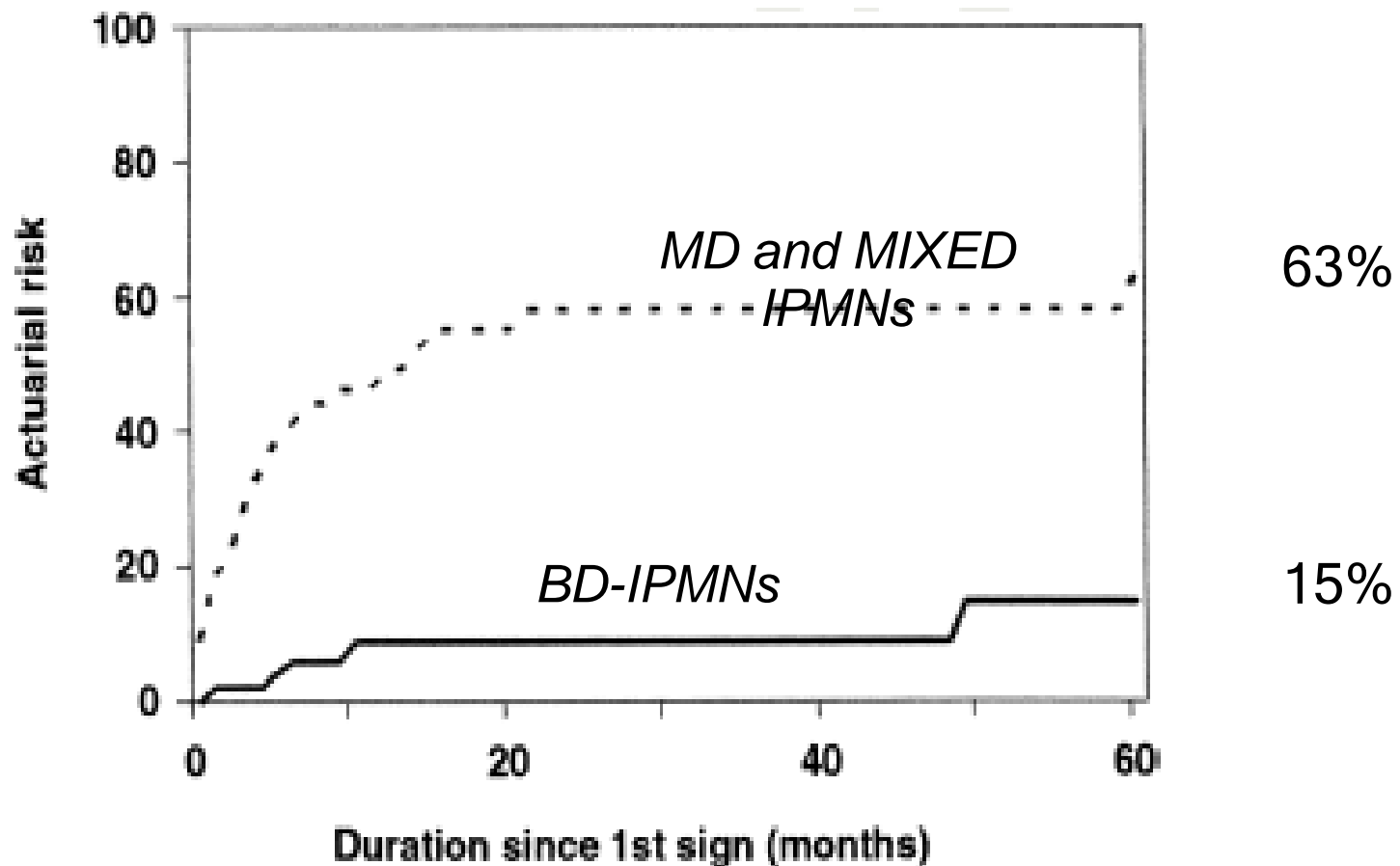


**CYSTIC DILATATION OF
SIDE BRANCHES OF THE
DUCTAL SYSTEM >5 MM
WHICH COMMUNICATE
WITH A NON-DILATED
MPD**



IPMN – Different Biology

DIFFERENT RISK PROFILES...



BD-IPMN – Suspect features

The elements considered to evaluate BD-IPMN today

- **Mural Nodule**
- MPD dilation
- Size (>3cm)
- Increased wall thickness

Irie H et al., AJR 2000;
Fukukura Y et al., AJR 2000
Wakabayashi T et al., Pancreas 2001

...

BD-IPMN - Role of Mural Nodules

Imaging Features to Distinguish Malignant and Benign Branch-Duct Type Intraductal Papillary Mucinous Neoplasms of the Pancreas

A Meta-analysis

Kyung Won Kim, MD, PhD,*† Seong Ho Park, MD, PhD,* Junhee Pyo, MS,‡ Soon Ho Yoon, MD,§
Jae Ho Byun, MD,* Moon-Gyu Lee, MD,* Katherine M. Krajewski, MD,† and Nikhil H. Ramaiya, MD†

TABLE 2. Summary of the Meta-analytic Pooled Diagnostic Odds Ratios for the Imaging Findings

| Imaging Findings (Cut-off) | No. Studies | No. Cases | Summary Estimate | | | | | Trim-and-Fill Estimate | |
|-------------------------------|-------------|-----------|------------------------|-------------------------|-------------------|--------------------------|------|------------------------|------------------------------------|
| | | | Pooled DOR (95% CI) | P for Heterogeneity* | I ² %† | P‡ for Reporting Bias | | No. Missing Studies | Adjusted Pooled DOR (95% CI) |
| Cyst size (4 cm) | 4 | 176 | 2.3 (0.7–7.9) | 0.17 | 39.6 | 0.18 | 0.29 | 2 | 2.1 (1.3–3.2) |
| (3 cm) | 15 | 963 | 2.3 (1.5–3.5) | 0.14 | 29.2 | | | | |
| (2 cm) | 4 | 297 | 1.7 (0.7–4.1) | 0.23 | 31.1 | | | | |
| Mural nodule | 16 | 1112 | 6.0 (4.1–8.8) | 0.21 | 21.1 | 0.18 | 0.37 | 2 | 5.5 (3.7–8.2) |
| MPDD (Overall) | 10 | 561 | 3.4 (2.3–5.2) | 0.43 | 1.4 | 0.79 | 0.43 | 2 | 3.2 (2.1–4.7) |
| (5 mm) | 4 | 245 | 4.4 (2.4–8.1) | 0.74 | 0.0 | | | | |
| (6 mm) | 3 | 153 | 3.2 (1.5–7.1) | 0.58 | 0.0 | | | | |
| (7 mm) | 3 | 163 | 3.5 (0.9–14.0) | 0.07 | 62.8 | | | | |
| Thick septum/wall | 6 | 400 | 3.3 (1.5–6.9) | 0.28 | 21.1 | 0.04 | 0.01 | 3 | 2.3 (0.9–5.5) |
| Multilocularity | 5 | 287 | 0.9 (0.5–1.7) | 0.89 | 0.0 | 0.62 | 0.56 | 0 | 0.9 (0.5–1.7) |
| Multiplicity | 6 | 566 | 1.2 (0.7–2.0) | 0.56 | 0.0 | 0.57 | 0.08 | 0 | 1.2 (0.7–2.0) |

*P value by Cochran-Q method to test heterogeneity of the pooled data. Values <0.10 indicate substantial heterogeneity.

†I² is the Higgin index for heterogeneity and values greater than 50% indicate substantial heterogeneity.

‡P values are to test publication/reporting bias using the Begg test (left column) and the Egger's test (right column). P < 0.1 indicate significant bias.

MPDD indicates main pancreatic duct dilatation.

IAP Guidelines

Are any of the following high-risk signs/stigmata of malignancy present?

- i) obstructive jaundice in a patient with cystic lesion of the head of the pancreas
- ii) enhancing mural nodule ≥ 5 mm,
- iii) main pancreatic duct ≥ 10 mm

Yes

No

Revisions of international consensus, Fukuoka guidelines for the management of IPMN of the pancreas

Are any of the following worrisome features present?

Clinical: Pancreatitis^a

Imaging: i) cyst ≥ 3 cm, ii) **enhancing mural nodule < 5 mm**, iii) thickened/enhancing cyst walls, iv) main duct size ≥ 9 mm, v) abrupt change in caliber of pancreatic duct with distal pancreatic atrophy, vi) lymphadenopathy, vii) **increased serum level of CA19-9**, viii) **cyst growth rate ≥ 5 mm/2 years**

Consider surgery, if clinically appropriate

^a Department of Surgery, Shimonoseki City Hospital, Shimonoseki, Japan

^b Pancreas and Biliary Surgery Program, Massachusetts General Hospital, Harvard Medical School, Boston, MA, USA

^c Department of Gastroenterology, Komagome Metropolitan Hospital, Tokyo, Japan

^d Division of Hepatobiliary-Pancreatic Surgery, Department of Surgery, Seoul National University College of Medicine, Seoul, South Korea

^e Pôle des Maladies de l'Appareil Digestif, Service de Gastroentérologie-Pancréatologie, Hôpital Beaujon, Clichy Cedex, France

^f Department of Surgery and Oncology, Graduate School of Medical Sciences, Kyushu University, Fukuoka, Japan

^g Department of General and Pancreatic Surgery, The Pancreas Institute, University of Verona Hospital Trust, Verona, Italy

^h Dept. of Gastroenterological Surgery, Aichi Cancer Center, Nagoya, Japan

ⁱ Department of Gastroenterology, Graduate School of Medicine, The University of Tokyo, Tokyo, Japan

^j Cameron Division of Surgical Oncology and The Sol Goldman Pancreatic Cancer Research Center, Department of Surgery, Johns Hopkins University, Baltimore, MD, USA

Are any of these features present?

- i) Definite mural nodule (s) ≥ 5 mm^b
- ii) Main duct features suspicious for involvement^c
- iii) Cytology: suspicious or positive for malignancy

Yes

No

What is the size of largest cyst?

Inconclusive

<1 cm

1-2 cm

2-3 cm

>3 cm

CT/MRI

in 6 months, then every 2 years if no change^d

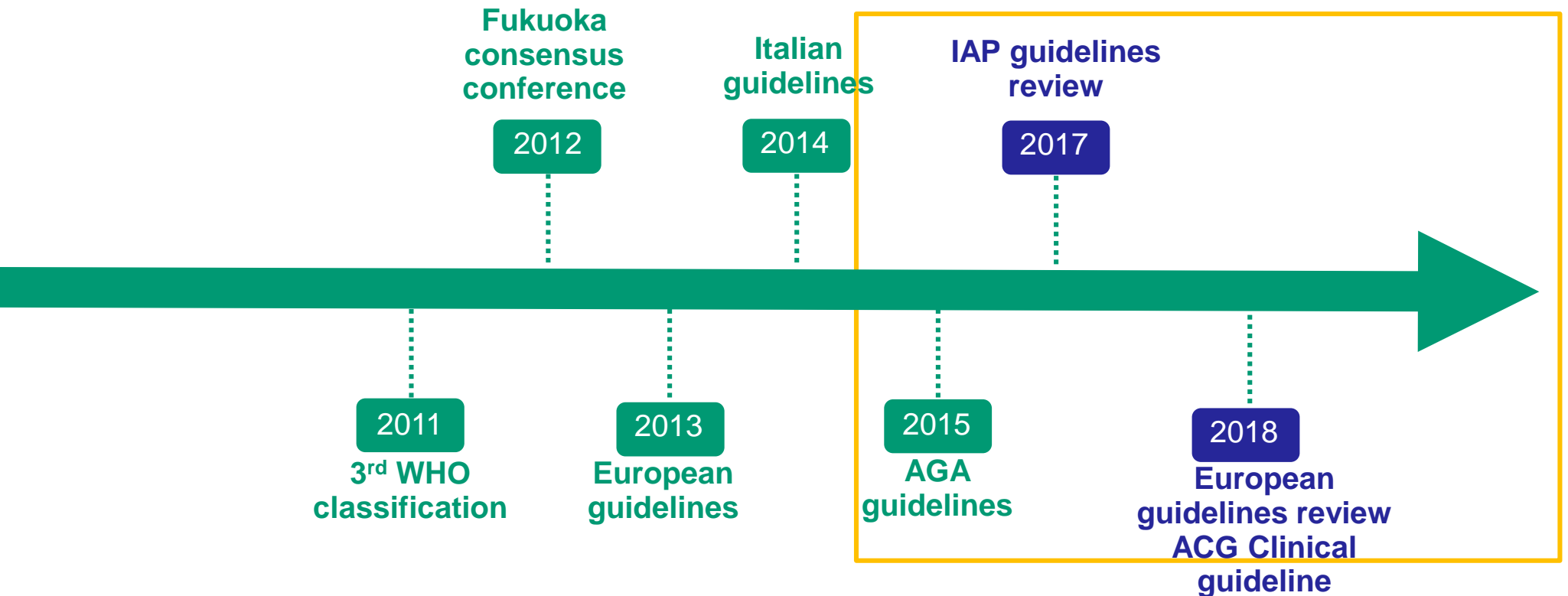
CT/MRI

6 months x 1 year yearly x 2 years, then lengthen interval up to 2 years if no change^d

EUS in 3-6 months, then lengthen interval **up to 1 year**, alternating MRI with EUS as appropriate.^d
Consider surgery in young, fit patients with need for prolonged surveillance

Close surveillance alternating MRI with EUS every 3-6 months. Strongly consider surgery in young, fit patients

IPMN's history - Guidelines



Italian consensus guidelines for the diagnostic work-up and follow-up of cystic pancreatic neoplasms

Italian Association of Hospital Gastroenterologists and Endoscopists, AIGO
Italian Association for the Study of the Pancreas, AISP

International consensus guidelines 2012 for the management of IPMN and MCN of the pancreas

Masao Tanaka^{a,*}, Carlos Fernández-del Castillo^b, Volkan Adsay^c, Suresh Chari^d, Massimo Falconi^e, Jin-Young Jang^f, Wataru Kimura^g, Philippe Levy^h, Martha Bishop Pitmanⁱ, C. Max Schmidt^j, Michio Shimizu^k, Christopher L. Wolfgang^l, Koji Yamaguchi^m, Kenji Yamaoⁿ

European experts consensus statement on cystic tumours of the pancreas

Marco Del Chiaro^{a,*}, Caroline Verbeke^b, Roberto Salvia^c, Gunter Klöppel^d, Jens Werner^e, Colin McKay^f, Helmut Friess^g, Riccardo Manfredi^h, Eric Van Cutsemⁱ, Matthias Löhr^a, Ralf Segersvärd^a, the European Study Group on Cystic Tumours of the Pancreas

American Gastroenterological Association Institute Guideline on the Diagnosis and Management of Asymptomatic Neoplastic Pancreatic Cysts

Santhi Swaroop Vege,¹ Barry Ziring,² Rajeev Jain,³ Paul Moayyedi,⁴ and the Clinical Guidelines Committee

Revisions of international consensus Fukuoka guidelines for the management of IPMN of the pancreas

Masao Tanaka^{a,*}, Carlos Fernández-del Castillo^b, Terumi Kamisawa^c, Jin Young Jang^d, Philippe Levy^e, Takao Ohtsuka^f, Roberto Salvia^g, Yasuhiro Shimizu^h, Minoru Tadaⁱ, Christopher L. Wolfgang^j



NEWS



OPEN ACCESS

European evidence-based guidelines on pancreatic cystic neoplasms

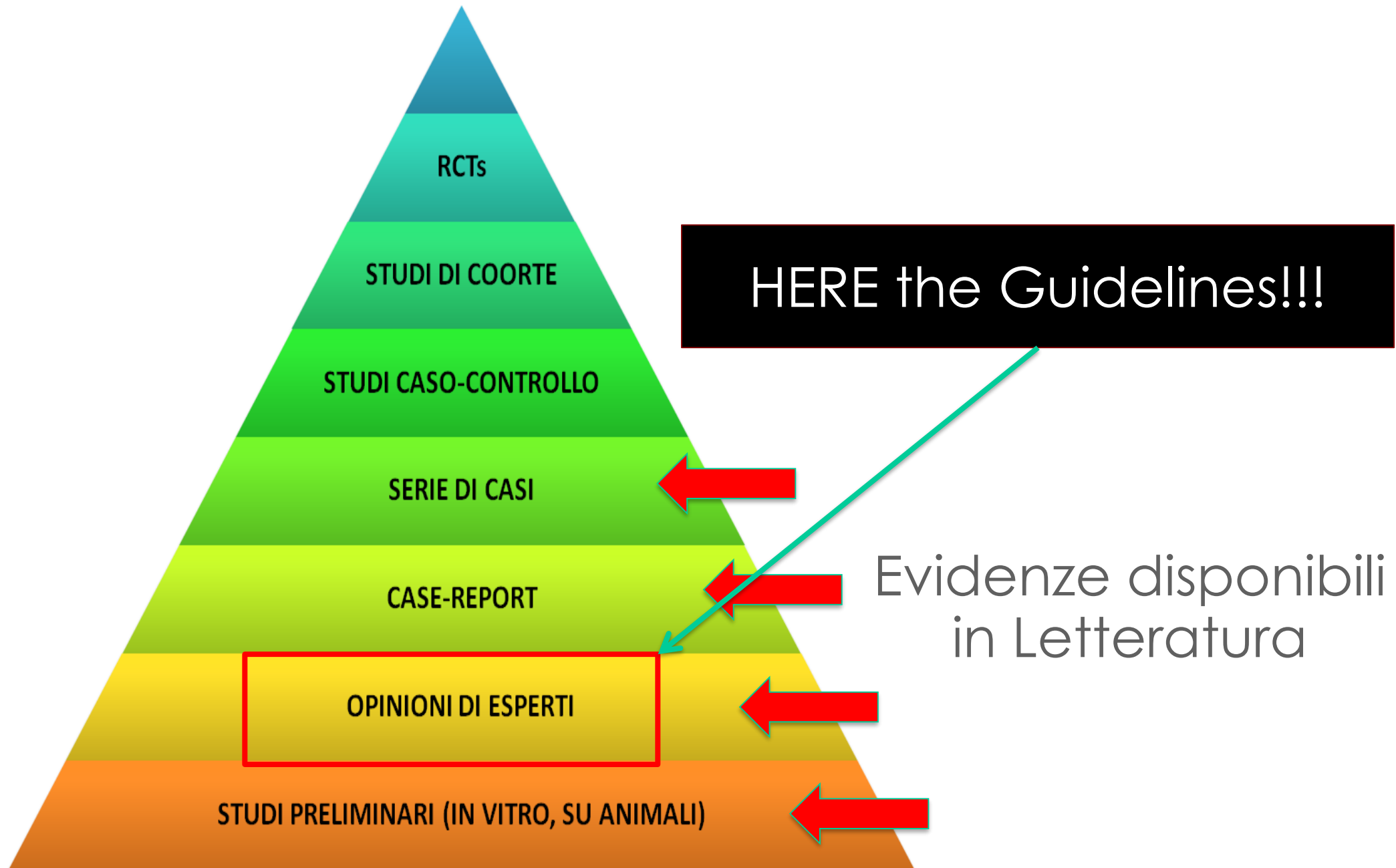
The European Study Group on Cystic Tumours of the Pancreas

CLINICAL GUIDELINES 1

ACG Clinical Guideline: Diagnosis and Management of Pancreatic Cysts

Grace H. Elta, MD, FACG¹, Brintha K. Enestvedt, MD, MBA², Bryan G. Sauer, MD, MSc, FACG (GRADE Methodologist)³ and Anne Marie Lennon, MD, PhD, FACG⁴

Evidence Based Medicine pyramid



When we should do EUS

- Pancreatitis
- Cyst diameter > 3 cm
- Thickened/enhancing cyst walls

3 Endoscopy

3.1 What are the indications for performing EUS in PCN?

EUS is recommended as an adjunct to other imaging modalities (GRADE 2C, strong agreement).

- Lymphadenopathy
- Uncertain radiological diagnosis
- Changes in the sizes of the cyst
- increased serum level of Ca 19.9
- Significant changes in the characteristics of the cyst

Pancreatic resections for cystic neoplasms: From the surgeon's presumption to the pathologist's reality

Roberto Salvia, MD, PhD, Giuseppe Malleo, MD, Giovanni Marchegiani, MD, Silvia Pennacchio, MD, Salvatore Paiella, MD, Marina Paini, MD, Antonio Pea, MD, Giovanni Butturini, PhD, Paolo Pederzoli, MD, and Claudio Bassi, MD, Verona, Italy

Preoperative radiologic workup (%)

| | |
|----------|----------------|
| CEUS | 428/476 (89.9) |
| CECT | 353/476 (74.2) |
| MRI/MRCP | 356/476 (74.8) |
| EUS | 70/476 (14.7) |



Table III. Accuracy of preoperative diagnosis (comparison between principal preoperative diagnosis and final pathologic report) in 476 patients resected for a pancreatic cystic neoplasm

| <i>Diagnosis</i> | <i>n (%)</i> |
|--|--------------|
| Well-diagnosed cystic neoplasms | 373 (78.4) |
| Misdiagnosed cystic neoplasms | 103 (21.6) |
| Serous cystic neoplasms (<i>n</i> = 69) | |
| Well diagnosed | 51 (73.9) |
| Misdiagnosed | 18 (26.1) |
| Mucinous cystic neoplasms (<i>n</i> = 123) | |
| Well diagnosed | 98 (79.7) |
| Misdiagnosed | 25 (20.3) |
| Main duct/mixed-IPMN (<i>n</i> = 156) | |
| Well diagnosed | 126 (80.7) |
| Misdiagnosed | 30 (19.3) |
| Branch duct-IPMN (<i>n</i> = 75) | |
| Well diagnosed | 54 (72.0) |
| Misdiagnosed | 21 (28.0) |
| Cystic neuroendocrine neoplasms (<i>n</i> = 15) | |
| Well diagnosed | 8 (53.3) |
| Misdiagnosed | 7 (46.7) |
| Solid pseudopapillary neoplasms (<i>n</i> = 38) | |
| Well diagnosed | 36 (94.7) |
| Misdiagnosed | 2 (5.3) |

IPMN, Intraductal papillary mucinous neoplasms.

Interobserver agreement among endosonographers for the diagnosis of neoplastic versus non-neoplastic pancreatic cystic lesions

Nuzhat A. Ahmad, MD, Michael L. Kochman, MD, Colleen Brensinger, MS, William R. Brugge, MD, Douglas O. Faigel, MD, Frank G. Gress, MD, Michael B. Kimmey, MD, Nicholas J. Nickl, MD, Thomas J. Savides, MD, Michael B. Wallace, MD, MPH, Maurits J. Wiersema, MD, Gregory G. Ginsberg, MD

Philadelphia, Pennsylvania, Boston, Massachusetts, Portland, Oregon, Long Island, New York, Seattle, Washington, Lexington, Kentucky, San Diego, California, Charleston, South Carolina, Rochester, Minnesota

Table 2. Accuracy of EUS for predicting neoplastic vs. non-neoplastic lesions

| | All lesions | | Excluding lesions as indeterminate | |
|--|-------------|--------------|------------------------------------|--------------|
| | % Accurate | 95% CI | % Accurate | 95% CI |
| Overall, adjusted for clustering by reviewer | 71.0 | [57.3, 81.7] | 77.0 | [67.5, 86.5] |
| Reviewer 1 | 87.1 | [70.2, 96.4] | 87.1 | [70.2, 96.4] |
| Reviewer 2 | 40.0 | [22.7, 59.4] | 52.2 | [30.6, 73.2] |
| Reviewer 3 | 73.3 | [54.1, 87.7] | 73.3 | [54.1, 87.7] |
| Reviewer 4 | 93.3 | [77.9, 99.2] | 93.3 | [77.9, 99.2] |
| Reviewer 5 | 77.4 | [58.9, 90.4] | 82.8 | [64.2, 94.2] |
| Reviewer 6 | 51.6 | [33.1, 69.8] | 66.7 | [44.7, 84.4] |
| Reviewer 7 | 64.5 | [45.4, 80.8] | 71.4 | [51.3, 86.8] |
| Reviewer 8 | 80.6 | [62.5, 92.5] | 80.6 | [62.5, 92.5] |

Table 1. Kappa statistics for agreement between 8 reviewers, excluding cases rated as “indeterminate” by two or more reviewers

| EUS diagnosis | Kappa |
|--------------------------------------|-------|
| Neoplastic vs. non-neoplastic | 0.243 |
| Pseudocyst | 0.384 |
| Serous cystadenoma | 0.463 |
| Mucinous cystadenoma/adenocarcinoma | 0.228 |
| Neuroendocrine | 0.399 |
| Simple cyst | 0.010 |
| Intraductal papillary mucinous tumor | 0.189 |
| Type combined | 0.317 |

EUS morphology: mucinous vs non mucinous

- 341 patients
- Sens: 56 %
- Spec: 45 %

Should We Do EUS/FNA on Patients With Pancreatic Cysts?

The Incremental Diagnostic Yield of EUS Over CT/MRI for Prediction of Cystic Neoplasms

Mouen A. Khashab, MD, Katherine Kim, MHS,* Anne Marie Lennon, MD, PhD,* Eun Ji Shin, MD,* April S. Tignor, MD, MPH,* Stuart K. Amateau, MD, PhD,* Vikesh K. Singh, MD, MSc,* Christopher L. Wolfgang, MD, PhD,† Ralph H. Hruban, MD,‡ and Marcia Irene Canto, MD, MHS**

TABLE 1. Characteristics of 154 Study Patients and Pancreatic Cysts

| | | Characteristic | Number (%) |
|---|------------------------------|--------------------------------------|------------|
| A | Cystic ductal adenocarcinoma | Age, mean, yrs | 62.31 |
| | | Sex (female) | 90 (58) |
| | | Patients with neoplastic cysts | 133 |
| | | Patients with malignant cysts | 43 |
| | | Nonneoplastic/low risk cysts | 19 |
| | | Mean size of neoplastic cysts, cm | 2.42 |
| | | Mean size of malignant cysts, cm | 2.80 |
| | | Mean size of nonneoplastic cysts, cm | 3.94 |
| | | Neoplastic cysts <3 cm | 85 (64) |
| | | Malignant cysts <3 cm | 22 (51) |
| B | Pseudocysts | Nonneoplastic cysts <3 cm | 8 (38) |
| | | Surgical patients who had FNA | 131 |
| | | Patients with adequate FNA | 106 (81) |
| | | Patients with diagnostic FNA | 72 (55) |
| | | Patients who had CT | 139 (90) |
| | | Patients who had MRI | 53 (34) |

| | Sensitivity | Specificity | PPV | NPV |
|-------------|-------------|-------------|------|------|
| CT | 48.3 | 78.9 | 93.5 | 19.5 |
| MRI | 34 | 100 | 100 | 8.33 |
| EUS +/- FNA | 75.6 | 73.7 | 95.3 | 29.8 |

A bar chart comparing the sensitivity of three imaging modalities (CT, MRI, and EUS +/- FNA) for detecting pancreatic cysts, categorized by size: Cysts < 3cm and Cysts >= 3cm. The y-axis represents Sensitivity from 0 to 90. The legend indicates: CT (light gray), MRI (dark gray), and EUS +/- FNA (white).

| Cyst Size | CT | MRI | EUS +/- FNA |
|--------------|-----|-----|-------------|
| Cysts < 3cm | ~53 | ~43 | ~83 |
| Cysts >= 3cm | ~42 | ~18 | ~64 |

TABLE 3. Incremental Diagnostic Yield of EUS Over CT for Detection of Neoplasia in Pancreatic Cysts

| No. Patients (n = 120) | CT Detect | EUS Detect |
|------------------------|-----------|------------|
| 49 | + | + |
| 43 | — | + |
| 9 | + | — |
| 19 | — | — |

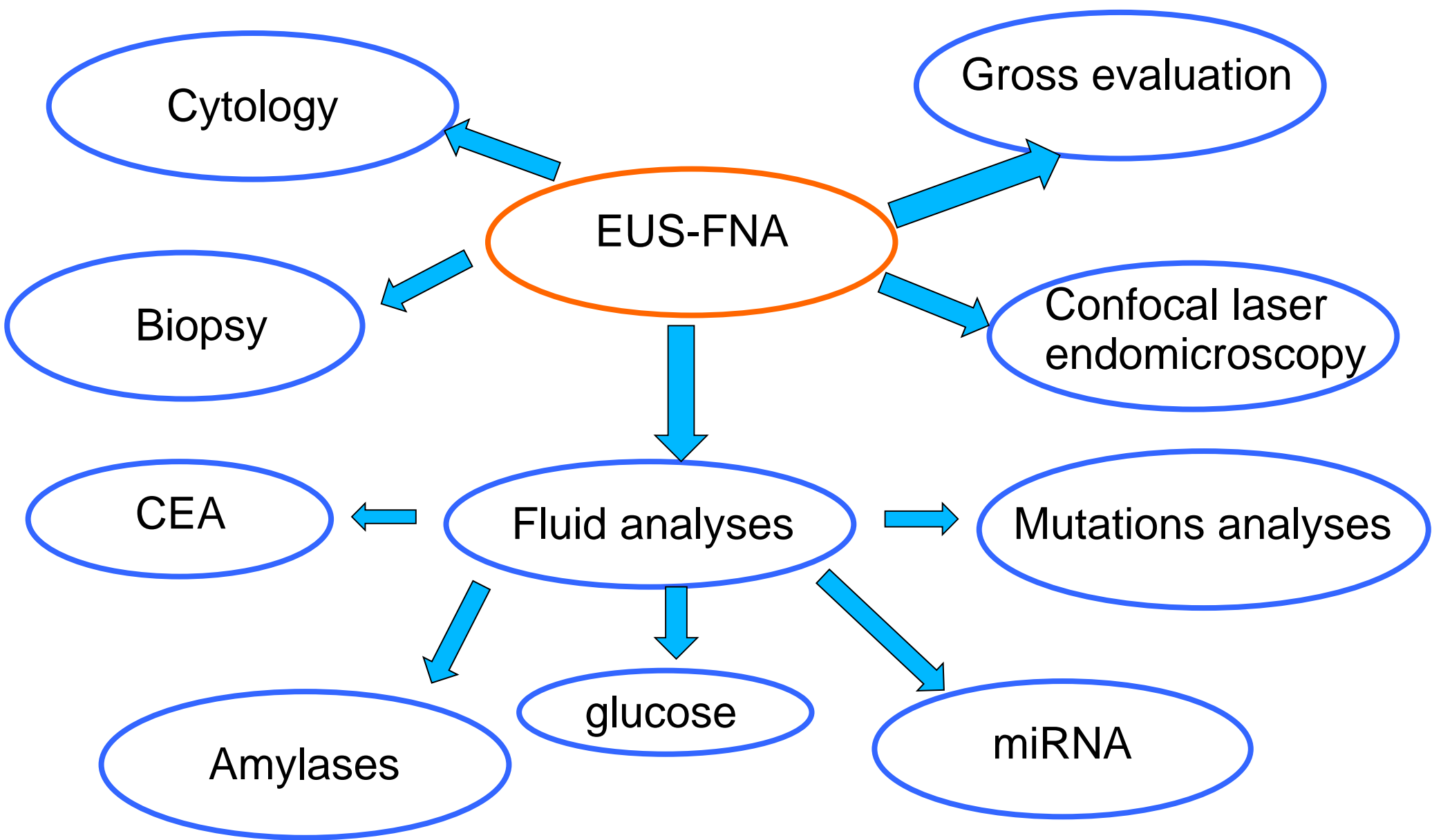
The incremental yield of EUS for diagnosis of neoplasia after initial CT was 43 (35.83%) of 120.

TABLE 4. Incremental Diagnostic Yield of EUS Over MRI for Detection of Neoplasia in Pancreatic Cysts

| No. Patients (n = 50) | MRI Detect | EUS Detect |
|-----------------------|------------|------------|
| 16 | + | + |
| 27 | — | + |
| 1 | + | — |
| 6 | — | — |

The incremental yield of EUS for diagnosis of neoplasia after initial MRI is 27 (54%) of 50.

Conclusions: The incremental increase in diagnostic yield of EUS and fluid analysis over CT and MRI for prediction of a neoplastic cyst is 36% and 54%, respectively. The addition of EUS-FNA to abdominal imaging significantly increases overall accuracy for diagnosis of neoplastic pancreatic cysts.



EUS-FNA TECHNIQUE

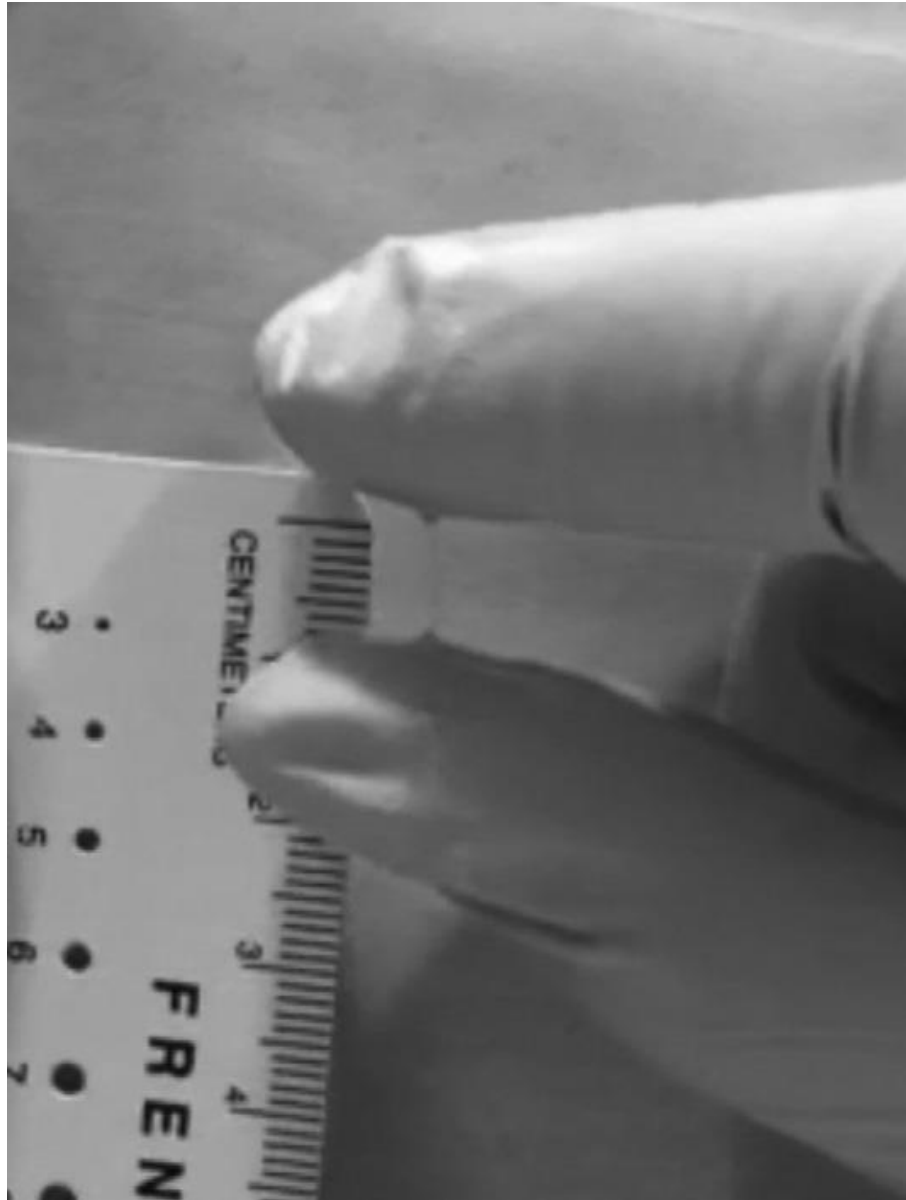
- 19G, 22G, 25G standard needles
- Single pass in the cyst with aspiration of a minimum of 1 ml of liquid
- Cyst of 1-1.5 cm is the minimum to obtain fluid for at least one analysis (CEA)
- It is accepted practice to administered i.v. antibiotics (eg. Ciprofloxacin 400 mg) prior to cyst aspiration followed by oral antibiotics for 3 days, even if there are insufficient data to demonstrate a reduction in infectious complications

Safety of EUS-FNA

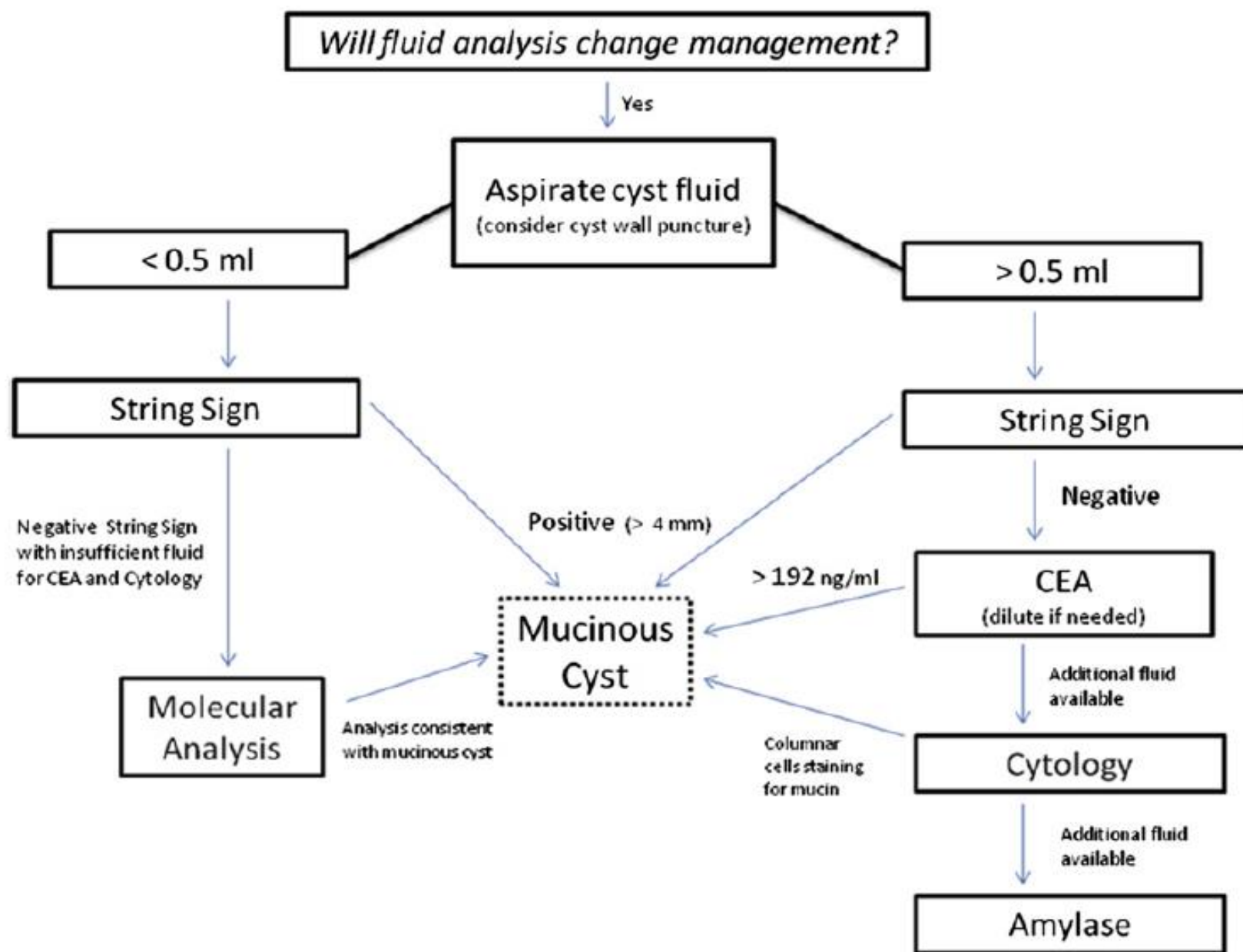
- Overall complication rate 0 %-2,5 %
- the reported complication rate of EUS-FNA in 603 patients with pancreatic cystic lesions was 2,2 % (13 of 603)
 - Pancreatitis
 - Abdominal pain
 - Retroperitoneal bleeding
 - Infection
 - bradycardia

Lee Ls et al Clin Gastroenterol Hepatol 2005

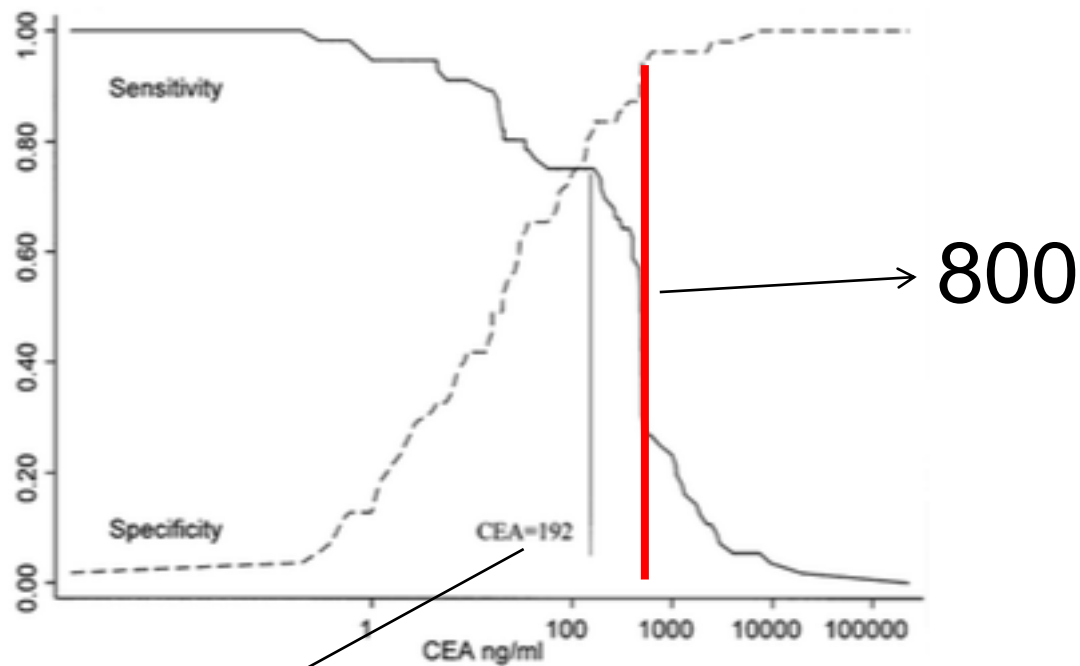
Viscosity: the “string-sign”



Benign lesions had a median string length of 0 mm compared with a significantly longer string length of 3.5 mm in potentially malignant/malignant cysts.



CEA levels: mucinous vs non-mucinous



192

Cyst Fluid Glucose is Rapidly Feasible and Accurate in Diagnosing Mucinous Pancreatic Cysts

Thomas Zikos, MD¹, Kimberly Pham, BS¹, Raffick Bowen, PhD, MHA², Ann M. Chen, MD¹, Subhas Banerjee, MD¹, Shai Friedland, MD, MS¹, Monica M. Dua, MD³, Jeffrey A. Norton, MD³, George A. Poultsides, MD³, Brendan C. Visser, MD³ and Walter G. Park, MD, MS¹

a

b

| Table 3. Sensitivity, specificity, positive and negative likelihood ratios of glucose and CEA | | | | | |
|---|-----------------------|----------------------|----------------------|----------------------|----------------------|
| Mucinous vs. non-mucinous cysts | Cutoff | Sensitivity (95% CI) | Specificity (95% CI) | Positive LR (95% CI) | Negative LR (95% CI) |
| Lab glucose (mg/dl) | <50 | 95% (82–99) | 57% (35–76) | 2.19 (1.37–3.51) | 0.08 (0.02–0.35) |
| Glucometer glucose (mg/dl) | <50 | 88% (74–95) | 78% (55–91) | 4.05 (1.85–8.87) | 0.15 (0.07–0.35) |
| Reagent stick glucose | Undetectable | 81% (66–91) | 74% (52–90) | 3.10 (1.54–6.27) | 0.26 (0.13–0.50) |
| CEA (ng/ml) | >192 | 77% (58–91) | 83% (52–98) | 4.67 (1.30–16.80) | 0.27 (0.13–0.56) |
| CEA or glucose ^a | CEA>192 or Glucose<50 | 100% | 33% (11–65) | 1.50 (1.00–2.23) | 0.00 |

CEA, carcinoembryonic antigen; CI, confidence interval; LR, likelihood ratio.

^aGlucometer glucose.

Cytology

- Low overall accuracy for detection of mucinous lesions at 58-59 %.

FNA to establish malignancy in Mucinous cysts ?

Meta-analysis; 18 studies; 1438 patients

| | Sens % | Spec % |
|-----------|--------|--------|
| Cytology | 54 | 93 |
| CEA > 192 | 63 | 88 |

FNA better specificity than sensitivity for malignancy

Thornton, Pancreatology 2013

EUS-FNA Cytology: case report

61 yrs-old woman submitted to
EUS after MR and PET suspicious
for mucinous cyst

B.V.

OLYMPUS

F

10/03/2015

09:50:21

6MHz 6cm

G:16/19 I:L1

C:6/8 FC:2

L.DEN:x2.0

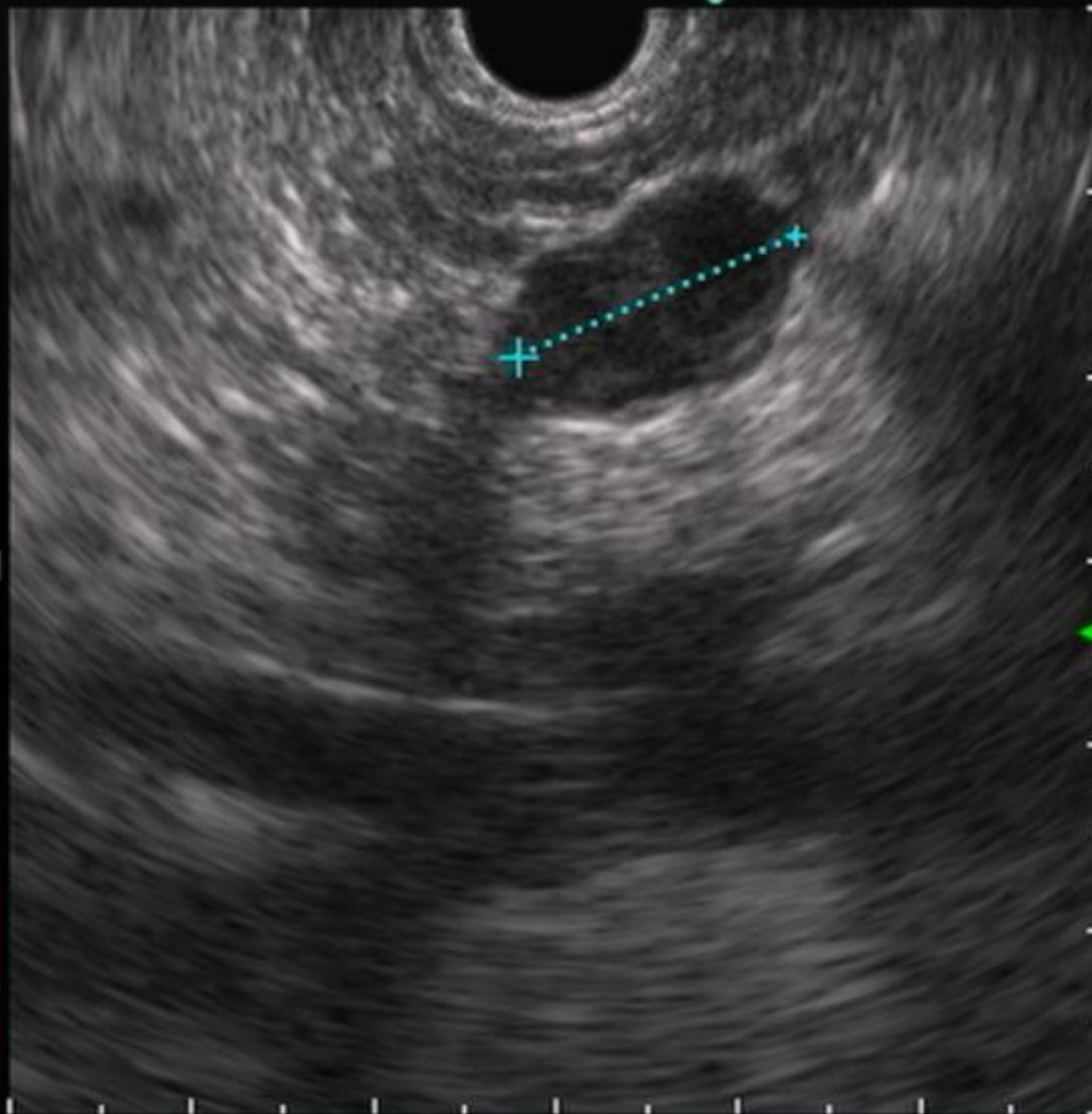
TX: 96%

MEDIA 

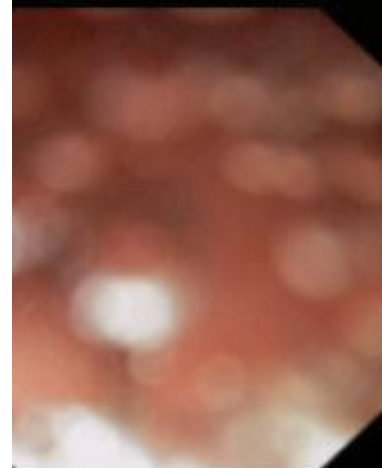
T/B:MEAS.DIS

2/160

+: 16.7mm



DIR:
NOR
SCL:
5mm



B.V.

OLYMPUS

F

10/03/2015
09:55:54

6MHz 6cm

G:16/19 I:L1

C:6/8 FC:1

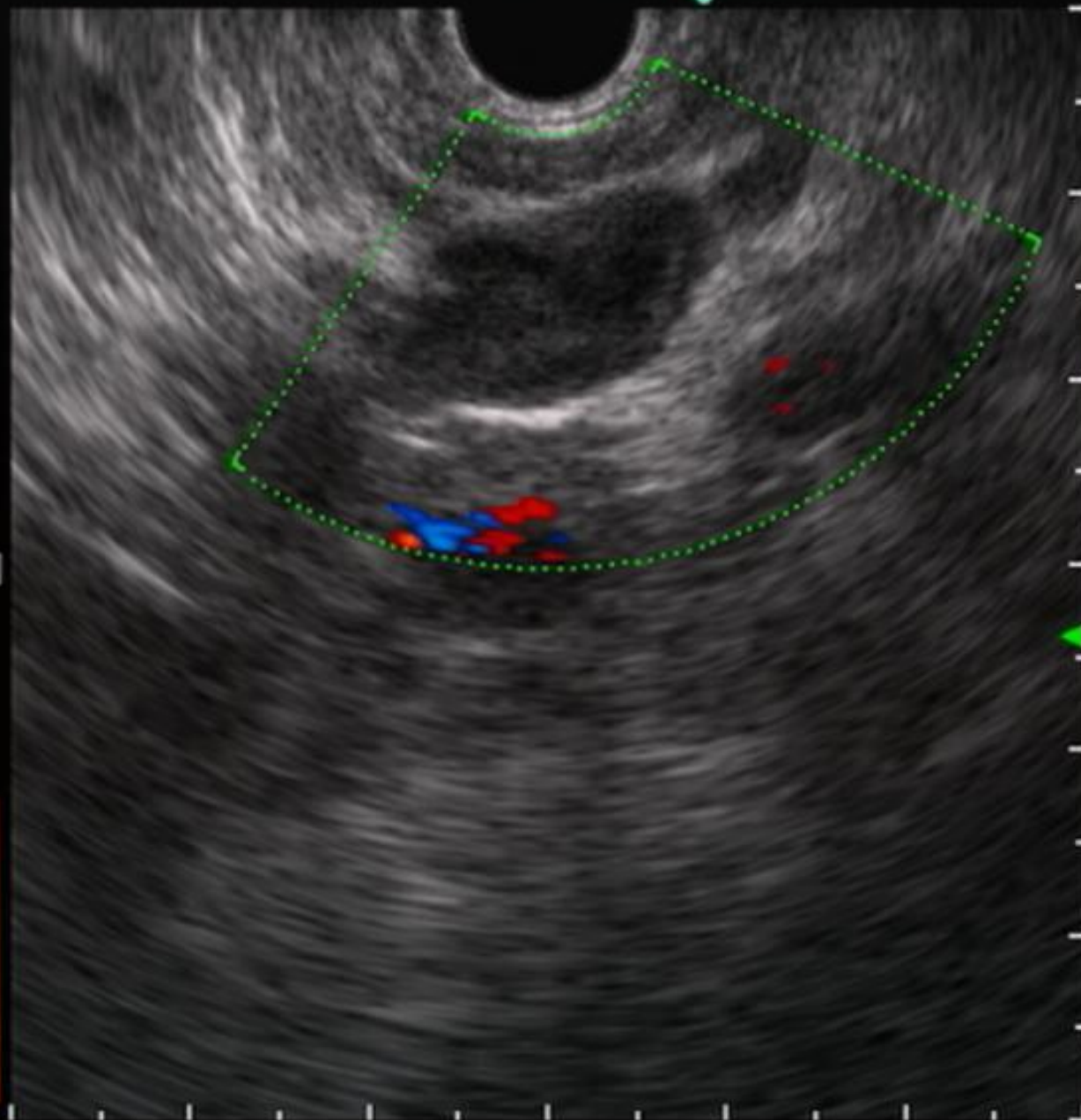
L.DEN:x1.0

TX: 73%

MEDIA 

T/B:CINE REV

7/160



±12

CFG:

16

DIR:

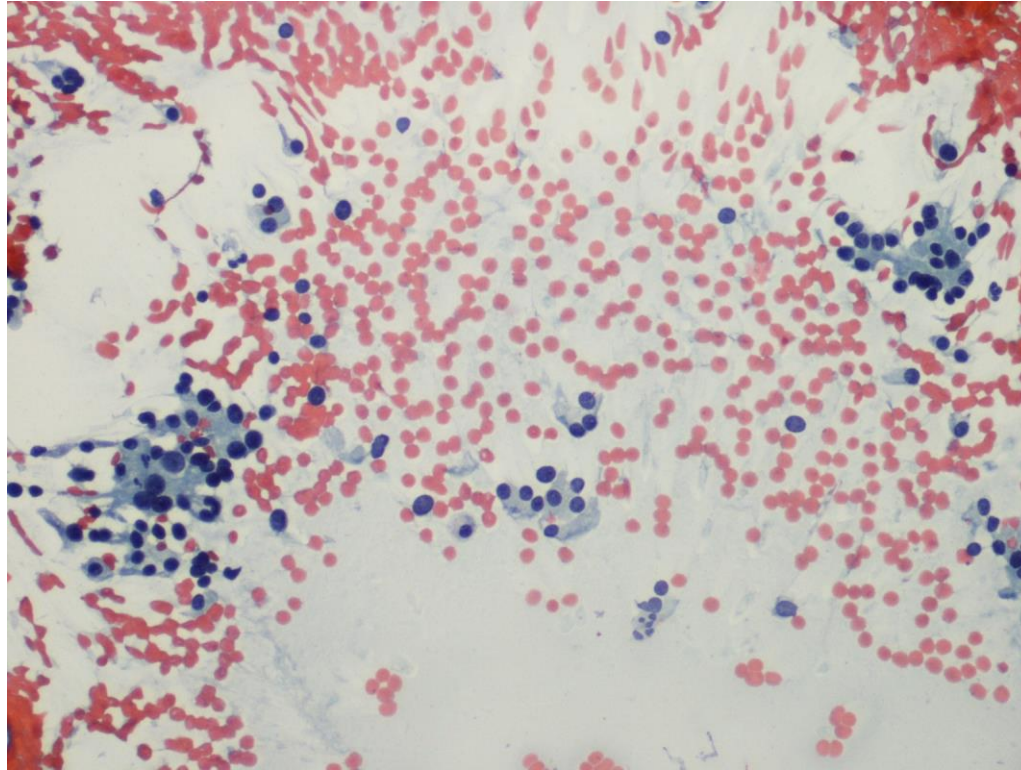
NOR

SCL:

5mm



Cystic neuroendocrine tumor





A Combination of Molecular Markers and Clinical Features Improve the Classification of Pancreatic Cysts

Simeon Springer,^{1,2,*} Yuxuan Wang,^{1,2,*} Marco Dal Molin,^{2,3,*} David L. Masica,^{2,4,5,*} Yuchen Jiao,^{1,2} Isaac Kinde,^{1,2} Amanda Blackford,⁶ Siva P. Raman,⁷ Christopher L. Wolfgang,^{2,8,9} Tyler Tomita,^{4,5} Noushin Niknafs,^{4,5} Christopher Douville,^{4,5} Janine Ptak,^{1,2} Lisa Dobbryn,^{1,2} Peter J. Allen,¹⁰ David S. Klimstra,¹¹ Mark A. Schattner,¹² C. Max Schmidt,¹³ Michele Yip-Schneider,¹⁴ Oscar W. Cummings,¹⁴ Randall E. Brand,¹⁵ Herbert J. Zeh,¹⁶ Aatur D. Singhi,¹⁷ Aldo Scarpa,^{18,19} Roberto Salvia,²⁰ Giuseppe Malleo,²⁰ Giuseppe Zamboni,^{19,21} Massimo Falconi,²² Jin-Young Jang,²³ Sun-Whe Kim,²³ Wooil Kwon,²³ Seung-Mo Hong,²⁴ Ki-Byung Song,²⁵ Song Cheol Kim,²⁵ Niall Swan,²⁶ Jean Murphy,²⁶ Justin Geoghegan,²⁷ William Brugge,²⁸ Carlos Fernandez-Del Castillo,²⁹ Mari Mino-Kenudson,³⁰ Richard Schulick,³¹ Barish H. Edil,³¹ Volkan Adsay,³² Jorge Paulino,³³ Jeanin van Hooft,³⁴ Shinichi Yachida,³⁵ Satoshi Nara,³⁵ Nobuyoshi Hiraoka,³⁵ Kenji Yamao,³⁶ Susuma Hijioka,³⁶ Schalk van der Merwe,³⁷ Michael Goggins,^{2,9,38} Marcia Irene Canto,³⁸ Nita Ahuja,⁸ Kenzo Hirose,⁸ Martin Makary,⁸ Matthew J. Weiss,⁸ John Cameron,⁸ Meredith Pittman,^{2,3} James R. Eshleman,^{1,2} Luis A. Diaz Jr.,^{1,2,8} Nickolas Papadopoulos,^{1,2} Kenneth W. Kinzler,^{1,2} Rachel Karchin,^{2,4,5,9} Ralph H. Hruban,^{1,2,3,9} Bert Vogelstein,^{1,2} and Anne Marie Lennon^{2,8,38}

Clinical and molecular genetic features of pancreatic cyst fluid could be used to classify cysts and identify indications for surgical resection:

- IPMN: high grade of dysplasia and invasive form
- Solid pseudopapillary tumors

130 patients with resected pancreatic cysts

- 96 IPMN
- 12 serous cystadenomas
- 12 mucinous cystic neoplasm
- 10 pseudopapillary neoplasm

Mutations in genes

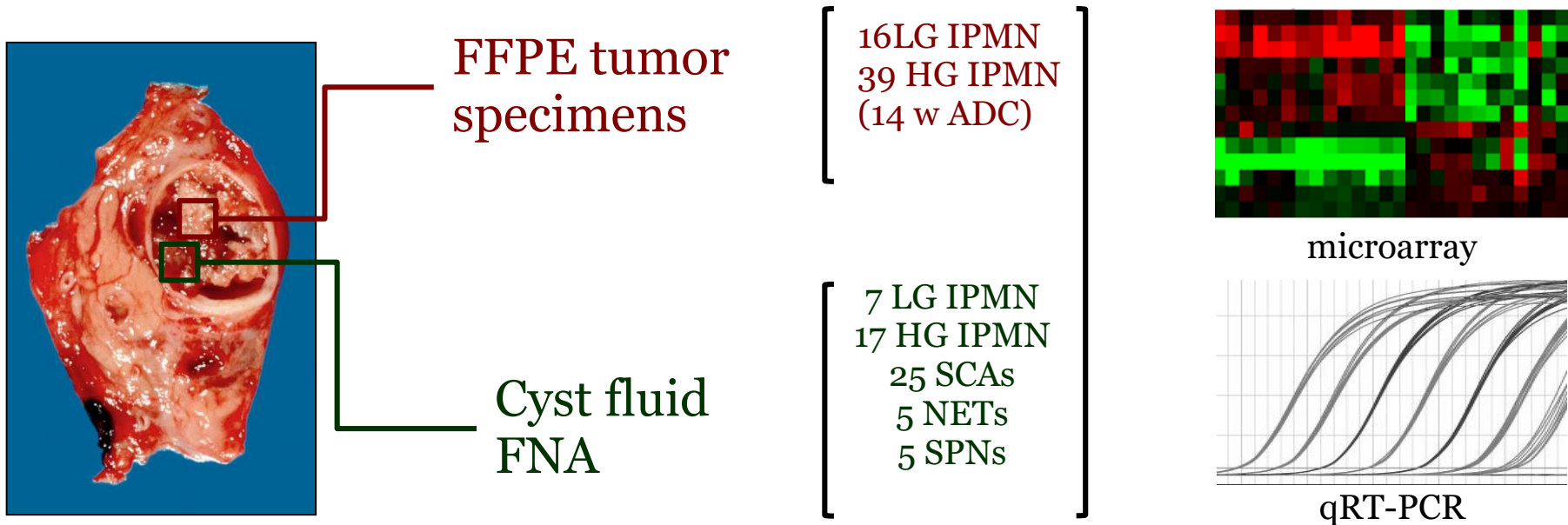
Table 2. Frequency of Molecular Features in Different Cyst Types

| | IPMN ^a (n = 96) | MCN (n = 12) | SCA (n = 12) | SPN (n = 10) |
|----------------------------|-------------------------------|-----------------|-----------------|-----------------|
| <i>KRAS</i> | 75 (78) | 6 (50) | 0 (0) | 0 (0) |
| <i>GNAS</i> | 56 (58) | 0 (0) | 0 (0) | 0 (0) |
| <i>RNF43</i> | 36 (38) | 1 (8) | 0 (0) | 0 (0) |
| <i>CDKN2A</i> | 3 (3) | 0 (0) | 0 (0) | 0 (0) |
| <i>CTNNB1</i> | 6 (6) | 0 (0) | 0 (0) | 10 (100) |
| <i>SMAD4</i> | 5 (5) | 0 (0) | 0 (0) | 0 (0) |
| <i>TP53</i> | 9 (9) | 0 (0) | 0 (0) | 1 (10) |
| <i>VHL</i> | 0 (0) | 0 (0) | 5 (42) | 0 (0) |
| <i>BRAF</i> | 1 (1) | 0 (0) | 0 (0) | 0 (0) |
| <i>NRAS</i> | 0 (0) | 0 (0) | 0 (0) | 0 (0) |
| <i>PIK3CA</i> | 0 (0) | 0 (0) | 0 (0) | 2 (20) |
| LOH chr3 (<i>VHL</i>) | 4 (4) | 0 (0) | 7 (64) | 0 (0) |
| LOH chr9 (<i>CDKN2A</i>) | 8 (8) | 0 (0) | 0 (0) | 0 (0) |
| LOH chr17 (<i>RNF43</i>) | 11 (11) | 0 (0) | 1 (9) | 0 (0) |
| LOH chr17 (<i>TP53</i>) | 5 (5) | 0 (0) | 0 (0) | 0 (0) |
| LOH chr18 (<i>SMAD4</i>) | 10 (10) | 1 (8) | 0 (0) | 0 (0) |
| Aneuploidy ^b | 48 (50) | 2 (17) | 6 (50) | 6 (60) |

KRAS and GNAS:
IPMN and mucinous
cysts

CTNNB1: solid
pseudopapillary
tumors

miRNA Biomarkers in Cyst Fluid Augment the Diagnosis and Management of Pancreatic Cysts



9 miRNA signature (i.e., miR-24, miR-30a-3p, miR-18a, miR-92a, miR-342-3p, miR-99b, miR-106b, miR-142-3p, miR-532-3p) can accurately identify patients with high-grade IPMN and exclude nonmucinous cysts.

RESEARCH

Open Access



Pancreatic cyst fluid harbors a unique microbiome

Shan Li¹, Gwenny M. Fuhler¹, Nahush BN³, Tony Jose³, Marco J. Bruno¹, Maikel P. Peppelenbosch^{1,2} and Sergey R. Konstantinov^{1,4*}

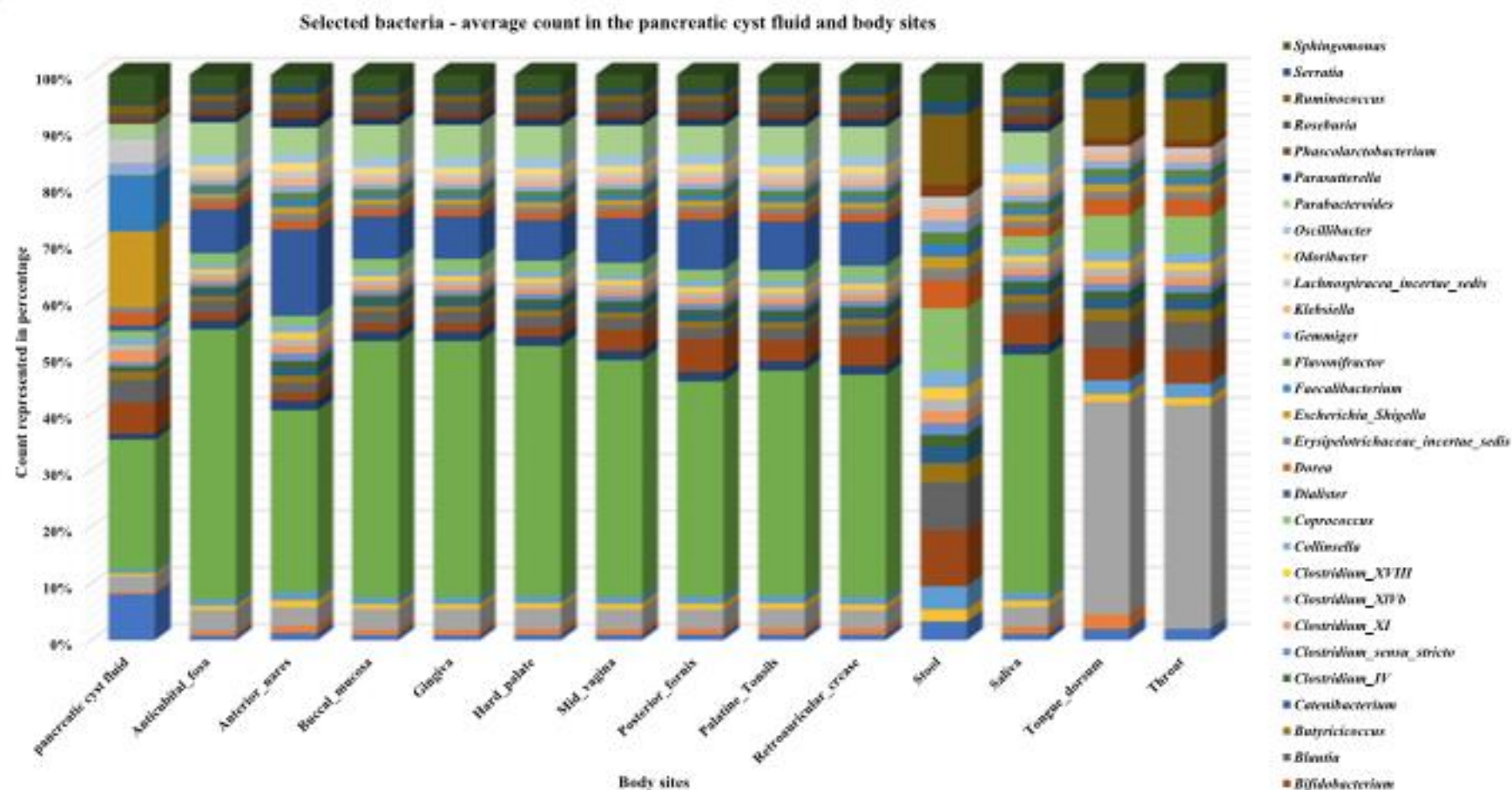


Fig. 4 Pancreatic cyst microbiome is unique among other human body microbiomes. Publicly accessible databases were mined for composition of microbiomes at different human body sites and compared to those observed in PCF. It appears that there are 27 to 314 bacterial genotypes differently present in the PCF when compared to the selected body sites when analyzed via pairwise binomial test with high abundance PCF bacteria ($P < 0.0001$) and ANOVA test, respectively

Table 2 Bacterial ecosystems characteristics identified from the pancreatic cyst fluids using PCR, Sanger sequencing, and next-generation sequencing (NGS)

| Bacterial ecosystem characteristics | | | | | | |
|---|-------------------|--|---|---------------------------|---|--|
| Patient characteristics | | IPMN (n = 27) | MCN (n = 13) | Others (n = 11) | Pseudocysts (n = 9) | Serous cystadenoma (n = 9) |
| 16S rRNA PCR (universal 16S rRNA gene primers) | Bacteria present | 92.6% | 100% | 90.9% | 88.9% | 88.9% |
| | Bacteria absent | 7.4% | 0.0% | 9.1% | 11.1% | 11.1% |
| Sanger sequencing | Bacteria detected | <i>Bacillus</i> spp., <i>Fusobacterium</i> spp., <i>Orpinomyces</i> spp., <i>Anaerococcus</i> spp., <i>Caldimonas</i> spp., <i>Acinetobacter</i> spp., <i>Bacillus</i> spp. | <i>Fusobacterium</i> spp., <i>Bacillus</i> spp., <i>Orpinomyces</i> spp., <i>Microcystis</i> spp., <i>Staphylococcus</i> spp. | <i>Fusobacterium</i> spp. | <i>Caldimonas</i> spp., <i>Propionibacterium</i> spp., <i>Fusobacterium</i> spp., <i>Curvibacter</i> spp., <i>Escherichia</i> spp., <i>Bacillus</i> spp. | <i>Arthrobacter</i> spp., <i>Bacillus</i> spp., <i>Bacteroides</i> spp., <i>Ruminococcus</i> spp. |
| 16S rRNA (NGS) (n = 33) | Bacteria present | 100% (n = 9) | 100% (n = 7) | NA | 100% (n = 8) | 100% (n = 9) |
| Bacteria detected by 16S rRNA gene V3-V4 variable region NSG (n = 33) | | <i>Bacteroides</i> —15.45% <i>Escherichia</i> / <i>Shigella</i> —9.88% <i>Faecalibacterium</i> —8.57% <i>Acidaminococcus</i> —5.75% <i>Sphingomonas</i> —4.87% <i>Others</i> —55.49% | <i>Bacteroides</i> —17.06% <i>Escherichia</i> / <i>Shigella</i> —10.17% <i>Faecalibacterium</i> —6.95% <i>Acidaminococcus</i> —5.22% <i>Sphingomonas</i> —6.48% <i>Others</i> —54.12% | NA | <i>Bacteroides</i> —16.59% <i>Escherichia</i> / <i>Shigella</i> —10.55% <i>Faecalibacterium</i> —6.81% <i>Acidaminococcus</i> —6.23% <i>Sphingomonas</i> —5.40% <i>Others</i> —54.42% | <i>Bacteroides</i> —16.73% <i>Escherichia</i> / <i>Shigella</i> —9.97% <i>Faecalibacterium</i> —6.64% <i>Acidaminococcus</i> —6.24% <i>Sphingomonas</i> —4.81% <i>Others</i> —55.62% |

NA not applicable

Conclusions

The differential diagnosis of pancreatic cystic lesions is wide: the majority of these lesions are benign but detection of mucinous neoplasms (IPMN and MCN) is important because these cysts may be malignant or have malignant potential.

The addition of EUS/EUS-FNA to abdominal imaging significantly increases accuracy for diagnosis of neoplastic pancreatic cysts.

A combination of EUS features, fluid viscosity, fluid cytology, carcinoembryonic and amylase level, is used to differentiate pancreatic cysts. (glucose ? Molecular markers ? Microbiome ?)

Accurate diagnosis and management of pancreatic cystic lesions require careful evaluation of the clinical setting, other imaging modalities, and multidisciplinary collaboration.