

# “EndoRo”

Convegno  
di Gastroenterologia  
ed Endoscopia Digestiva

Live endoscopy  
and gastroenterology  
meeting



**17** Maggio

8:00 - 18:00

Sala Congressi

A. Bisaglia

presso Cen Ser (Centro Servizi)

Viale Porta Adige, 45 - Rovigo



## Fecal Transplantation: Come e Quando

**Edoardo V. Savarino MD, PhD**

Professore Associato

Azienda Ospedaliera Universitaria di Padova

Università di Padova

Italy

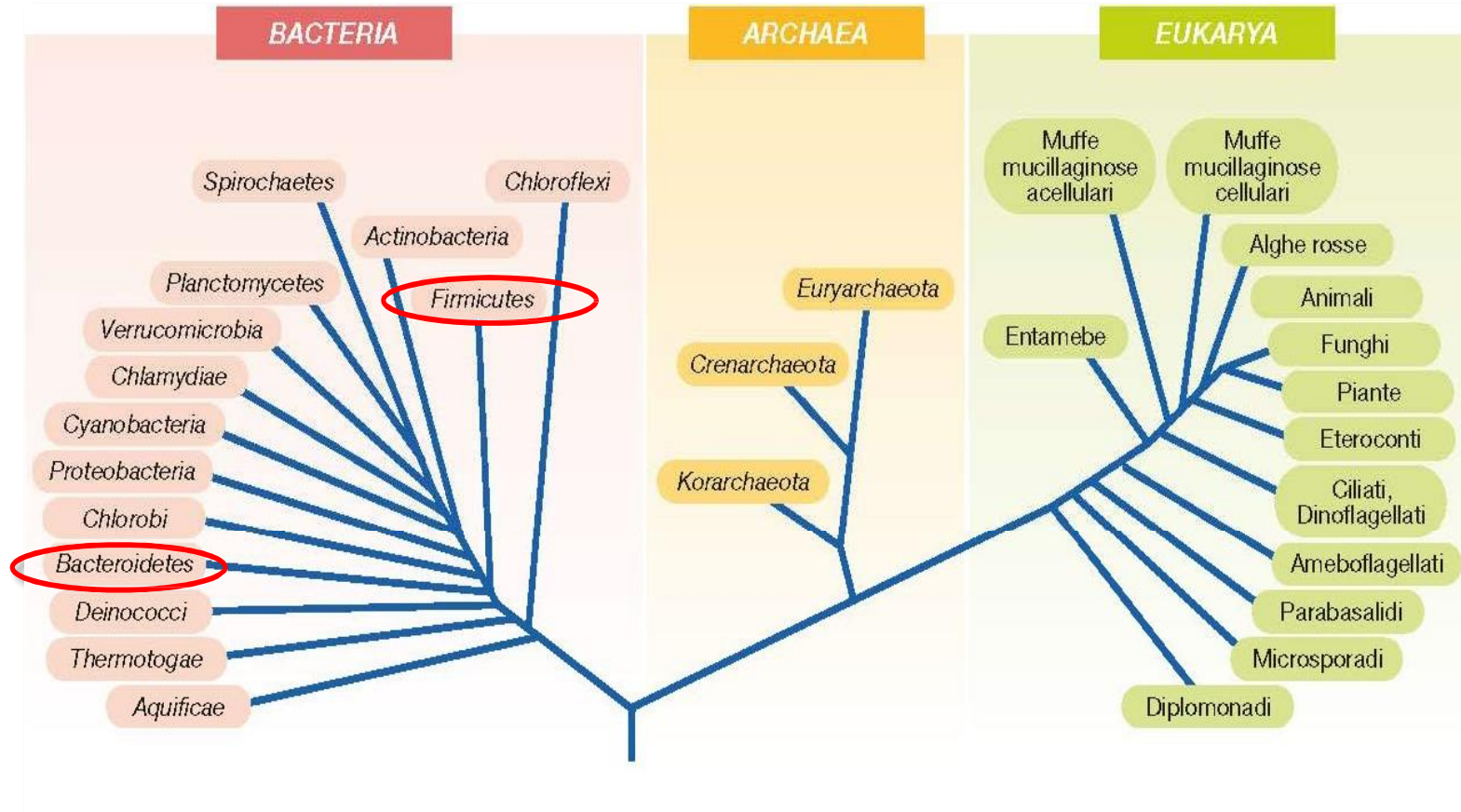
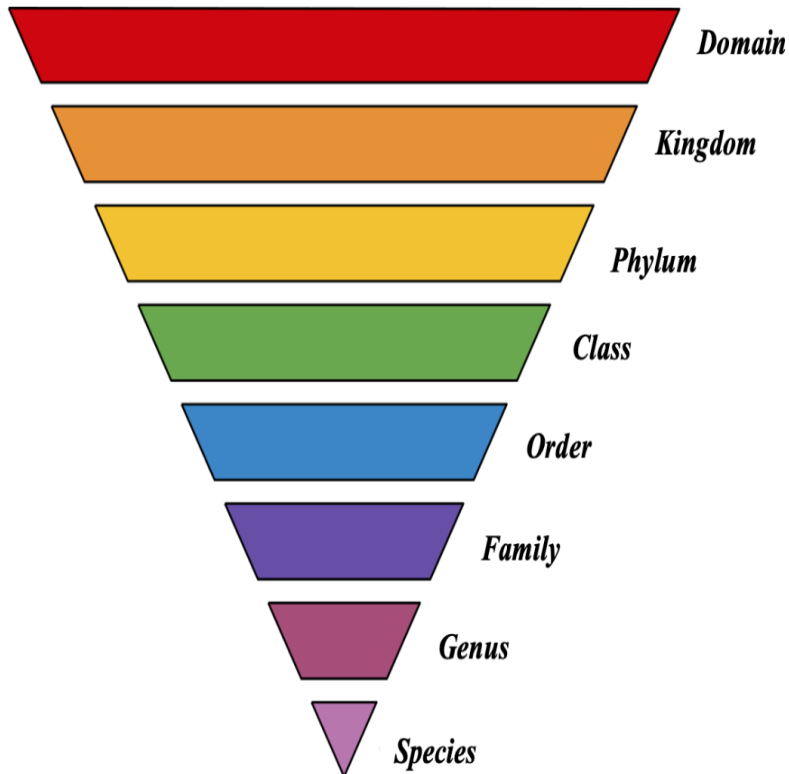


# Disclosure of Conflict of Interests

- Edoardo Vincenzo Savarino has served as speaker for Abbvie, Agave, AGPharma, Alfasigma, Aurora Pharma, CaDiGroup, Celltrion, Dr Falk, EG Stada Group, Fenix Pharma, Fresenius Kabi, Galapagos, Janssen, JB Pharmaceuticals, Innovamedica/Adacyte, Malesci, Mayoly Biohealth, Omega Pharma, Pfizer, Reckitt Benckiser, Sandoz, SILA, Sofar, Takeda, Tillots, Unifarco; has served as consultant for Abbvie, Agave, Alfasigma, Biogen, Bristol-Myers Squibb, Celltrion, Diadema Farmaceutici, Dr. Falk, Fenix Pharma, Fresenius Kabi, Janssen, JB Pharmaceuticals, Merck & Co, Nestlè, Reckitt Benckiser, Regeneron, Sanofi, SILA, Sofar, Synformulas GmbH, Takeda, Unifarco; he received research support from Pfizer, Reckitt Benckiser, SILA, Sofar, Unifarco, Zeta Farmaceutici

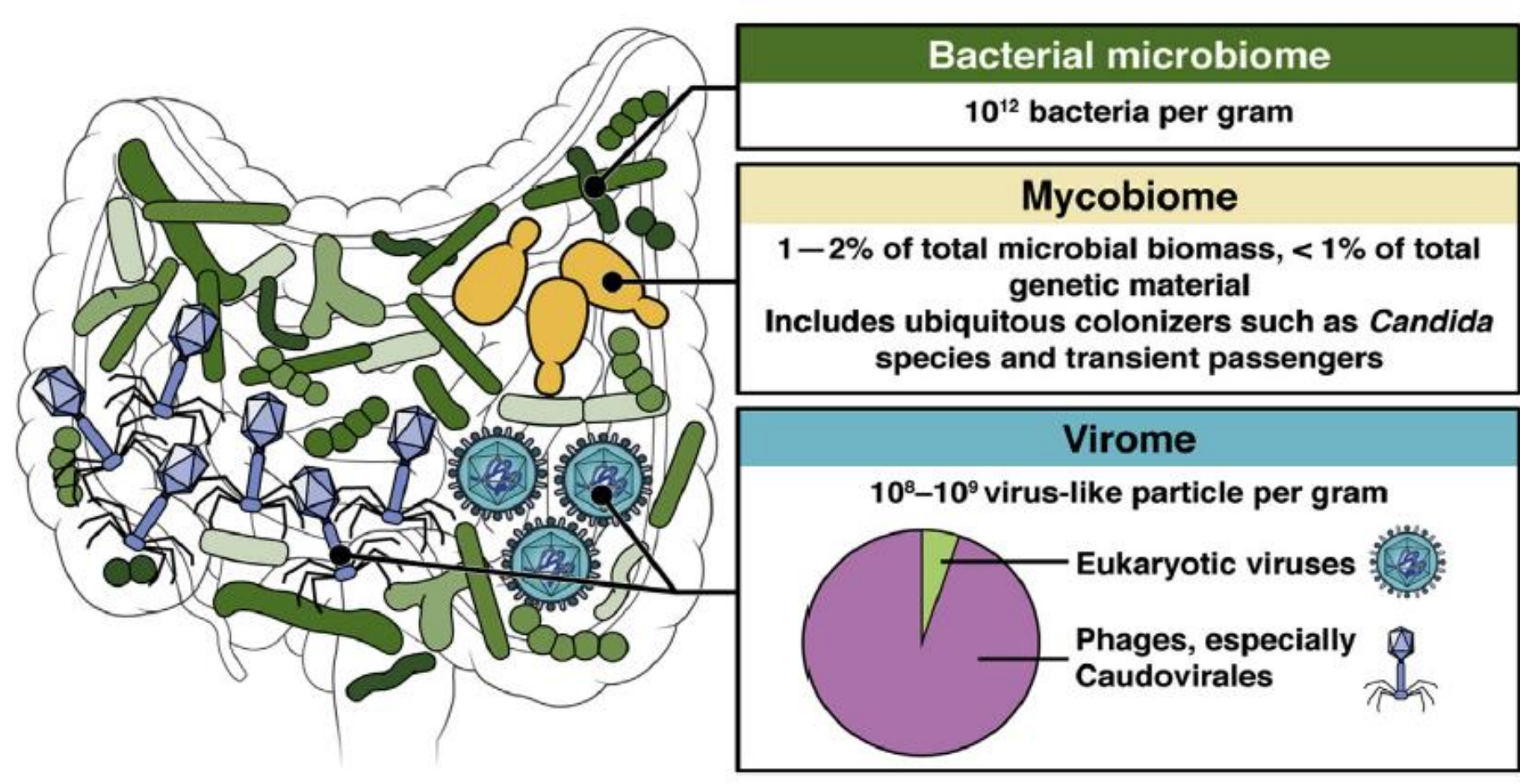
# Gut Microbiota as a Superorganism

The **human microbiota** consists of the 10-100 trillion symbiotic microbial cells harbored by each person, primarily bacteria in the gut; the human microbiome consists of the genes these cells harbor



Before the advent of molecular biology, only 4 phyla were known: Actinobacteria (Bifidobacterium), Proteobacteria (E.coli), Firmicutes (Ruminococcus, Clostridium, Lactobacillus, Eubacterium, Faecalibacterium, Roseburia) and Bacteroides (Bacteroides, Prevotella, Xylanibacter). Today we know that 30 different phyla coexist: Verrucomicrobia (Akkermansia muciniphila, specialized in the degradation of mucus)

# Gut Microbiota as a Superorganism, but.....



# What is EUBIOSIS?

Eubiosis is the healthy relationship among commensal microbes of the gut

## COMPOSITION

- Richness
- Relative Abundance
- Diversity

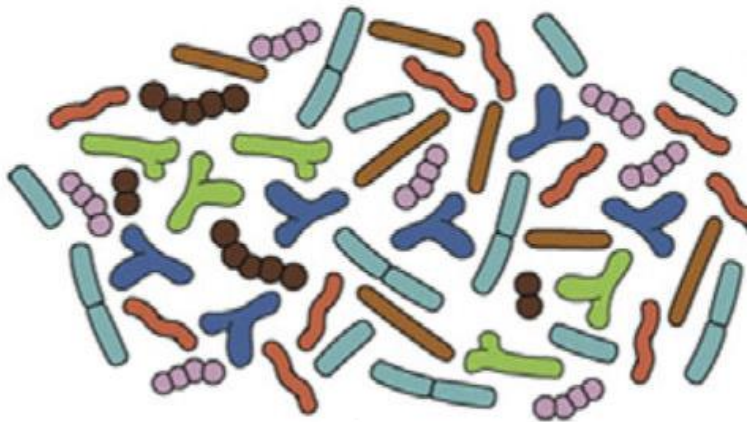
## FUNCTION

- Microbiota's effect on host health

***Never forget the clinic!***

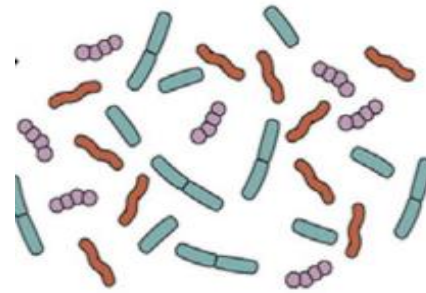
# From EUBIOSIS to DYSBIOSIS

**Healthy microbiota**



Diet & Lifestyle  
Drugs  
Systemic disorders  
Stressful events

**Dysbiosis  
(Loss of eubiosis)**



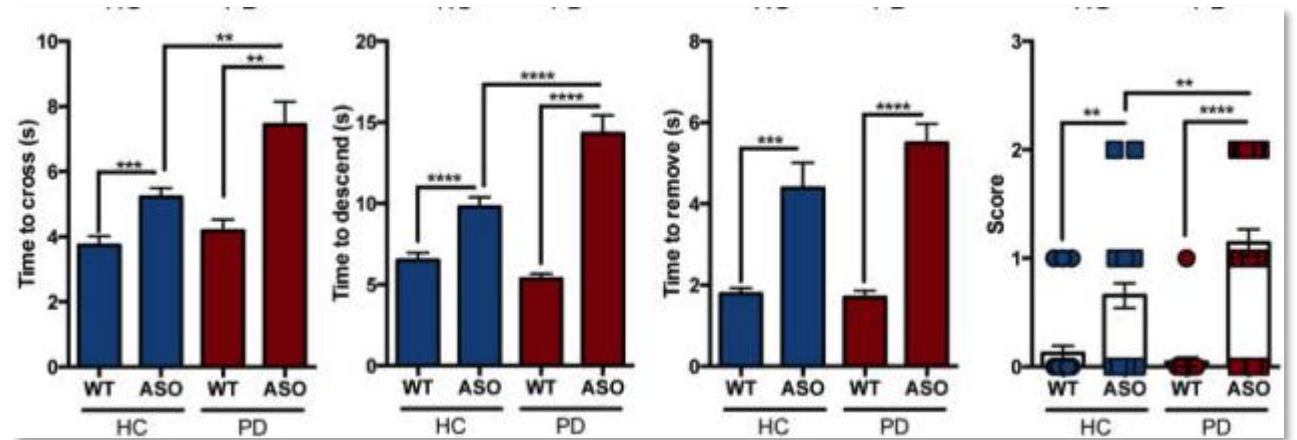
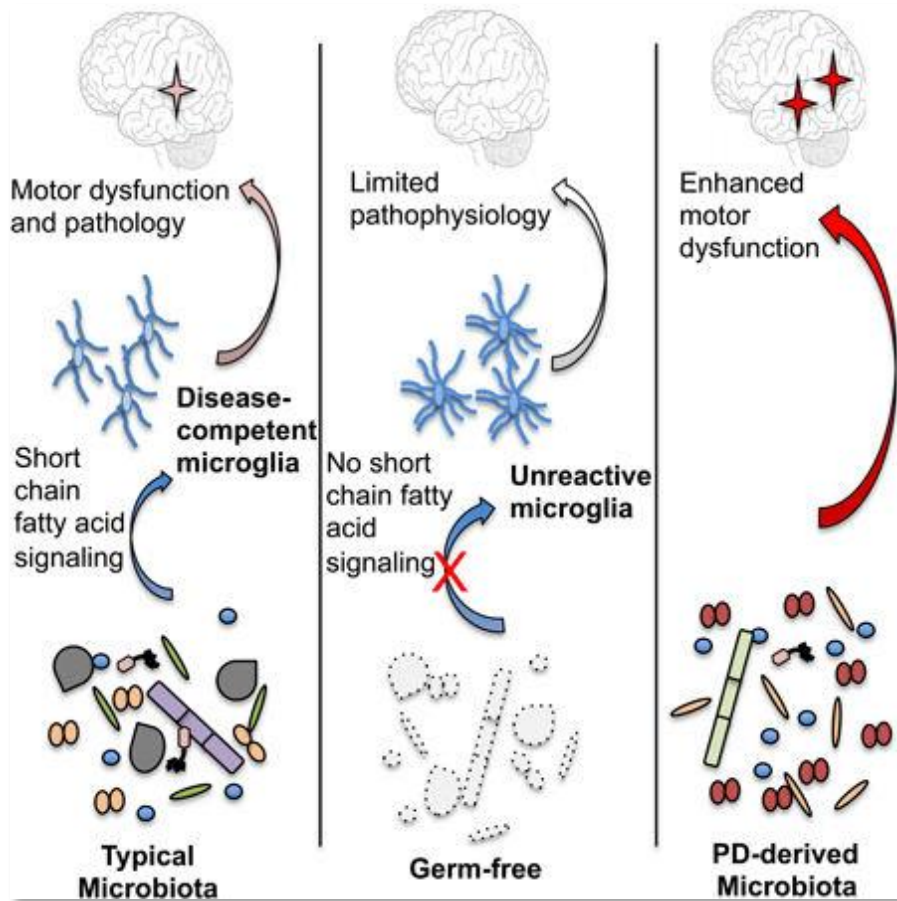
Quantity



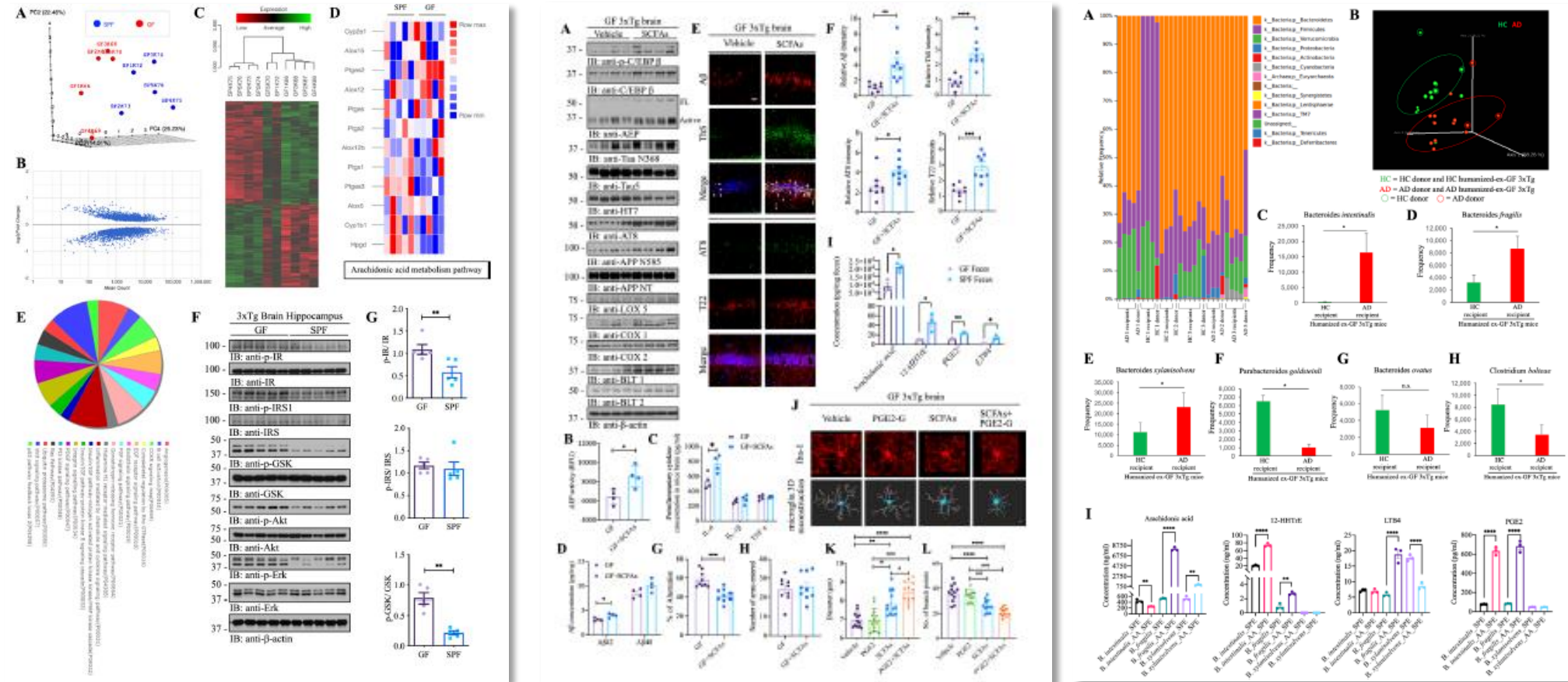
Quality

# Microbiota Composition and Parkinson's Disease

Microbiota from PD patients induce increased  $\alpha$ -synuclein ( $\alpha$ Syn)-mediated motor deficits, often resulting in motor dysfunction



# Gut Microbiota Regulate Alzheimer's Disease Pathologies and Cognitive Disorders via Poly-Unsaturated Fatty Acid-associated Neuroinflammation

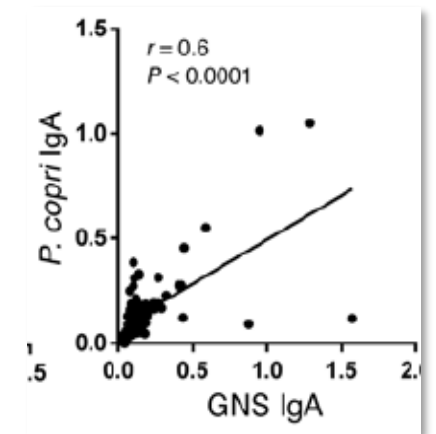
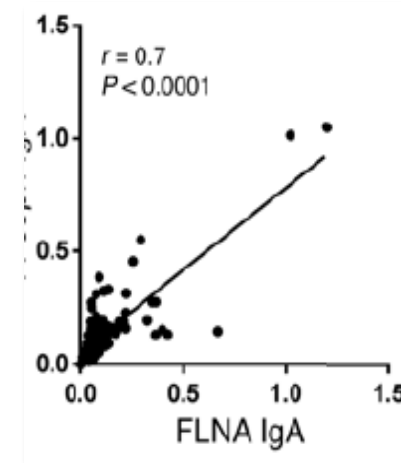
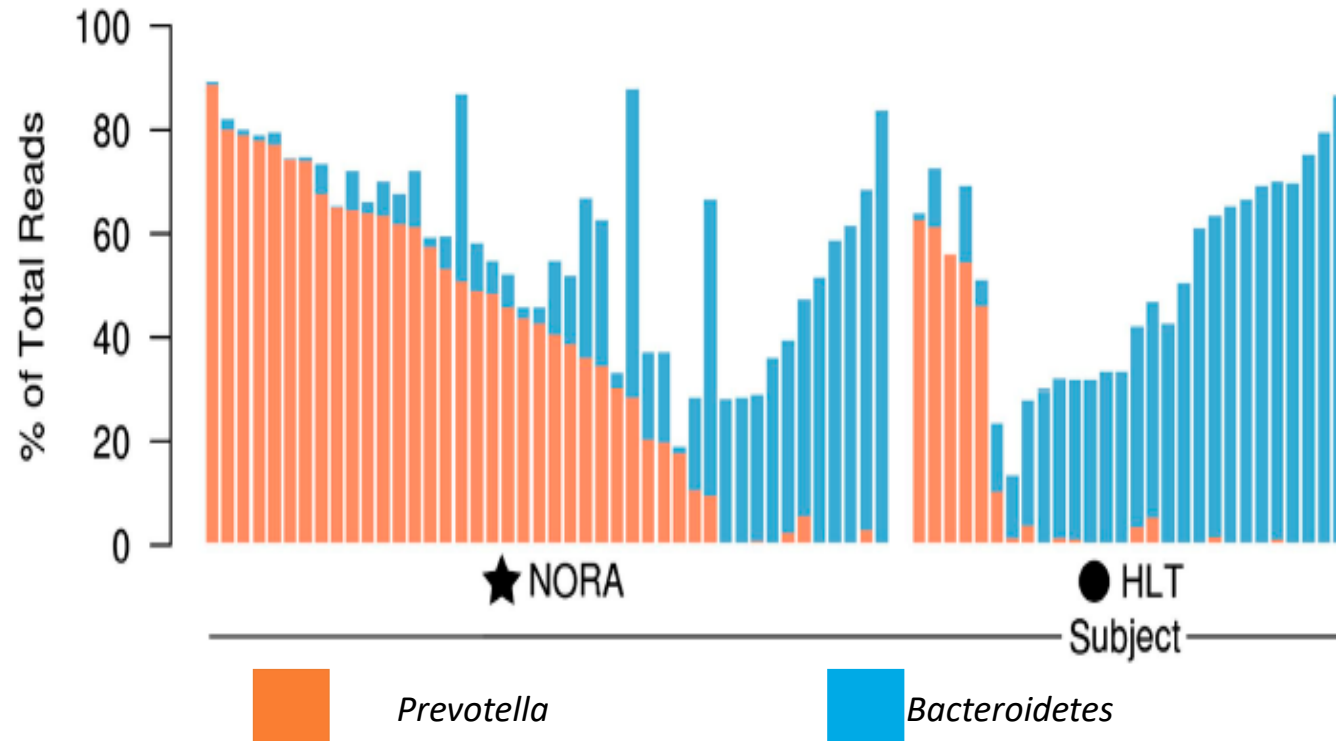


A complex gut microbiome is required for behavioural defects, microglia activation and AD pathologies, the gut microbiome contributes to pathologies in an AD mouse model and that dysbiosis of the human microbiome might be a risk factor for AD.

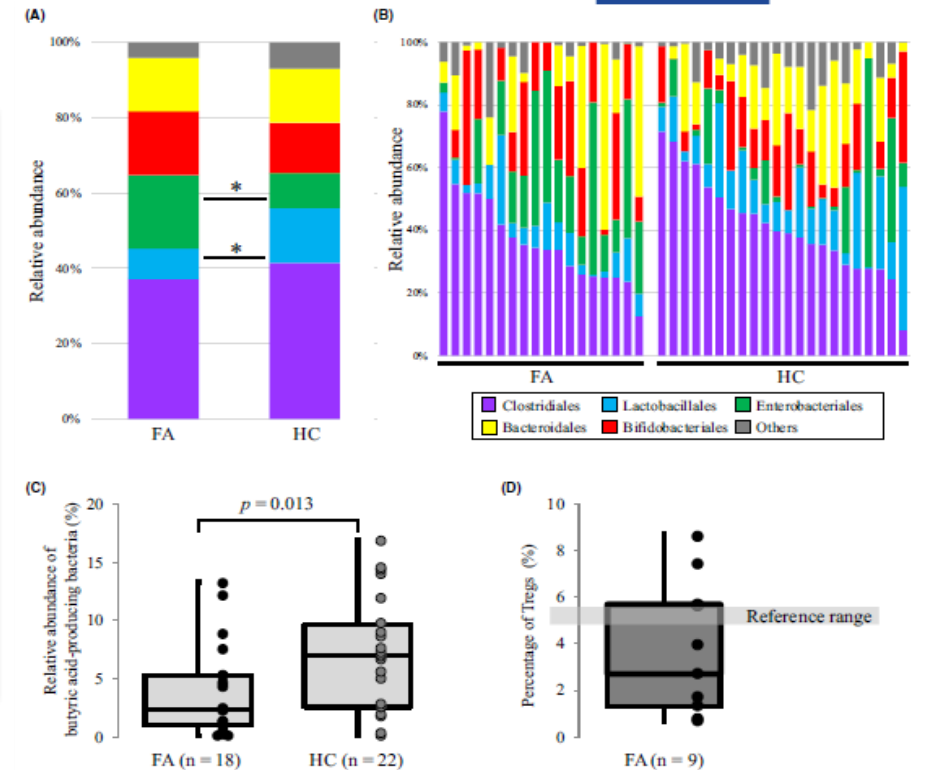
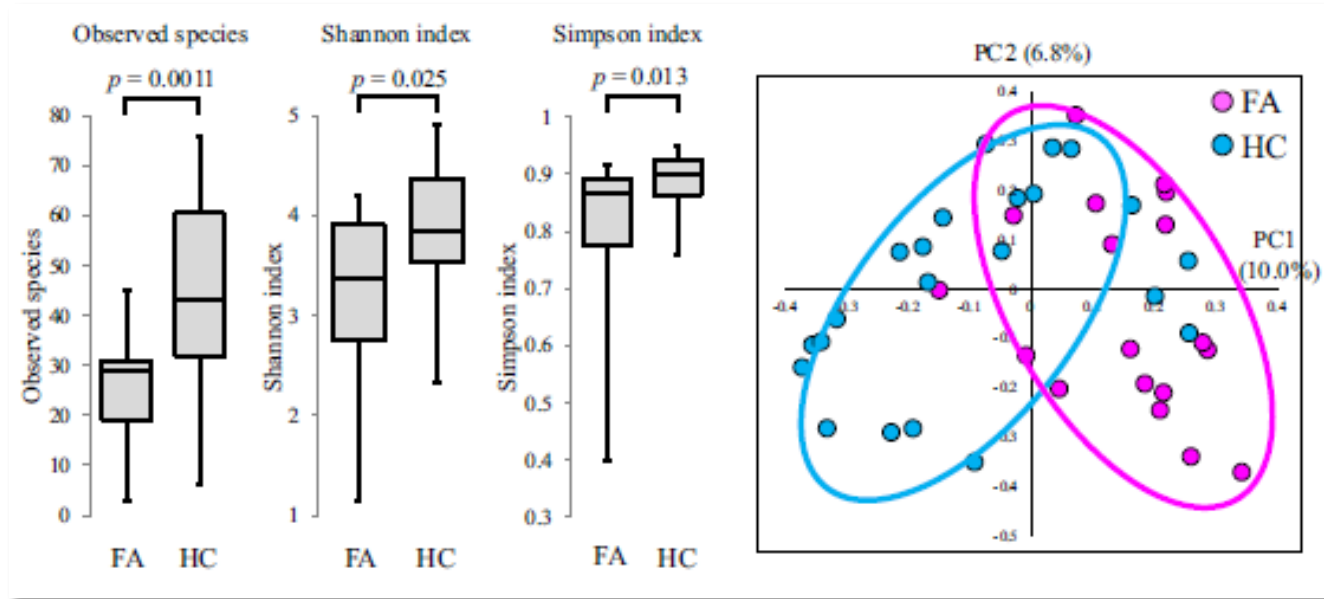


# Microbiota Composition and Rheumatoid Arthritis

- 16S sequencing on 114 stool samples from RA patients and controls
- **Prevotella copri** strongly correlates with disease in new-onset untreated rheumatoid arthritis (NORA)
- Anti-GNS/FLNA abs levels correlate with *Prevotella copri* Ab responses



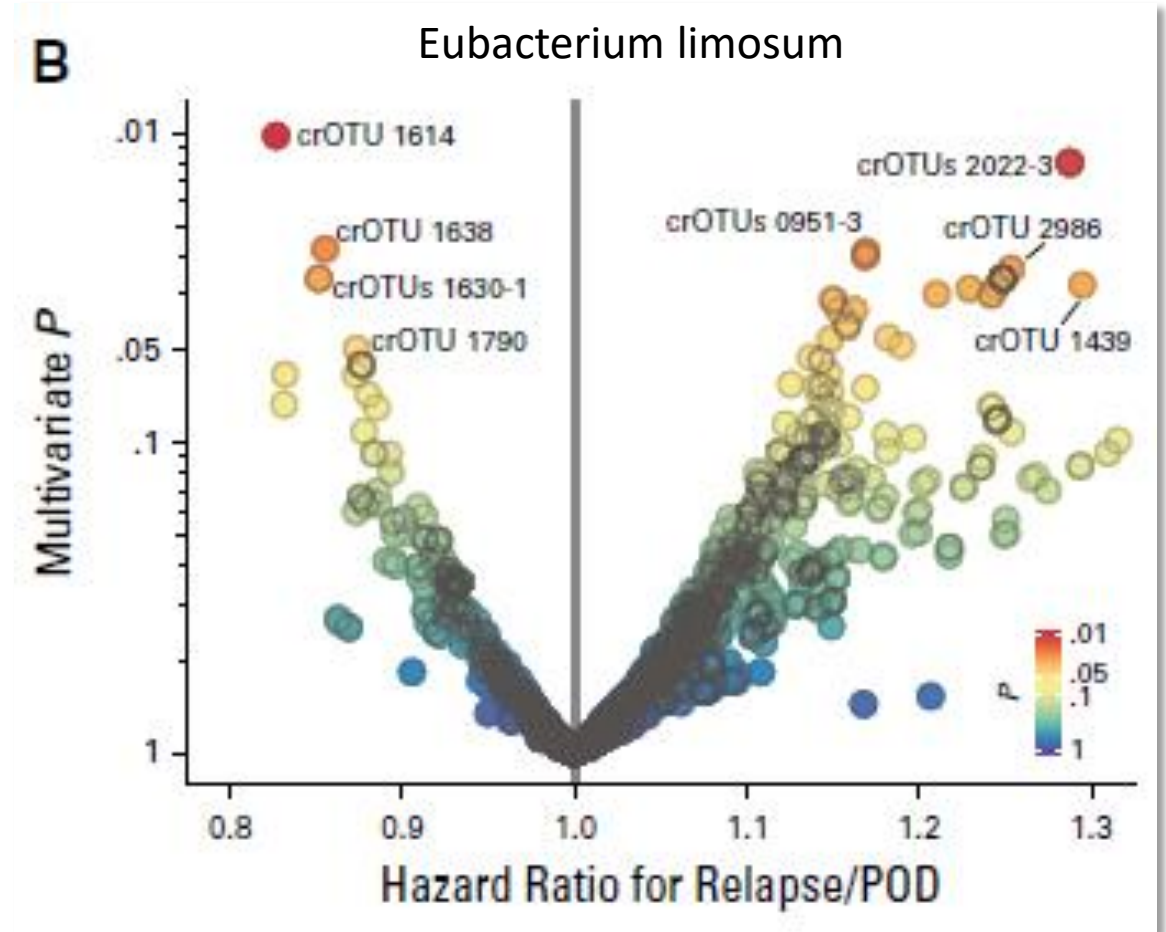
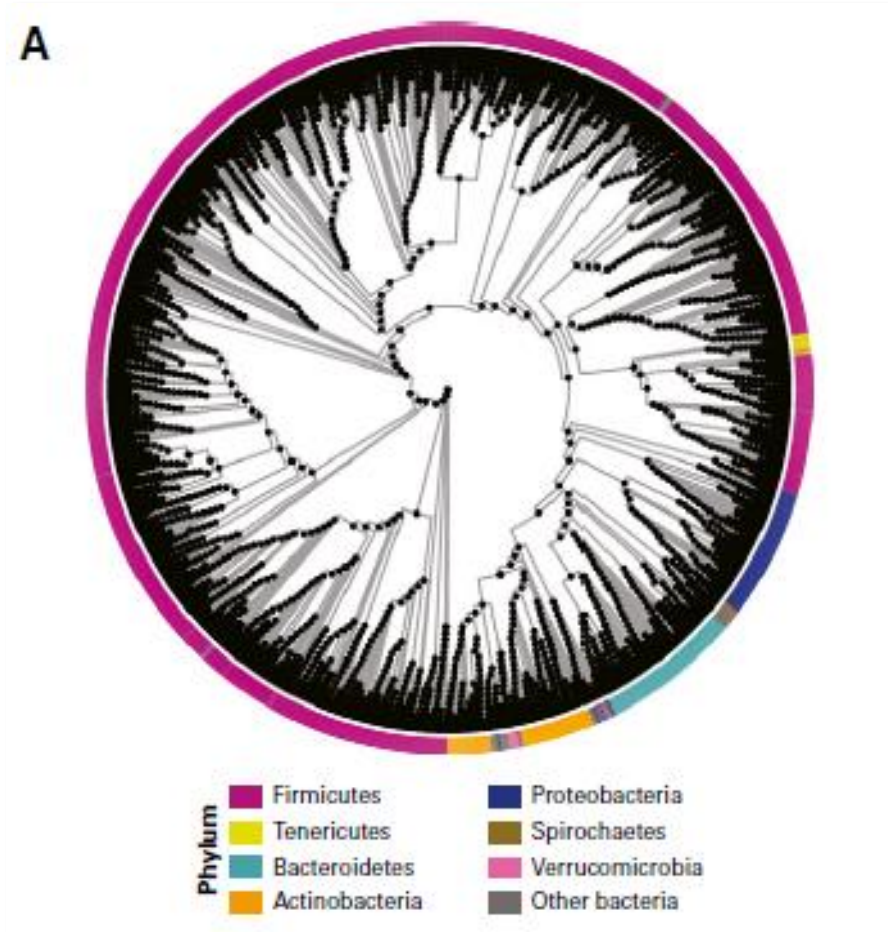
# Decreased Butyric acid-producing Bacteria in Gut Microbiota of Children with Egg Allergy



**FIGURE 2** Composition of gut microbiota and abundance of BAPB and regulatory T cells in children with food allergy. Gut microbiota representation of (A) a group or (B) an individual sample. (C) The relative abundance of BAPB was significantly lower in the FA group ( $p = 0.013$ ). (D) The median percentage of regulatory T cells in  $CD4^+$  cells in the FA group was lower than the reference range. The central horizontal line represents the median value. The edges represent the minimum and maximum values. \* $p < 0.05$ . FA, food allergy; HC, healthy control; BAPB, butyric acid-producing bacteria

This study revealed that children with egg allergies have less butyric acid-producing bacteria and tendentially fewer circulating Treg cells

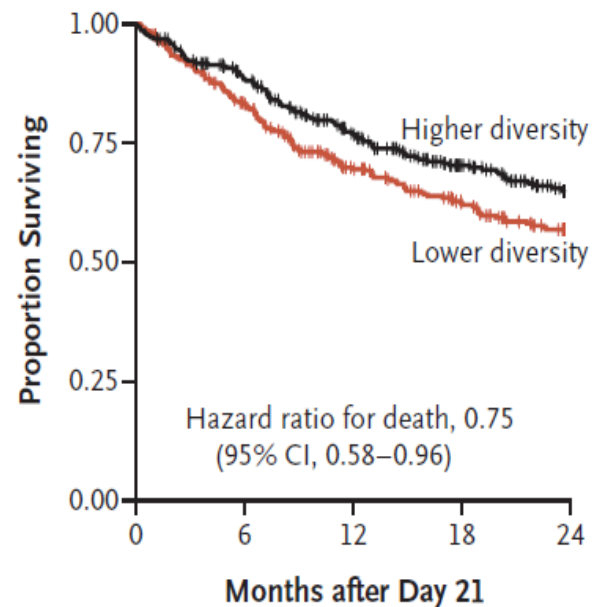
# Intestinal Microbiota and Relapse After Hematopoietic-Cell Transplantation



N=541 patients admitted for allo-HCT with a 2-year follow-up

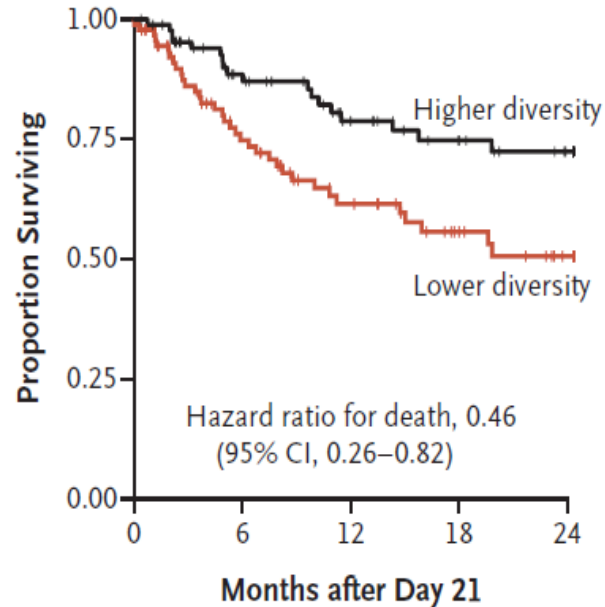
# Microbiota as Predictor of Mortality in Allogeneic Hematopoietic-Cell Transplantation

B Overall Survival — Cohort 1



No. at Risk	0	6	12	18	24
Higher	354	289	220	159	116
Lower	350	281	204	164	129

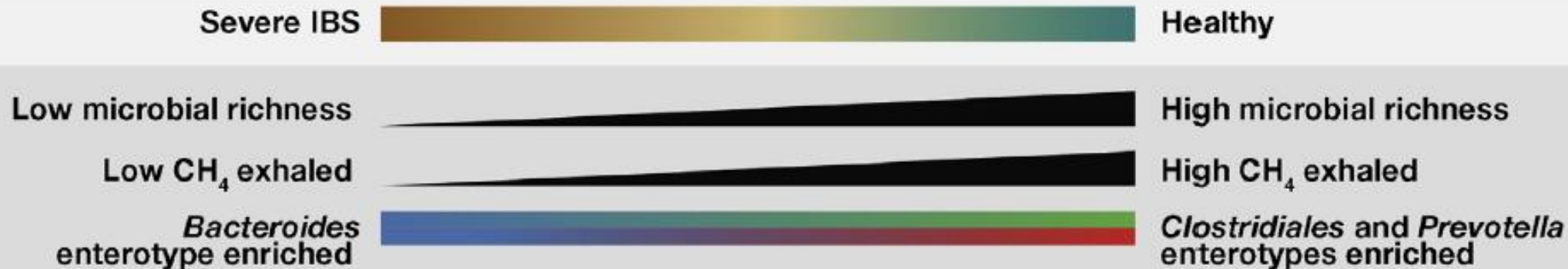
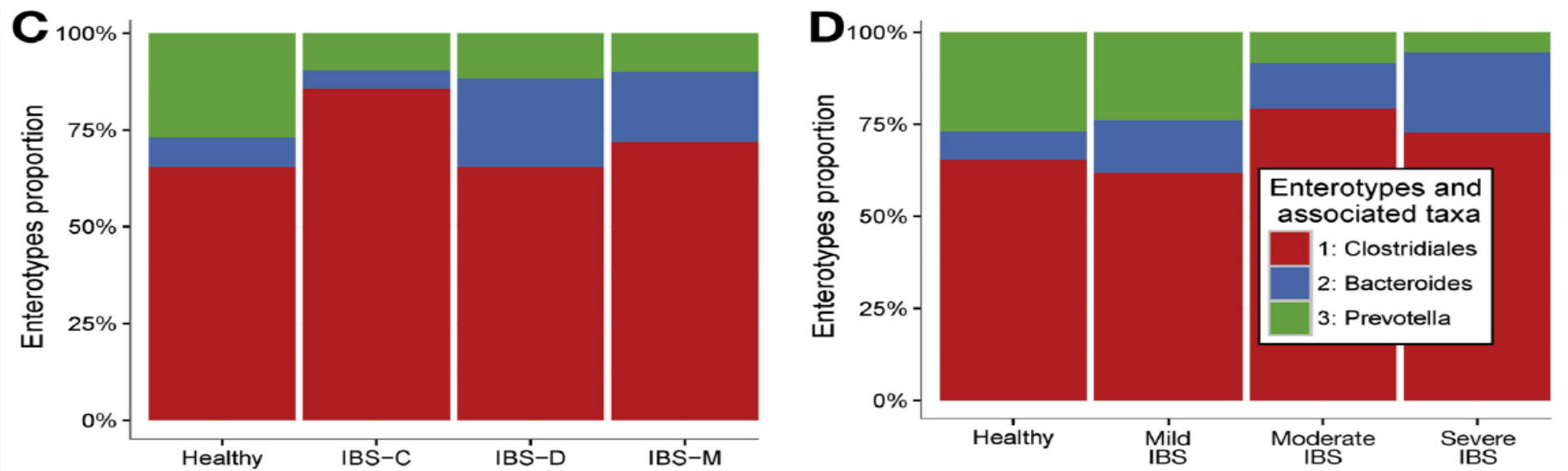
C Overall Survival — Cohort 2



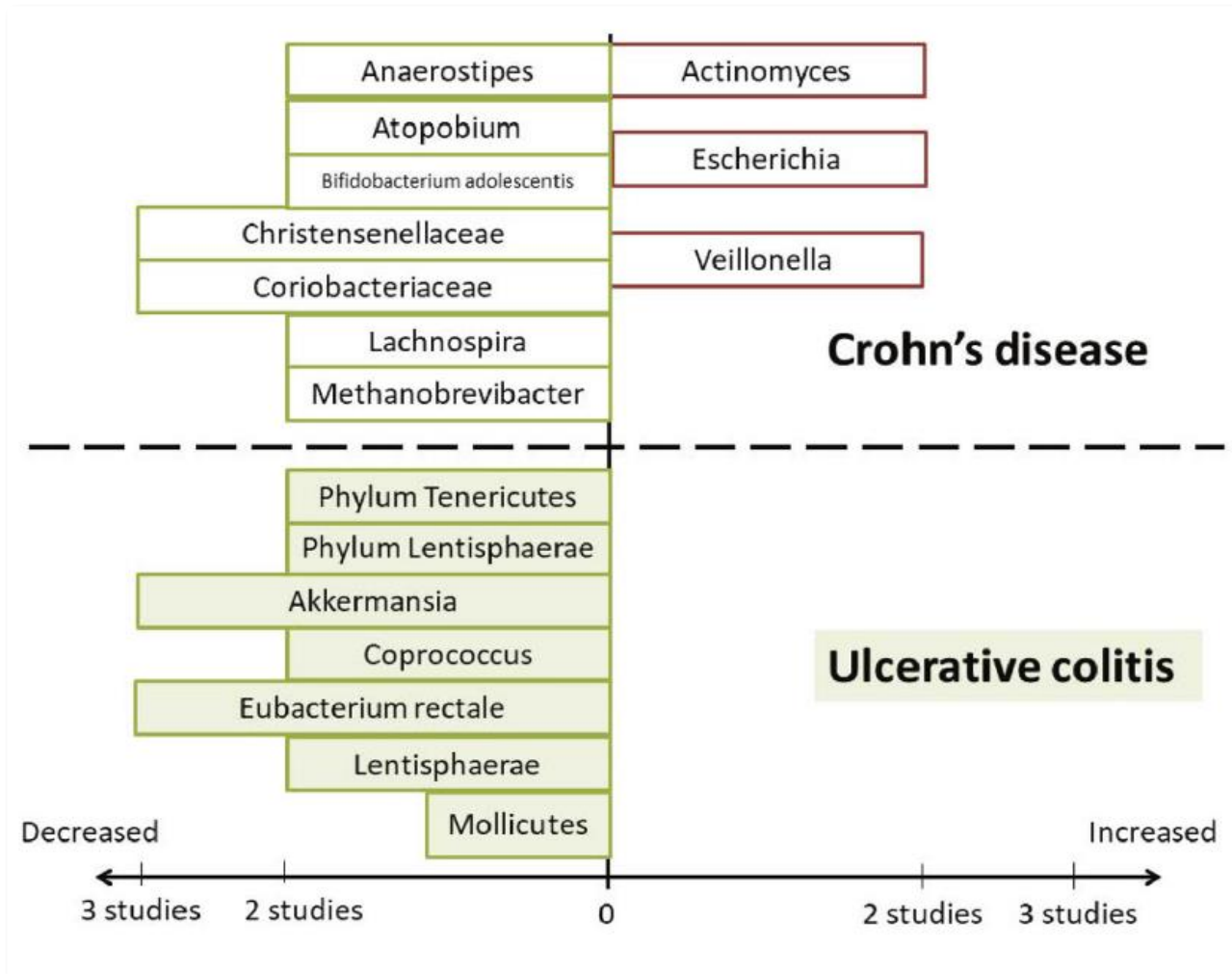
No. at Risk	0	6	12	18	24
Higher	87	60	44	34	26
Lower	92	57	37	24	15

- Higher diversity of intestinal microbiota was associated with a lower risk of death in independent cohorts
- Subgroup analyses identified an association between lower intestinal diversity and higher risks of transplantation-related death and death attributable to graft-versus-host disease
- Baseline samples obtained before transplantation already showed evidence of microbiome disruption, and lower diversity before transplantation was associated with poor survival

# Identification of an Intestinal Microbiota Signature Associated With Severity of Irritable Bowel Syndrome



# Differences in Gut Microbiota in Patients With vs Without Inflammatory Bowel Diseases: A Systematic Review



## WHAT YOU NEED TO KNOW

### BACKGROUND AND CONTEXT

Altering the intestinal microbiota has been proposed as a treatment for inflammatory bowel diseases (IBD), but there are no established associations between specific microbes and IBD.

### NEW FINDINGS

In a systematic review, we found the bacteria Christensenellaceae, Coriobacteriaceae, and *Faecalibacterium prausnitzii* to be decreased in patients with Crohn's disease compared to controls, whereas *eubacterium rectale* and Akkermansia were decreased in patients with ulcerative colitis.

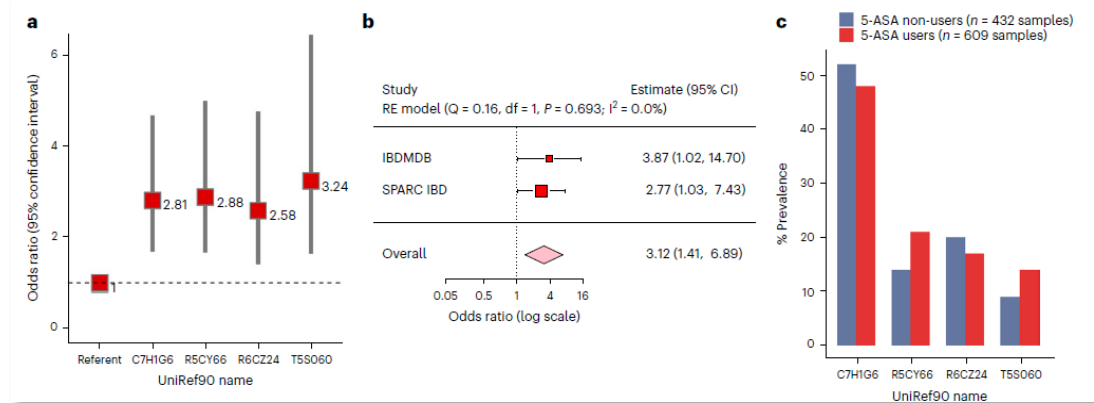
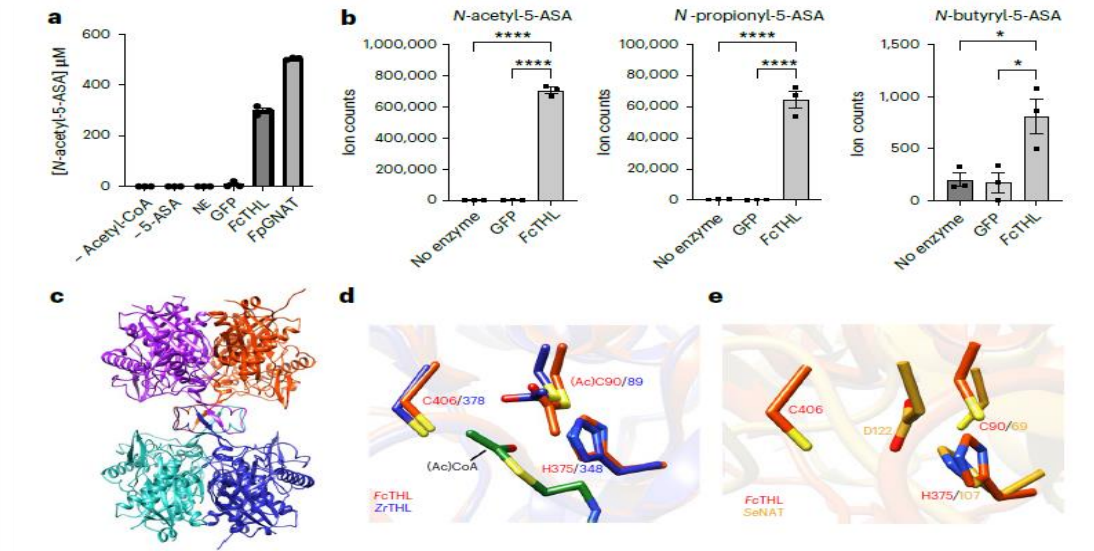
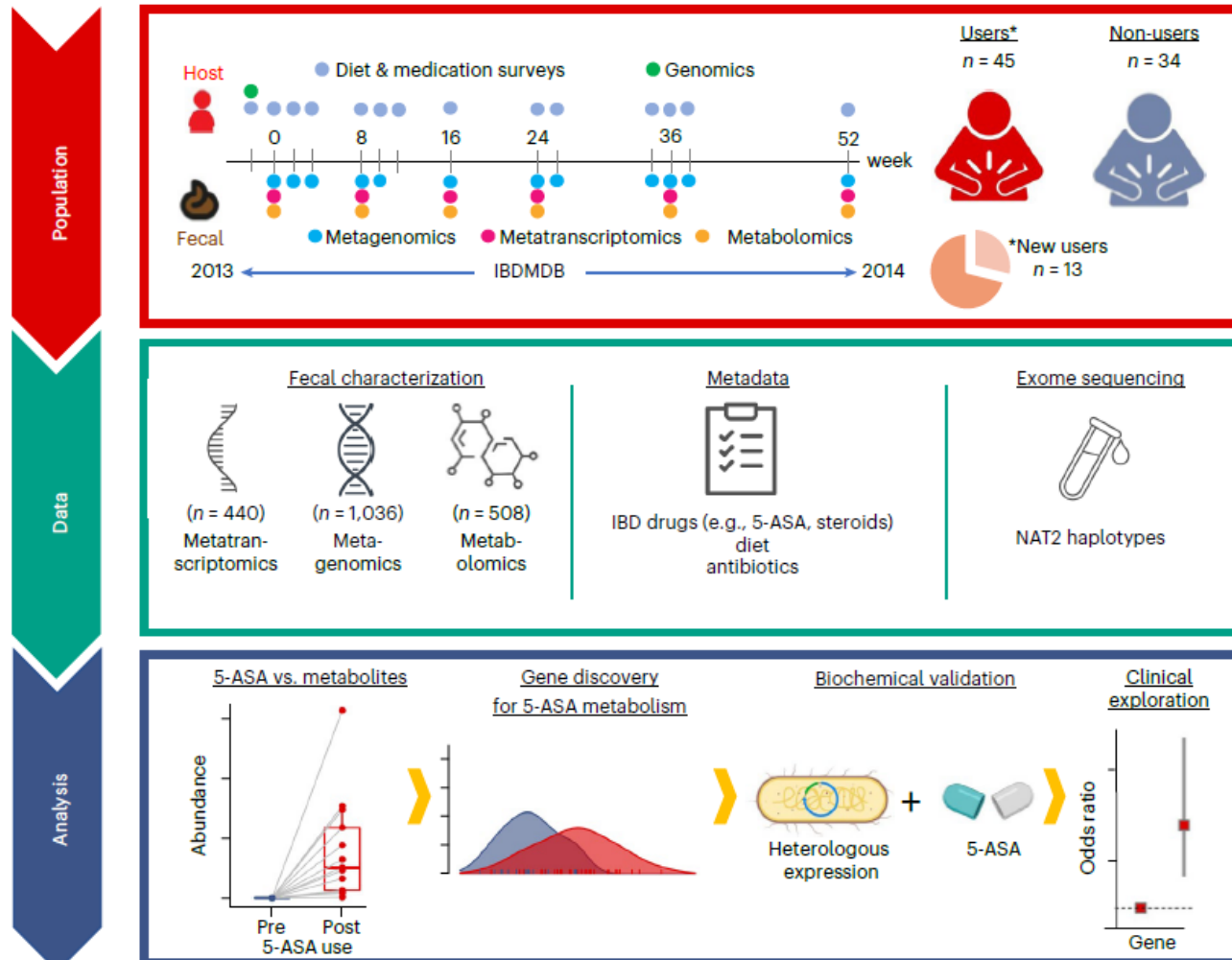
### LIMITATIONS

There was heterogeneity in methods of microbe assessment among the studies, as well as possible bias in either selection of controls or comparability of demographic data. No study fulfilled the quality criteria for all relevant domains

### IMPACT

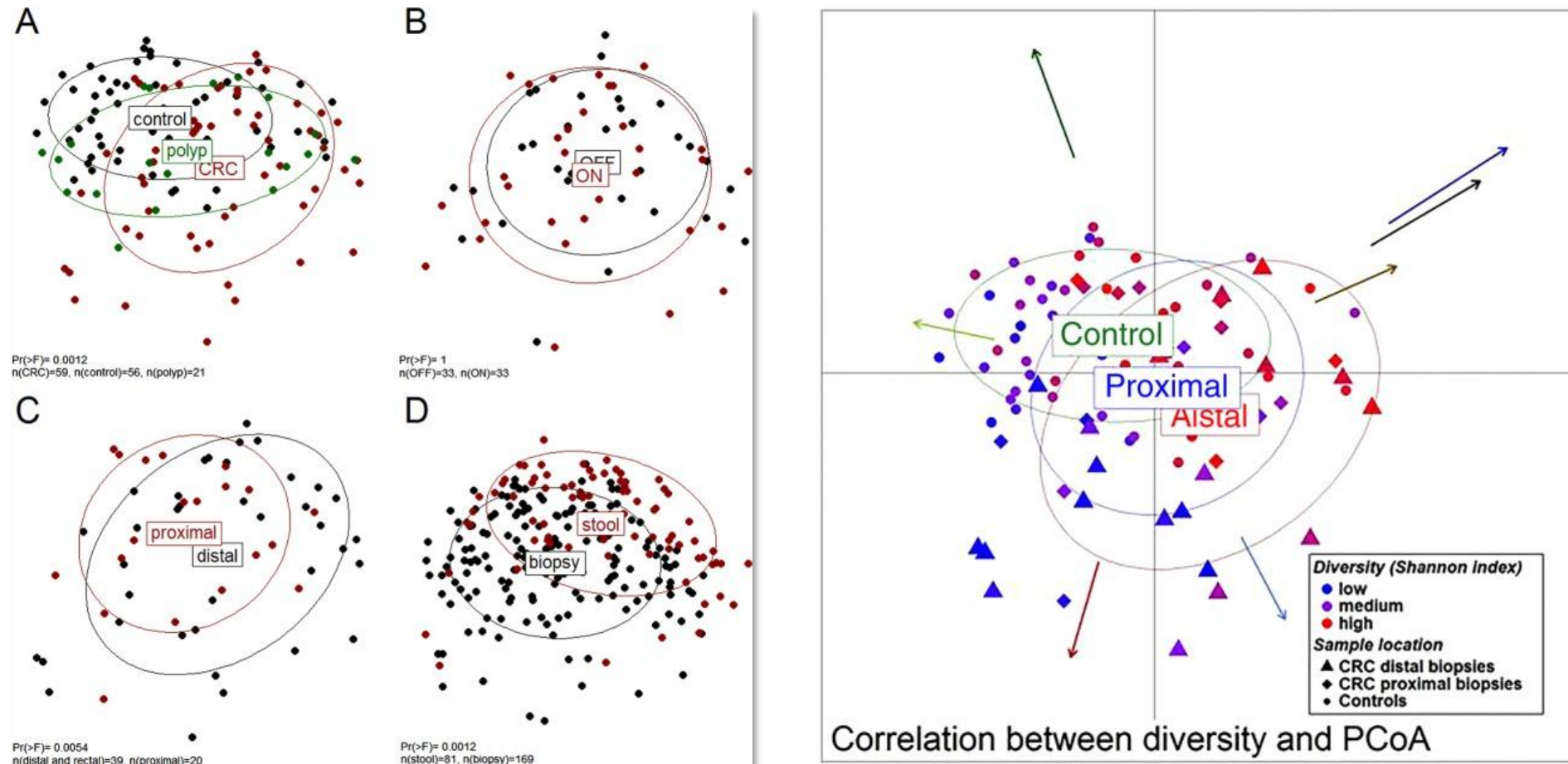
These findings provide guidance for design of future studies of individual bacterial species or genera associated with IBD and microbe-based treatments.

# Gut Microbial Metabolism of 5-ASA Diminishes its Clinical Efficacy in Inflammatory Bowel Disease



# Microbiota Composition and Colo-Rectal Cancer

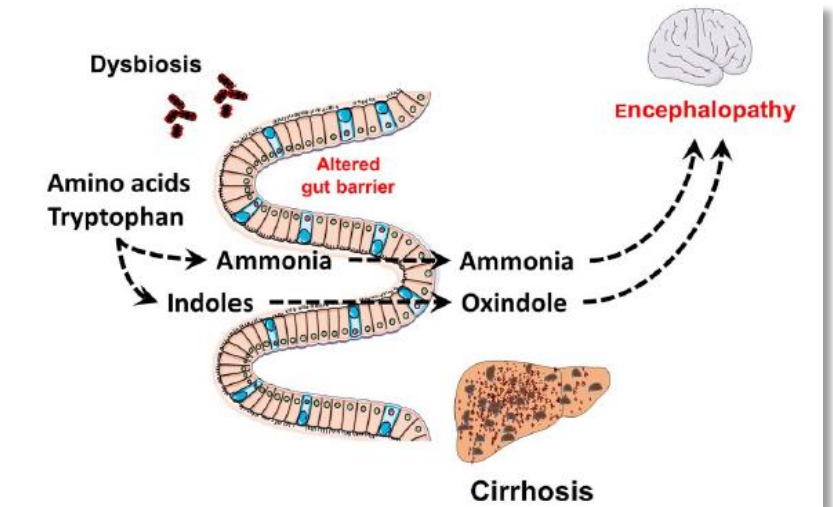
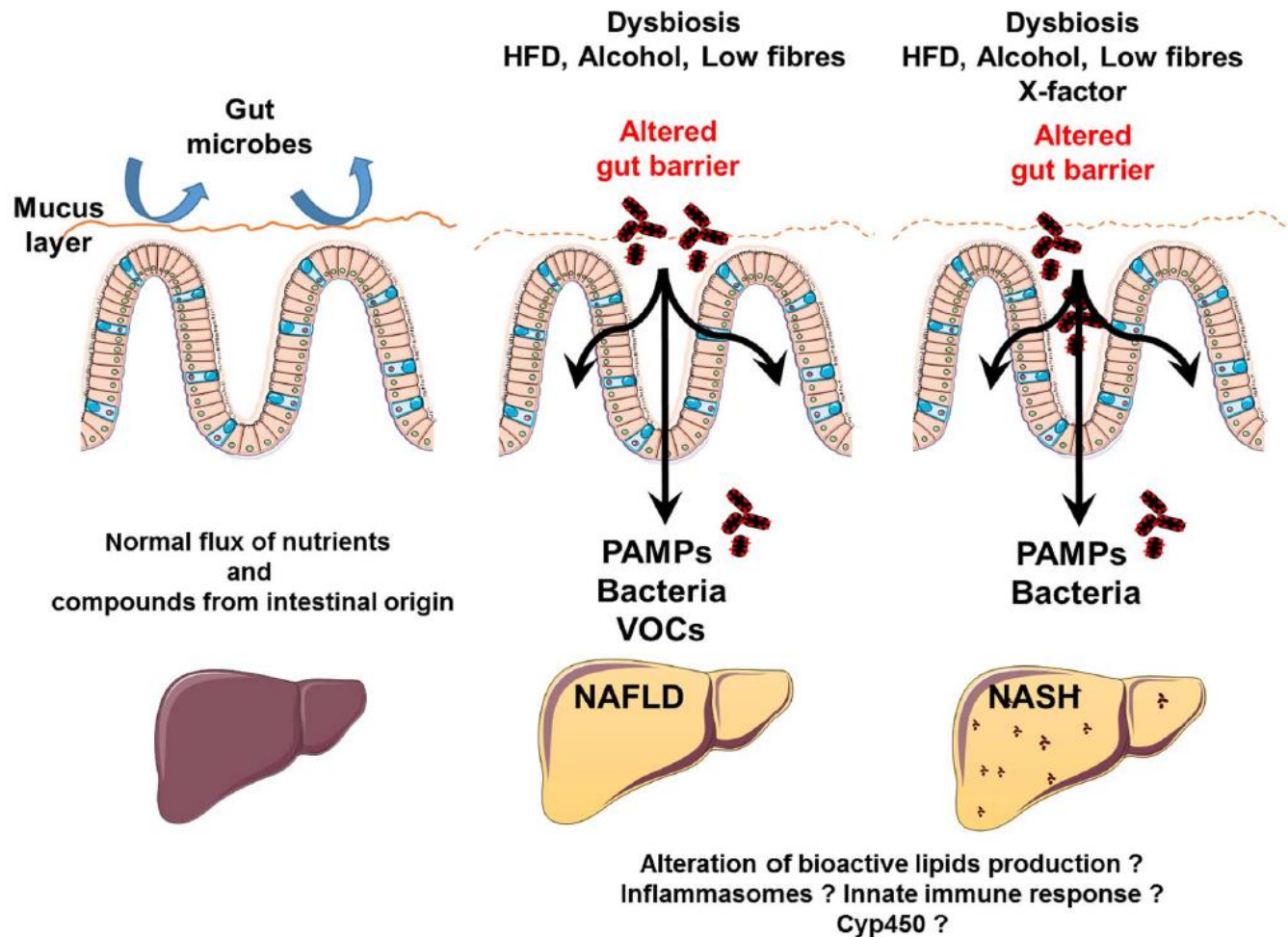
CRC-associated microbiota profiles differ from those in healthy subjects and are linked with distinct mucosal gene-expression profiles. Compositional alterations in the microbiota are not restricted to cancerous tissue and differ between distal and proximal cancers



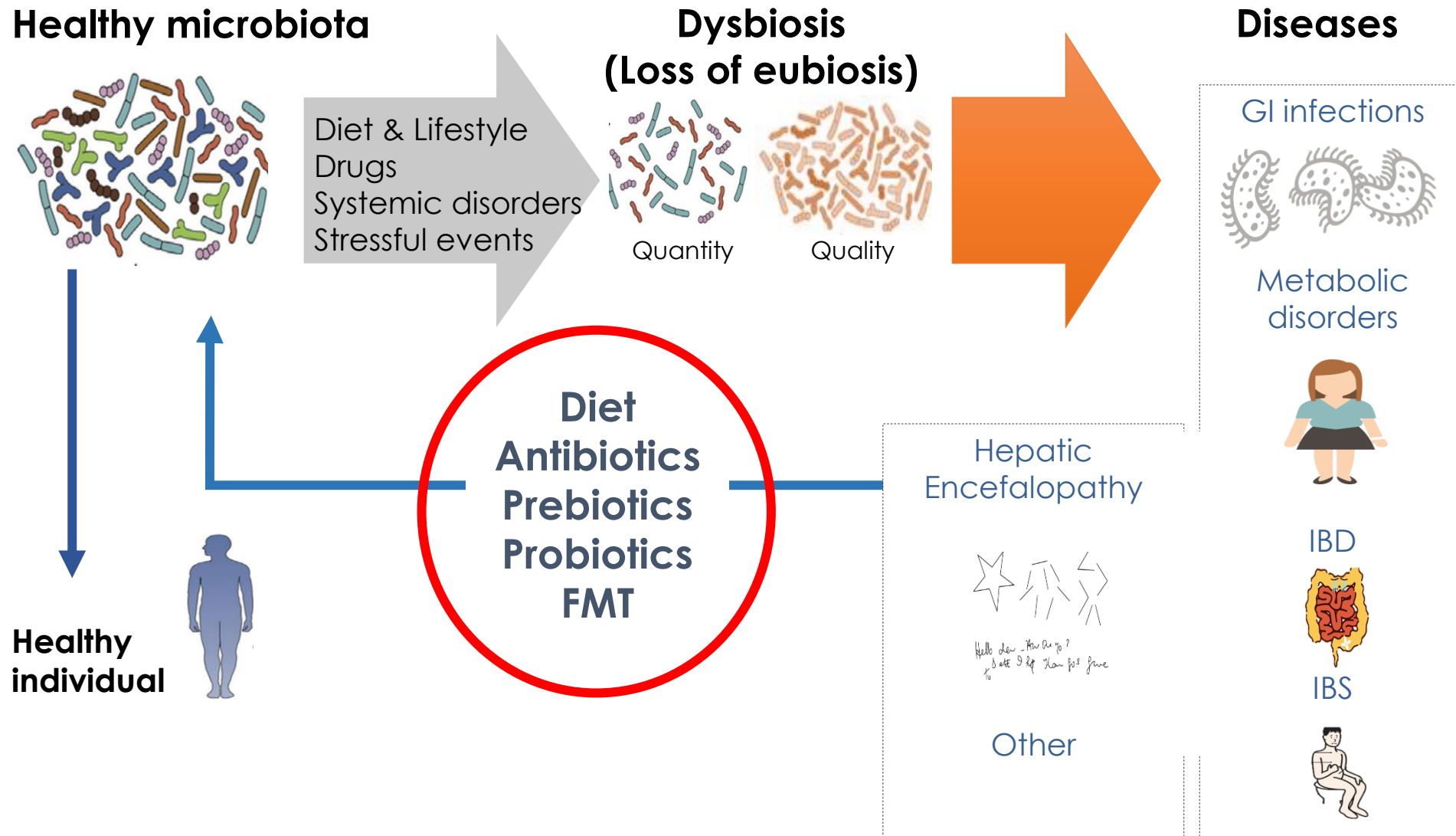


# Microbiota Composition and Liver Diseases

Various liver disorders such as alcoholic liver disease, non-alcoholic liver disease and primary sclerosing cholangitis have been associated with an altered microbiome.

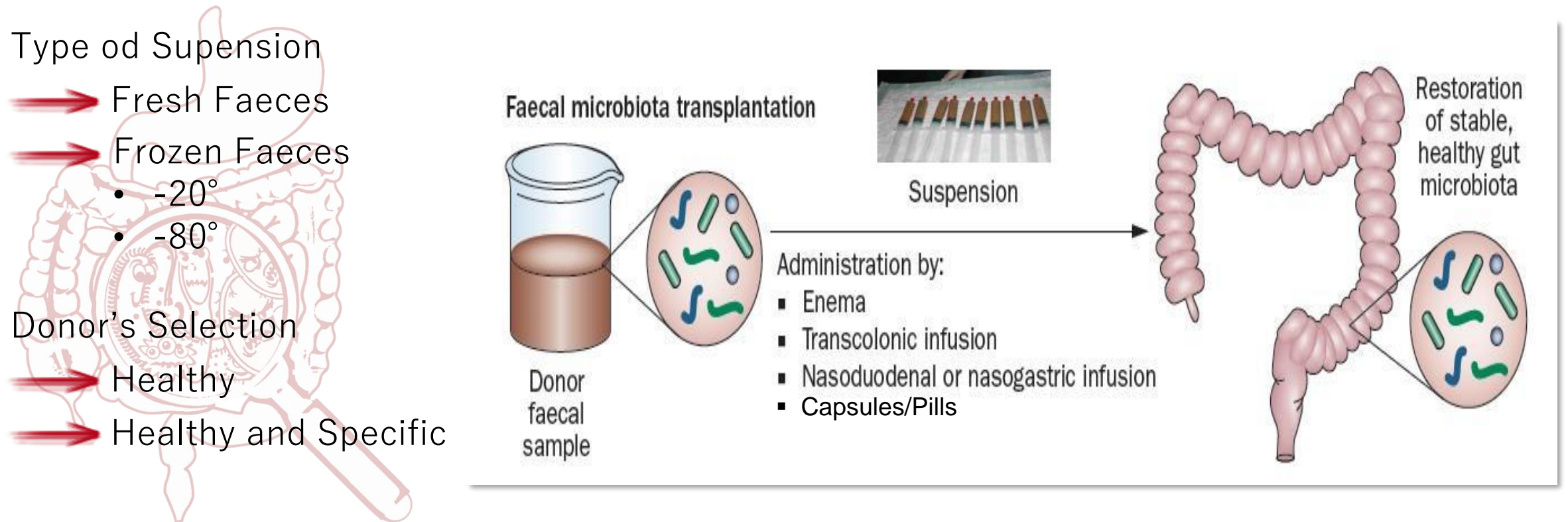


# Rationale of Microbiota Modulation



# FMT As Treatment of Many Intestinal and Extraintestinal Diseases

**Faecal microbiota transplantation (FMT)** involves the engraftment of the gut microbiota of healthy individuals into diseased recipients to reconstitute a normal intestinal microbial composition



# FMT in Real-Word at Azienda Ospedale Università PD

Dott. Giuseppe Dal Ben  
Dott. Michele Tessarin  
Prof. Fabio Farinati

Dott.ssa Valeria Besutti  
Dott.ssa Sonia Facchin  
Dott.ssa Manuela Sciro  
Dott. Michele Cognolato  
Dott.ssa Romilda Cardin  
Dott. Brigida Barberio  
Dott.ssa Fabiana Zingone  
Prof. Andrea Crisanti  
Prof.ssa Annamaria Cattelan  
Dott. Marco Trevenzoli  
Prof. Ignazio Castagliuolo  
Prof. Edoardo V. Savarino

AOO-ISS - 29/12/2021 - 0045754 Class: CNT 00.00



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Direttore  
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Azienda Ospedale-Università Padova  
Padova

Direzione Sanitaria  
Azienda Ospedale-Università Padova  
Padova

Centro Riferimento Regionale Trapianti Veneto  
Dr. Giuseppe Feltrin

**Oggetto: autorizzazione alla partecipazione al Programma Nazionale sul Trapianto di Microbiota Fecale umano (FMT)**

Gentile Prof. Savarino,  
in seguito alla domanda di adesione al Programma Nazionale FMT, in considerazione della visita ispettiva effettuata in sede in data 14.12.2021, relativa alla valutazione della conformità ai requisiti tecnico organizzativi previsti, ed in relazione alla documentazione integrativa ricevuta in data 28.12.2021 in risposta alle osservazioni emerse nel corso della verifica stessa

Istituto Superiore di Sanità  
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## Il Centro Nazionale Trapianti autorizza

la partecipazione dell'Azienda Ospedale-Università Padova al Programma Nazionale sul Trapianto di Microbiota Fecale umano (FMT) secondo le indicazioni previste dal Programma stesso.

Si richiede, prima dell'inizio dell'attività trapiantologica con il prodotto congelato, di finalizzare la validazione della procedura di congelamento del FMU, comprensiva della conta delle CFU/ml (specie anaerobie e aerobie) a tutti gli intervalli temporali di utilizzo del prodotto decongelato, come previsto dal Programma Nazionale.

Si rappresenta che i dati relativi a tutti i pazienti trattati dovranno essere inviati al CNT. A tal proposito invitiamo a segnalare la persona di riferimento per questa attività che verrà contattata dal Sistema Informativo Trapianti (SIT) per le credenziali di accesso al sistema online di raccolta dati.

Si ricorda, infine, che eventuali reazioni/eventi avversi gravi andranno segnalati entro 48 ore tramite i moduli allegati a: [cnt@iss.it](mailto:cnt@iss.it), [benedetta.mazzanti@iss.it](mailto:benedetta.mazzanti@iss.it), [mariachiara.destefano@iss.it](mailto:mariachiara.destefano@iss.it).

Con distinti saluti,

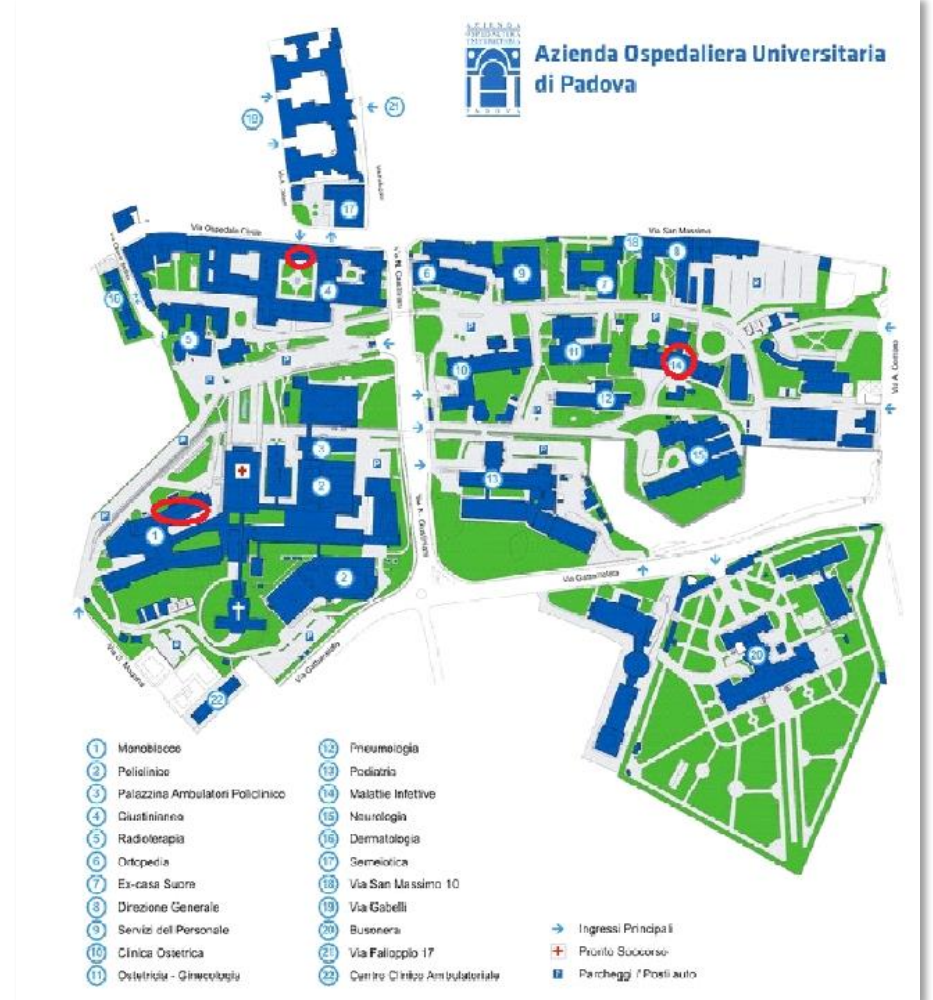
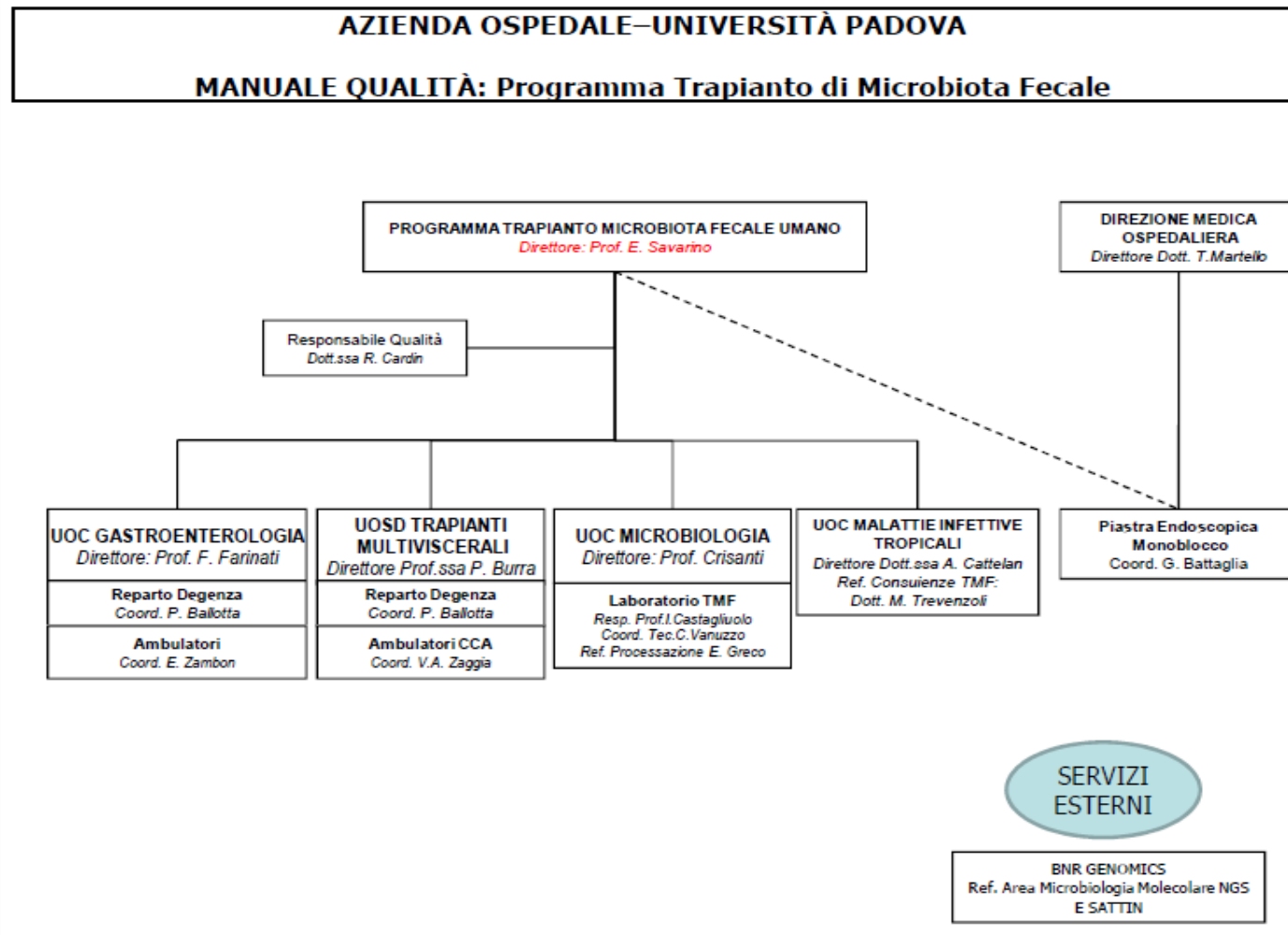
Il Direttore del Centro Nazionale Trapianti  
Dr. Massimo Cardillo

Istituto Superiore di Sanità  
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# FMT in Real-Word at Azienda Ospedale Università PD



# FMT in Real-Word at Azienda Ospedale Università PD

## RICONOSCIMENTO DEL CENTRO DI RIFERIMENTO REGIONALE PER LO SVILUPPO E L'APPLICAZIONE DEL TRAPIANTO DI MICROBIOTA INTESTINALE



REGIONE DEL VENETO

giunta regionale

Data 10/11/2022 Protocollo N° 0520882 Class: C.101.01.1 Fasc. Allegati N° 1 per tot.pag. 4

Oggetto: Deliberazione n. 1352 del 2 novembre 2022 "Riconoscimento del Centro di riferimento regionale per lo sviluppo e l'applicazione del trapianto di microbiota intestinale presso l'Unità Operativa Complessa Gastroenterologia dell'Azienda Ospedale-Università di Padova. Deliberazione n. 2707 del 29 dicembre 2014".

Al Direttore Generale  
Azienda Ospedale-Università di Padova

e, p.c.: Al Direttore Generale  
Azienda Zero

Si comunica che la Giunta Regionale, con la deliberazione in oggetto riportata, ad integrazione di quanto disposto con la dgr n. 2707/2014, ha proceduto al riconoscimento del Centro di riferimento regionale per lo sviluppo e l'applicazione del trapianto di microbiota intestinale presso l'Unità Operativa Complessa Gastroenterologia dell'Azienda Ospedale-Università di Padova.

Si invia, pertanto in allegato, la citata deliberazione per gli adempimenti di competenza.

Distinti saluti.

Il Direttore  
Direzione Programmazione Sanitaria  
Dr. Claudio Pileri

Responsabile del procedimento: dr. Claudio Pileri  
Referente dell'istruttoria: dr.ssa Guia Varotto  
Tel 041 279 1678 dr - 041 279 1501-1502-3513-3756 segr  
e mail [guia.varotto@regione.veneto.it](mailto:guia.varotto@regione.veneto.it) - [programmazione sanitaria@regione.veneto.it](mailto:programmazione sanitaria@regione.veneto.it)

copia cartacea composta di 1 pagina, di documento amministrativo informatico firmato digitalmente da CLAUDIO PILERCI, il cui originale viene conservato nel sistema di gestione informatica dei documenti della Regione del Veneto - art.22.23.23 ter D.Lgs 7/3/2005 n. 82

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REGIONE DEL VENETO

giunta regionale  
XI legislatura

Proposta n. 1817 / 2022

PUNTO 16 DELL'ODG DELLA SEDUTA DEL 02/11/2022

ESTRATTO DEL VERBALE

**DELIBERAZIONE DELLA GIUNTA REGIONALE n. 1352 / DGR del 02/11/2022**

**OGGETTO:**  
Riconoscimento del Centro di riferimento regionale per lo sviluppo e l'applicazione del trapianto di microbiota intestinale presso l'Unità Operativa Complessa Gastroenterologia dell'Azienda Ospedale-Università di Padova. Deliberazione n. 2707 del 29 dicembre 2014.

Pagina 1 di 4



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# FMT in Real-Word at Azienda Ospedale Università PD



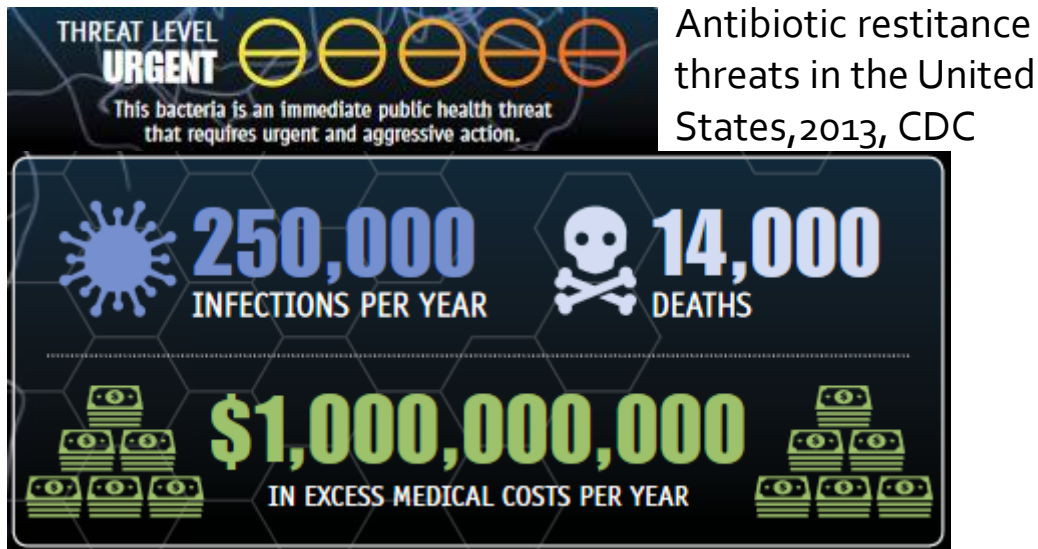
# Evidence for Different Indications of FMT in 2022

	Metanalyses	RCTs	Open label trials	Case series/reports	Efficacy data	Used in clinical practice
<i>C. difficile</i> infection	+++	+++++	++++	++++	Outstanding	YES
Ulcerative colitis	+	+++	+++	+++	Promising	NO
Hepatic encefalopathy		+		+	Quite promising	NO
Metabolic syndrome	+	+++		+	Quite promising	NO
Crohn's disease		+	++	+	Poor	NO
IBS	+	++++	++	+	Quite promising	NO
Multi-resistant infections		+	++	++	Quite promising	NO
Autism			+	+	Poor	NO
GVHD				+	Poor	NO
Chemotherapy-dependent diarrhea		+	+	+	Quite promising	NO
Boost of ICI response			+		Quite promising	No



# FMT in Clostridioides difficile Infection

- ✓ Gram + bacterium
- ✓ spore-forming
- ✓ Resistant to common sterilization techniques
- ✓ Cause 1 \ 5 of diarrhea associated with antibiotics
- ✓ It can produce toxins
- ✓ 60% of the isolated strains are MRSA



## ANTIBIOTIC RESISTANCE THREATS IN THE UNITED STATES, 2013

### Executive Summary

#### Urgent Threats

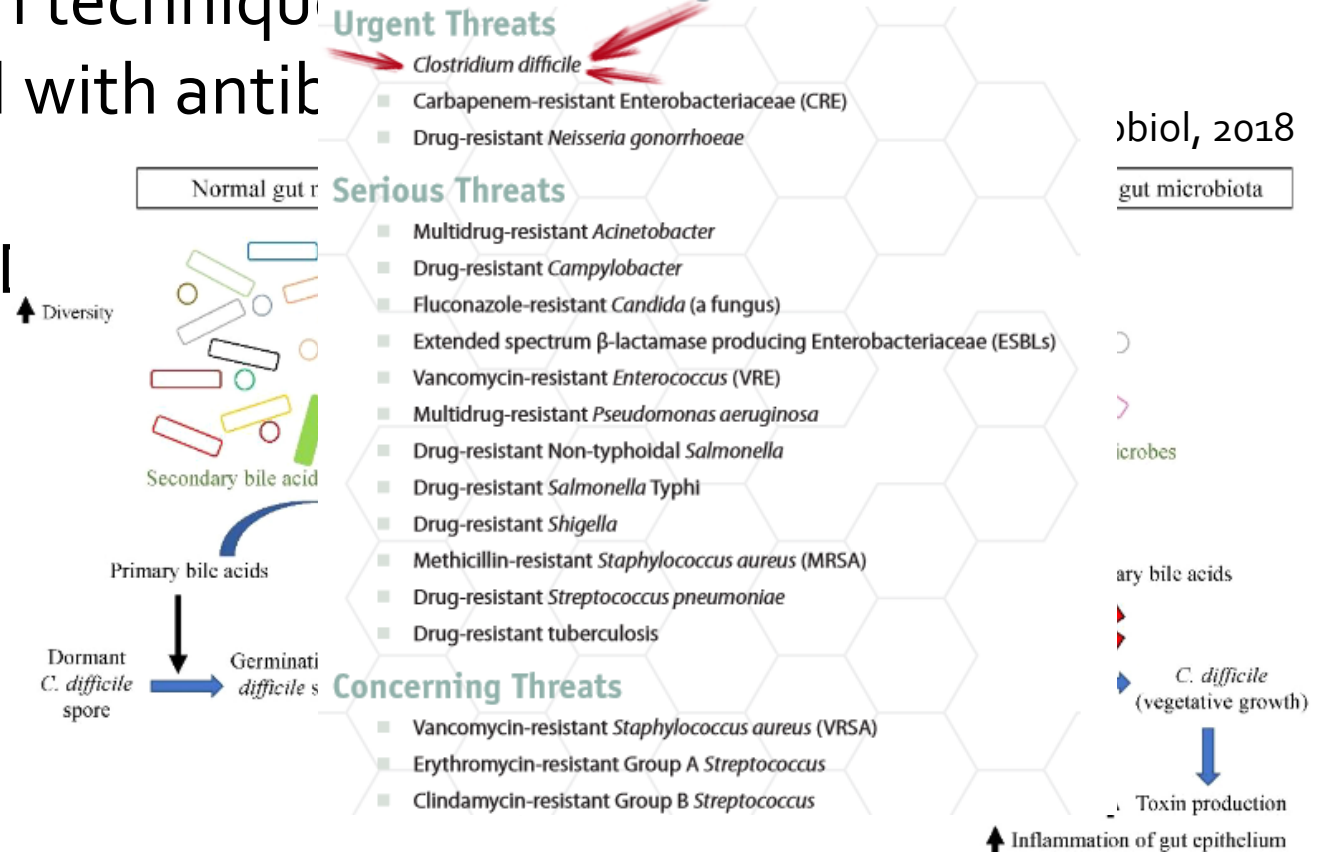
- ✓ *Clostridium difficile*
- ✓ Carbapenem-resistant Enterobacteriaceae (CRE)
- ✓ Drug-resistant *Neisseria gonorrhoeae*

#### Serious Threats

- ✓ Multidrug-resistant *Acinetobacter*
- ✓ Drug-resistant *Campylobacter*
- ✓ Fluconazole-resistant *Candida* (a fungus)
- ✓ Extended spectrum  $\beta$ -lactamase producing Enterobacteriaceae (ESBLs)
- ✓ Vancomycin-resistant *Enterococcus* (VRE)
- ✓ Multidrug-resistant *Pseudomonas aeruginosa*
- ✓ Drug-resistant Non-typhoidal *Salmonella*
- ✓ Drug-resistant *Salmonella* Typhi
- ✓ Drug-resistant *Shigella*
- ✓ Methicillin-resistant *Staphylococcus aureus* (MRSA)
- ✓ Drug-resistant *Streptococcus pneumoniae*
- ✓ Drug-resistant tuberculosis

#### Concerning Threats

- ✓ Vancomycin-resistant *Staphylococcus aureus* (VRSA)
- ✓ Erythromycin-resistant Group A *Streptococcus*
- ✓ Clindamycin-resistant Group B *Streptococcus*



# FMT in Clostridioides difficile Infection

- FMT recommended as a highly effective and safe treatment option for both mild and severe recurrent CDI. Its implementation in clinical practice is recommended
- FMT can be considered as a treatment option for refractory CDI

Quality of evidence: high

Strength of recommendation : strong

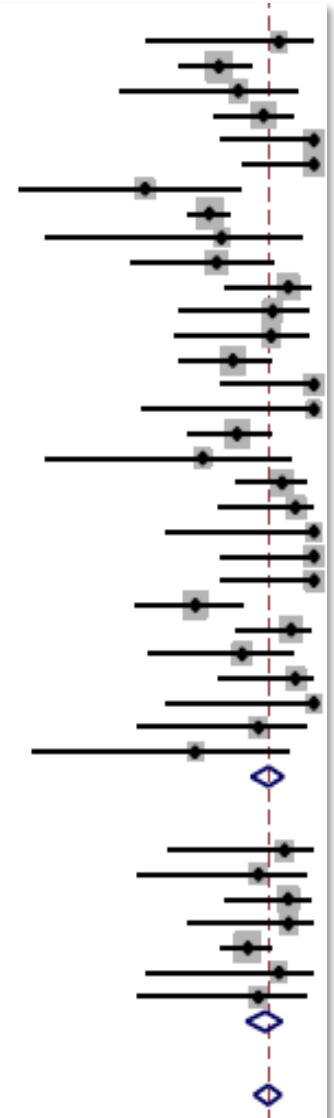
# Outstanding Efficacy of FMT in rCDI

Year	1st auth	Design	CDI Cure
2013	Van nood	RCT (FMT vs vancomycin)	94%
2013	Kassam	Metanalysis	89.7%
2014	Cammarota	Systematic Review	87%
2015	Cammarota	RCT (FMT vs vancomycin)	90%
2015	Drekonja	Systematic Review	85%
2016	Lee	RCT (fresh vs frozen)	85% vs 83%
2016	Kelly	RCT (donor vs autologous)	91% vs 62%
2017	Quraishi	Metanalysis	92%
2018	Ianiro	RCT (single vs mult. FMT)	75% vs 100%
2018	Ianiro	Metanalysis	93% overall

Case Series  
 Aas 2003 [33]  
 Agrawal 2016 [44]  
 Allegretti 2014 [42]  
 Brandt 2012 [88]  
 Costello 2015 [69]  
 Dutta 2014 [43]  
 Emmanuelson 2014 [70]  
 Fischer 2016 [59]  
 Ganc 2015 [34]  
 Garborg 2010 [35]  
 Hamilton 2012 [80]  
 Kassam 2012 [61]  
 Kelly 2012 [36]  
 Kelly 2014 [30]  
 Khan 2014 [62]  
 Kronman 2015 [45]  
 Lee 2014 [63]  
 MacConnachie 2009 [64]  
 Mattila 2012 [47]  
 Patel 2013 [46]  
 Pathak 2014 [65]  
 Ray 2014 [37]  
 Rohilke 2010 [38]  
 Rubin 2013 [39]  
 Satokari 2015 [40]  
 Tauxe 2016 [66]  
 Vigvarl 2014 [72]  
 Yoon 2010 [41]  
 Youngster 2014 [28]  
 Zainah 2015 [67]  
 Subtotal (I<sup>2</sup>=64.82%, P=.00)

RCT  
 Allegretti 2016 [32]  
 Cammarota 2015 (FMT arm) [23]  
 Kao 2016 [26]  
 Kelly 2016 (donor FMT arm) [27]  
 Lee 2016 (Both FMT arms of RCT) [24]  
 Van Nood 2013 (FMT arm of RCT) [22]  
 Youngster 2014 (Both FMT arms) [71]  
 Subtotal (I<sup>2</sup>=0.00%, P=.83)

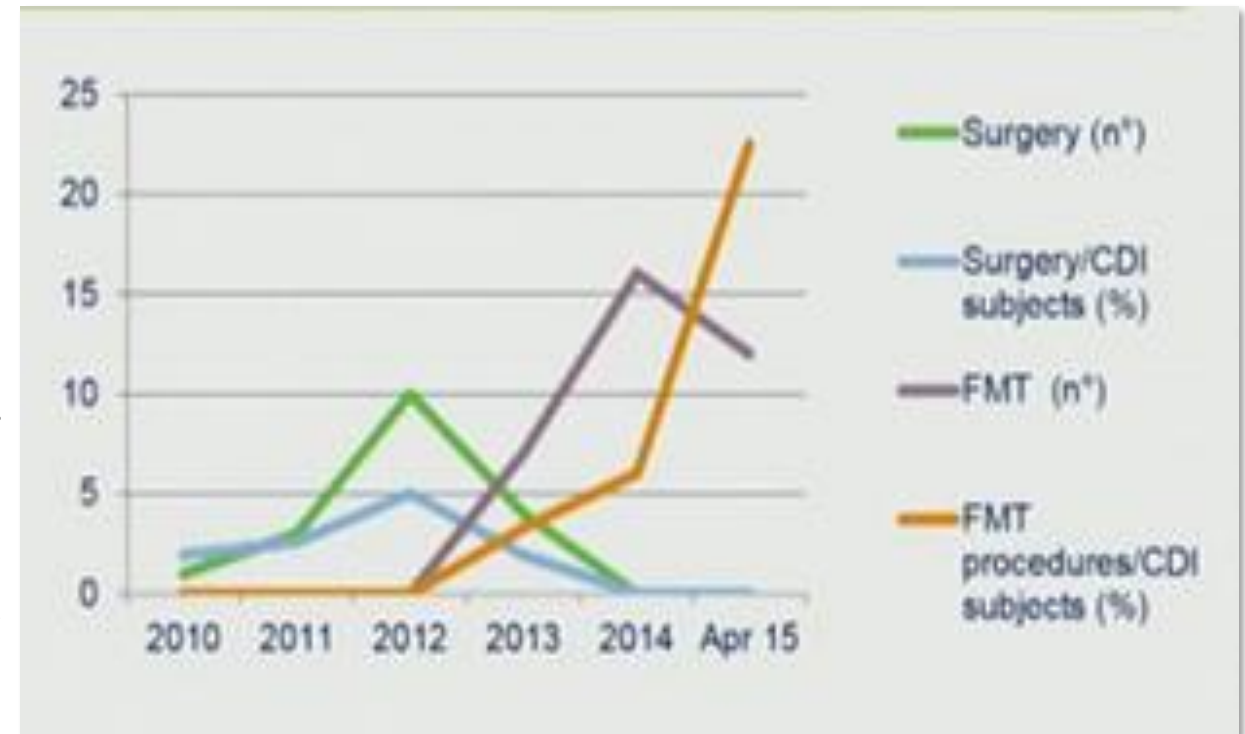
Heterogeneity between groups: P=.790  
 Overall (I<sup>2</sup>=58.70%, P=.00);



# FMT Cuts the Need for C. difficile-related Surgery

## Retrospective review of 901 patients with CDI

- The number of patients with this infection increased gradually over time: 54 patients were diagnosed in 2010, 116 in 2011, 200 in 2012, 212 in 2013, 268 in 2014, and 71 between January and April 2015
- No more surgery after the establishment of a FMT service
- Relevant decrease in CDI-related mortality (surgical patients:83%; FMT patients 6%)



# FMT in *Clostridioides difficile* Infection in Padua

Patient code	Age	Gender	Total number of relapse	Risk factor for relapse	Previous antibiotics	Fresh or frozen stools	Full colonoscopy	Efficacy	Relapse post-FMT
1 <sup>c</sup>	70	F	4	4	V, M	Fresh	YES	YES	YES <sup>d</sup>
2	46	M	4	0	V, M	Fresh	YES	YES	NO
3	87	F	3	3	V, F	Fresh	YES	YES	NO
4	69	F	3	2	V, M	Fresh	YES	YES	NO
5	52	M	2	2	V, F	Fresh	YES	YES	NO
6	77	F	5	2	V, F	Fresh	YES	YES	NO
7 <sup>c</sup>	70	F	5	0	V, M	Fresh	YES <sup>a</sup>	NO	
8	74	F	4	3	V, F	Fresh	YES	YES	YES <sup>d</sup>
9	51	F	4	2	V, M	Fresh	YES	YES	NO
10	81	F	3	3	V, M, F	Fresh	YES	YES	NO
11	22	F	3	1	V	Fresh	YES	YES	NO
12	86	F	3	3	V	Frozen	YES	YES	YES <sup>d</sup>
13	73	F	3	3	V	Frozen	YES	YES	NO
14	77	F	2	2	V	Frozen	YES	YES	NO
15	86	F	2	3	V, F	Frozen	YES	YES	NO
16	71	F	3	2	V, M	Frozen	YES <sup>a</sup>	NO	NO
17	63	F	2	2	V	Frozen	YES	YES	NO
18	79	F	3	2	V, M, F	Frozen	YES	YES	NO
19	78	F	3	2	V, M	Frozen	NO	NO	— <sup>a</sup>
20	52	F	2	2	V	Frozen	YES	YES	NO

F, Fidaxomicin; FMT, faecal microbiota transplantation; M, Metronidazole; V, Vancomycin.  
<sup>a</sup>Patients expelled the infused faecal material in the first hours following the procedure.  
<sup>b</sup>Patient without subsequent follow up, due to inefficacy of FMT.  
<sup>c</sup>1 and 7 were the same patient, treated with FMT twice.  
<sup>d</sup>Different relative abundance of *g\_Bacteroides* in donor faeces: donor of P(1):51.51%; donor of P(8): 56.61%; donor of P(12):50.82% versus a mean value of 39.43%.

**C. diff. Toxin  
Negativazation**

**85%**

**Mean Days of  
Hospitalization**

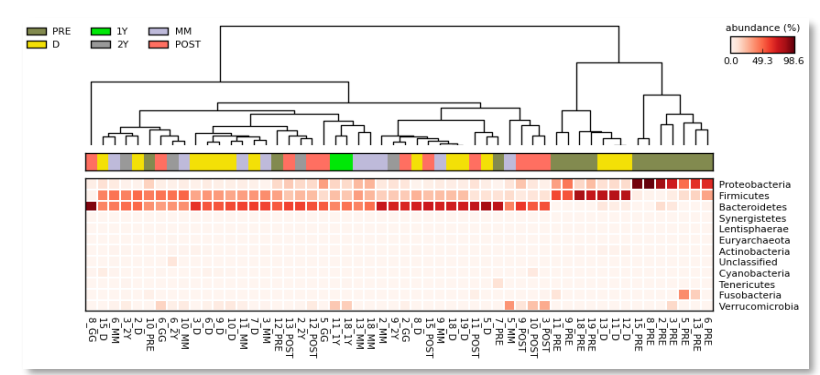
**7,40**  $\sigma$  5,79

**84%**

**Reported Effectiveness**

**14,6**  $\sigma$  13,14

**Days of hopitalization with  
Traditional Antibiotics**



**EFFECTIVENESS ON METAGENOMIC**

# FMT in Clostridioides difficile Infection in Padua

DURING HOSPITALIZATION

PZ	Rialzo Temp.	Dolore Addome	Addome Disteso	Stipsi	Diarrea	Sintomi Urinari
1	+					
2		+				
3				+		
4				+		
5						
6		+	+			+
7	N	N	N	N	N	N
8						
9		+	+			
10			+		+	
11						
12						
13					+	
14		+				
15			+			
16	N	N	N	N	N	N
17						
18						
19						
20		+			+	
Totale	1	5	4	2	3	1
%	5%	25%	20%	10%	15%	5%
% Let	0.57%	4.79 %	9,3%	3.84 %	14.23 %	ND

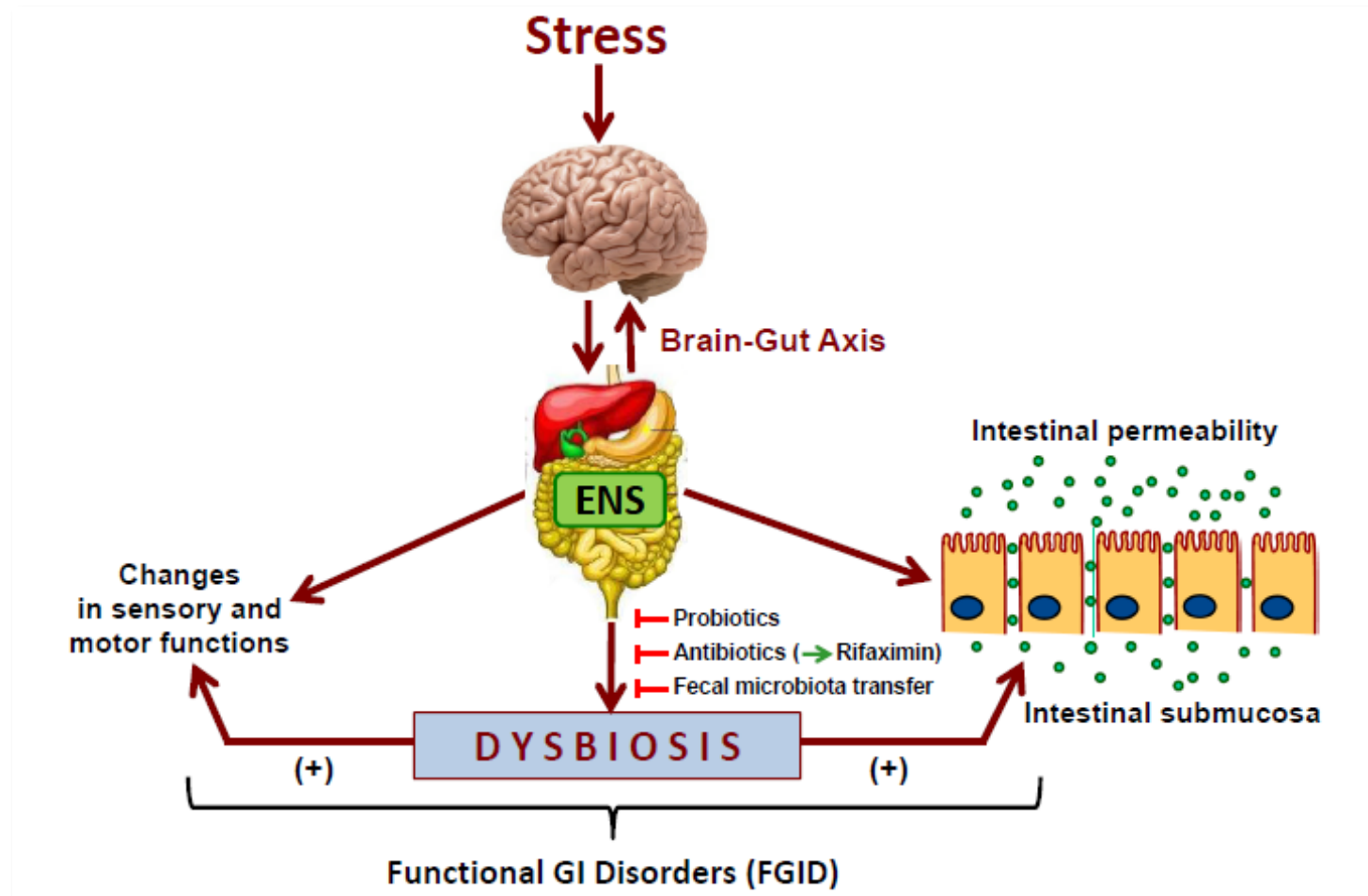
DURING FOLLOW-UP

Sintomatologia	Numero Casi
Abdominal Pain	4
IVU	3
Diarrhea	2
Requiring Hospitalization	1
Recurrence C. Difficilis Infection	3

Other studies have described histologic findings consistent with MC on colonoscopic biopsies taken at the time of FMT, suggesting its pathogenesis may be associated with *C. difficile* rather than FMT.<sup>11</sup>

# Rationale of FMT for the Treatment of IBS

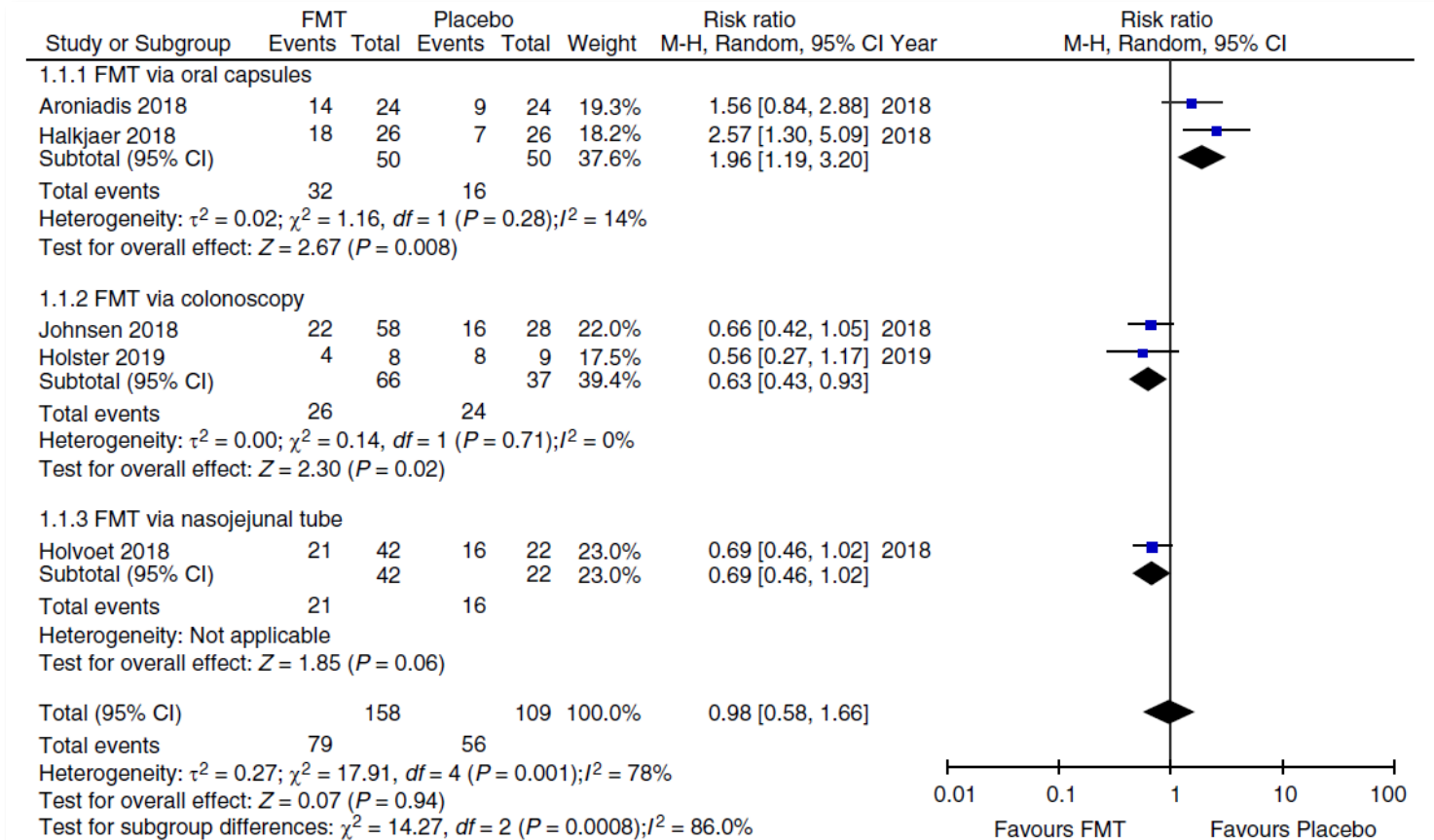
THE PROPOSED MECHANISM OF STRESS ACTING VIA BRAIN-GUT AXIS AFFECTING THE ENTERIC NERVOUS SYSTEM (ENS) AND GUT MICROBIOTA THAT MAY LEAD TO DYSBIOSIS, INCREASED INTESTINAL PERMEABILITY AND FUNCTIONAL GASTROINTESTINAL DISORDERS (FGID).



# Efficacy of FMT for the Treatment of IBS

- ⊙ RR of IBS symptoms not improving was 0.98 (95% CI 0.58-1.66).
- ⊙ Placebo capsules superior to capsules containing donor stool (RR = 1.96; 95% CI 1.19-3.20).
- ⊙ FMT from donor stool delivered via colonoscopy was superior to autologous stool (RR = 0.63; 95% CI 0.43-0.93).

FOREST PLOT OF RANDOMISED CONTROLLED TRIALS OF FAECAL MICROBIOTA TRANSPLANTATION VS PLACEBO IN IRRITABLE BOWEL SYNDROME





# Efficacy of FMT for the Treatment of UC

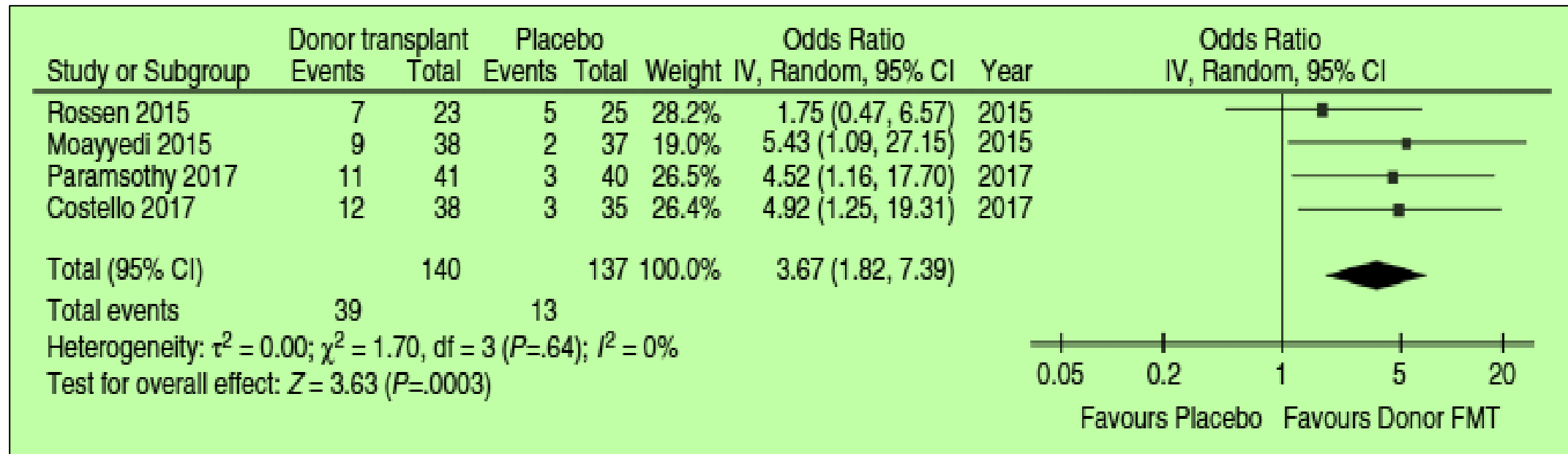
## 4 RCTs

- Clinical remission **28%** vs 9% placebo (OR 3.67- 95%CI 1.82-7.39, P<0.01)
- Endoscopic remission **14%** vs 5% placebo (OR 2.89 – 95%CI 1.07-6.74, P=0.04)

## 14 cohort studies

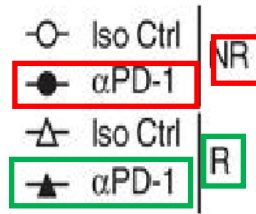
- Clinical remission **24%**

## Marked differences between FMT working protocols



# Microbiota Transplantation Influences Immunotherapy against Epithelial Tumors

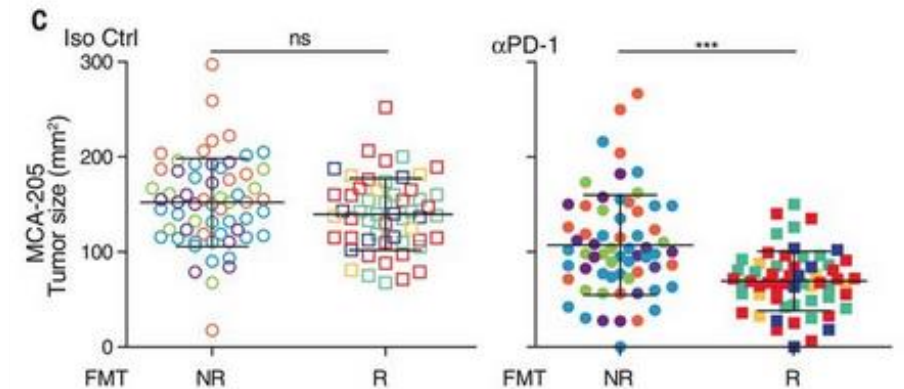
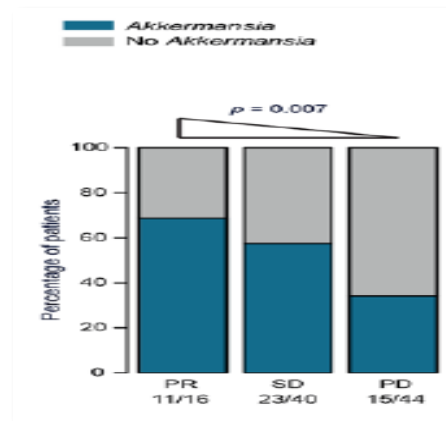
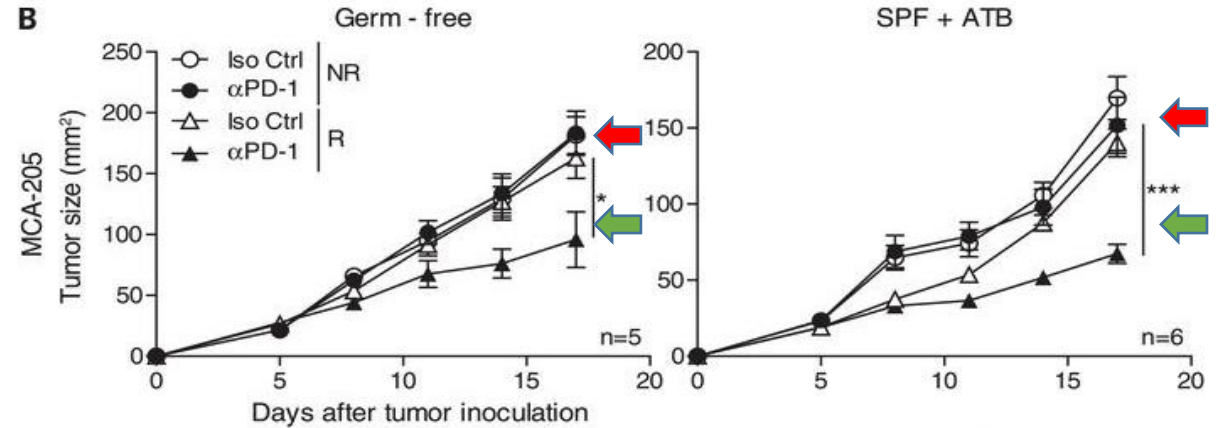
FMT of feces from  
**NON-RESPONDER** or  
**RESPONDER**  
 patients in germ free mice



PD-1 treatment is more effective  
 in mice receiving feces from  
**RESPONDER** patients

PD-1 therapy response is  
 influenced by microbial donor  
 characteristics

Frequency of patients with  
 detectable **A. muciniphila** in their  
 feces according to:  
 PR: partial response  
 SD: stable disease  
 PD: progressed or died



# Fecal Microbiota Transplantation As a Treatment of Severe Steroid-Resistant Acute and Chronic Graft Versus Host Disease

## INTRODUCTION

50% of the patients with gut predominant acute graft-versus-host disease (aGvHD) and chronic (c) GvHD, respond to corticosteroids.

## MATERIAL AND METHODS

12 patients (26-67 years) underwent a total of 15 FMTs to decolonize the gastrointestinal tract (GI) from antibiotic-resistant bacteria (ARB). In all of them steroid resistant GvHD (2 patients with cGvHD and 10 with aGvHD) coexisted. All patients with aGvHD had GI tract involvement (median grade: 3), 7 had skin (median grade: 3) and 5 had liver (median grade: 1) GvHD symptoms. FMT was performed as two infusions by nasoduodenal tube of a 100g/200 ml solution of feces, on following days.

## OUTCOMES

10/12 patients (83%) ARB decolonization was observed.

Overall response rate (ORR) in the case of aGvHD reached 58% (7/12 performed FMTs), including CR in 4/12 (33%) cases.

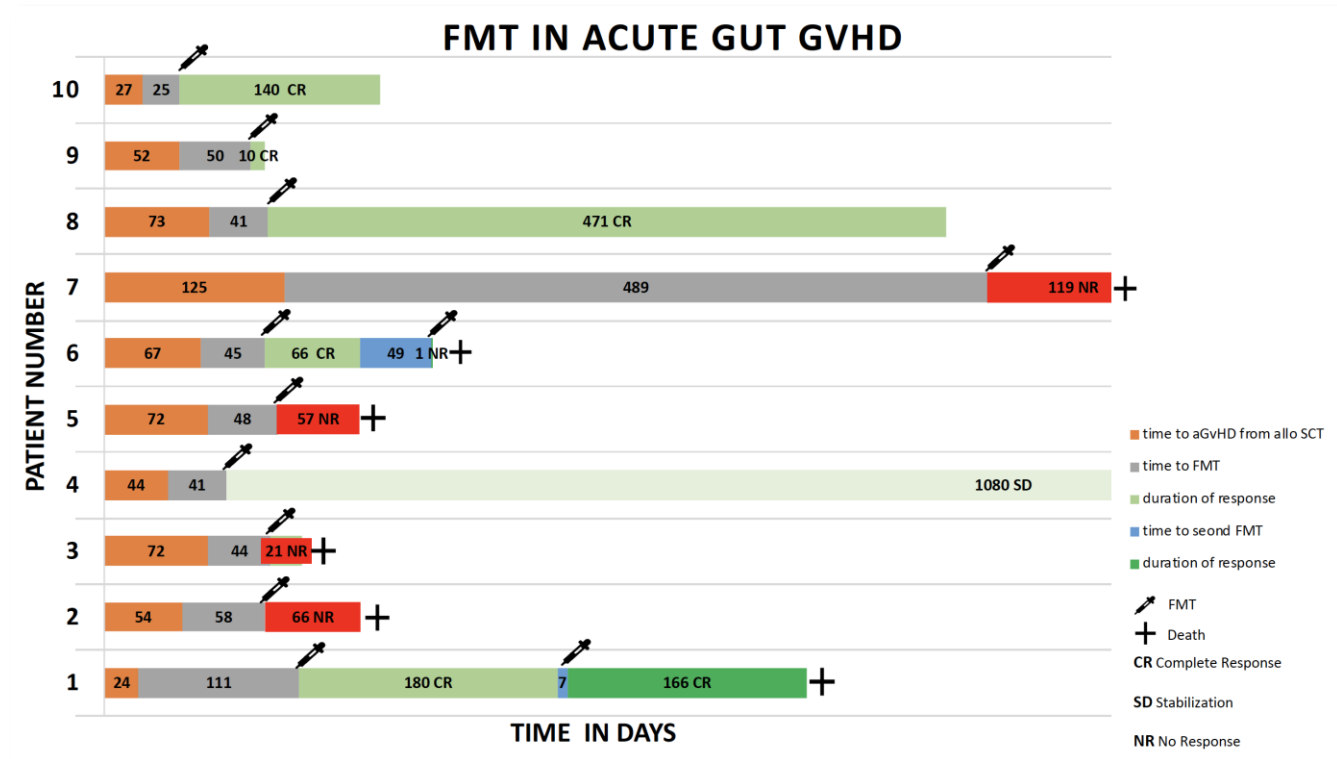
Median duration of response to relapse or death was 168 days (10-1080 days).

## COMPLICATIONS

1 death in close relation with FMT (respiratory failure in the course of pneumonia), 3 septic episodes, 2 subileus episodes and one case of diarrhea.

## CONCLUSIONS

The described results indicate that FMT may be an effective treatment option for severe GvH disease.



# Is FMT Safe?

**FDA In Brief: FDA warns about potential risk of serious infections caused by multi-drug resistant organisms related to the investigational use of Fecal Microbiota for Transplantation**

- ⦿ On June 13, 2019, the FDA issued a safety alert concerning the risk of serious adverse reactions due to transmission of MDRO by FMT
- ⦿ This was in response to transmission of an ESBL producing *Escherichia coli* strain from a feces donor to two immunocompromised recipients, with one death. For reasons not specified, the donor had not been screened for MDRO
- ⦿ The FDA now requires inclusion of MDRO screening into all active and future FMT-based study protocols

- ⦿ All major stool banks have implemented screening protocols to detect MDRO, without SAEs (>45000 FMTs by OpenBiome since 2012)
- ⦿ Adherence to standard screening protocols used by major stool banks worldwide **could have prevented these incidences**
- ⦿ Specific donor screening for **immunocompromised patients?**
- ⦿ **Different quality control measures**, mostly adapted from laws regulating blood transfusions and/or drugs can be applied.

# Disseminations Of FMT: Barriers

Despite methodological improvements of working protocols (frozen feces, capsules, etc.), **FMT has not yet experienced a comparable widespread dissemination** because of **several obstacles**, including:

- ⊙ Lack of dedicated centres
- ⊙ Complexity of bureaucratic steps
- ⊙ Donor recruitment
- ⊙ Safety monitoring

As **FMT** represents a necessary treatment option to manage recurrent CDI and save human lives, therefore **its provision should be widely and rapidly available to most centres**

**Stool banks** may guarantee a **reliable, timely and equitable access** to FMT for recurrent CDI, disseminate FMT, drive further research

# Stool Banks: the Time Is Now

## Rome II consensus meeting:

### International working group:

Cammarota G, Ianiro G, Kelly CR, Mullish B, Allegretti JR, Kassam Z, Putignani L, Fischer M, Keller JJ, Costello SP, Sokol H, Kump P, Satokari R, Khan S, Kao D, Arkkila P, Kuijper EJ, Vehreschild MJGT, Pintus C, Lopetuso LR, Masucci L, Scaldaferri F, Nieuwdorp M, Kupcinkas J, Lopez Sanroman A, Khorutz A, Terveer EM, Hart A, Tilg H, Gasbarrini A

### Development of statements on **key issues**:

- ⦿ Organization of the stool bank;
- ⦿ Selection and recruitment of donors
- ⦿ Preparation and storage of faeces
- ⦿ Quality control
- ⦿ Registries & monitoring of outcomes
- ⦿ Evolving role of FMT in clinical practice

- **28 experts**
- **GRADE System** to address quality of evidence and strength of recommendation
- **Delphi process** to achieve consensus

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